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TWENTIETH CENTURY TEXT-BOOKS

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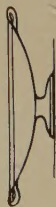
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THE SACK OF TROY.

Painted by Brygos early in the fifth century B. C.



TWENTIETH CENTURY TEXT-BOOKS

THE LIFE OF THE ANCIENT GREEKS

WITH SPECIAL REFERENCE TO ATHENS

BY

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ILLUSTRATED

NEW YORK
D. APPLETON AND COMPANY

1903

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Published December, 1902

TO
JOHN WILLIAMS WHITE

PREFACE

THIS book aims to present the essential facts of daily life among the Greeks, particularly the Athenians, which experience has proved a boy or a girl may profitably learn while reading Greek authors or studying Greek history in preparation for college. The conjugation of *λύω* and the different forms of conditional sentences comprehend varieties which must be thoroughly acquired and assimilated; but in the midst of them the pupil is apt to ask, "Who were the Greeks, after all, and how did they live?" "What did they wear, what did they eat, and what were their houses like?"

Such questions are pertinent and should be answered. I have therefore ventured to sift and reproduce in as untechnical a form as possible some of the settled knowledge about ancient life which affords useful lessons not only for the schoolboy but also for all educated persons to-day. In order to correlate the subject with the reading usually pursued in the schools, I have confined myself to a single period, the fifth and the fourth centuries, and have drawn frequently from the material which Xenophon's *Anabasis*, in spite of its well-known limitations, yet offers in abundance. The references to the *Anabasis*, however, are not

scattered throughout the pages of the text, where their constant interpolation would have been a source of irritation rather than a help, but have been gathered in two tables at pages 320-330.

Teachers generally concur in the opinion that foot-notes are distracting to the student, if not entirely neglected by him, and for this reason other authorities besides Xenophon are not cited, though I should have liked to acknowledge the source, ancient or modern, of some statements which may seem open to question. I have often felt that some of our best texts of the authors are overburdened with annotation. Perhaps a careful reading of such chapters in the present work as suit the teacher's purpose may do away with the necessity of requiring the pupil to study long notes in the text-books, which necessarily can offer but one or two points of view, and which usually conclude by referring the student to a dictionary of antiquities.

In order to render the pictures more useful, I have added an index of all the objects which they portray, by the use of which the teacher will gain much additional material, and may be able to assign subjects for short compositions on the externals of Greek life.

Though the book is intended primarily for students in our secondary schools and in the Freshman year at college, the general reader also, I hope, will find it adapted to his purpose. No knowledge of the Greek language is required, and though the citing of Greek terms could not be avoided, these have either been transliterated or so incorporated within the sentence that their meaning comes first, and the reader who has no acquaintance even with the Greek alphabet may calmly disregard them.

I fear that I may have offended many scholars by certain inconsistencies in spelling. The spelling of Greek names seems to be a matter of temperament; and whereas I cannot bring myself to give in Roman type the exact Greek forms of time-honoured names like *Aeschylus* and *Chirisophus*, I have found it equally impossible to Latinize such words as *Dipylon* and *lekythos*. In general, when a word has *ei* in the penult, it is so written in order to show the quantity and the modern pronunciation. An exception occurs in *Lycēum*, which, on account of its familiar occurrence in English, I have not altered, except to the extent of marking the quantity, as in *Peloponnēsus*. A Greek word quoted for the first time is put in italics, thereafter in Roman.

Most of the books mentioned in the bibliography have been my teachers, but I am indebted especially to Iwan von Müller's *Griechische Privataltertümer* (vol. iv, part 2, of his *Handbuch der klassischen Altertumswissenschaft*, 2d edition, 1892), and to the great *Dictionnaire* of Daremberg and Saglio, so far as it has appeared. My conviction that the Greek house of the fifth century had only one court was reached some years ago, but I am glad to acknowledge the help which I have derived from Professor Ernest Gardner's article on the Greek house in *The Journal of Hellenic Studies* for October, 1901.

It gives me pleasure to express my gratitude to Professor Clarence H. Young, of Columbia University, New York; to Rector W. H. Cushing, of the Westminster School, Simsbury, Conn.; to Dr. Theodore Woolsey Heermance, Secretary of the American School at Athens; and to Rector Charles Heald Weller, of the Hopkins Gram-

mar School, New Haven, for their generosity in allowing me the use of photographs taken by them in Greece. My thanks are also due to Mr. F. G. Kenyon, of the British Museum, and to Mr. E. W. B. Nicholson, of the Bodleian Library, for their kind permission to reproduce the papyrus (Fig. 89) first published by Mr. Kenyon in his *Palaeography of Greek Papyri*, Plate I; and to the Council of the Society for the Promotion of Hellenic Studies, for permission to copy Plate II in *The Journal of Hellenic Studies*, 1899, and a portion of Plate XII in the same journal, 1890.

To Professor Perrin and Professor Wright I am most deeply indebted for their untiring zeal in reading manuscript and proofs, and for the help and inspiration of their scholarly criticism; nor could I have undertaken and prosecuted the work without the sympathetic aid and encouragement of my wife.

HARVARD UNIVERSITY, *November 1, 1902.*

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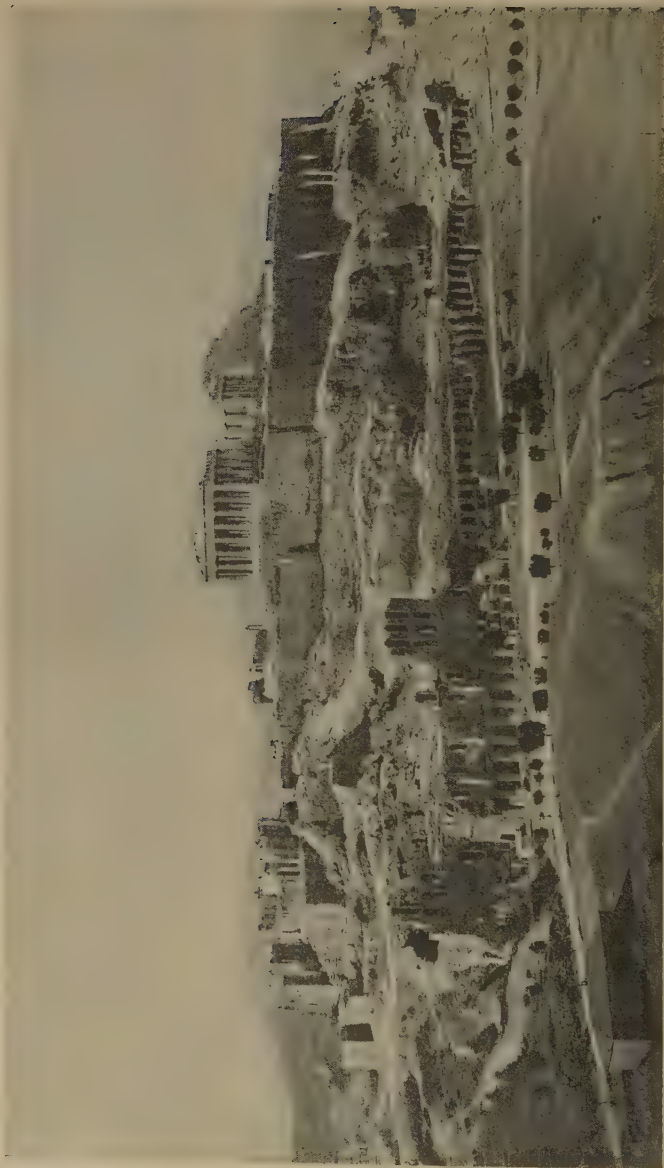


FIG. 1.—The Acropolis of Athens, from the southwest.

THE LIFE OF THE ANCIENT GREEKS

CHAPTER I

GREECE, ATTICA, ATHENS

THREE great peninsulas—the Spanish, the Apennine, and the Balkan—extend from the European Continent into the Mediterranean Sea. Of these, the last and most easterly is the smallest, and to-day perhaps the least important politically. The contrast between its present weakness and its past influence is great. The modern traveller, even with the plain record of history in his mind, and the evidence of splendid ruins before his eyes, finds it hard to connect in imagination the bare and rocky soil on which he stands with the life of a vigorous and intellectual people—a people who pointed out the way in poetry, art, science, and philosophy to their successors for all time.

Past and
present.

If, however, the traveller climb even a moderate height in this little Greek peninsula, he will quickly discern some of the sources of inspiration to the people who have made the land famous. They are the mountain and the sea, but especially the sea. These two, brought compactly and intimately together in alternating capes and gulfs, offer the utmost variety in physical environment, and are typical at once of the change and the stability, the versatility and the soberness, the rest and the unrest, that marked in turn the career of the people.

Nature of
the country.

Greece—or Hellas, as the Greeks themselves called their home—lies in about the same latitude as Virginia; but the

proximity of hills and sea produces a remarkable effect, in that the climate and the vegetation of the temperate zone are

Climate. brought within a few miles only of conditions of life that are almost tropical. None of the mountain tops, except Olympus on the northern border, are covered with snow throughout the year; and yet the snow does not disappear from Parnassus before one may pick and eat oranges and lemons in Sparta, hardly more than a hundred miles to the south. The pine and the fir grew but a few miles away from the fig and the olive; and even the palm was known on the island of Delos, and the date-palm on Naxos. The air is pure and mild, yet bracing enough in the old days to encourage the vigour and force that we see in the alert and enterprising Athenian and in the warlike, strenuous Spartan. The winds blew with a beneficent regularity which the early Greek mariner observed to his profit, and even in the wintry season they seldom rose to the force of a tropical hurricane. The winters were short, their severity lasting only from November to February. With the early spring came the "Etesian" winds, blowing regularly every morning from the Thracian north, and raising the sea in the narrow channels between the islands into a mighty swell; this, however, moves so evenly in its rise and fall that it is not dangerous, and the wind subsides entirely when the sun sets. With the evening a gentle breeze comes from the south, bringing with it a cooling, healthful breath which the ancient poets often extolled.

The geological basis of the mountainous regions is chiefly limestone and a kind of tufa, called *poros*, which supplied serviceable building material for foundations and walls. The hills were pierced with numerous caves and grottos, which early imagination peopled with nymphs and other woodland divinities (Fig. 2). Often the limestone appears in the form of marble, as in the famous quarries of Attica, Euboea, and Paros. The larger rivers are found mostly in northern

The soil and the rivers.

and central Greece. The chief are the Aratthus in Epeirus, the Achelōus in Acarnania, and the Peneius, with its famous Vale of Tempé, in Thessaly. Others not so large, but important for the literary associations with which the poets have invested them, are the Asōpus in Boeotia, the Cephīsus in Attica, the Alpheius in Elis, the Eurōtas in Laconia, the Inachus in Argolis. Many streams are nothing but mountain torrents swelled by the melting snows in early spring



FIG. 2.—Caves of Pan and of Apollo on the Acropolis.

and entirely dry by the end of May. Some lose themselves through the porous soil in underground channels, to reappear elsewhere many miles distant. One of these streams is seen in Fig. 3. At the mouths of the rivers are alluvial deposits, usually of great fertility. In many districts, as at Cape Colias in Attica, were beds of white clay, excellent material for the potter; and coloured earths of metallic composition supplied the painter with his colours.

Wild animals were plentiful, notably the bear, the wolf,

the boar, and the deer. Birds of all varieties found homes in the thicker woods of the inland districts, in the reeds that lined the beds of rivers like the Eurōtas, and even in the shrines and temples. They were carefully watched by the observant people, who gave them names from their ample vocabulary. The migration of the cranes, the coming of the swallow in the spring, the song of the nightingale—all were noted in the life and poetry of the people.

The rivers and bays, too, supplied abundance of fish. Sponges grew thickly in the waters by the coast, and were



FIG. 3.—Underground stream in Boeotia.

early used in the gymnasia and the baths (Fig. 119). The Phoenicians taught the Greeks how to obtain a rich dyeing material from the purpura, or purple fish. The tortoise was a familiar object, and the song of the cicada was so characteristic of the hot midsummer that this little creature became the “chanticleer” (ῥήκτης) of the Greek

poets. Nature stood very close to the Greeks, and her influence on their lives was constantly recognized, often gratefully acknowledged.

So many kinds of folk were gathered under the single name of Hellēnes in this compact little country of Hellas, **Wide diversity among the Greeks.** so diversified were their habits and feelings on account of the variety of homes offered by mountain, seacoast, and river valley, that we must confine our attention mainly to one division of them. In Attica, in the most easterly portion of this easterly peninsula, in a space not quite two-thirds the area of Rhode Island, we find the forces of Hellenic genius at work most effectively in the fifth century B. C.; hence it is from Attica, as it appears during the period from the Persian Wars to the rise of Macedon, that we may derive the best illustrations of that genius as it showed itself in the manners and customs of ordinary life.

This limitation of our work, aside from the fact that Athens furnishes the most helpful lessons to be drawn from ancient life in the Mediterranean basin, is rendered absolutely necessary when we consider **Limitation of the period and the people to be studied.** the long period of Hellenic existence, with its consequent change in modes of life from the Mycenaean age (about 2000–1200 B. C.) down to the present, and, above all, when we face the fact, too often forgotten or neglected, that there were Greeks on the islands, Greeks in Africa and Sicily, Greeks in far-away Trapezus and in Massilia, at opposite ends of the world as then known to explorers. All these spoke languages necessarily affected by the tongues of the ruder peoples among whom they lived. Their modes of life, too, changed inevitably, if unconsciously, from those manners and customs which they brought at the beginning from their different homes on the Greek mainland.

CHAPTER II

ATHENS AND ITS ENVIRONS

A CHILD born in Athens when that city was at the height of its power grew up to find himself in a community full of political unrest and even anxiety, stirring with the eager, interesting life of an enterprising, enquiring, and socially gifted people, who had made their city "the hearthstone of Greece," "the council-chamber of Wisdom herself." Like most cities which had been founded in prehistoric times, Athens was a settlement grouped round a steep and commanding hill. This hill, or Acropolis, rising out of the Attic plain four miles from the sea, stretches from east to west a distance of 1,000 feet or more, and is about 200 feet high. In remote times it had been the home of kings and the refuge of the villagers in the surrounding country from pirates by sea or from northern invaders by land; but it had become, in the Periclean age, the religious centre of the commonwealth. Here were the most ancient and most sacred shrines and altars; here the hearth of Hestia, goddess of home and communities, always remained, in spite of the growth of the city at the foot of the hill and the shifting of town life to lower ground. In the sixth century, to be sure, the Pisistratidae, like the kings long before, had occupied the Acropolis as a convenient centre of government and a means to maintain their power; but its defensive uses, though never quite forgotten, fell away after the Persian Wars, and the great statesmen of the fifth century devoted their energies and taste solely to its adornment.



FIG. 4.—Athens and vicinity.

Toward the Acropolis converged roads from many directions. That from the Piræus ran between the celebrated

Roads. Long Walls of Pericles, about two hundred and

fifty yards apart, affording safe communication with the harbour town at all times, in war or in peace. Toward the northwest the Sacred Way guided the celebrants of the Mysteries through the beautiful Daphne pass to Eleusis. Another road extended north to the collier



FIG. 5.—Mount Pentelicus as seen from the American School of Classical Studies.

town of Acharnae and to Deceleia. To the northeast, a road passed the steep height of Lycabettus, and crossed or skirted the hills into the plain of Marathon, with the marble quarries of Mount Pentelicus on the left; or it branched to the right and led into the south of Attica, through the rich midland plain, to the villages and towns of the eastern coast. These roads were not paved, like the Roman military roads. Indeed, in the matter of building highways the Greeks were far behind the Romans. The best of the

roads were merely smoothed of all impediments, and laid evenly with sand or gravel or broken stone from the quarries. Sometimes artificial ruts were cut in rocky portions of the highways, two or three inches deep, with turnouts at frequent intervals. There was no side-path for persons on foot, who therefore might be forced to stand aside, or climb for safety on a wall, if they met a drove of asses or cattle. Yet we are not to think of these roads as being thoroughly bad. Over the road from Sunium, thirty miles away, messengers could report at Athens the sighting of a vessel bound for Piræus several hours before it arrived. All roads in Greece used for festival processions, such as the Sacred Way to Eleusis, were carefully kept in repair, and in them the traveller on horseback, or the teamster carting wares into the city, felt consciously the protection which the religious sanctity of the road afforded him. Here and there, at the entrance to some large estate, the owner had built a handsome gate of stone; and as the road approached Athens and entered the Cerameicus, or Potters' ward, it was bordered by monuments to the dead so beautiful in design and workmanship as to dispel any feeling of gloom or sombreness.

The makers of these roads had not troubled themselves to shorten distance and time by elaborate grading, and only in places where the original ground was very marshy was there a road-bed, banked by supporting walls. The roads were useful chiefly for heavy teaming: for the transportation of stone from the quarries and ore from the mines, or for carrying the products of the field to the morning market. Most travellers, if not burdened by luggage, could make better time by cutting across hills and mountains through the numerous foot-paths. But the highways offered every temptation to linger. They wound in and out between the hills, over streams, and past neat farms, and presented a charming diversity. Through the plain, north and west of the city, flowed the Cephissus,

Scenes on the
roads.

on its way to the bay of Phaléron, its streams protected from the warm sun by green groves of figs and olives, the best in Greece. There were vineyards on the hill slopes, the soil, rich enough though not deep, being carefully protected by intelligent terracing and irrigation. The Ilissus flowed in a shady ravine at the east and south of the Acropolis. In the midland districts wheat and barley could be raised in small quantities, and the mountainsides were protected from detrition by deep forests. Yet as early as the fourth century B. C. the ruthless and short-sighted stripping



FIG. 6.—The spring Callirhoë by the Ilissus.

of timber began, and in the Middle Ages desolation spread through the carelessness of wandering shepherds, who, like sportsmen and campers of to-day, frequently caused wasting forest fires (cf. page 223).

The higher slopes were the home of sheep and goats. In the heart of the hills there was building stone in abundance, and Pentelicus and Hymettus especially yielded marble for the builder and the sculptor. Metals, too, were found in the hills, and the silver-mines at Laurium, in the south of Attica, are famous for the part they played in

transforming Athens into a sea power. Clay occurred near the city walls, favouring the growth of one of the most conspicuous industries of Athens—vase-making and vase-painting.

With all its diversity of soil and products, Attica was a snug little country, securely protected from the outside world by Parnes (4,200 feet), Pentelicus (3,300 feet), Hymettus (3,000 feet), and the sea. The

**Mountains
of Attica.**

Persians realized the danger of risking defeat in such a country, where escape was impossible except through narrow mountain passes. The compactness of the Attic territory is best appreciated from the summit of Lycabettus (the steep hill behind the Acropolis in Fig. 1), whence one may see the valleys of the Cephîsus and the Ilissus, the mountain walls around, the whole of the Gulf of Aegîna, and the coast of Peloponnêsus far to the south.

There is little wonder, then, that the Athenian took pride in his country, and contrasted his own history with that of other peoples—Thessalians, Boeotians, Argives, or Elêans—whose lands had been often overrun by foreign invaders. He alone, except the Arcadian, had always lived on his own soil. His was not a coast country exclusively, like that of Corinth or Milêtus, nor yet an inland tract, hard to enter and impervious to progress, like Sparta and Thebes. The mountain, the shore, and the plain all furnished elements to form the Attic character; and as this diversity largely accounts for the early social and political history of Athens, so it explains too the later versatility and adaptability of Athenians generally. They were shepherds of the mountain, farmers of the plain, and seamen or fishers of the coast; and living as they did so close together, they entered into a thorough knowledge of one another's aims and modes of life.

The roads from the sea and the interior approached the city through suburbs (*προάστεια*), in which the houses were larger and finer than those in the city itself (*ἄστυ*). Here

and there were gardens planted round some sacred spring, notably those sacred to Aphrodite in the Ilissus region. The most attractive suburb was the Outer Cerameicus, extending northwest to the Academy, which lay in a delightful grove of olives fostered and beautified by Cimon. But extensive parks, in the modern sense, were not laid out near Greek cities until much later, and then chiefly in Asia. The word *paradeisos* (παράδεισος), applied by the Greeks to the great game preserves of Eastern princes, is of Persian origin.



FIG. 7.—A portion of the Themistoclean wall.

Although the traveller journeying to ancient Athens would have seen in these suburbs a gradual transition from the lonely stretches of field and pasture to the noise and crowds of the city, he would have found himself confronted suddenly and abruptly by the great wall of Themistocles, which encircled the city with a protecting band nearly five miles in circum-

The city
wall.

ference. This was the wall built in eager haste by men, women, children, and slaves as a defense against Sparta and other jealous neighbours of Athens (Figs. 7, 233). It was surmounted by towers at frequent intervals, and pierced



FIG. 8.—Wall of a tower in Messenia, with windows.

by gates; some of these were of imposing architecture, like the great Thriasian gate, or Dipylon, at the northwest, which was the Athenian terminal of the Sacred Way. From them the streets (*ὁδοί*) converged to the agora (*ἀγορά*), which formed in every sense the centre of town life. Not all walls, of course, were built in such extraordinary haste, and there are many remains, in Athens and in other parts of Greece, of walls reared with great care and imposing strength. Such a wall, belonging to an ancient fortress in Messenia, is shown in Fig. 8. It is laid with regularly hewn blocks of stone that fit accurately one to another. Mortar was not used. Two windows are seen in the picture—narrow slits formed by cutting off the ends of the adjoining blocks at a sharp angle. A vase picture, copied in Fig. 16, which represents

the wall of Troy and its gate guarded by Hector and Polites, also shows the even succession of the stone courses.

The meaning of the word "agora" is explained only partially by our "market-place." In Homer it has its etymo-

logical sense of "meeting," "assembly," and

The agora. Xenophon uses it with that meaning in one passage. After a time the name was transferred to the place of meeting, and in the towns it came to refer to the chief resort of the men. Thither they went not merely to do business with the tradespeople and artisans whose booths were there, but also to discuss politics or the news of the day with their associates while they sat under the shade of the plane-trees and poplars, or strolled in the porticoes which lined

the whole "square."

The houses of the oldest families—the Eupatridae—remained near this centre until a late period, although the tradespeople finally usurped the agora itself, while the offices of the magistrates were removed, with a few exceptions, to other parts of the city. Gateways erected at various points presented dignified and imposing entrances to the agora. These, to be sure, were more



FIG. 9.—Roman gate of Athēna Archegetis.

numerous in Roman times, like the gate of Athēna Archegetis here figured (Fig. 9). Besides these, porticoes (στοαί),

which were narrow open structures with pillars supporting a roof, served as a handsome setting to the statues, altars,

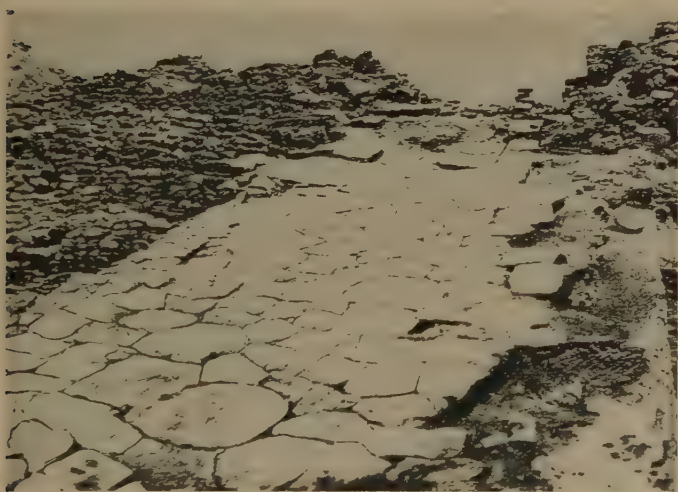


FIG. 10.—A paved way at Troy.

columns, and other decorations through which the daily crowds made their way (cf. Figs. 31, 32).

The streets of Athens were notoriously narrow and crooked, chiefly because the city was rebuilt in feverish haste after the Persians destroyed it in 480

Streets.

B.C. Like the country roads, they had no pavement of regularly laid blocks of stone; nor had they sidewalks. The ancient citadels, on the other hand, the knowledge of which we owe to modern excavations, frequently show decided superiority in this respect. At Troy, for instance, is a paved way which still exists in fairly good preservation (Fig. 10). In wet weather, therefore, the mud lay deep, and passing was difficult. These unpleasant conditions were aggravated by the unrestricted custom of throwing refuse from the house at evening, and since the streets were not lighted at night (page 140), people had to

pick their way through mud and filth. As a charm against disease, therefore, in those narrow alleys where light and warmth could not penetrate, it was customary to paint a picture of Apollo, the giver of health, on the walls of the



FIG. 11.—An ancient spring-house.

houses. The wider avenues (*πλατεῖαι ὁδοί*) were called later *plateiai* (*πλατεῖαι*), whence are derived “place” and “plaza.” Some of these were dignified with names, such as “the Street of the Tripods,” for example, which ran from the agora eastward and south below the Acropolis to the theatre.

In the harbour town, the Piræus, the streets were not so bad. This port owed its origin virtually to the genius and foresight of Themistocles, and grew rapidly under the liberal policy of Pericles, who attracted thither many foreigners. Here, under the direction of Hippodamus of Milētus, the streets were laid out in regular lines, with spacious squares and abundant room for the active business plied there. Even in the upper city, the state did not wholly neglect the condition of the streets. A board of commissioners called *astynomoi* (*ἄστυνόμοι*), five for Athens and five for the Piræus, had, among other police duties, general oversight of the streets, and were charged not to allow the obstruction of them by barricades or by doors opening out-

ward from dwelling-houses. In particular, just before a religious celebration at which there was to be a procession, these officials were required to clean and level the streets along the line of march. But we hear of no other provision for the regular cleaning of the highways.

How refuse was removed from the streets we do not know. The Athenians of the fifth century, at all events, were not so scrupulous about the disposal of sewage and the draining of waste water from their houses as were the prehistoric inhabitants of Mycēnae and Tiryns, where Dr. Schliemann found elaborate provision for carrying off water used in the bath. But in Athens, as we have seen, the mud and filth in the side alleys must have been intolerable, and until the fourth



FIG. 12.—Plan of Athens, showing the watercourses.

century there was no restriction even against building drains and gutters (*ὀχετοί*) from private houses into the street. On the other hand, the stream called Eridanus on the map (Fig. 12), which ran through the heart of the city from east to west, became in course of time the regular receptacle for

waste matter. Accordingly, its bed was walled up and hidden by bridges and other structures. Air-shafts twenty feet deep were sunk here and there, showing that it was frequently inspected; and it debouched near the Dipylon, whence canals distributed its contents, for fertilizing purposes, over the plain between the Cephîsus and the Ilissus.

The houses of Athens were not supplied individually with running water, as a rule, and its people, as in other

Water. Greek cities, were dependent on springs (*κρήναι*) or artificial wells (*φρέατα*). A spring of fresh water, which the Greeks, like the Germans and the Portuguese, called "sweet" (*ὕδωρ ἡδύ*), was endowed with divine attributes in the popular fancy, and its protecting nymph or spirit was devoutly worshipped. The land round the Acropolis contained many such springs, and every house had also its cistern for the retention of rain-water. No



FIG. 13.—Women at the fountain.

springs were more famous than Callirrhoë (Fig. 6), in the Ilissus valley, or the Enneacrūnus, which Pisistratus furnished with pipes and with basins of sculptured marble. At the Dipylon, too, there was a magnificent fountain, and the growing needs of the city were further met by the building

of conduits which collected water from the brooks on Pentelicus, and led it to various fountains inside the walls, at the corners of streets, or in the more open spaces (Figs. 11, 14).

In the matter of aqueducts, however, the Greeks could never vie with Roman engineering skill. Nothing, therefore, is more characteristic of Greek daily life than the drawing of water from springs and wells by women and girls (*ὑδροφόροι*), who, with water-jars (*ὑδρίαι*, Fig. 13) on their heads, issued, at early morning in a long procession to some favourite spring, often outside the city walls. At a well, by means of an earthenware bucket (*κάδος*) attached to a rope (*ἱμάς*), they drew for themselves the water required that day for household needs. The Greeks under Xenophon and Chirisophus came upon women performing this task outside an Armenian village.

We look in vain in Athens and in all Greece for anything that corresponds closely to the police force of a modern city. In general, a democratic state

Police.

like Athens relied upon its citizens, acting in a private capacity, for the detection of crime, and in many cases actually paid one-half of the fine imposed on a con-



FIG. 14.—Remains of a street fountain at Priène.

victed person to his accuser. Any one who surprised another in the act of violating the law might hale him before a magistrate; or, if he felt unable to take such summary measures, he might lay information against the offender, whereupon the magistrate himself made the arrest. This system, while it tended to foster a vigorous personal responsibility to the law and a patriotic interest in the welfare of the state, nevertheless encouraged a grave evil in Athenian civilization, the practice of "sycophancy." The "sycophant" (*συκοφάντης*), in the Greek sense, was a man who got his living by threatening rich persons with legal process for real or alleged violation of the law, hoping thereby to extort money as the price of silence, or to gain part of the fine laid on his victim, should he be adjudged guilty.

We may perhaps discern the rudiments of a police board in the *astynomoi*, who, as we saw (page 16), enforced certain regulations regarding the care of the streets. In the market, too, a special commission, called *agoranomoi* (*ἀγορανόμοι*), were deputed to keep order. These two boards were attended by slaves belonging to the state, who were armed with bows, and therefore ordinarily called the Bowmen (*τοξόται*). Since they were of foreign origin, they were also named Scythians (*Σκύθαι*); or again *Peusinioi* (*Πευσίνιοι*), from a certain Peusin, otherwise unknown, who is said to have been the first to organize them. Similarly London policemen were called "Peelers," from Sir Robert Peel, who planned their organization. The Bowmen also acted as beadles in the courts and in the public assembly, to prevent undue noise and to eject obnoxious speakers or persons who interrupted the proceedings.

With all this, however, there was no regular patrol of the city streets in the interests of the personal safety of private citizens, and the dark alleys and the outskirts of the town were infested with footpads, who clubbed the belated citizen and robbed him of his mantle or purse.

CHAPTER III

DWELLING-HOUSES

THE Athenians as a rule enjoyed more space and greater comfort in their country houses than in those they occupied in the city. The mere fact that in the city houses were huddled closely together with party walls connecting them, shows at once the difference between them and the country houses, with more generous space, and a more rambling style, unrestrained by a neighbour's building. The foremost Athenian in town was no better off than his poorest neighbour in this regard. To our notions, houses in Athens were very small, grouped as they were to the number of 10,000 and more in a space limited by a city wall only five miles in circumference. Some rooms, from six to ten feet on a side, seem like mere cells. Even the richest men of the fifth century—excepting now and then a man with enormous wealth like Callias, or of extravagant tastes like Alcibiades—were averse to imitating the beauty and magnificence of temples and public buildings by rearing large dwellings. The ordinary Greek spent his whole day abroad with other men, and required shelter only for eating and sleeping. Conscious of his importance as the citizen of an imperial city, he found more satisfaction in the achievements—architectural as well as political—of that empire than in anything which he as a single individual could produce. Hence the mean appearance of the ordinary dwelling-houses, crowded among the narrow streets and alleys, became a subject of comment among the Greeks themselves. An old writer remarks that a stranger

entering the city would at first sight scarcely believe that this was really the great city of Athens. He would be reassured, however, after a glimpse at the splendid temples, altars, gateways, and administrative buildings, on which

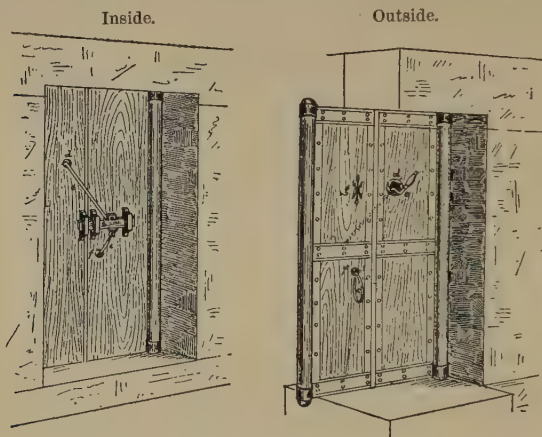


FIG. 15.—Restoration of a city gate.

the Athenians lavished the taste which they did not care to apply to the outward appearance of their private dwellings. But if Athens was deficient in this respect, Sparta lacked artistic decoration in a much greater degree. Thucydides says that if Sparta were razed to the ground, no student of history in later years could, from the ruins alone, conceive how great her political power had been.

The building materials in both town and country house were the same. The foundation was laid with rough stone, **Materials of house-building.** not cut into rectangular blocks, but joined together in their natural state, with mud and smaller stones filling up the crevices. On this was reared the wooden frame of the house. The walls were made of mud squares or bricks (*πλάνθοι*) baked in the sun; for the Greeks at this time had not discovered the process of making kiln-dried bricks. When, therefore, a

Greek like Xenophon travelled in the Orient, he was struck with admiration of the superior methods of the Babylonians in this branch of building. In the *Anabasis* he particularly mentions the fact that the "wall of Media" was built of kiln-dried bricks laid in cement, and the foundation of the wall of Mespila was of hewn stone, not rough stone loosely fitted together. These details must have attracted his attention because they were not generally to be found in Greek walls, whether of towns or of houses. So flimsy were the latter, that burglars, instead of entering by a door, commonly dug their way through the wall, whence they were called "wall-diggers" (τοιχωρύχοι). So the men of Plataea made their way secretly, house by house, to a rendezvous in



FIG. 16.—Gate of a walled city.

the city, digging through each party wall; and Xenophon's men in a single night dug through the wall of a tower near Pergamus which was eight plinths thick. This explains why so few remains of Greek dwellings have been preserved. Falling houses were not uncommon, and it would seem as if the situation in Athens were scarcely better than in the

rude hamlets of Babylonia, where a foraging party sent out by the Persians easily wrenched the timbers from the houses.

Since the outer wall was extremely likely to crumble away, it was protected in some degree by a kind of stucco



FIG. 17.—Double window.

or plaster made of lime, which was sometimes painted in a single colour. The front of the house, therefore, presented a perfectly bare aspect to the street, relieved on the ground floor only by the door; windows (*θυρίδες*), when

there were any, were either in the second story, or set so high—nine or ten feet from the ground—that they seemed from the outside to belong to the upper rooms.

City roofs were regularly flat, whereas the thatch roofs of the country were sloping. Hence in town the roof might become a pleasant resort for the family on warm nights. From it, too, the women raised their lament for Adōnis when the annual festival in his honour came round. Clay

The roof. tiles protected the roof from rain. These sometimes proved to be a convenient and dangerous weapon against an invader who penetrated too incautiously into a narrow street. One such tile, flung by a woman from the roof of a house in Argos, cost Pyrrhus his life. Sometimes the roof was lined with a row of large clay pots (*χύτραι*), set up in the curious belief that they would frighten away the birds. The commonest of these were the owls, which became symbolic of Athens and Athēna, being regularly figured on the coins of the city (Fig. 199). The proverb “owls to Athens” passed current in antiquity as the equivalent of the modern “coals to Newcastle.”

Such, in general, was the external appearance of a house inhabited by the ordinary citizen. Houses were not numbered, and even the streets, as we saw, did not always bear fixed names. A man must go himself, or send a slave, to find out the residence of any one whom he sought. The state, to be sure, kept track of a citizen's family and ward in the register of his deme (page 89). In practical life his house was described as being near some well-known temple, fountain, wall, or gate. Moving was not uncommon among the middle and the lower classes, though always recognized as troublesome and undesirable. The favourite quarter for residences was the deme Collytus (Κολλυτός), just north of the Acropolis. Here, unfortunately, the modern city was built in 1834; for it has rendered excavation next to impossible, and greatly restricted our opportunities for learning about the construction and arrangement of houses.

If, now, we try to gain an idea of the inner arrangement, we find ourselves embarrassed by the meagreness of our information. Excavations in various parts of Greece, Italy, and Asia Minor, while they have yielded immense additions to our knowledge of the architecture of temple and theatre, have, as yet, brought to light very few examples of a Greek house of the fifth century. We must therefore fall back on

<p>Internal arrangements of the house.</p>	<p>what we can gather from ancient writers; and since their evidence is never given in formal description, but has to be deduced from mere allusions, often scant enough, the result can be accepted only as uncertain and provisional. We must remember, too, that not all houses were built exactly alike, any more than they are to-day. We may assume the greatest variety in number and arrangement of rooms, according to the location of the house and the means of the owner. The accompanying diagram, therefore, is designed to show only a possible arrangement of the town house, assuming that it contained most of the rooms and appurtenances mentioned by Greek writers.</p>
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We enter at *A* a door which opens into a passage called the *thyron* (θυρόν, *B*). This leads into a court (*D*) open to the sky. The court, or *aulé* (αὐλή), was the central and essential feature of the city house, since it formed the principal means of admitting light and air. In the country house the position of the court was quite different.

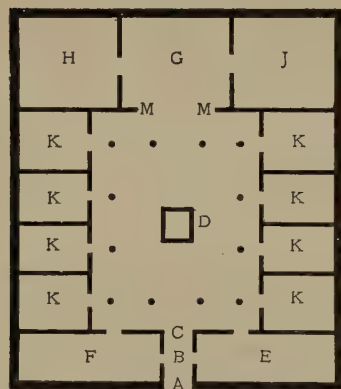


FIG. 18.—Theoretical plan of a city house.

There, it stood in front of the edifice, and was not, strictly speaking, a structural part of it. This made it a survival of the old Homeric arrangement, in which the yard fronting the house was surrounded by a wall on three sides, with the façade of the building completing the fourth.

Since the front door (*A*) of many houses was visible from the court (*D*) and led almost directly into it, this

door was called the “court door” (ἡ αὐλειος θύρα). In many houses it might be set in a little from the street, so that the recess thus formed made a kind of vestibule (τὰ πρόθυρα) open to the street. In a rich man’s house this might also be extended outward into the street by means of supporting columns, which formed a small porch (see Fig. 96). In this area often stood a little shrine to Hecaté and a symbolic representation of Apollo Agyieus—guardian of the streets—in the shape of a pointed column (page 262). Next it an altar may have stood. So also, to invite the protection of Apollo, laurel or bay trees were sometimes set out before the front door; and there was, further, the inscription above the door, μηδὲν εἰσίτω κακόν (*Let no harm enter*). One of the household slaves sat in a small room on one side of the entry (*F*) to act as porter (θυρωρός) and answer (ἵπα-

κούω) a visitor's knock. For this there was a metal knocker (ρόπτρον); or the person desiring entrance beat on the door and called "παῖ, παῖ" (*Slave!*)! Often the porter was a surly fellow whose wrath was easily roused, especially when a visitor pounded too violently with his fists, or kicked in ill-bred fashion with his foot. The door ordinarily opened inward, by a handle or ring called the ἐπισπαστήρ (Fig. 95).



FIG. 19.—Door of a house.

Opposite the porter's room in many houses were stalls for horses (*E*); for the Greeks, like some villagers in Europe to-day, had no scruples at housing animals under the same roof with themselves. So chickens

The rooms. and other birds, especially quails and jackdaws, were often kept in the court (Fig. 94). When Xenophon comes upon Armenians living in underground houses, in which were also gathered their sheep, goats, cattle, and fowl, he is struck

not so much by the miscellaneous character of the inmates as by the unusual construction of the dwellings below the ground.



FIG. 20.—Greek keys.

In many houses, doubtless those nearest the marketplace, the rooms just mentioned served as the workshop (ἐργαστήριον) and salesroom (πωλητήριον) of artisans and tradesmen; or physicians had their offices (ιατρεία) here.

If they had hired their quarters, these were of course entirely shut off from the rest of the house.

Even the modest house of Socrates had its court (*D*). Such courts were always rectangular, though the rectangle

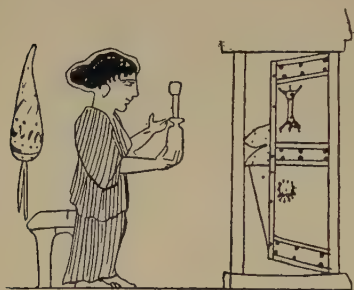


FIG. 21.—Door opening into a sleeping-room.

was not necessarily symmetrical (see Figs. 26 and 30). In the better houses it was bounded by a columned portico or peristyle. On one side of the court, usually the north, since that was open to the sun's rays, was a hall or living-room (*G*) called the *pastas* (παστὰς or παραστὰς). This seems to have derived its name from two engaged columns or pilasters (*M, M*), called παραστάδες, which marked the entrance from the court into this hall; hence it was not divided by a door from the court, but formed a recess or alcove to it. Here, or in the court if the house were too small to contain a *pastas*, the daily life of the women and children took its course (see Figs. 94, 95); from here they retired to the rooms adjoining the *pastas* or in the upper story if the masculine members of the family came home with friends who were not kindred.



FIG. 22.—Door of a storeroom.

Round the court were grouped the rooms (δωμάτια, οἰκήματα, *K*), which, of course, varied in number and position with each house (contrast Fig. 26 with Fig. 28). Some-

times only two sides of the court were thus surrounded, the third being bounded by the wall of the house (Figs. 26, 28, 29). Some rooms were sleeping-rooms (*κοιτώνες*, also *δωμάτια*); some, guest-chambers (*ξενῶνες*); some, store closets (*ταμιεῖα*). At best they were mere cells, with no other opening than the doorways connecting with the court. These were hung with curtains or *portières* (*παρὰ-πετάσματα*) or furnished with regular doors.

These doors were either single or double. A single door opening into a bedchamber is seen in Fig. 21, with

Doors and locks.

an ornamented handle at the top. In Fig. 22 a maid is carrying her mistress's jewel-casket back to its place in the storeroom, the door of which is double. She inserts a large key (*κλής*), which is simply a metal bar bent twice at right angles (see Fig. 20). This she works until its inner end catches against a knob or notch on the bolt inside (Fig. 23), when it becomes easy to thrust the bolt to one side. The key is then pulled out and the door opens by means of the handle, seen in Figs. 21, 22. In locking, it was necessary merely to pull the bolt in place by a strap which hung through a hole on the outside of the door (Figs. 15, 22, 23). The strap was then taken off and carried away or thrust back into the hole. A good deal of noise, caused both by the bolts (often in a city gate these were double) and also by the hinges, attended the opening of a door.

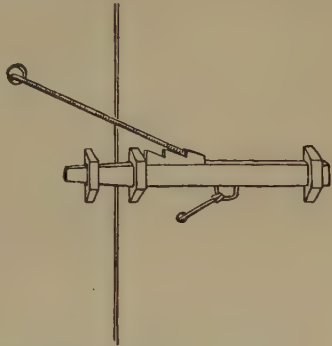


FIG. 23.—Key resting on a notch of the bolt inside a door.



FIG. 24. — Priestess with a key.

There was another kind of key, more like our own, shown in Fig. 24. This was inserted in a slit in the door, such as may be seen at the left in the door of Fig. 95. The hook at the end of the key exactly fitted a hollow in the bolt, and accordingly, when turned to right or left, effected the locking or unlocking of the door. A "Lacanian" key with three teeth is mentioned; but the construction of the lock was complicated and is not entirely certain.

In the middle of the court stood the altar of *Zeus Herkeios* (Ζεὺς Ἑρκείος), on which the father of the family, as its priest, offered sacrifice to Zeus, protector of the family circle. Here, too, were statues of Zeus and of Apollo Patrōos, the family god of all Ionians.

At home the master and his friends had their banquets and symposia in the hall of the men, the *andron* (ἀνδρῶν), which we may place at *H*. In its relative size, being larger than most of the other rooms, and in its importance as the scene of indoor life and the daily occupations of the family group, it corresponded to the great hall (μέγαρον) of the Homeric house. As far as this room, and no farther, strangers might penetrate, and then only if the master of the house was present. The whole of this part of the house, or that to which the andron stood as the centre, was from it termed the *andronitis* (ἀνδρωνίτις). But when the adult males were abroad, as they generally were by day, the wife, children, and slaves might gather round the circular hearth (ἑστία) for the business and pleasure of the day, which was either in this room or in the *pastas* (*G*). This hearth, the real centre of domestic life, was the scene of many solemn and important religious ceremonies that affected the welfare of the family. In the houses of the poor it also served as the ordinary cooking hearth.

Every dwelling, however, provided special quarters for the women and the girls, to which no man outside the immediate circle of relatives might have entrance; and since

The men's
quarters.

all the rooms just mentioned were in plain sight of the court, through which visitors must pass in order to reach the andron, an entirely separate suite was reserved for the women. To this they were not, of course,

The women's quarters.

obliged to confine themselves except when the male inmates had callers. This suite, like the

other rooms we have just seen, may have opened on the court; in this case a strong door divided it from the court. Such quarters may possibly be recognized in *J* (Figs. 26 and 27), with its adjoining inner room, *K*, both of which, though connecting directly with the court, have no connection with the large reception-rooms or *andrōnes* recognizable in *H*. In some houses the women's quarters must have been in the second story, as in the houses of Figs. 28 and 29. The name applied generally to the women's quarters was *gynaikonitis* (γυναικωνίτις), and it naturally embraced a larger number of rooms than the andronitis, since at home, during the master's absence, the women had free range of the house. One of the rooms of the gynaikonitis was the bedroom of the master and the mistress (*J* in Fig. 18); even in prose this retained its ancient and revered name of *thalamos* (θάλαμος). Here the head of the house kept his strong box and his valuables. Here, too, were little images of the patron gods of marriage—the *θεοὶ γαμήλιοι* and *γενέθλιοι*.

In many, and probably in most, houses there was a separate room used as kitchen (*ὀπτάνιον*), although among the

The kitchen.

poor, whose space was cramped, cooking was

done also at the hearth in the andron or the pastas. In Fig. 27 the room marked *K*² at the left of the entrance *A*² seems to have been the kitchen; in Fig. 28, *K*¹, at the right of the entrance *A*¹, may perhaps have been the kitchen. The absence of any fireplace in the ruins of these houses may be accounted for by supposing that the inhabitants used portable ovens or braziers, like those shown in Figs. 126 and 129.

In the earlier ages, and even later in rural districts, an

open fire was made for cooking on the family hearth (ἑστία). Later an earthenware oven (κρίβανος, κάμινος, or ἱπνός) kept the fire within bounds. A board or shelf projected over the oven. On it could be ranged dishes, cups, and other utensils (ἐργαλεία) for cooking; also the crane which held the caldron, flesh-hooks (κρεάγραι, Fig. 127) for pulling meat out of the pot, and the like. The smoke of the fire rose through an opening in the wall or the roof; but since it was not conducted through a pipe, it must also have blown about until it found its way through doors, chinks, and crevices. The hole in the roof (καπνοδόκη) could be closed with a board or trap-door (τηλία).

The fire-
place.

We have thus traversed the whole of the first floor, according to the plan given in Fig. 18. A solid wall, which might mark the beginning of another house, terminates the rooms at the back. Such party walls may be seen in Fig. 25, showing the plan of a block of four houses discovered a few years ago in Priène, near Milétus. Some houses had more than one entrance, and were accordingly said to be ἀμφίθυροι (see Figs. 27 and 28). The second entrance might be at the back or at the side, opening on an adjoining alley.

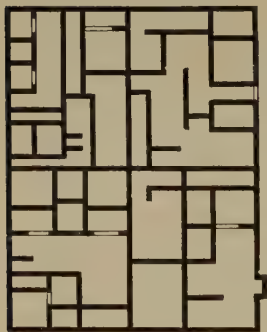


FIG. 25.—Plan of a block of four houses at Priène.

The second story was absolutely necessary in most Greek cities. Even the large and conveniently arranged house of Fig. 28 had an upper floor, reached by stairs (κλίμακες) made of wood. The second story either covered the whole of the lower portion—except of course the court, which was open to the sky—or else extended over a portion of it only. In the former case the house was an οἰκίδιον διπλόν; in the latter, the upper floor, usually called

ὑπερφῶν, suggested rather a tower, and was consequently called πύργος. Sometimes it projected a foot or two over the street, resembling old houses in Europe to-day. From its windows (θυρίδες) looked into the street. The upper story was reached by a stairway inside, unless it was let to strangers, in which case steps from the street on the outside led directly to it, thus avoiding any disturbance of the inmates below. Houses thus let were called *synoikiai*, "flats" (συνοικίαι), in contrast to *oikiai* (οικίαι), which were designed for a single tenant. They sometimes had balconies (περίδρομοι). Although we hear of such tenements mostly in the fourth century, they must have been a profitable investment for citizens in the latter half of the fifth as well, because the state did not allow the numerous foreigners then settling in Attica to own houses. If the upper story were not let out, or used in general as the *gynaikonitis*, it was devoted to the female slaves. In the *Anabasis* we read of a loft (ἀνώγειον) where nuts were drying.

Some houses, further, had cellars for storing wine in huge jars and casks (πίθοι, κέραμοι), like those seen in Fig.

Cisterns.

107; and most had cisterns (λάκκοι) for catching rain-water. This was especially true in places like Delos, a small island where wells and springs were scarce. But we have already seen that, in the fifth century at least, water was not carried by mains under the streets to the houses, and for good drinking water slaves had to be sent to the springs and fountains (Figs. 11 and 13).

There were no appliances for maintaining an even heat throughout the house. In the low-lying districts of Greece

near the sea the climate demanded none. In

Heating.

very severe weather, or on the upper levels, portable braziers (ἑσχαπαι, πύρρανοι, see Figs. 126 and 129) supported on tripods, or basins filled with glowing charcoal, could be carried from one room to another at pleasure; and the hearth in the andron could be used for a bonfire in winter. Curiously enough, conflagrations—except,

of course, in war—seem to have been infrequent. The walls of mud or broken stone, perishable as they were otherwise, at least tended to restrict the spread of fire. There was no fire-brigade at Athens; if a fire occurred, the market commissioners (*ἀγορανόμοι*), and later the *astynomoi* (see page 16), probably rendered what aid they could. Arson (*πυρκαϊά*, *ἐμπρησμός*) was punishable with death, being regarded as an attack on life.

The court furnished most of the light to the rooms. Those on the second floor derived a scanty addition of light from the small windows which looked into the street. Houses which faced the south were preferred when they were obtainable, since the light and heat of the sun in their courts were greater. At night oil lamps were used; at the entrance of some houses was a niche to hold a lamp at night. Such niches were found in the houses of Figs. 26 and 28.

We must next see how far the plan of a house sketched above (Fig. 18) on the basis of information given to us by ancient Greeks agrees with what archaeologists have discovered in our day among the ruins. Houses on the island of Delos.

In the island of Delos the foundations and parts of walls have been laid bare belonging to houses that date from the second century B. C. The ground-plans of some of the houses appear in Figs. 26, 27, 28, and 29. They are not, to be sure, free from some Roman features, such as the handsome mosaic which paves the courts (*αἶλαι*) of the houses in Figs. 27 and 29; but they are thoroughly Greek in all essential features. In Fig. 26 we see a house very symmetrically built, forming nearly an exact square, which meas-

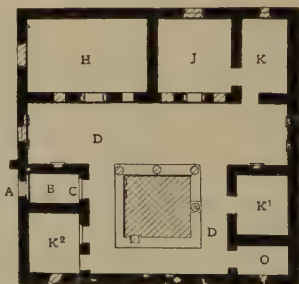


FIG. 26.—House on the hill (Delos).

ured about fifty feet on each side. The entrance is at *A*, where the door-posts of marble still stand. In the use of this material the house probably shows an advance on the poorer constructions of rough stone and mud bricks that were erected in the fifth century. At the right of the entrance is a niche raised to the level of a man's head, for receiving a lamp at night. We pass through the entry (*θυρών*) *B*, and a second door, *C*, into the court (*αἶλη*) *D*. The shape of this is peculiar, since it opens out on the north side of the house into a long space extending through the entire depth of the house. There was no porter's room. The peristyle in the court had eight columns of the Doric order. The large room, *H*, was probably a reception-room, which we may call the andron, while *J* and *K* may have been apartments for the women exclusively. They also had rooms upstairs, for at *O* was a stairway. Most, if not all, the rooms had windows, but so highly placed—in some cases ten feet above the ground—that it was impossible to see through them. They were designed to give light only.

In Fig. 27 we see a house of a wholly irregular shape; it proves how the nature of the ground and the space at the disposal of the builder determined the arrangement of each dwelling. This house had two entrances, the

principal one being at the corner (*A*¹ *B*¹ *C*¹). At the left, as the visitor entered *A*¹, he found in the angle a small stone bench on which he could sit and wait until the por-



FIG. 27.—House north of the sacred lake (Delos).

ter admitted him. The porter's lodge was at *F*, on the right. Twelve solid Ionic columns formed the peristyle. In the court (*D*) were a cistern and a well. The men's hall seems to have been at *H*, adjoining which were smaller rooms (*K*³ *K*⁴), which may have been men's sleeping-apartments. Perhaps the separate women's quarters were at *J* and *K*⁵. The circle in *J* marks the position of a large wash-basin (λουτήρ, see page 138). At *G* was the pastas (probably), convenient in its proximity to the women's rooms. The kitchen, however, seems to have been far removed from them, being at *K*², at the left of the second entrance (*A*² *B*² *C*²); it is to be remembered that hot dishes were perhaps not so much in demand as in our northern climate, so that the carrying of food across the court to the andron at *H* produced no inconvenience. What the large room *V* was for we do not know. It originally connected with *H*, but was later separated entirely from the rest of the house, and given an entrance (*A*³) of its own. It may therefore



FIG. 28.—House in the Street of the Theatre (Delos).

have been let out as a shop. It, too, had a cistern.

The house in Fig. 28 is perhaps the most interesting of all. The porter's lodge is at the right (*F*), and the entrance is relatively long. There

were twelve Doric columns forming the peristyle, beyond which was the fine large reception-room *H*. The pastas at *G* had a floor paved with mosaic, in the Roman fashion. The rooms *S* and *T* seem to have been a shop, owned and managed by the owner of the house, since it communicates at the rear with the court. It has, of course, its own entrance from the street (*A*²). At *O* was a stair-

way, and it is likely that the women's sleeping-rooms were upstairs.

In Fig. 29 we have a house of simpler construction. The number of rooms is so small that there must have been a second story, reached probably from some part of the room *J*. We come first upon an entry over six feet wide, to the left of which was probably the porter's room (*F*). On the right (*E*) were probably the accommodations needed for horses and other animals. At the end of the passage is a second door a little wider than the first, which

opened directly on the spacious court (*D*), about forty-two by thirty-four feet. The twelve columns forming the peristyle are clearly made out. They were of white marble, with Doric capitals, and nearly ten feet

high. In the open space bounded by the columns the floor was paved with a handsome mosaic, a mark of that later Hellenistic luxury which we can not assume for an earlier period. For in the fifth century, and even later, the floors were at best nothing but pebble surfaces stamped and beaten smooth. One side of the court is bounded immediately by the house wall. The large space in the rear was probably the site of the andron. The explorers recovered smaller columns which must have supported the second peristyle, belonging to the upper story.

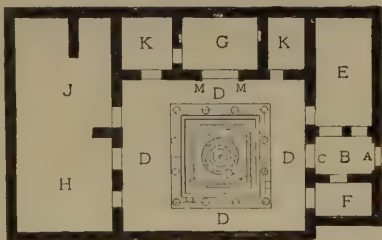


FIG. 29.—House on the Inopus (Delos).

Houses in
Priēne.

The houses unearthed by German excavators at Priēne may also be safely used to illustrate the main features of an Athenian house, although they date from the third century B. C., and bear many signs of a luxury which belongs only to the period of Greek history after Alexander the Great. Each house is

a rectangle, as shown in the diagram (Fig. 25), about fifty-four by seventy-two feet. The area covered by each differs therefore only a little from the area of the house at Delos represented in Fig. 29. These houses had only one door each, and this opened on the side street. It led directly into the court, without any connecting passage. The walls inside had a coating of marble, therein differing greatly from the ordinary house at Athens two centuries before; for there the walls of mud or rubble were covered simply with whitewash or stucco. Alcibiades went to the very verge of rash extravagance, it was thought, when he had his walls decorated with paintings. Other traces of advanced interior decoration were found at Priène, such as handsome cornices and mouldings in marble, Ionic half-columns, triglyphs painted in different colours, and other ornamental devices—e. g., a satyr's head in stucco, painted bright red. Little figures of Eros (Love) appeared, perhaps originally hung from the ceiling. We know nothing about the ceilings of a house of the classical period. In the better class of houses they may have been panelled, like the ceilings of temples.

The only remains known of houses belonging to the fifth century have still more recently been found in

House in Dystus, an ancient city of Euboea. The houses here

were mostly two-storied, and had walls of rough stone laid one on the other much in the fashion of the stone fences in rural New England, with smaller stones fitted into the crevices. A plan of one of these houses is given in Fig. 30.

The front door (A) is at the end of a long, descending passageway. On passing the second door (C) the visitor finds himself in a

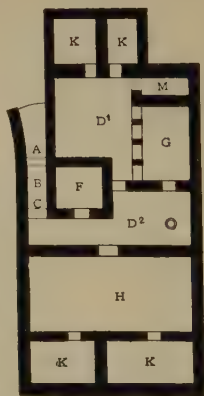


FIG. 30.—House in Dystus.

long entry which widens out beyond the room F , probably the porter's lodge, into a spacious apartment (D^2) large enough to be a court ($\alpha\upsilon\lambda\acute{\eta}$). In it was a fountain. The real court, however, is seen in D^1 , which is surrounded by the rooms K , perhaps sleeping-rooms, and G , perhaps the pastas. The small room M , which could be securely locked, was probably the storeroom. The passage D^2 divided the house into two nearly equal parts. Opposite the part just described was a large room, doubtless the andron, behind which were two other rooms (K , K). It is likely that all that portion of which D^1 is the centre was the gynaikonitis, whereas H and the rooms behind were devoted to the men.

The contrast between the ancient house, so well adapted to the simpler needs of a people living in a warmer climate than ours, and the ordinary house of northern Europe or America, is seen to be great. The Greek house, depending for light mainly on the court, necessarily included that inside its walls, whereas the modern house, deriving its light from more numerous windows, or from halls and corridors, has its court or garden or lawn, as the case may be, outside. Though, as we have seen, two-storied houses were common, the stairs, which are so prominent to-day, were an unimportant feature of the ancient edifice.

CHAPTER IV

THE OUTWARD SURROUNDINGS OF ATHENIAN LIFE

LIFE at Athens in the fifth century was so predominantly public in its nature that in the case of the men it is almost misleading to speak of their "home life." A change, to be sure, came later, when, from the middle of the fourth century, the history of society throughout Greece becomes a history of the gradual shifting of men's interests from public to private matters, from political questions to social and domestic concerns; and, on the intellectual side, we see a change from the vigorous production of great literary works, often offered in public competition, to the quiet and secluded study of them by scholars and critics. We, however, are concerned mainly with the fifth century, the age at once of hope and of accomplishment, and no survey of life at this period can be complete without a glance at the public buildings and other edifices with which men had to do.

The agora, as we saw, was daily crowded with men. Of course, too great devotion to the market and to the gossip that gathered there was not regarded as wholly respectable. A man who had no other pursuit than to lounge there all day was thought to be a hoodlum, and the word *agoraios* (*ἀγοραίος*), was used by more circumspect persons to denote a street idler. Like all idlers in commercial cities, these *agoraiōi* were ready to join every street brawl, to maltreat a foreign peddler, or to molest a schoolboy. Yet for all that, eminently respectable citizens resorted daily to the agora as the social centre.

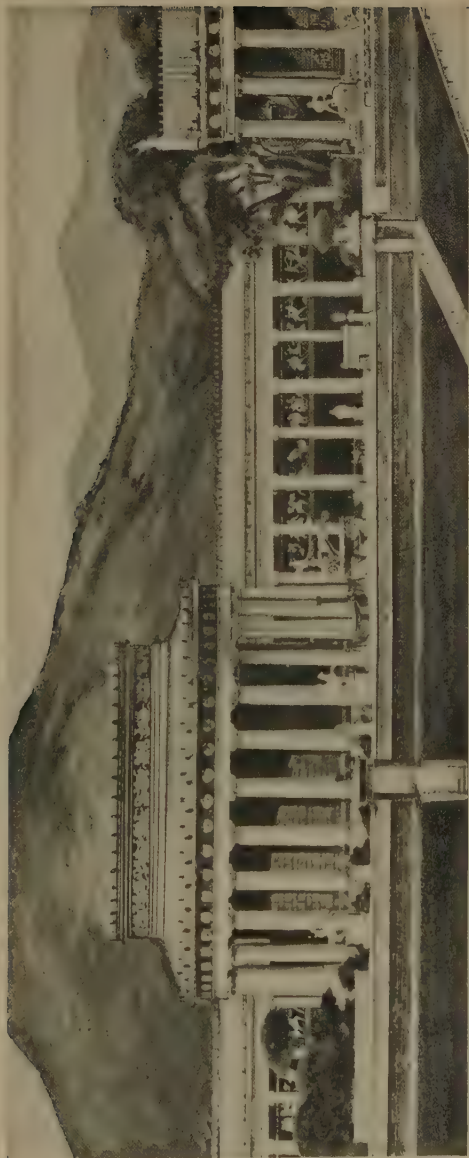


FIG. 31.—The so-called *Tholos* at Epidaureus, with adjoining porticoes (conjectural restoration).

At Athens the agora lay in the hollow north of the Areopagus and the Acropolis, in the ward or deme called Cera-meicus. A part of the western side was bounded by a gentle elevation called "Market Hill," the Colōnos Agoraios, at the foot of which stood one of the chief buildings of this district, the King's Portico, *στοὰ βασιλείος*, the corridor in which the archon called "the King" had his office. Here also the

Court of the Areopagus held their sittings. Hither came Socrates to appear before the archon at the summons of his accusers; and here, five centuries later, St. Paul addressed the Athenians, who then, as they had done before, made this their favourite resort. Farther south stood a group of buildings likewise dear to the hearts of democratic citizens. The first was a precinct and sanctuary dedicated to the Mother of the Gods, and called the Metrōon. Here the state

archives were kept. The second was the chamber in which the Council of Five Hundred (*βουλή*) held meetings.

The third edifice was devoted to a committee of the Council called the Prytanes (see page 207), who attended to the routine business of the Council, and offered sacrifice for the weal of the state in the "Rotunda" or *Tholos* (Θόλος), a structure so called on account of its circular form; it enclosed the sacred hearth of Hestia, a symbol of the depend-



FIG. 32.—The double portico (*stoa*) at Pergamum, restored.

ence of the state upon the family. The general appearance of the Tholos may be fairly conjectured by a comparison with a similar though handsomer structure built in the fourth century at Epidaurus (Fig. 31). A priest was in attendance to conduct the rites necessary as a preliminary to all public and private business; and a public slave acted as sacristan and attendant of the Prytanes, who also dined here. Situated near the heart of trade, it was a convenient repository for the official weights and measures. The other magistrates—for example, the chief Archon, the Polemarch, and the six Thesmothetae—must have occupied offices near here. There were, further,

Porticoes.

other porticoes (στοαί) besides that of the King (βασιλείος): one was the stoa of Zeus Eleutherios; another was a special portico for the sale of grain, the στοὰ ἀλφιτόπωλις; again there was the famous “Painted Porch,”

στοὰ ποικίλη, which Cimon’s brother-in-law Peisianax had reared. Its walls were covered with historical paintings by Polygnōtus and Micon.

This gives but a partial idea of the varied scene. There were besides countless altars (Fig. 34; see also Figs. 242, 243) and shrines, statues, and especially stēlai—i. e., slabs of marble or other stone on which were inscribed public and private memorials of all sorts. Here was also the famous row of Hermai (οἱ Ἑρμαῖ) guarding the agora, as the Herm before each house door guarded the family (Fig. 35). Many of these Hermai were very old, dating back to the

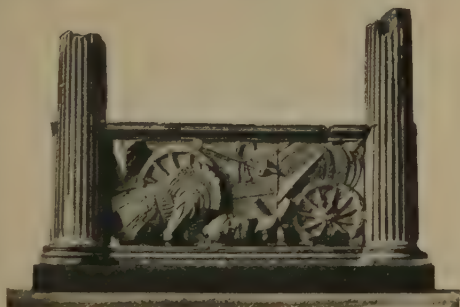


FIG. 33.—Detail of balustrade in the portico at Pergamus.

archaic period of art, and all were held in veneration. At their bases offerings, including even money, were laid, and secrets were confided to their ears. The statues of Harmodius and Aristogeiton stood opposite the Metrōon, a daily reminder of the struggle that ended in the establishment of democratic institutions in Athens (cf. Fig. 138).

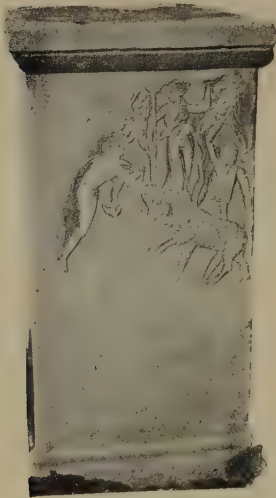


FIG. 34.—Altar of Dionysus.

tus to Pericles. One temple, commonly called the Theseium, still stands on Colōnos Agoraios, and is the best preserved of all Greek temples (Fig. 36). To

Temples. understand its construction, we must examine some features that constantly recur in Greek temple architecture. The principle was simple. The sanctuary (*vaós*, *cella*) was a space enclosed by solid walls and columns supporting a dead weight of entablature and roof, without the later Roman device of dis-

While, therefore, this part of the city could not compete with the citadel in the well-ordered and artistic grouping of buildings, it derived an interest from the very irregularity in which its works of art had been reared; for they pictured in historic sequence the tastes and needs of the people at different times throughout a period extending from Pisistratus



FIG. 35.—An archaic Herm.

tributing the thrust by means of arches. In the earliest construction, which was of wood, we should have seen only a frame of uprights on which the cross-beams were laid. The roof sloped on both sides, meeting at the top in a ridge-pole, and projecting eaves shielded the sides. The ends formed a gable. This shape was retained down to the latest times, after stone had taken the place of wood



FIG. 36.—The "Theseion," from the northwest.

as a material for building; and so conservative is man in all that concerns his religion, that many details of the original wooden structures were reproduced in conventional form, as, for instance, the nail-heads at the bottom of the triglyphs on the entablature (Fig. 37).

In the space thus enclosed the divinity to whom it was consecrated was supposed to dwell. His presence was usually made real to the worshipper by some object—at first

by a mere stone, or roughly hewn pillar of stone or of wood; then by some representation of the god, wooden images more or less crude; and finally by the

**Ritual
statues.**

statues in marble and other material wrought by the masters of sculpture (see Fig. 253). Sometimes, however, the image was lacking, and the priests usually could narrate some legend to account for its absence.

While the *naos* (*cella*) was the essential feature, it was usually entered by a kind of vestibule, called, naturally enough, the *pro-naos* (*πρόναος*).

**Construction
of temples.**

This, in its simplest con-

struction, was formed by prolonging the side walls of the naos, which then terminated in an engaged pillar, or pilaster. Between these, and directly opposite the door of the

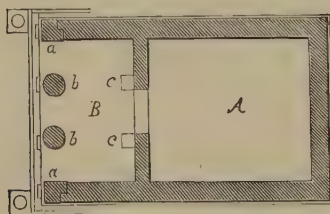


FIG. 38.—Temple of Rhamnus.

ending in the piers *a a*. These were called *parastades*, in Latin *antae* (cf. the *parastas* of the private dwelling, page 28). Thus this kind of temple was regularly designated by the Romans a *templum in antis*. A chamber exactly corre-



FIG. 37.—Architectural detail from the temple of Athēna at Ilium.

naos, were placed two free columns, to aid in supporting the roof of the *pro-naos*. This construction (Fig. 38) is seen in the plan of the little temple of Themis at Rhamnus, in the northeastern part of Attica: *A* is the naos; *B* is the *pro-naos*

sponding to the pronaos might also be built at the rear of the naos; and a further step was reached when columns were set entirely round the three parts thus formed. The temple is then "peripteral," and this result is achieved in the temple on Colōnos Agoraios, from which we started, and to the plan of which we now return (Fig. 39). In this, the naos (*A*) remains the most secluded portion of the edifice; *B* is the pronaos; *C* the chamber behind the naos (*ὑπισθόδομος*). This temple is built of Pentellic marble, and is forty-four feet wide and one hundred and four feet long. It rests

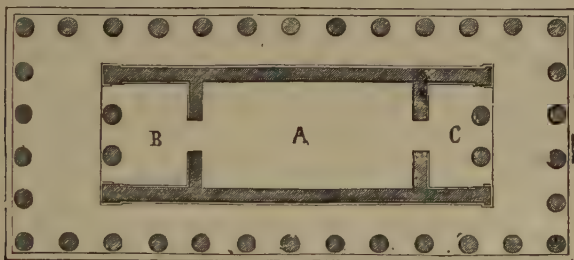


FIG. 39.—Plan of the "Theseium."

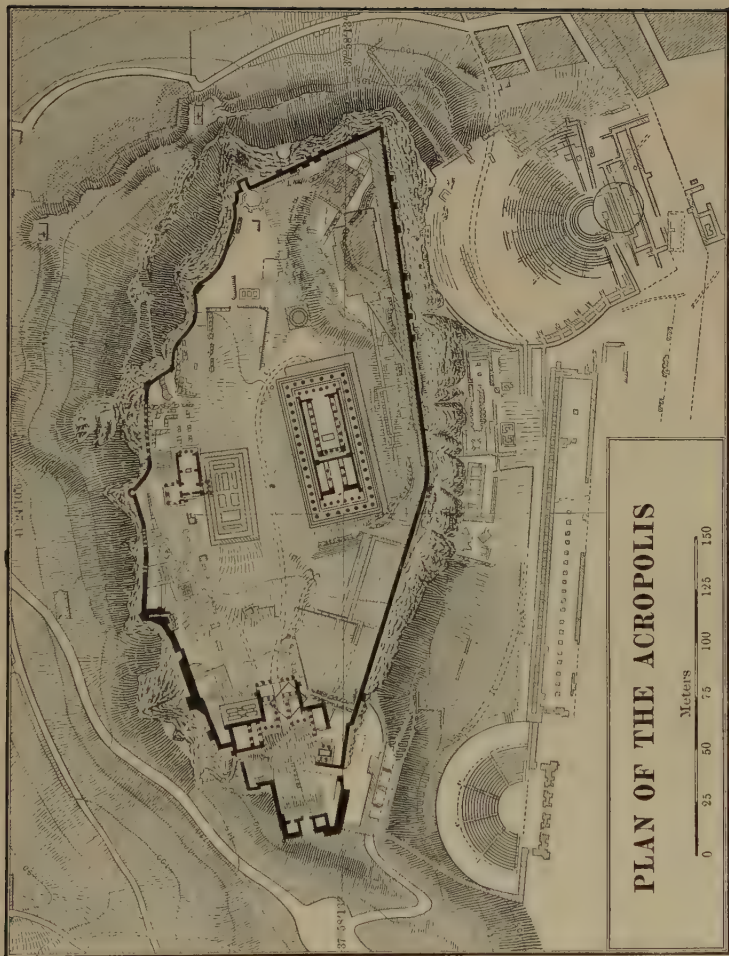
on an elevation, technically called stylobate, reached by three steps, the undermost being a common limestone found abundantly in the Piraeus. The columns, which are of the Doric order, number six at the front and the rear, and thirteen (counting those at the corners twice) on the sides. Above the columns we can recognize three distinct architectural elements (cf. Fig. 37). First comes the solid, substantial architrave, presenting a perfectly plain outer surface. Above it alternate in regular order triglyphs and metopes, beginning with the former. Last is the triangular gable, or pediment. At both ends, east and west, the pediments in this temple were filled with sculptured groups, of which no fragment remains. The metopes, which are the rectangular spaces between the triglyphs, extended like them entirely round the temple, to the number of sixty-eight. Of these,

eighteen were adorned with reliefs; the rest may have contained paintings. The metopes of the east front represented some of the Labours of Heracles. On the sides adjoining the east front were figured the exploits of Theseus, in eight metopes, four on each side.

We do not know the year when this temple was built, or the god to whom it was sacred. According to a recent theory, it was a temple of Hephaestus, built just before the outbreak of the Peloponnesian War. Hephaestus and Athēna were patrons of the potters, who plied their craft in the Cerameicus, of which the hill on which the temple stands was a part.

There were numerous other temples in this neighbourhood; but in no part of the city had their construction been planned so systematically, and with results so beautiful and imposing, as on the **The Acropolis.** Acropolis. This was itself a sanctuary, consecrated chiefly to Athēna. Artemis, to be sure, enjoyed a share of the adoration there paid to the gods, and her priests were powerful enough to prevent the building of that portion of the grand gateway to the citadel which trenched on her precincts. Yet Athēna reigned, on the whole, supreme; almost all the edifices—temples, statues, altars, treasure-houses—which stood on the citadel belonged to her worship, or to the worship of divine and heroic beings connected with her in ritual and in legend.

From the market the Acropolis could be approached either by a steep path between it and the Areopagus, which, **Approach** however, was impassable for wagons, or by a **to the** longer, gentler rise on a road which wound **Acropolis.** round the western and southern slopes of the Areopagus. Near the summit the visitor came upon a wide staircase ascending to the gateway, or Propylaea (Fig. 41), built at the instance of Pericles by the architect Mnesicles, who began his work in 437 B. C. Six impressive Doric columns stand at the entrance to a hall which is divided into



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FIG. 40.

three aisles by Ionic columns (for the style of which cf. Fig. 46), three in each row. Passing between them, or through the middle aisle, we reach some steps which lead to five doors in a row piercing a wall—the real gate. From these we enter a rear portico, which, like that in the front, had six Doric columns facing the Acropolis plateau. At each side of the entrance halls are wings. That on the left was a picture *salon* or *pinakothēké* (πινακοθήκη). Behind this was



FIG. 41.—A portion of the Propylaea.

a spacious hall. The wing on the right is much smaller than the *pinakothēké* opposite, and the hall behind it was never finished, because it would have encroached on the domain of Artemis.

The summit
of the
Acropolis.

The number of splendid objects that once met the visitor's gaze as he emerged from the Propylaea is too great to admit of detailed mention, much less description. Only a few of the most prominent can be noticed here. Directly in front stood

the great bronze image of Athēna made by Phidias. It portrayed the goddess in her martial character, as indicated in the title *Promachos*, or *Champion*, given to the statue in later times. It stood so high that the tip of the spear and crest of the helmet were visible above the roof of the Propylaea to passengers on board ships entering the Saronic Gulf. She bore a shield richly adorned with figures added by an artist after Phidias's day. She wore a helmet and carried a spear. Some notion of Athēna as a warrior goddess may be gained from Fig. 42 and also Fig. 67. On the visitor's right was the precinct of the Brauronian Artemis, who was worshipped in a very ancient ritual celebrated by Euripides in the *Iphigenia among the Taurians*.

But the most conspicuous edifice of all was the Parthenon, known to Athenians in the days of Pericles as the temple of Athēna Polias, "guardian of the state." Beneath the founda-

The
Parthenon.



FIG. 42.
Athēna Pro-
machos.

tations may be clearly distinguished the beginnings of a great temple of Athēna projected by Cimon, the predecessor of Pericles. The Parthenon, as we all know, however, was the work of Phidias, begun in 447, and finished shortly after 432, by the architect Ictinus. Its ground-plan may be seen in Fig. 40, and a view of the ruins from the west is given in Fig. 43. It is a Doric peripteral structure, with eight columns at the ends and seventeen on each side. The entrance was at the east end, thereby affording abundant room for the great processions at the Panathenaea (page 274), which would thus be obliged to traverse the length of the temple before the head of the column turned and disappeared in the pronaos from the sight of those in the rear. The number of steps ascending to the stylobate of the temple was, as

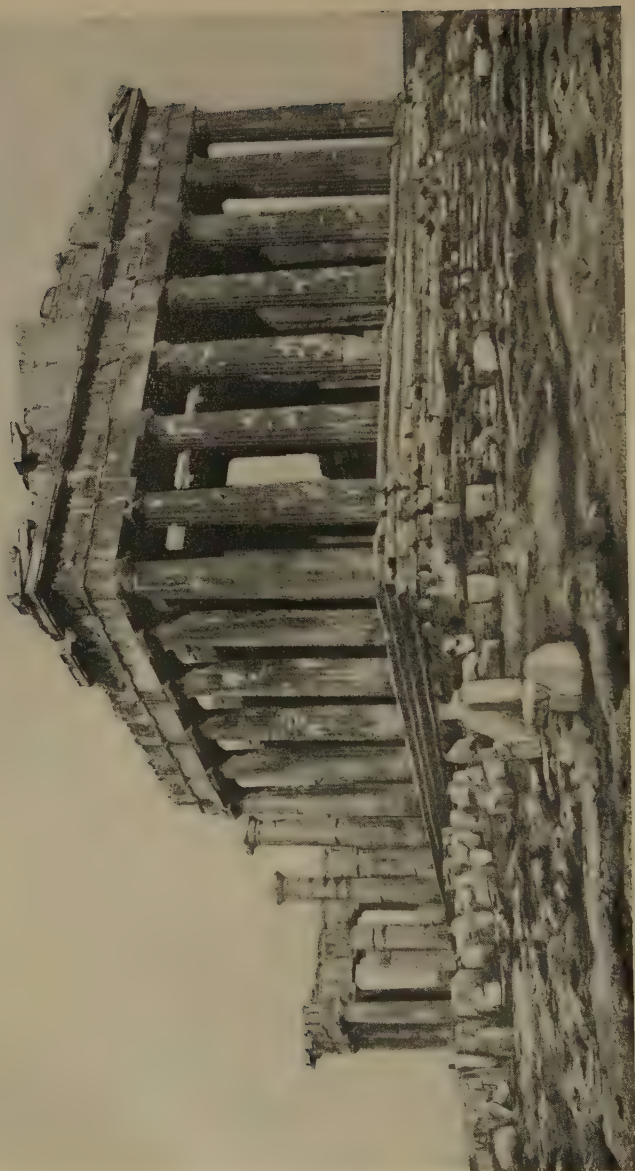


FIG. 43.—The Parthenon as it appears to-day.

usual, uneven, in order that the worshipper might begin the ascent and enter the pronaos with the right foot. This temple, unlike the so-called Theseium, was prostyle; i. e., instead of pilasters, it had six free columns both before and behind the naos. Within the naos were two parallel rows of columns, ten in each row, connected at the inner end by five other columns. In the space thus marked off stood the magnificent gold and ivory statue of Athēna, also the work of Phidias. Even the late copy of it, the statuette here figured (Fig. 44), which is practically all we have to judge of the work, is enough to show the richness of Phidias's work. The goddess stood erect, her tunic reaching to the feet. On her breast was a head of Medūsa; on her head she wore a helmet adorned with griffins on each side and bearing a sphinx at the top (cf. Fig. 141). In one hand she held a spear, in the other a Victory, Niké. At her left rested a huge shield, and near the butt of the spear a snake was figured. Almost every free surface, down to the edges of the soles of the sandals on the goddess's feet, was covered with rich and varied sculptured reliefs.

Behind the naos, i. e., to the west of it, was the *opisthodomos*, in which, probably, were stored state treasure and the more valuable offerings entrusted to the goddess for safekeeping; more particularly special temple property and vessels used in the processions were kept here.

Both pediments were ornamented with striking scenes in sculpture. The east pediment represented the birth of



FIG. 44 — Athēna Parthenos.

Athēna; the west, her contest with Poseidon for supremacy over Attica. All the metopes were filled with reliefs, a fact which illustrates the lavish way in which the artistic and the financial resources of the state were employed in this supreme creation. They contained scenes from the battles of the Centaurs and the Lapithae—a favourite theme with the Athenian sculptors of the time. All this adornment was seen from the outside, without entering the temple. Round the building formed by pronaos, naos, and opisthodomos—to which the columns served as a shell—extended in superb array the celebrated Panathenaic frieze, gracing the outside wall of the naos near the top. To see it one had to enter the portion of the temple covered by the outer columns. It is generally believed that this represents the elaborate procession which formed part of the Panathenaic festival held every four years in honour of Athēna. At this a saffron-coloured robe (*peplos*), specially woven and embroidered with scenes portraying the exploits of the goddess in battle against the giants, was dedicated with solemn ritual (see page 274).

The roof of the temple was covered with tiles, and surmounted at the top and lower corners by *acroteria*—ornaments (cf. Fig. 249) in terra-cotta bearing conventional designs. Rain-water was conducted from the roof by leaders which terminated in lions' heads, from whose mouths the water spouted free of the sides below. The glistening Pentelic marble of which the temple was built was relieved here and there by paint, blues, reds, and gilt or orange predominating. The background of the metopes seems to have been red, the channels of the triglyphs deep blue.

A little north of the east front was the great altar to Athēna; for it must not be supposed that animals were sacrificed inside a temple. In most sanctuaries there were, of course, tables made of silver or gold placed near the cult statue—idol, as the Christian Fathers

would call it—to receive the daily gifts of worshippers. These consisted of simple unburnt offerings, such as fruit, flowers, vessels in metal or pottery, cakes, birds, and the like.



FIG. 45.—The Erechtheium, with the Porch of the Maidens.

The northern half of the Acropolis was occupied by the most ancient, and therefore the holiest, precinct of all. Here stands a building, or rather a group of buildings, in honour of Athēna, with whom were associated Poseidon, Hephaestus, and the hero Erechtheus. This edifice, the Erechtheium (Fig. 45), is of superlative beauty. It contains the famous Porch of the Maidens (often called Caryatides), and the often-copied door of the north porch.

Another exquisite structure rises at the extreme south-western corner of the Acropolis, and commands a wide view of the western part of the city and the Piræus. It is the little Ionic temple to Athēna Niké, better known as the temple of the Wingless Victory (Fig. 46). From an inscription, of which a portion is given in Fig. 192, we know that it was built shortly after the middle of the fifth century. It is amphiprostyle,

The
Erechtheium.

Temple of
Athēna Niké.

but has no outer columns surrounding it. A frieze runs entirely round the wall on the outside, presenting on three sides battle scenes, on the fourth an assembly of the gods.

Besides many altars—one, for example, in front of this temple of Niké—statues and votive offerings everywhere, set up by grateful devotees in the *pronaos* or in the intercolumniations of the temples, crowded the citadel on every



FIG. 46.—The Temple of Athēna Niké.

side. These offerings (*ἀναθήματα*) were of many kinds. One large class of them consisted of little images, in metal or in clay, dedicated by persons who had recovered from some illness. Often a limb or other part of the body was represented, according to the nature of the disease. This custom, like that of weaving the peplos for the goddess, is kept up in many churches in Greece to-day.

Though Athens is to us the type of a Greek city, we must not imagine that the splendours of her Acropolis could be equalled in any other Greek city, say Thebes, or Sparta, or Syracuse. To that extent, therefore, the daily life of her citizens was different from that of other Greeks; for their interest and wonder must have been constantly excited, and their imaginations inspired by what they saw about them. On the other hand, the Acropolis had not always presented the rich and varied array which we have just seen, all of which belongs to the latter days of Pericles. The old precinct sacred to Athēna and Erechtheus had, to be sure, existed as an object of love and veneration since the days of Homer. Closely connected with it was the ancient temple of Athēna Polias, that stood in the middle of the Acropolis in the sixth century. This the Persians ruthlessly destroyed, but its ruins were perhaps visible in Xenophon's day, being kept as a perpetual reminder of the impiety of the barbarians.

In a later age, when independent Greece had passed away, and princes with authority derived from Alexander spent their wealth in keeping alive the ancient art, cities like Pergamus, Antioch, and Alexandria became noted for the splendour of their public buildings. The Acropolis of

Pergamus. Pergamus (see Fig. 47) in the days of its prosperity almost rivalled that of Athens in magnificence. An agora with spacious porticoes, a splendid temple to Athēna, a library (Fig. 90) which vied with that of learned Alexandria, and, above all, the matchless altar to Zeus the Saviour (*Zeὺς Σωτήρ*), itself a temple on a grand and novel plan (Fig. 238), are some of the chief features in the surroundings of regal Pergamus.

As for Athens, there remain many structures in the lower town which we shall notice later. Thus, at the southern foot of the Acropolis lay the precinct of Dionysus, with its little temple *in antis*, later obscured by an elaborate



FIG. 47.—The Acropolis of Pergamus (restoration).

portico belonging to the Dionysiac theatre, and superseded by a newer and larger temple a few steps farther south. The agora, also, which on the south was probably prolonged to a considerable distance west of the Areopagus, was filled in this vicinity also with many buildings, such as store-houses for temple and state property (*θησαυροί*). From here one reached the Pnyx, the hill where the people met in full assembly (page 209). Near the sacred groves—the Academy, the Lycæum, and Cynosarges—were gymnasia and palaestrae. Everywhere the eye rested on rich and diversified adornment. The wonder is that Athenian writers of the classical period should have regarded them so much as a matter of course, of every-day experience; for information about them in the literature remains scanty to a tantalizing degree.

CHAPTER V

THE PEOPLE

THE population of Athens and Attica comprised three classes—citizens, aliens, and slaves—and in the fifth century amounted to at least a quarter of a million, probably many more. The citizens were such adult males as enjoyed full political rights, and their families; the term *astoi* (ἄσται) included them all, whereas *politai* (πολιταί) was applied only to the enfranchised males. The number of the latter before the Peloponnesian War was over 35,000—perhaps nearer 40,000; with their families, the number of free inhabitants must have reached 100,000 or over. Most of them lived in the country, visiting Athens only for business or in the exercise of political duties. These formed the sturdy productive portion of the citizens, who felt most keenly the irksome restraint of the city when Pericles compelled them to move into town on account of Spartan invasions. During the Peloponnesian War, therefore, their numbers fell off at a dangerous rate. The great plague, at the very beginning, carried away almost a fourth of the inhabitants of all classes; the terrible defeat in Sicily still further diminished the population; and by the end of the war, in 404 B.C., there were scarcely more than 20,000 male citizens left.

The three classes were kept distinct, at least in their political relation; only now and then a special vote of the people granted the status of citizen to a foreigner or (most rarely) to a slave for conspicuous patriotism. According to a law of Pericles, only those persons

who were born of citizens on both the father's and the mother's side were accorded the full rights of citizenship. The enforcement of this law was somewhat lax during the war, when radical tendencies in the republic predominated; and Aristophanes—like many other comic poets, a conservative—bitterly ridicules certain foreigners who managed to wriggle into citizenship. The law was enforced anew in 403, when a soberer democracy was restored after the deposition of the Thirty Tyrants; but, in obedience to the forgiving

Foreigners spirit of the time, it was not applied to persons
living in born before that year. Further, there were so
Athens. many foreigners in Athens, and relations with her allies were so intimate, that intermarriages were frequent, and it was inevitable that many children should be enrolled as future citizens who could not fulfil the law's requirement. We hear of several revisions of the citizen list in Athenian history. The people, however, might vote to confer citizenship upon a foreigner or an Athenian only one of whose parents was of citizen birth, as a reward for distinguished services to the state in peace or in war. The balloting was secret.

A man in the full possession of all the rights (*τεμαί*) of citizenship was said to be *epítimos* (*ἐπίτιμος*). Various offenses against the state, such as the bribery
Civil rights. of officials, embezzlement of public funds, cowardice in battle, false witness, neglect of filial duties—for here the state too was concerned—were punished by a diminution or total abrogation of citizen's rights, called *atimia* (*ἀτιμία*). Complete *atimia* involved the loss of all political privileges and legal redress; and the exclusion from temples, markets, and other places where citizens congregated.

All citizens of the three upper divisions as
State income. rated by Solon—*Pentakosiomedimnoi*, *Hippeis*, *Zengítæ*—were liable to special taxes in time of war (*εἰσφοραί*). The lowest class, or *Thētes*, were exempt. Further, those whose property amounted to more than two talents

performed in regular turn certain special services (*λειτουργίαι*, cf. "liturgy") which required considerable outlay. The chief and most expensive was the equipment of a chorus for a lyrical or dramatic performance. The citizen charged



FIG. 48.—The choragic monument of Lysicrates.

with this duty (*chorēgus*, *χορηγός*) had to collect the members of the chorus, pay for their training in music, the dance, and the words they were to sing, provide them with costumes and masks, and pay for their keep during their period of training. A generous *chorēgus* might in this way win lasting renown, for his munificence contributed largely to the winning of the prize coveted by competing choruses; and the victory was recorded on tablets of marble or bronze erected in conspicuous places, and also, at least in the case of lyric performances, commemorated by the presentation of a tripod to the victorious *chorēgus*, who dedicated it to *Dionysus*, and set it up in the Street of the Tripods, leading to the theatre (see page 16). The *gymnasiarchia* was another form of public service, in which the citizen was obliged to pay for the services and the training of those who took part in the torch-races at the Panathenaea and other celebrations.

Still another form of *liturgia* was the holiday dinner (*ἑστίαις*), at which a citizen entertained the members of his tribe (*φυλή*) at the Dionysiac and Panathenaic festivals. Finally, the manning and equipping of a trireme (*τριηραρ-*

χία) was a very common mode of liturgia, in which, on account of the great expense, two or more citizens were usually associated. The state furnished the hull and the mast, and the trierarchs—for such they were called while performing this service—supplied the rigging, the provisions, the crew, and their pay (see page 199). Sometimes rich citizens made voluntary donations (ἐπιδόσεις) to individuals who they saw were in need of supplies for a military campaign.

Rewards for public service were often bestowed by the Council or the popular assembly, such as exemption from taxes; a front seat in public gatherings, especially at the theatre (προεδρία); a crown, originally of olive or laurel, later of gold (Fig. 194); and maintenance at public expense in the chamber where the Prytanes dined (σίτησις ἐν πρυτανείῳ).

Thus the descendants of Harmodius and Aristogeiton, and winners at the Olympic games, were honoured in the last-mentioned way; and Socrates, in all seriousness, claimed the same reward for his lifelong endeavours to rouse his people to uprightness and true knowledge. Crowning became especially frequent in the fourth century. The proposal to

reward Demosthenes in this way, and the opposition called out from Aeschines, his rival, occasioned the best known and most perfect production of Greek oratory—the oration *On the Crown*. Citizens were sometimes rewarded also by

Public
rewards.



FIG. 49.—Marble seat of the priest of Dionysus in the theatre.

the honorary title of "Benefactor," *εὐεργέτης*. This appellation was sometimes conferred by one state on the citizen of another, as Cimon was called the *εὐεργέτης* of Sparta. In some cases he represented that state in all transactions with his own people, and entertained and aided all citizens who came from it to visit his own. In this capacity, which was partly official, partly friendly, he was called *proxenos* (*πρόξενος*), an office which figures conspicuously in the international history of Greek states (see page 253).

In external appearance there was little to distinguish the citizen from the free foreign resident, except that individuals among the latter class might retain here and there the dress and bearing peculiar to their home country. The Athenian citizen generally bore himself like a free man, with perhaps a tendency toward arrogance, but with less regard for dignity and composure in gait and attitude than the Roman maintained.

The resident foreigners, or metics (*μέτοικοι*), formed a class by themselves, since naturalization was not so easy a process as it is to-day. They made their home in Athens or the Piræus, attracted thither by the commercial and social advantages which the city afforded. It was part of Pericles's wise policy to invite such men to leave the country of their birth and settle in the state which he was building up. Herein the liberal spirit of Athenian institutions is strongly contrasted with the narrow and suspicious attitude of Sparta, whose policy of exclusion (*ξενηλασία*) was almost as rigid as that of China. A well-known example of the wisdom of Pericles in this regard is furnished by Cephalus, a Sicilian, whose son Lysias became the first really eminent orator of Attica. Cephalus passed thirty useful and honourable years in Athens, and was a man whom Socrates was glad to visit and engage in conversation. At the beginning of the Peloponnesian War there were at least 10,000 metics in Attica, most of them living in the Piræus; including their fami-

The
foreigners.

lies, perhaps 45,000. While few of these, doubtless, possessed the integrity and the dignity of Cephalus, still they were on the whole industrious and enterprising, and contributed largely to the wealth of the state. This was especially true in ancient communities whose citizens despised trade and manual labor. As a class, however, they were held in dislike by the ordinary citizen, and their relation

to the natives was somewhat similar to that
Disabilities which the Jew holds in Continental Europe
of foreigners. to-day. Race prejudice was of course much stronger in antiquity. The indignation with which Apollonides is expelled from the company of Cyrus's surviving captains, not only because of his bad advice but also because he was a foreigner, is evidence of this. And so the metics were among the first to fall victims to the cupidity of the Thirty Tyrants. Often, no doubt, some of them placed private gain above the interests of the state, and certainly they were frequently charged with forming "corners" in the market and arbitrarily raising the price of staples in daily use.

In deference, therefore, to popular opinion, many restrictions were laid upon metics. After a certain period of residence, every foreigner was required to select a citizen to represent him in all dealings with the state; for a metic, having no political rights, could not, among other things, conduct a case at law. This citizen, called his *προστάτης*, seems to have been responsible in a certain degree for the good behaviour of the metic. If a metic failed to choose his representative within the prescribed time, he was liable to prosecution (*γραφὴ ἀπροστασίον*) before the archon-polemarch, who presided over all cases that affected foreigners. The whole proceeding is analogous to the requirement of a passport in some European cities of all foreigners who purpose to stay longer than a few days.

Metics were also obliged to pay a special poll-tax (*μετοίκιον*) not exacted from citizens, and when a special war-tax

(εἰσφορά) was levied, they paid a higher rate than the citizens. Their other liabilities were the same as those of citizens. In war they served as hoplites (page 194), but could not be admitted to the ranks of the cavalry, whose members were an aristocratic body of young men with de-



FIG. 50.—A citizen with his two sons; the elder is on the point of joining the cavalry.

cidedly exclusive tendencies. Rich metics were bound to perform the regular liturgies, like rich citizens; and frequently they acquitted themselves of this obligation as loyally and generously as any citizen. In the great festivals, where sac-

rifice was offered by and for the state, they were allowed a share of the burnt offerings. Conspicuous worth and loyalty were sometimes rewarded, at least in certain periods of democratic reaction, by citizenship. Citizenship was certainly more easily obtained by foreigners in Athens than anywhere else in Greece. Ordinarily, however, the reward was limited to requiring the metic to pay no more taxes than the citizen; to making him, as the phrase was, *ισοτελής*. Sometimes, too, metics were allowed to own houses—Lysias and his brother owned three—or to march in the same ranks with citizens, and not in a special division by themselves.

There was no period in the history of Greece when society was not affected by the presence within it of large numbers of slaves (*δοῦλοι, οἰκέται*). At Athens almost every family owned at least one, and in the whole state there must have been in all considerably over 150,000. Hipponicus, one of the richest men of Greece, owned 600; Lysias's family, who possessed an armour fac-

Slaves.

tory, kept 120 in the workshop; the general Nicias employed 1,000 in the mines. But fifty was ordinarily considered a large number for one person to possess. Slaves were usually acquired by purchase, though a few also were born and reared in the master's house. Some were actually Greeks, sold into captivity at the sacking of their native city, as when the Lacedaemonians captured Plataea in 427 B. C., or when the Athenians took Sciōne and Torōne five years later.

In the retreat of the Ten Thousand under Xenophon, many inhabitants of the interior were kidnapped by the Greeks, for it was a rule, universally recognized, that the conquered became the possession of the conqueror, except

Origin. by special stipulation; as where Tissaphernes

exempted from slavery the natives in the villages of Parysatis, which he allowed the Greeks to plunder; and Syennesis managed to have returned all Cilician captives. The terrible suffering of the enslaved Athenians in the quarries of Syracuse after the disastrous end of the Sicilian expedition in 413 B. C. is the most awful example of this custom. Sometimes the great numbers of captives designed for the slave market so impeded the march that their captors were forced to let them go. Traders imported them into Athens from Thrace, Phrygia, Lydia, Paphlagonia, Syria, and the countries round Pontus. There was a peltast in Xenophon's army who had been a slave kidnapped from Pontus, and who, when the Greeks reached the country of the Macrōnes, was able to act as interpreter. "For," said he, half pathetically, "I believe this is my native country."

Slaves were employed in every conceivable way. As house servants, they tended the door (as *θυρωρός*, see page 26), fetched water from a spring or street fountain, washed clothing, waited at the table, prepared food, and made clothes for the family.

Employments. Boys going to school were attended by slaves or "pedagogues" (*παιδαγωγοί*), and the nurses of young children

were commonly slave women. The mistress (called δέσποινα) usually had a special slave to assist her at her toilet, and the master (δεσπότης) when he went out was attended by slaves who acted as body-servants (θεράποντες, ἀκόλουθοι) and messengers. The Athenian, however, rarely made a vulgar display with a large retinue of servants when he went abroad, as the Roman or the Persian did. Outside of purely domestic uses, slaves were employed as miners,



FIG. 51.—The American School of Classical Studies, on the site of the Lycæum.

especially in the silver-mines at Laurium, and as agriculturists and herders; also as stevedores, boatmen, overseers, and business managers. Many of them often got permission to go out to work for pay, giving a percentage of their earnings to their masters. In this way they actually became well to do, and might subsequently purchase freedom. Investors frequently bought large numbers of slaves and let them out for hire.

The state owned many slaves (δημόσιοι), who served it in

various occupations deemed too menial for citizens. Such were the Scythians (*Σκύθαι*), armed with the bow, who kept order in public places (page 20). State accountants and secretaries were mostly slaves or freedmen. Public slaves were also employed in the mint, in public works, such as the making and improvement of roads, and as executioners and torturers. Even in battle, when the need was pressing, they were sometimes induced to risk their lives by the promise of freedom. Many served in the battle of Arginūsae (406 B. C.), and became later the envy of their associates.

As a rule, the treatment of slaves in Athens was not severe, although it depended entirely on the character of the master, who had unrestricted control over their lives. He might not kill a slave wilfully, however, since that involved the pollution of blood-guiltiness, for which he must atone by some act of expiation to the gods of the state. The law technically shielded the slave against excessive physical maltreatment, but since the slave had no political status, it is not easy to see how he could bring an action against a cruel master. Religion protected him better, for he could fly for asylum to the shrine of Theseus in the agora or of the Dread Goddesses (*αἱ Σεμναί*) on the Areopagus. The worst that could befall a faithful slave was to be examined under torture if his master were prosecuted in a legal action (see page 212). On the other hand, the master was sometimes restrained from violence by the fear that his slave might concoct some charge against him for the benefit of his enemies, since, unfortunately, many a family had an ancestral feud with some other; and in time of war, by the fear that the slave would run off to the enemy. Kindly feelings of humanity also played their part, especially among the more enlightened Athenians. A newly purchased slave was welcomed to the hearth with a shower of confetti (*καταχύσματα*). Slaves also had access to the feasts and celebrations in which the whole state

took part; the only exception was the Thesmophoria, a festival of the women from which all men were excluded. During the three days of the Anthesteria they were allowed to come and go with no restraint whatever. It is noteworthy that no uprising of slaves took place in Athens until after the Roman conquest, though 20,000 ran away to the Spartans while they occupied Deceleia. The same fidelity was displayed in even a greater degree by slaves in the South during our Civil War.

Freedom was the reward, as we saw, of service rendered in battle. It was bestowed either by the master, or by a decree of the people, in which case the master was reimbursed for the loss of his property. Slaves who turned state's evidence (*μηνυταί*) were sometimes thus rewarded. The freedman (*ἀπελεύθερος*) passed to the condition of metic, and his former master became his patron (*προστάτης*, page 65).

These, then, were the people that filled the streets and the agora. The women who were also to be seen in the crowds were chiefly those of the lower classes, whose poverty compelled them to throw aside the conventional Athenian modesty, so far as it related to women, and to mingle with men in their daily occupations in the market or at the fountains. A busy crowd of hucksters vending all kinds of wares filled the larger streets. Here and there a drover, clad in skins, and with his legs wound round with woollen bands in lieu of stockings, would be driving in from the hills a flock of sheep or goats. Or a farmer from the plain would be urging on his pack-ass or his mule which drew a creaking cart with solid wheels, laden with wood or market produce (cf. Fig. 235). A modern would have missed the pleasure driving to be seen in a city to-day. It was unseemly for a man to ride in a carriage, at least in the town; and any one who drove his racing chariot to a banquet, as Themistocles is said to have done when he was a young man, was thought to have attained the extreme of extravagance and presumption.

Street scenes.

CHAPTER VI

CHILDHOOD

WE have now noted some of the external conditions that surrounded a child born at Athens in the middle of the fifth century. Much had been done for his comfort by long centuries of growth, during which the Greeks had come to be distinguished from the rest of the world as a Hellenic nation; years in which this nation, favoured by the climate, the land, and in Attica especially by the sea, had steadily increased in power and promise, learning lessons from the people of Egypt and the East; until Athens, after her final struggle with the Persians, began her own independent career, and her people, gifted with native genius and the teachings of their fathers, had made a powerful state and a tolerably comfortable city to live in.

A boy born at this time was, as everywhere, the object of his mother's devotion; but, more than that, he was, in a sense scarcely

appreciable to-day, his father's pride. For the father felt assured that through the boy his old age would be cared for; that the family name and the worship of family gods and ancestors would be perpetu-



FIG. 52.—Peasant's child with goat.

Pride in boys.

ated after his own death; that the state would have another citizen to take his place when he had gone or was too old to remain actively in her service. To have no children, especially male children, was one of the most serious calamities that could befall a Greek; and the state had an interest in the matter as well, because it was thought that childlessness tended to loosen the ties between citizen and commonwealth. Hence a man, in making a promise on oath, could attest his sincerity no more solemnly than by calling down destruction upon himself and his children in case he should prove to be a perjurer (page 282).

Greek education (*παιδεία*) began deliberately at birth, where it should always begin. The aim was to make the boy in the image of his father—to conform to the type of manhood and citizenship which each Greek state held as its own ideal; to be a gentleman, *καλὸς κἀγαθός*, really a *man*, worthy of the freedom which the men of Marathon and Salamis had won. Discipline, and not the mere acquirement of knowledge, was always the object. Far back in Homeric times the father took an active interest in the nurture of his child, and the loss of this oversight in the case of an orphan was felt most keenly.

The birth of a boy was announced by an olive-branch hung on the doorpost; if the baby was a girl, tufts of wool were displayed. The first bath was given by dipping the child in lukewarm water and oil —a custom surviving in modern Greek baptisms. In Sparta, where special measures were taken to make children hardy, the water was tempered with wine, which was thought to impart vigour. In most places except Sparta, the baby was tightly wrapped, like an Indian papoose, in a narrow woollen band (*σπάργανα*),

Aim of Greek education.

Customs

when a child was born.



FIG. 53.—Infant in swaddling bands.

twisted round and round from the neck to the feet (Fig. 53). The cradle (λίκνον) or basket was so made that it could be suspended like a swing, or might be rocked on the floor. Artemis and other divinities were invoked to protect the child, and special precautions were taken against the "evil eye" and malignant spirits which might bewitch and harm it. Two family festivals celebrated the birth, both of very ancient sanctity.



FIG. 54.—Child in cradle.

The first was religious in character, and usually took place five days after birth. The nurse, or some woman of the family, with the child in her arms, ran round the hearth in the andron, followed by the members of the household. This ceremony—the ἀμφιδρόμια—was designed to place the child forever under the care of the family gods. It was followed by a feast, at which shell-fish were always eaten. The second festival was the "name-day," in some parts of Europe (e. g., Russia, Finland, Sweden) held perhaps of greater importance than the birthday. Certainly among the Greeks it was indispensable, for it was then that the father, in the presence of guests, formally recognized the child as his own, committed himself to its upbringing and education, and gave it a name. The naming was celebrated on the

Greek names. tenth day (δεκάτῃ) with great conviviality and mirth; the guests brought presents (γενέθλια δόσεις), a sacrifice was offered to the family gods, and an abundant feast followed. The child received but one name. Very commonly a boy took his grandfather's name, sometimes his father's, in a slightly altered form. Sometimes a diminutive or shortened form of the grandfather's name was given; the orator Lysias, son of Cephalus, was named for his grandfather Lysanias. Or the boy might be named from an intimate friend, or from some god—as Theodotus, Apollodōrus—or from some noteworthy experience in his father's life. Later in life a nickname derived

from some personal peculiarity or association might usurp the place of his real name. Two famous instances are the poet Stesichorus, so-called from his achievements in marshalling lyric choruses, though his real name was Teisias; and the philosopher Plato, who was first named for his grandfather Aristocles, but who is said to have been dubbed Plato by his teacher in gymnastics, because of his broad shoulders. In every case the father and mother, after careful and sometimes even heated discussion, selected a name derived from some word of good omen. On the tenth day, then, the child was presented to its nearest relatives and the most intimate friends of the family; its right to life and to a name was formally recognized by the father, for, unhappily, the exposure of infants, especially of girls, was common in antiquity. Parents, by no means always poor, who wished to relieve themselves of the care and expense of rearing their children, sometimes placed them in baskets (Fig. 54) or earthenware vessels (*χύτραι*, page 136), and set them secretly in some temple, in the hope that some kind-hearted person might take pity on the little unfortunate and bring it up. Or, when more brutal feelings prevailed, they carried the child to some bleak mountainside to die of exposure or by wild beasts.

There remained still another ceremony, by which the position of the child as future citizen was also recognized.

State recognition of the child.

This was at the Apaturia (page 281), an old Ionic family festival held in the late autumn.

On the last of the three days of this festival—called the *κουρεῶτις*—the child born during the preceding year was presented to his father's clansmen, or phratry (*φρατρία*), after the sacrifice of a sheep offered by the father. Following it, the brethren of the phratry (*φράτερες*) decided by a vote whether or not the boy or girl was the lawful and legitimate offspring of Athenian parents. If the legitimacy of the child was established, the name was enrolled on the register of the phratry (*τὸ φρατερικὸν γραμματεῖον*). If not, the child was held to be a bastard (*νόθος*) before

the law, and could not aspire to inheritance or to citizen's rights.

The mother, of course, exercised a general oversight over all her children up to their eighth year; but every household

not too poor had its
Care of the nurse (τροφός), either
child. a slave woman or a
 foreigner, who performed all the
 common duties of her office. Spartan
 nurses seem to have been sought
 after, much as French or German
 nurses are among us. The nurse
 prepared the baby's food, often
 mingling honey with it; in the
 case of a child still toothless, she
 chewed the food first herself. She
 sung the baby to sleep with ancient
 lullabies, some of which the great
 tragic and lyric poets have re-
 produced or imitated.

Nursery When the child grew
tales. to some understand-

ing, the nurse told stories out of
 the great wealth of Greek myth-
 ology and Aesopian beast fables
 which circulated among the Greeks
 from the earliest times; also ghost
 stories, chiefly to frighten and sub-
 due the rebellious: about the hor-
 rible bugaboo called Mormo; about
 Acco, who carried off bad children
 in a huge sack; or Lamia, once a
 princess, who ate her own and others' children; or Empūsa,
 a hobgoblin that took any shape it pleased. If these stories
 failed to restrain the naughty child, then the sandal was
 vigorously applied. The methods of discipline were crude,

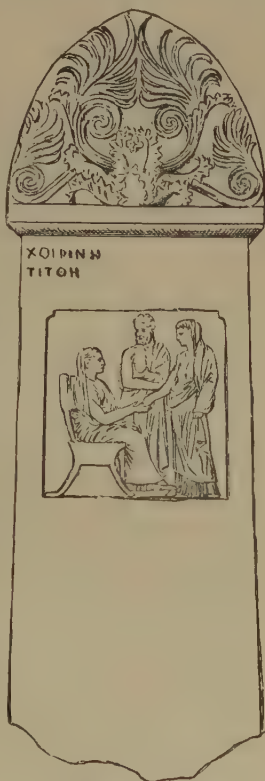


FIG. 55.—Grave monument to a nurse.

but not more so than most in vogue to-day, and only philosophers like Plato and Aristotle objected to the homely training of these slave nurses. Their charges grew up to love and honour them. Eurycleia, in the *Odyssey*, is a good example of the revered nurse; and monuments placed over nurses' graves still remain to testify to the gratitude felt for their labour and care (see Fig. 55).

Children's toys and games are much the same the world over. So the Greek baby had his rattle (πλαταγή), the little



FIG. 56.—Toy cart and pet dog.

Toys and games.

girl had her pets, and her doll (κόρη) made of painted clay or wax, often with movable hands and feet (see Fig. 231). Baby-houses, toy dishes, tables, wagons, and animals were as interesting then as now. Sometimes the older boys made their own carts (ἀμαξίδες), and hitched to them dogs or goats. For older children, too, there were the swing (αἰώρα), the ball (σφαῖρα), the whipping-top (βέμβιξ, ῥόμβος), the hoop (τροχός).



FIG. 57.—The swing.

Many games resembled those played to-day: hide-and-seek (κρυπτίνδα), tug of war (ἐλκυστίνδα), ducks and drakes (ἐποστρακισμός), and blind man's buff, or the "bronze fly" (χαλκῇ

μῦα), in which the boy who was "it" was struck with whips by the others until he caught one of them. Another amusement among the street gamins, not so innocent, was

to catch a beetle (*μηλολόνη*), tie a string to it, and so control its flight. Jackstones, played with knuckle bones (*ἀστράγαλοι*, Fig. 230), "pitching pennies," played with bronze coins (*χαλκίζειν*), and hopping with one foot on a greased wine-skin (*ἀσκολιασμός*), were other favourites, the last being a sport indulged in by grown people at the Dionysiac festival of the Anthesteria.

Boys and girls grew up together under the sole charge of mother and nurse until they were seven years old. From this point, so far as his education was



FIG. 58.—Children playing with cart and doll.

Early education.

concerned, the boy parted from his sister, who remained in careful seclusion in the house, and got what little knowledge her mother could impart, depending on her father or brothers for knowledge of what was going on in the world. The boy, on the other hand, was placed under the special charge of a slave (*παιδαγωγός*), whose business it was to follow him everywhere—to school and back, in his sports, and in the house. Only in the constant presence of an elder, it was thought, could a boy learn proper modesty and reverence (*αἰδώς*), polite bearing, and self-restraint in all things (*σωφροσύνη*), the last being the ideal of Greek ethics. On the same principle, the sons of Persian nobles were educated at court, that they might see nothing of a contaminating and debasing character. The guardian slave, to be sure, was often an illiterate person of foreign origin, and was never a teacher in the strict sense. But he was assumed to be competent to teach the boy manners, the proper way to eat, walk, sit, and dress, and could see to it that the boy fell into no bad companionships. Such a tutelage had as much influence

for good as that of the old-fashioned Southern "mammy," except in the case of very old and weak slaves, such as the pedagogue whom Pericles assigned to Alcibiades in his



FIG. 59.—Playing ball.

school-days. The sympathetic pedagogue is seen in Fig. 258. The slave had power to enforce his direction by corporal punishment applied with the rattan (*νάρθηξ*) or the strap (*ἱμάς*). From him they learned to rise, stand, and be silent in the presence of their elders; and to wear their mantles carefully folded about them when they went into the street (see the younger lad in Fig. 50).

CHAPTER VII

SCHOOL TRAINING

THE Greeks took a broad view of the meaning of education (*παιδεία*), and made it include all that the boy received from his elders, before he became of age, in the training of his body, mind, and morals. When the little boy (*παῖς*) had grown into a lad (*μειράκιον*), he was introduced to three main branches of discipline; and no matter how poor his parents were, every Greek boy gained some knowledge in all these three. The object,

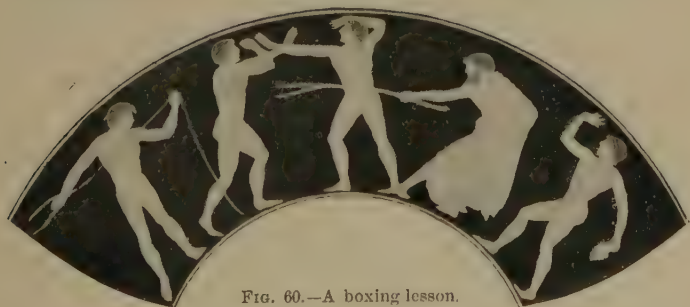


FIG. 60.—A boxing lesson.

it should always be remembered, was the physical and moral development of the citizen, and not the acquisition of expert knowledge. These branches were gymnastic (*ἡ γυμναστική*, *sc.* *τέχνη*), music (*ἡ μουσική*), and reading and writing (*γράμματα*). The last two—i. e., music and letters—were sometimes embraced under the single term “music” (*μουσική*), which in classical Greek implies more than the narrower modern term

music, being made to include the words and thoughts of a poet as well as the musical strain to which they were adapted.

Instruction in gymnastic was given in the palaestrae (literally "wrestling-grounds," from *πάλη*, "wrestling"), of which there were several in Athens (cf. Fig. 72). These were laid out in a free and open space, therefore mostly in the outskirts of the city, and not too shaded from the sun. In accordance with the Greek idea that boys require the constant supervision of older persons even in their sports—an idea far removed from English and American theory

and practice—a private teacher, called *παιδοτρίβης* (Figs. 60, 61, 74), gave systematic lessons

Gymnastics. in wrestling (*πάλη*), boxing (*πυγμή*), running (*δρόμος*), the broad jump (*ἄλμα*), throwing the discus (*δισκοβολία*), and casting the spear (*ἀκόντισις*). All these were taught so universally that it was easy to improvise "track meetings" (*ἀγῶνες γυμνικοί*) on almost any occasion. Such are frequently mentioned, therefore, by Xenophon, as held in connection with



FIG. 61.—Practising the broad jump.

some religious festival; as when Xenias the Arcadian celebrates in distant Asia his native festival, the Lycaea, with games, for which the prizes were gold flesh-scrapers or strigils (*στλεγγίδες χρυσαί*); or again, when the Greeks, on their safe arrival at the Black Sea, render thanks to Heracles and proceed to hold games, with the Spartan Dracontius as referee. Greek literature everywhere, from Homer to St. Paul's epistles, contains many references to the games and metaphors derived from them; as when Xenophon speaks of the gods as the umpires (*ἀγωνοθέται*) of the uneven struggle between the Greeks and the Persians—and not merely

are those games meant in which professional athletes figured, but also the simple contests of ordinary citizens trained in their youth to understand and enjoy them.

These exercises were practised naked, the body being first anointed with oil. This, with the dust and sweat, was scraped off at the close of the contest by



FIG. 62.—Flesh-scraper (strigil).

a kind of comb (*στλεγγίς*, called by the Romans *strigilis*, Figs. 62, 63), after which the boys took a cold plunge; for the palaestra was often near a stream. In this way boys added

Swimming. a knowledge of swimming and diving to their

other accomplishments, a knowledge assumed as general in Homer and Xenophon. The diver is mentioned in the *Iliad*, and some of the soldiers at one point during Xenophon's march to the sea took off their tunics and swam across a stream; a few only did not know how to swim.

Military training. Boys of aristocratic birth were trained in the use of arms and in military tactics (*τὰ ἀμφὶ τάξεις καὶ ὀπλομαχία*). In the palaestra were also practised punching the bag, or *σκιαμαχία*, ball playing, tug



FIG. 63.—The use of the strigil.

of war, and other games begun in childhood. At the yearly festival in honour of Hermes the boys had an opportunity to display their progress; and at the national games—Olympic, Pythian, Nemean, and Isthmian—boys were frequently entered as contestants, and their victories as well as those of professional adult athletes were celebrated by the lyric poets—Pindar, Simonides, Bacchylides, and others.

In music, taught by a master of the lyre (*κιθαριστής*), the pupil learned to play on the lyre and to sing (Fig. 64) to his own accompaniment. The lyre, called in

Music.

Homer *φόρμιγξ*, later *κιθάρα*, *κιθαρίς*, or *λύρα*, was the ancient national instrument of Hellas, always associated with the Hellenic god Apollo. There were many varieties of form, and the *kithara*, in the strict sense, seems to have had greater resonance than the *lyra*. In principle, however, they were the same. In the lyre the complete shell of a tortoise was used as a sounding-board. Into the natural openings at either end were fixed goat's horns, which were connected near the tips by a cross-piece or yoke (*ξυγόν*). The strings were drawn tightly from this yoke to the shell

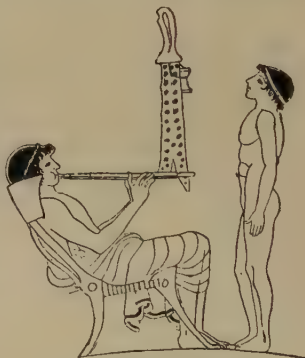


FIG. 64.—Singing lesson.

below, which constituted the base of the instrument, and there were fastened by a bridge (*ὑπολύριον*). The sounding-box of the kithara was made of thin wood, metal, or ivory, and might be either rectangular or semi-oval in shape. The arms also were of wood or metal instead of horn, and might form one piece with the box (Fig. 66). Some forms of it greatly resembled the modern zither (cf. Fig. 95).

The flute (*αὐλός*) belonged originally in Asia Minor, and though flute-playing was regularly taught, it became less

popular in the latter part of the fifth century among Athenian gentlemen, after the fastidious Alcibiades set the example of discarding it because it distorted the face. It was played like the clarinet rather than like the modern flute, the mouthpiece being at the end of the pipe or cylinder, not at the side. Originally the pipe had only three or four finger-holes. The player often performed on two pipes, each having a separate mouthpiece; he played the melody on the pipe held in his right hand, the accompaniment on that held in the left. For convenience in holding, and also to relieve the great pressure on cheeks and lips, the pipes were fast-



FIG. 65.—Use of the double pipes at the public games.

ened to the player's mouth by leather bands passing round the neck and head, as in Fig. 65. Among the Greeks the flute remained as a rule the national instrument of the Boeotians only, or was confined to professionals who played it chiefly to accompany dancing, or in marching to battle.

The superiority of the lyre in polite society is typified by the story of Apollo's contest with the Phrygian Marsyas (Fig. 66); and in Homer, it is the Trojans, never the Greeks, who use the flute. All Greeks, but especially Athenians, laid stress on some musical attainment, even though great technical skill was not desired; for when a man entered society he must be able to sing to his own accom-

paniment the lyrics and glees that everybody knew. The Greeks also felt profoundly the moral influence that certain musical strains can exert, and the old-fashioned looked



FIG. 66.—Musical contest between Apollo and Marsyas.

with disfavour on the artificial variations and wonderful trills which virtuosi began to introduce toward the close of the fifth century. Besides the flute, used for marching, the army also depended on the trumpet (σάλπιγξ) for signals, for which

the Thracians used a horn. "In peace," so ran the famous saying, "sleepers are waked by cocks; in war, by trumpets."

Dancing was not one of the subjects taught in the regular curriculum at Athens in its flourishing period, though boys of promise, like Sophocles, for instance, were often singled out for special instruction in it, that they might appear in the choruses of boys which competed at the festivals. But in Crete and Sparta every one could dance, especially in the *pyrriché* (πυρρίχη), a pantomimic war-dance in which young men wearing helmets clashed swords and shields together. Byron in *The Isles of Greece* and many other writers in England to-day incorrectly associate the *pyrriché* (not *pyrrhic*) with Pyrrhus and the Pyrrhic phalanx. In Xenophon's account of its performance in the *Anabasis* it is noteworthy that this and other mimetic dances, or ballets, are not danced by the Athenian soldiers, but by a professional dancing-girl (ὄρχηστρίς), by a Mysian, and by some Thessalians. Still, the *pyrriché* was early imported into Athens, and became by

the beginning of the fourth century a regular feature of the Panathenaic festival (page 274).

The third branch of education, γράμματα (also μουσική in the wider sense), comprised reading and writing, for which the boy attended the school (διδασκαλείον) of the *grammatistes* (γραμματιστής). In reading, the pupil learned the names, forms, and values of the letters, whence he proceeded to the study of syllables and of whole words, with their changes of inflection. In writing, the teacher wrote a copy and drew lines for the scholar, who, with his hand guided by the teacher's, tried to imitate the model. The writing was done on wooden tablets (δελτοί, Fig. 67) covered with wax; the instrument was an iron graver with a sharp point (γραφίς, Lat. *stilus*). To write, then, was properly to scratch (χαράττειν), whence letters were called "characters" (χαρακτῆρες). Pupils who had attained proficiency enough to warrant the use of more expensive material wrote on paper, made from the stem of the papyrus plant (βίβλος), which grew chiefly in Egypt (page 108). With this they used a reed pen (κάλαμος) and ink (μέλαν, cf. *atramentum* from *ater*), made of lampblack and gum which had been pounded together in a mortar. School-rooms could not boast of a desk, and in schools which were held in the open air, the scholar was lucky if he had a bench (βάθρον) to sit on.

Reading and writing.

Materials for writing.

The authors read and studied were the epic poets, especially Homer (*Iliad* and *Odyssey*), Hesiod, Aesop, and the



FIG. 67.—Athena with writing-tablets and a writing-point.

moralists, like Theognis and Solon. The verses were learned by heart, so that their influence on the character and on the whole attitude of the Greek toward life was strong and persistent. The lessons were learned at school, not at home, the pupil re-

Authors studied.

peating the words aloud after the master, or writing them at his dictation. Not a few Greeks, especially Athenians, learned in this way to recite the whole *Iliad* and *Odyssey*, and were noted for their excellent memory (*μνημονικοί*).

Although most Greeks were far from illiterate, and set a high value on a knowledge of the national literature—it was only

Teachers.

at Sparta that a large number of persons were ignorant of reading and writing—still the profession of teacher (*γραμματιστής*) was in low repute. The teachers were freedmen, or citizens who had lost means and social position, and they depended on the voluntary donations of parents, often rendered in kind instead of in cash, on the last day of the month. Thus the teacher was often at the mercy of a stingy parent, one of whom is related to have deducted a portion of the fee because his son was sick one day. The school-

rooms—when school was not held in the open air—were ill furnished, with none of the apparatus for comfort and instruction demanded to-day.

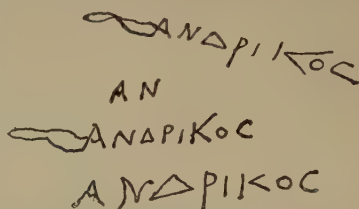


FIG. 68.—Boy's handwriting on the wall of a house.



FIG. 69.—A lesson in the poets.

It was only after the fifth century that subjects less ethical than reading were added to the course, such as **Mathematics.** geometry, astronomy, and arithmetic. The Greeks as a rule were not skilful calculators, and the grown man regularly counted with his fingers (*ἐπὶ δακτύλων συμβάλλεσθαι, πεμπάζειν*, cf. *πέντε*); or else, in more important financial problems, he used a counting-board (*ἀβάκιον*). In the fourth century, when the Athenians began to wake to a conscious appreciation of the works of art about them, drawing (*γραφικὴ*) was introduced into the school course as necessary to the proper understanding of sculpture and painting.

Thus, under a well-ordered scheme of work and

Illiteracy. play, citizens' and metics'

sons passed their early years. Of course there were street gamins, like the one who grew up to be a sausage-seller, described in a play of Aristophanes, who wandered about the streets and in the agora at will, stealing wares, chiefly food, and acquiring a mere smattering of reading, with little writing, and no gymnastic or music. But illiteracy in Athens was extremely rare. Even girls must have gained

Training of girls. some knowledge of reading, and often of writing, according to the ability and willingness of their mothers or nurses to impart instruction

to them. In the simpler branches of housekeeping, however, girls of the middle and lower classes were more systematically taught; while the richest learned at least how to spin, weave, sew, and embroider. (Compare also pages 108 ff., on books and reading.)



FIG. 70.—Counting-board.

In ordinary cases, the life of a lad during this early period of training was happy and interesting, with abundant variety in town and in the country, in school and palaestra, and at the family and state sacrifices. His sports kept him in the open air; his studies were few enough to admit thorough mastery of them. He learned no languages other than his own; no history, except what his father told him of their ancestors' exploits, or as he imbibed it incidentally when the teacher commented on the poets; no geography, though maps were coming into use among scientific men; no botany, zoology, or algebra. Though, like a modern boy, he played ball and marbles, and flew kites, he could not skate or coast—snow and ice do not linger in Greece, except in the mountainous portions—and he had no hockey, golf, or tennis.

The relations between teacher and pupil were not friendly. The Greek believed in the efficacy of corporal punishment—"he that is not flogged can not be taught," said a poet—and scholars lived in constant dread of the schoolmaster (cf. Fig. 60). Xenophon, evidently out of his own experience, well illustrates this when he says that Clearchus's soldiers felt toward Clearchus as boys feel toward a teacher; and Xenophon no more questions the right of teachers to use the rod for the good of their pupils than he questions the similar right of parents. The bitterest lot that could fall to children was, on the death of their father, to be handed over to a cruel or avaricious guardian. The state, however, through its chief archon, exercised a certain control over guardians (*ἐπίτροποι*), who, if information of maladministration of property came to the archon, might be required to render an account of the treatment they had bestowed on their wards (*ὀρφανοί*, *ἐπίκληροι*). Institutions for the care of waifs at public expense, such as orphan asylums, did not exist; but the state looked after the orphans of distinguished soldiers who had fallen in battle.

At eighteen, a boy reached his majority, and was once more presented by his father or guardian to the members of his father's phratry. The father or guardian on this occasion offered a special sacrifice —*koureion*, *κούρειον* (page 74)—the meat of which was distributed to the members. The priest of the phratry also received certain perquisites, such as a cake, two quarts of wine, and a drachma (page 246) in money. Further, the boy had to be enrolled in his father's deme; for every citizen, after Cleisthenes had systematized the democratic constitution at the close of the sixth century, was a member of one of a hundred or more demes (*δῆμοι*) or districts spread over Attica. Originally, the deme was a local, territorial division, according to which the demesmen (*δημόται*) were actual neighbours, and united by a common local interest. But if a man moved away, he still remained a member of his original deme, and into this his sons, too, were enrolled. If the demesmen accepted the youth as properly qualified for citizenship by reason of age and legitimate birth, his name was inscribed in the deme register (*ληξιαρχικὸν γράμματ'εῖον*), whereupon he became entitled to citizen's rights and liable (theoretically) to citizen's duties; he could inherit property and exercise independent control of it, and he might perform priestly functions, if any such belonged to his family.

The change from boyhood to manhood was marked by a symbolical act, performed just before the introduction to the phratry. The young man invited friends of his own age to a drinking bout (*οἰνιστήρια*). After a libation to Heracles, his hair, which during childhood had been allowed to grow long, was cut off and dedicated to some river-god. In fact, this ceremony was so typical of the passing from boyhood to man's estate that it gave its name to the sacrifice, *koureion*, offered at the time; this word and the words for "cutting the hair" (*κείρω*) and for "barber" (*κουρεύς*)

are all related. The young man, however, did not enter immediately upon the duties of citizen. After taking oath in the temple of Aglaurus that he would be a loyal citizen all his life, he, with other young men of his age (*ephēbi*, *ἐφηβοί*), was placed under the charge of a "moderator" (*σωφρονιστής*), a middle-aged man who saw to it that the youth had instruction and drill in military tactics, while performing light garrison duty in the

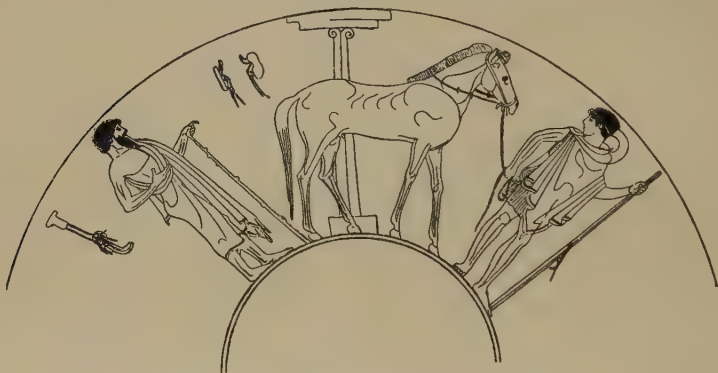


FIG. 71.—Ephēbus receiving parting instructions.

Piræus (cf. Fig. 71). At the end of a year the ephēbi were marshalled before the whole body of the people, to whom they exhibited their skill in tactics and warlike accomplishments, such as archery, spear-casting, and fighting in heavy armour. The state then presented each with a shield and spear, and for another year the young man was assigned to garrison duty on the frontiers of Attica. Many of the richer young men then joined the ranks of the permanent cavalry (*ιππείς*), on passing an examination instituted by the Council, which affirmed their rank, their property qualification, their horsemanship, and the good condition of their horses (page 194).

CHAPTER VIII

THE OCCUPATIONS OF YOUNG MEN

THE young man of twenty who did not belong to the lowest social class, and who consequently was not obliged to follow any trade, found himself in times of peace free to enjoy many sports and avocations. On the athletic side, the gymnasia were at his disposal—originally “exercising-grounds,” situated outside the city walls, where they were afforded the shelter of shade-trees and were adjacent to some stream. The chief of these were the Academy (*Ἀκαδημία*) and the Lycœum (*Λύκειον*), which grew to such importance in the lives of the



FIG. 72.—Scene in the palaestra.

people that they were later adorned with buildings, porticoes, statues, and seats for non-contestants, and laid out with pleasant paths which became the favourite resorts of strollers. All classes of men thronged hither during the

day, but chiefly in the afternoons; and the philosophers especially found the places so much to their taste, and so suited to their needs in the conversational style in which they carried on their researches, that they have given over the words "Academy" and "Lycæum" to modern languages as

denoting, not places where bodily training may be had, but centres and sources of mental cultivation.



FIG. 73.—Niche and statue in the portico at Pergamus.

We get a good notion of the elaborate arrangements for gymnasium and palaestra which were in vogue in later times from a view of the excavations at Olympia. The chief feature of the palaestra was the portico (στοά), a whole stadium in extent, from which several rooms branched out, suitable for bathing and exercises of all kinds. That such were adorned with

sculptures and wall paintings in most cases is clear from Xenophon, who tells us that in Athens the Lycæum, really a precinct sacred to Apollo Lyceus, contained paintings by one Cleagoras.

Here the open-air palaestra kept the young man's body exposed to the sun, and made it brown and ruddy with health. Two kinds of wrestling were distinguished. In the "upright" or "face-to-face" wrestling (πάλη ὀρθή), the contestants stood upright, and tried, by lifting their opponent from the ground, to throw him. Three throws decided the contest. In the other, called "rolling" (ἀλίνδῃσις), the struggle continued on the ground, the two rolling over and over until

**Wrestling
and boxing.**

one acknowledged himself beaten. In the stadion, also, the youth practised sprinting, either for a 200-yard dash



FIG. 74.—Wrestling; marking out a course.

down one side of the course (*δρόμος*, *στάδιον*) or for a longer distance. In the latter case he might double the post at the end of the course, and finish at the starting-point; this made a *diaulos* (*διανλος*, literally “double flute”; cf. page 83). Or the course might be covered six, twelve, twenty, or twenty-four times, in what was the most strenuous running exercise of all, the *dolichos* (*δολιχος*).



FIG. 75.—The *dromos* or *stadion* (200-yard dash).

Another game of the palaestra which was thought becoming a free-born youth was javelin throwing, in which the Persian Cyrus also excelled. A rifled motion was given to the javelin by winding a thong (*ἀγκύλη*) tightly round the shaft. The thong was held fast when the spear was thrown, so that it was sent off with a rotary motion (Figs. 76, 65). The young man also learned discus throwing and leaping. The



FIG. 76.—Spear with thong
(*ἀγκύλη*).

throwing of the discus, extraordinarily popular in antiquity from the earliest times, has become better understood in recent years since the modern "Olympic games" were instituted in 1896. The adjoining cut (Fig. 77), which is composed of figures derived from vase-paintings (*a, b, c*), from a coin (*d*), and from a statue (*e*), shows the successive positions assumed by the thrower when hurling in proper

"form." Figs. 65 and 78 also show the first position, while the contestant is sighting the course; the second position is also given in Fig. 79. In the broad jump, the contestant held in each hand a weight (*ἀλτήρες*), shaped



FIG. 77.—Five positions in throwing the discus.

like a dumb-bell, by which he gave himself a greater impetus (Figs. 61, 79). These three sports, when given at a public festival, were run off to the accompaniment of flute

music. They belonged to the so-called *pentathlon* (πένταθλον), which also included in its five events running and

wrestling. The pentathlon is a collective name for what, in the regular public contests, was an event by itself, the several sports in it being of the nature of heats. Just what the order of procedure was we do not know, but victory in three out of the five seems to have decided the whole.

Boxing (πυγμή) was practised in such a rough and brutal fashion that it properly belonged only to professional athletes. In conjunction with wrestling, it formed the most severe of all physical exercises,

the so-called *pankration* (παγκράτιον), which demanded the use of all the powers of the combatants. In simple boxing, the knuckles



FIG. 78.—Measuring the course just before the throw.

were often reenforced by leather straps which were distinguished as “soft” and “hard”; these, in the latter part of the fourth century, had also nails or bosses of lead fixed in them. The result of a contest fought to a finish with such weapons must have



FIG. 79.—Discus throwing and jumping.

been extremely repulsive even when the consequences were not fatal. For this reason, as well as for others, gentlemen's

sons did not go in for this sport. To be sure, it came to be recognized with the others as one of the regular events



FIG. 80.—Boxing with "soft" straps.

at the national festivals, to be expected with eagerness and applauded with enthusiasm. But the contestants themselves were usually looked upon as bullies, like the Thessalian professional Boïscus, who is mentioned with repugnance in the *Anabasis*, and the Spartan government prohibited the sport altogether. This was not, however, because of its roughness, but because the contest could not end until one competitor had acknowledged himself beaten; and that no Spartan would do. That he did not mind mere brutality in wrestling Xenophon shows in his account of the games improvised at Trapezus. Some one had objected to the spot chosen by the Spartan director of the games. "How," said



FIG. 81.—Boxer with "hard" straps.

he, "are they going to wrestle on such rough and bushy ground?" "All the better," replied the director; "the man who is thrown will be hurt all the more."

The most aristocratic amusement, begun and pursued in early manhood, was riding (*ἵππική*), although the Athenians were not especially good horsemen. In Homer,

Riding. riding is scarcely known; war-horses are driven to the chariot. Not until the middle of the seventh century B. C. was horse racing—i. e., a jockey riding on a single horse (*κέλης*)—introduced at the Olympic games (see Fig. 87; cf. page 103). In some parts of Hellas—wherever the land was flat, as in Thessaly and Boeotia, in Sicily and southern Italy, Cyrène, and Ionia—there were skilful riders. But in Sparta riding was long neglected, and in Athens,



FIG. 82.—A lesson in riding.

although the cavalry (*ἵππεῖς*) were an ancient body, it was not until after the Persian wars that riding came into much fashion. Then the state required its richer citizens to keep a horse for field service (see page 194). The Persians, like their modern successors the Turks, were expert riders. Cyrus was conspicuous for his love of horses and for his skill in using them.

In spite of deficiencies which would to us seem ridiculous in a rider, the young men of the smart set, like Alcibiades, made the keeping of horses (*ἵπποτροφία*) fashionable, and many a father, we are told, was ruined by his son's ex-

travagance in this regard. Most young men preferred to drive their animals to a chariot (*ἄρμα*, *δίφρος*, *δίφρισκος*), leaving riding to their jockeys. Chariots were not used by the later Greeks in war, as they had been in Homer; their use in classical times was confined to the hippodrome. The best breeds of horses were branded with the obsolete letters koppa and san, ϙ, Ϻ, whence they were called respectively *koppaias* (*κοππατίας*) and *samphoras* (*σαμφόρας*). A mark which looks like a brand is seen on the horse in Fig. 243. The price of a good horse was ordinarily ten or twelve minae (about \$200); this was very high, when we remember that the purchasing power of money was perhaps three or four



FIG. 83.—Young man with a hare.

times greater than it is to-day. Xenophon, who at the end of his wanderings owned an excellent horse of which he was very fond, was obliged through lack of means to sell it. He received fifty darics (page 246)

for it. It is a pleasure to read that some friends of his arrived later, who bought the horse and returned it to him, refusing any recompense.

Hunting was another favourite sport, by no means confined to the rich. The farmer had to hunt noxious animals, especially the fox and the hare, for which traps were set. A young man returning home with his hound and a hare he has thus caught is shown in Fig. 83. In Homer, it is the lion, more than the wolf, which is the pest of the sheepfold and cow-pen, but other animals of the chase are well known in Homer. They are

the wild boar, the leopard, the wolf, the hare, deer, and wild goats or chamois. In the fifth century the lion survived only in the mountain wildernesses of Macedonia and Epeirus. Dogs (*αἱ κύες*) were so essential to the hunter that they gave their name to the sport (*κυνηγετική*) when it developed into an art. A work on the art of hunting still survives among Xenophon's writings. The choicest breeds were the great Molossian hounds of

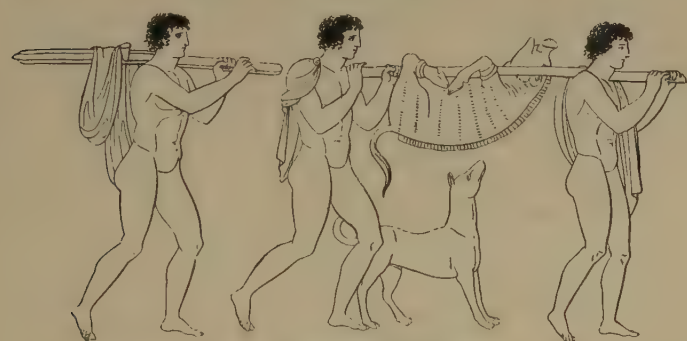


FIG. 84.—Home from the chase.

northern Greece, the Laconian fox-hounds, and the fierce mountain dogs of Arcadia. The woods and hills of Attica, Peloponnēsus, and central and northern Greece abounded in game, particularly deer, foxes, hare, birds, and even bears and wolves. Game preserves like that of Cyrus at Celaenae were not owned by Greeks until after the time of Alexander the Great. The weapons in commonest use were the javelin (*ἀκόντιον*), the spear (*δόρυ*, *λόγχη*), the sling (*σφενδόνη*), and sometimes, as in the heroic age, the bow (*τόξον*). But a special club with a curved end was used for throwing at hare. Birds were not hunted, properly speaking, but were lured to sticks smeared with birdlime, or to nets and snares. Traps (*νεφέλαι*) were set also for wild boar and hare. The hunter usually wore a special costume, of which the most conspicuous features

were his broad-brimmed hat (*πέτασος*, page 166) and his boots, whereas neither hat nor boots were worn in ordinary life. The latter were necessary to protect his

Attire.

legs from brambles, for hunting on foot was almost exclusively the rule among the Greeks. The Persians used horses, a fact which, Xenophon thinks, requires special mention. At the end of his day's sport, the hunter offered a portion of his catch to Artemis, dedicating the skin at some tree or altar in the forest.

Fishing in the eyes of the Greeks was not a sport, though it was occasionally included by them in the occupation of hunting.

Fishing.

Deep-sea fishing was a profitable profession, especially in the harbours of Piræus and Phaléron and at Byzantium, where fishermen's boats (*ἀλιευτικὰ πλοῖα*) were always in the harbour.

Most of the sports and athletic exercises just described were included in the entertainments of the great national festivals. Here they formed a part of the honour paid to the gods, and were glorified and even sanctified in a way hardly comprehensible to-day. Besides numerous local festivals belonging to the different cities, such as the Panathenaea at Athens, or the Carneia at Sparta, there were four great occasions of national, Pan-Hellenic interest. These were the Olympia in honour of Zeus, held every four years in Elis; the Pythia, held in honour of Apollo, at Crissa, near Delphi, also every four years; the Nemea, another Zeus festival, in Nemea (Argos), every two years; and the Isthmia, in honour of



FIG. 85.—Spoils of the chase dedicated to Artemis.

The national festivals.

Poseidon, held every two years at Corinth. At the Pythia musical contests, as most pleasing to Apollo, were the chief features, but running, wrestling, horse and chariot racing, and all the rest, were events as eagerly watched here as elsewhere. This festival was held in the winter, in the third year of every Olympiad. At the Nemean and the Pythian

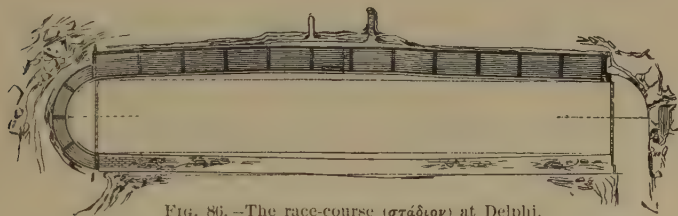


FIG. 86. —The race-course (στάδιον) at Delphi.

games, also, contests in flute and lyre playing, and in singing to their accompaniment, were included with the others. The Nemea came in the second and fourth years of every Olympiad, alternately in winter and in summer. The Isthmia similarly alternated between spring and summer, in the first and third years of each Olympiad. In this way the national festivals never conflicted with one another, and at the Olympia, especially, the whole world of Greeks, from one end of the Mediterranean basin to the other, gave themselves up to the joyful service of the god. A cessation

of hostilities (ἐκεχειρία, “a staying of hands”), sanctified by all the instincts of religion, allowed the travellers from distant homes to journey undisturbed to the place of celebration. A motley crowd it was—men of all countries, ranks, and ages. Thus the priest of the Ephesian Artemis, Xenophon tells us, made the long journey to Olympia to attend the spectacle; but no women were allowed at Olympia. The visitors (θεωποί) brought their slaves, who could not be spectators, but who carried tents, bedding, and all that was needed for living. Olympia was not a town, in the strict sense, and even if it had

been, the inns would not have sufficed to accommodate the immense number of worshippers.

The contest earliest instituted in the history of Olympia, the one with which every Olympic celebration opened and which conferred the greatest renown upon the victor, was the short-distance foot-race (*στάδιον*, 600 Greek feet; Fig. 75, cf. page 243). Then came the other running events, the *diaulos* and the *dolichos* (see page 93). Wrestling, the pentathlon, and boxing were added in later years. For a hundred years these were all the competitions that were open at Olympia. Then, in

Contests at
Olympia.



FIG. 87.—Entering for the horse-race and the chariot-race.

the seventh century, chariot racing was introduced, and from this time on the older simplicity became lost in the lavish display and reckless extravagance of princes and tyrants and private individuals, among whom Dionysius of Syracuse and Alcibiades of Athens made themselves conspicuous. Here the requirements of the competitors were not so much speed on the part of their horses, as coolness and judgment on their own part, and dexterity in rounding the dangerous post at the end of the stadion (Fig. 86). Xenophon speaks of the bewilderment and confusion which sometimes came upon one in the hippodrome. The result would inevitably be the destruction of the chariot, and perhaps the death of the horses and the driver. Although each

driver was supposed to keep to his own part of the course, the struggle to reach the inside at the turning-point was very eager, and it frequently happened that one rival disabled another by crashing into his chariot and taking off a wheel.

In the middle of the seventh century the horse-race (page 97) and the pankration were introduced, both of which tended to foster professional jockeyism and pugilism. Not long after, contests of boys were established in running and wrestling. Other modifications and additions came slowly, the most interesting and useful of which was the running in heavy armour (*ὀπλίτης δρόμος*, also called *δίαν-*



FIG. 88.—Racing in armour.

λος, Fig. 88). At Olympia there were no musical or literary contests, unless we except a competition between trumpeters and between heralds, which was inaugurated in the fourth century; but a poet or singer might often seize the opportunity to attract a group of listeners and make known his works to them.

Prizes. The official prizes (*ἄθλα*) bestowed at the national festivals were not valuable in themselves. They were mere wreaths, “crowns” (cf. 1 Corinth., ix, 25). At Olympia it was a crown of wild olive; at the Pythia, of bay or laurel; at Nemea and the Isthmia, a

wreath of parsley. As a badge or token of his success, the victor also received a palm-branch, and was bedecked with ribbons and streamers. But though the prize was inconsiderable in itself, it was perhaps more coveted than any other honour a Greek could gain. To win it he surrendered himself to long months of practice. For the Olympia, he

Training for the games. had to certify that he had been in training for ten months preceding the festival; and thirty days before it occurred he had to repair to Olympia and exercise under the special supervision of the authorities of Elis. None but Greeks were eligible to compete. When, for a single event, the number of candidates was too large, the contest was divided into heats. In wrestling and boxing, if an uneven number of applicants were entered for the sport, of course one lucky person would draw a bye. He would then sit at one side (hence he was called the *ἔφεδρος*) and enjoy a considerable advantage when he finally entered the ring against the tired-out victor of the preceding round. Besides the banquet with which the victor was entertained at Elis, and the privilege of having

The victor. a conspicuous share in the sacrifice and merry-making amid which the festival ended, his return home was made a triumphal procession, almost a royal progress, by his countrymen. Poets of high renown were hired to compose odes in honour of his victory (*ἐπινίκια*). All the poems of Pindar which we possess to-day, and almost all by Bacchylides, are of this sort. That the returning hero might not enter his native town by the vulgar path, we are told that a part of the wall was sometimes torn down for his entry. More material rewards were given at local games, e. g., the Panathenaea; so also at games instituted by private persons (see page 80). The Athenians granted an Olympic victor (*Ὀλυμπιονίκης*) the privilege of dining at public expense in the Prytaneum (page 63). Artists were hired to make bronze statues of him, which were set up either at home or at the scene of his victory.

His name was often used in determining the date of an historical event. Thus Thucydides speaks familiarly of the Olympic festival at which Androsthenes of Arcadia won his first victory in the pankration, as an occasion which would be readily recalled by all his readers. The custom of dating by Olympiads, however, which is practised so largely in Greek histories to-day, was not adopted by historians until a century after Thucydides and Xenophon, when it became an official mode of reckoning time. Still, among the people it was enough to mention the name of a victorious runner at Olympia, or a winning horse at Delphi, to fix the year in popular chronology (see page 242).

In spite of the harmful tendencies, which finally culminated two centuries before Christ in the introduction of the pankration for boys, the games had a distinctively educative value, not the least part of which was due to the opportunities for travel which they afforded. Very few Greeks did not, at least once in their lives, go to one of these festivals. Socrates speaks of himself as an exception in this regard; he was an incorrigible stay-at-home.

On the side of mental culture, which began in the schools with the elements of reading and the study of the poets, there came a new and momentous influence into the lives of the young men of Athens when, in 427 B. C., Gorgias, the distinguished rhetorician and sophist, came to Athens on an embassy from Leontīni, in Sicily. His grace of style, his flowing periods, and his brilliant utterance gave a fresh stimulus to the cultivation of that natural eloquence which was latent in all Greeks, and which finds its illustration as early as Homer. The Athenians, especially, were ever lovers of talk (*φιλόλογοι*) and of debate, and disposed to hear all sides of a question. Never, perhaps, has there lived a people with greater mental curiosity, so eager to hear and learn novelties, as that which

**Influence of
the games.**

**Higher men-
tal education.**

Oratory.

thronged every morning in the Athenian agora. "For all the Athenians and strangers which were there spent their time in nothing else, but either to tell or to hear some new thing" (*Acts*, xvii, 21). Their city, since the rule of the Pisistratidae in the sixth century, had been the chief centre of literary effort, the source of all intellectual inspiration, in Greece. When, therefore, the new rhetoric was introduced among them, they took it up with enthusiasm, and its professors, the sophists, became from that time on the chief educators in Athens, and, in fact, everywhere throughout Hellas. Men like Gorgias of Leontini, Protagoras of Abdēra, Hippias of Elis, and Prodicus of Ceos, were fol-

The sophists. lowed, in all the cities which they visited, except Sparta, by bands of young admirers, who paid them high fees for their instruction in the art (*τέχνη*) of public speaking. A typical example is Proxenus, Xenophon's friend, who attached himself to Gorgias because he aspired to a distinguished career (*τὰ μέγала πράττειν*), and left his teacher only when he felt that he had learned how to govern and to carry himself as an equal of the great. The effects of this new and "higher" education were manifold and far-reaching. On its worst side, it tended to make

Faults of the sophistic training. young men less attentive to substance than to form; it emphasized victory, the winning of one's case, over the love of truth and fair play.

The teachers themselves held opposing doctrines, which they often urged with acrimony against their rivals. So that, seeming to be contentious themselves, they fostered consciously or unconsciously that spirit of litigation for which Athens was blamed by her neighbours. Some young men, doubtless, developed a fondness for mere disputation without results, a sham brilliancy and show of knowledge, a "smartness" not based on real wit—in short, the qualities of mind and the methods of reasoning which are to-day called "sophistical." Men like Gorgias certainly had no conscious intention of injuring the young whom they

influenced. This is seen in the case of Proxenus again, who was a soldier of sweet and noble bearing, even if he lacked force in administering discipline; very different from Menon, the uncouth Thessalian in the *Anabasis*, who thought that a man who was not a rascal must belong to the uneducated class.

The training derived from the sophists was in no case so harmful as the lack of it would have been. Without this new interest inspired by them, most young men would have had more time to spend in gambling at the low drinking shops (*καπηλεία*) of the city and the Piræus, or in betting on cock and quail fights. On its best side, the sophistic training offered an education beyond the mere school rudiments. It opened the way to the study of law, of practical politics, of ethical questions, of the natural sciences, and of the Greek language itself. For with his new training, for the first time, the speaker came to recognize consciously the wonderful richness and flexibility of his mother tongue, and its surpassing power in description, narrative, argument, invective, and appeal. The sophists at least created an atmosphere in which alone could be kindled an interest in the deeper moral questions propounded by Socrates and Plato. Neither of these would have got an audience had it not been for the preliminary schooling which young men acquired through the new rhetoric. It made possible the work not only of great orators like Lysias, Demosthenes, Aeschines, and the Romans Hortensius and Cicero, but also of historians like Thucydides and Xenophon, and philosophers like Plato, Aristotle, and Epicūrus.

Recitations of epic poetry. The rhapsodes, also, reciters of epic poetry, contributed not a little to the intellectual entertainment and instruction of the people. Crowned with a wreath and carrying a staff as the badge of their office, they were received with honour in all the large cities, especially on the occasion of some religious festi-

val. In Athens, at the Greater Panathenaea held every four years, their recitations of Homer formed a conspicuous and time-honoured part of the festival. This part of it was held in the Odeium, the "Academy of Music" built by Pericles. Here, standing before eager listeners, they stirred by their sympathetic and often dramatic declamation the feelings of thousands of people, moving them to delight, to tears, or to anger, according to the mood of the story. In Sparta, too, there were contests between these declaimers. Other poets besides Homer were represented, but the chief class remained the Homeridae (*Ὅμηριδαί*), who, claiming to be descendants of the great poet, faithfully kept up the tradition of his poems and spread a knowledge of them throughout Greece long before they were committed to writing, and even afterward.

Besides all these sources of intelligence and knowledge of the world of men and things, the Athenians, and many other Greeks as well, gleaned much from books. Reading was far more general in the Periclean age than is commonly supposed. A popular play of Euripides was immediately published and widely circulated. The same was true of the works of the comic poets. Men as different in character as Euripides the dramatist and Eucleides the archon owned libraries; and of course the schoolmasters (*γραμματισταί*), poor as they were, owned the works of the poets whom they taught. We hear of reading by lamplight, and this in spite of the physical difficulties in the way. For books were reproduced by handwriting on papyrus (see page 85), an exceedingly light and perishable material derived from the *biblos*. This is a large reed or sedge that grew profusely in shallow waters in Egypt. There it was used by the poorest classes in a variety of ways: for mats, baskets, fuel, the joints of boats, and even for food. Although it had to be transported from Egypt to Attica, the material itself could not have been very costly; and some of

**The
rhapsodes.**

**Books and
general
reading.**

Papyrus.

the poorer grades of the manufactured "paper" (χάρτης, χαρτίον) need not have been expensive. It was prepared by carefully unrolling the inner portion of the stem with a sharp knife. This brought to hand a thin and delicate

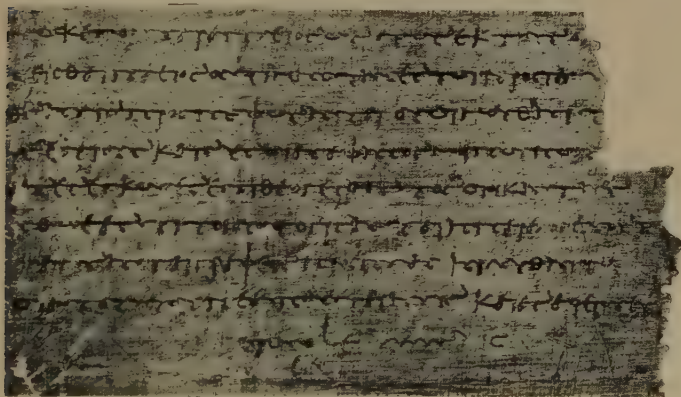


FIG. 89.—An official letter on a papyrus of the third century B. C.

strip or narrow sheet, which had to be reenforced by placing on it, transversely, another similar strip. The two were then pressed tightly together. If the juice of the plant was insufficient to make them join, a little paste was added. The surface was then made smooth and even, and bleached in the sun. Sheets of this kind were then pasted together at their edges to make long rolls. The whole of the *Odyssey* could be contained in a roll of ordinary width 150 feet long. The Greeks of the fifth and fourth centuries endured the inconvenience of very long rolls. Each roll was called a *biblion* (βιβλίον). The whole of Thucydides, the whole of the *Anabasis*, or of the *Hellenica*, circulated in their authors' lifetime each in a single roll, undivided into "books." The inconvenience of

Division into books.

this was appreciated in the third century by the great librarian Callimachus of Alexandria, who used to say that a long roll (μέγα βιβλίον) was a big nuisance (μέγα

κακόν). Following his example, the scholars of a later day began to divide the works of classical authors into the "books" with which we are now familiar. These signify the portion of the work contained in a single roll. The *Anabasis* was at first divided among six rolls, and still later among seven, the number which survives to-day.

All this convenience of division was unknown in the classical period. Homer, not being as yet divided into



FIG. 90.—Ruins of the great library at Pergamus.

"books," was cited by recalling a scene from the poems: thus, "From the Exploits of Diomēdes" (ἐκ τῆς Διομήδεος ἀρωστηίης) is Herodotus's way of citing *Iliad*, 6, 289 ff.; or again, "The Transmission of the Sceptre" (ἐκ τῆς τοῦ σκήπτρου παραδόσεως), is Thucydides's citation of *Iliad*, 2, 108.

Other impediments to reading arose from the fact that words were not separated, but run together. There was no punctuation or accentuation; in prose, no paragraphing, or numbering of lines. A tag, containing a superscription (ἐπίγραμμα) which gave

Difficulties of reading.

the author's name and a rough title to the work, aided the reader in selecting the roll he wanted. He sat as he read, rolling up one end as he unrolled the other (Fig. 69). Books were kept in cylindrical cases (*τεύχη*) which were open at the top, and they not infrequently, therefore, suffered from mice.

There was an active trade in books (*βίβλοι γεγραμμένοι*) in the fifth century, of which Athens was the chief centre; it was long before she yielded her supremacy to Alexandria and afterward Rome in this matter. A section of her market, called the *biblia* (cf. page 238), was devoted to the sale of books, which were reproduced and circulated by men called *bibliographoi* or *bibliopōlai* (*βιβλιογράφοι*, *βιβλιοπῶλαι*). No better evidence of the extent of this trade is given than by Xenophon, who, speaking of the large number of shipwrecks in the Pontus on the Thracian coast, mentions books along with beds and chests and other common objects as cast up by the sea. The rolls which contained a single author's works were tied together in separate bundles (*δέσμαι*) and shipped in wooden cases. If books were so widely distributed, they must have been widely read.

While the material derived from papyrus was sometimes used even for letters, accounts, and other business, both public and private, tablets (*δέλτοι*) were perhaps more common for such purposes. These were made of some hard wood, such as box; they were covered with a thin layer of wax, sometimes gypsum, and the writing was done by a graver or *stilus* (*γραφίς*; see Fig. 67). Several of these tablets could be joined together like the leaves in a book, and, in fact, it is from them that the modern book form is derived. To prevent the wax or gypsum of one from rubbing against another, each tablet had raised edges. Temporary notices, such as those summoning the citizens to military service, were posted, in a similar manner, on boards (*πίνακες*, *πινάκια*) covered with gypsum. Warrants and summonses issued by the courts were set down on wax tablets. From such mate-

Writing
tablets.

rials the writing could be easily erased, and they never were used for permanent documents. These were entrusted to the stone-cutter and the engraver, who inscribed them on marble or bronze.

Finally, the theatre exercised an absorbing influence in forming the lives and characters of Athenians. Its edu-

cative power was greater than can be measured

The theatre. to-day, for it sprang from the popular religion.

Both religion and the state, therefore—the two were virtually one in antiquity—united in its support, and every performance in the theatre recalled to the citizen his dependence upon both, his obligation to both. Attendance



FIG. 91.—The theatre at Athens, in its present condition.

at the dramatic contests was the duty and the privilege of all citizens, even the poorest; for these a fund (*θεωρικόν*) was provided by the state in the last years of the fifth century, which insured them not only a free ticket, but also spending money for the holiday.

The performance of a play was not an every-day occurrence. In Athens it was confined to two festivals held every year in honour of Dionysus. Just as the national contests in athletic sports crowned and embodied the gymnastic training of Greek youth, so also the Dionysiac festivals, with their performances in the theatre, strengthened and glorified their education on the mental side. These festivals were the *Lenaea* and the *Greater Dionysia* (see page 274). The *Lenaea* was the older of the two festivals, and closer to the hearts of the common people. It was held in mid-winter, and comedy was the chief feature. The Great *Dionysia*, held in the spring, was the occasion of display and magnificence before Athens' guests, for the city began, at this time of the year, to fill with strangers—merchants, or travellers, or politicians. Tragedy, on account of its dignity, held the principal place in this festival.

The sacred precinct of Dionysus, at the foot of the Acropolis on the southeast, was the spot where most of the great dramatists exhibited their works for the first time (Figs. 40, 91). They were often repeated in other towns of Greece where theatres had been erected.

In the precinct was the circular dancing ground, or orchestra (*ὄρχήστρα*), all that was really essential to the production of a piece. It was marked off by a periphery of stone, and in its centre stood the altar to the god. The ground was not paved, but beaten hard by the tramp of many feet in the dance. For the chorus, which had been developed by slow stages, lasting many years, out of the rude bands of masqueraders who celebrated the god with mirth and jesting at the time of the vintage and harvest, was still felt to be the most important part of the Dionysiac festivities, and retained its prominence until the fourth century.

The orchestra was large; at Athens it was over sixty-five feet in diameter. Such a space could easily afford ample

freedom of movement to the fifty men or boys who sang hymns to the gods, particularly Dionysus, in the "dithyrambic" contests (page 275). Fifteen men composed the chorus of tragedy, and twenty-four of comedy, and again, though they danced as well as sang, there was room for the free play of both actor and chorus therein. In tragedy and in comedy the number of actors was usually limited to three. They were therefore obliged to assume different rôles, the same actor appearing at one time as a messenger, at another as a maiden, or again as a king. The audience (*οἱ θεώμενοι*) in the fifth century sat on wooden benches rising on tiers on the adjacent hillside. About the middle of the fourth century the orator Lycurgus caused the erection of a permanent stone auditorium, the remains of which are still to be seen. The word "theatre" (*θέατρον*) was originally used only of this part of the building—the part occupied by the spectators. The actors, in the early days of the drama, changed their costumes in a tent or booth, in Greek, *skené*. This word has survived and expanded in a wealth of varied associations, in all European languages. At first, however, there was absolutely no scenery. The progress of the story, the careful and often brilliant descriptions of the poet, made it clear to the spectators whence the hero had come and whither he was going. Gradually, as poets came to attach less importance to the chorus, and as the actors achieved greater prominence in the piece and came to demand more "setting" and background, the idea was conceived of utilizing one wall of the *skené* as a "scene." It was painted as occasion demanded, to represent the façade of a temple or of a palace, the wall of a citizen's house, or the rocks and sands of a desert. With such limitations as to scenery, every Athenian, no matter how dull, was obliged to rely on his own imagination to picture for him the setting, in a degree unknown in modern times;

**Number of
chorus and
of actors.**

**Accommoda-
tions for the
audience.**

**Absence of
elaborate
scenery.**

for to-day "spectacular effects" are lavishly provided to make up for the demerits of a play or the spectator's lack of imaginative power. If, to the modern taste, the scenery

Training of actors.

of a Greek play was deficient, this was counter-balanced by the elaborate costumes, and by the skilful technique of actors and chorus. Extraordinary care was devoted to the training of the voice. The actor must be able to sing as well as to declaim; and the chorus, also, must be trained to sing as one man, and, in



FIG. 92.—Masks used in tragedy.

addition, learned the dance figures necessary for the proper representation of feelings in pantomime. In tragedy the costumes were ordinarily rich and dignified, as befitted the gods and the heroes of mythical times who were brought



FIG. 93.—Masks used in comedy.

on the scene. In comedy there was every variety of grotesque and comic device, especially when the chorus masqueraded as birds, or wasps, or clouds, or irate old men, as frequently happened. Masks were always used,

Masks.

in tragedy and in comedy, by both actors and chorus. Hearing was more important than seeing in the vast space occupied by the theatre; it has been estimated that 17,000 people could find places here. While, therefore,

the modern theatre-goer would have missed the facial expression, the play of features, by which an accomplished actor can convey so much, he would still have felt a compensation in the ease with which the well-trained voice carried through the clear Attic air.

The literary quality of the pieces, produced as they were for the god, and, as it was believed, with his sanction, was so high that it has never been surpassed.

**Dramatic
contests.**

Not all the poets, of course, were equally good, and some were positively bad; yet a high standard was maintained, partly by the fact that dramatic performances, like all other public exhibitions in Greece, took on the form and spirit of contests between choruses or between poets. They were *agōnes*—competitions for a prize—exactly comparable to the severest events in the athletic meetings. These contests lasted throughout three days of the festival, beginning early in the morning and ending at sunset. In their turn also they contributed to inspire that love of agonistic display, whether in athletics, or in public debate, or in court-room speeches, or in rhapsodic recitations, which distinguishes the Athenian of the fifth and fourth centuries above all other men before or since his time. They

**Popular dra-
matic taste.**

formed and educated in him a power of acute observation, of sane literary judgment, founded on a knowledge of the principles underlying all true poetry which he had learned in school. Coming at such long intervals, in an age when the memory was not spoiled and the attention distracted by the hasty reading of newspapers and magazines, a dramatic performance left an extraordinarily deep and lasting impression. In the fifth

**Old plays
reproduced.**

century plays of Aeschylus and Sophocles seem to have been reproduced; and as the century drew to a close the habit of reading them and producing them for a reading, as well as a listening, public, became more and more common. Relying on these factors, but especially on the good memories of their au-

dience, the comic poets were able to ridicule what they thought were defects in tragedy by quoting with mock seriousness verses from the tragedians or applying them in inappropriate situations to give the effect of burlesque.

Comic
burlesques.

Another factor in maintaining a relatively high standard of literary merit was the archon, or chief magistrate of the state, to whom the poet who proposed to compete must first submit his play. The "King" (ὁ βασιλεύς) had charge of the Lenaea; the Chief Archon (ὁ ἀρχων *par excellence*) managed the Greater Dionysia. We do not know what means these officials employed in approving or rejecting a poet's application. Being, however, responsible magistrates, with the care of august religious ceremonies laid on them, it seems clear that they did not often "grant a chorus," as the phrase was, to an utterly trivial and unworthy production.

It is to be remembered, however, that taste in regard to literature, manners, and morals is constantly changing. What we should reject to-day as weak or vain or false in a poet's sentiments might often commend itself to an ancient judge because of its simplicity, or patriotism, or rhetorical skill. Hence many poets who are now almost forgotten and whose works are entirely lost were successful competitors against the four dramatists, Aeschylus, Sophocles, Euripides, and Aristophanes, whom we to-day regard as having attained perfection in their several ways, and who in their own day were the most talked of men of their profession. Yet Euripides, in his long and distinguished career of fifty years, is said to have won only five first prizes.

Thus we have reviewed the circumstances and influences which affected the lives of men in their young manhood with a more or less educative force. What has been said about the literary and dramatic contests, however, and about books and reading, would apply as well to the older men, and also to women; for though women might not at-

tend the Olympic games, the festivals of their own country were in the main open to them, and they were permitted to attend the performances of tragedy, if not of comedy. These educating influences, of course, were strongest in the latter half of the fifth century, when Pericles was in power. Art, letters, and politics, claimed the interest of the ordinary citizen far more than they do to-day, because it was the policy of Pericles to render the democracy of Athens a leisure class, supported by their slaves and the revenues of the empire.

CHAPTER IX

MARRIAGE AND HOME

A YOUNG man in Attica did not, as a rule, marry immediately on coming of age. Frequently he waited until he was thirty or over. Association with other men of his age, his comrades (*ἡλικιώται*) in gymnastic and other sports, and military service as well, kept him from making a union which to many Greeks was distasteful; for girls of even good family were known to be often ill educated, without any positive attraction other than modesty and good character. They were strictly guarded by their parents within doors, so that their knowledge of the world was extremely limited and their range of interests narrow. Except at the greater state festivals, when girls sometimes were allowed certain duties, or through a chance glimpse at a window in the upper story, the young man might never see his future wife until the wedding-day. Love-matches, therefore, were very rare, and marriage (*γάμος*) in general was the result of a prearranged contract between the parents of the bride and the groom, whose wishes were seldom consulted as a matter of right.

In restricting women as they did, the Athenians, like all the Ionians, differed widely from other Greeks. People in other states, such as Lesbos or Sparta, still retained to a great degree the customs of the Homeric age, which were simpler and franker in this regard. In Homer women and girls move more freely in men's society; they enjoy greater reverence, as

wives and mothers, than we see paid to them by the later Athenians, and they exercise greater influence over the conduct of husbands and sons. In the Homeric age a wife could be obtained only by bringing, in rivalry with other lovers, rich presents to her father (*πορὼν ἀπερείσια ἔδνα*),



FIG. 94.—Women at home.

and the suitor must prove himself to be a young man of physical and mental distinction; whereas in Athens, at the later time, the wife's parents offered a dowry as an inducement to marriage. The young man's father bore the chief part in the selection of a wife, and chose for his son some daughter of a friend whom he deemed his equal in rank and property. It was the father who arranged with the bride's father or guardian (*κύριος*) all the preliminaries, such

as the kind and the amount of the dowry (*προίξ*, *φερνή*), the value and extent of the trousseau and other personal belongings she was to bring with her, and other matters, all of a strictly business nature. The arrangement was looked upon as a contract, with sureties

given, and as such the betrothal was called **Betrothal.** *ἐγγύη* or *ἐγγύησις*—"the act of giving security"—for which the presence of witnesses, but not of the betrothed, was necessary. The bride's guardian had complete control over her fate; he was said "to give her away," and thus the expression "given away" (*ἐκδομένη*) is

used of a married woman in the *Anabasis*. Legally, the bride was a mere chattel, passively submitting to the disposition of her friends. Of her the verb γαμῶ, "marry," is always used in the passive.

This system, prosaic and unromantic as it seems, in which pecuniary and social advantage was considered above the personal inclination of the parties most concerned, was designed to be an aid to the growth and power of the state. Marriage was entered into in order that a new family circle might be formed to perpetuate the worship of the gods of home and state, and that the ties between citizens and commonwealth might be strengthened through well-trained and loyal children. The system produced many happy unions, and not infrequently furnished inspiring examples of devotion between husband and wife or parents and children. The marriage of Cimon's sister Elpinice to Callias is perhaps the most conspicuous love-match of the fifth century, and its effects were far-reaching. To prove his love, Callias is said to have paid the fine of fifty talents which Cimon owed the state, and thus restored him to a long career of eminent public service; and years later, through Elpinice's good offices, Cimon and Pericles were able to come to an understanding on important matters of state policy.

Weddings ordinarily were celebrated in the winter; one of the winter months, *Gamelion* (Γαμηλιών, page 241), was sacred to Hera as goddess of marriage ("Ἡρα γαμήλιος). The time of the full moon was preferred, the days of the waning moon avoided, though in general the Greeks were not so fastidious about lucky and unlucky days as were the Romans. The several acts of the ceremony, however, were performed with a scrupulous care which attested the importance attached to marriage, and the desire that it should be brought to pass in a way to propitiate the favour of the gods. As her wedding-day approached, the bride (νύμφη) was called upon to perform

Lack of romantic element in Greek marriage.

The wedding-month.

little offices of devotion to the protecting divinities of her community. Some were pathetically significant of the new life she was to lead. Young as she might be—for girls were sometimes married at fifteen, or younger—she must hence-



FIG. 95.—Women at home.

forth consider herself a woman. She was to pass entirely from the care of kindred—father, brother, grandfather, or uncle—to the guardianship of an unknown husband (*ἀνὴρ*).

Dedication to the gods. As a token of farewell to the old life, she would dedicate her girdle, or the toys she had played with as a child, or a lock of her hair, to some divinity, either to a local nymph, or to Artemis. To Artemis all girls in Attica were consecrated when they were ten years old (page 276).

On the wedding-day the bride and the bridegroom bathed in water brought from some spring of special sanctity by boys or girls belonging to their families. This

The sacred bath. bath, which had almost the importance of a sacrament in the eyes of a Greek, was called the *loutra* (λουτρά); the water-carriers specially chosen were the *loutrophoroi* (λουτροφόροι). The bride was dressed in some light colour and crowned with a wreath by her bridesmaid (*νυμφεύτρια*). The groom, also dressed in

The dress. holiday attire, and with a wreath on his head, went with his parents to the bride's house, where the invited guests were assembled, and the chief act of the ceremony began. As the guests entered, each received a cake called *sesamé* (σησαμή), made of sesame seeds pounded and roasted and mixed with honey, the prototype of the modern

fruit-cake used at weddings. No wedding was complete without it. The bride's father then offered sacrifice, called

The sacrifice. in this case τὰ προγάμια or τὰ προτέλεια, to the gods of marriage (θεοὶ γαμήλιοι). Care was taken to remove the gall of the victim, as a sign that no bitterness was to enter into the lives of the married pair. After the sacrifice came the banquet, at which, in addition

The banquet. to the animal just roasted on the altar, the guests partook of a large flat cake, also made of sesame. The women were allowed to be present, contrary to the usual custom at banquets, though they sat at separate tables, the bride among them, with her veil closely wrapped round her face. The meal ended with a libation and ceremonious wishes for the happiness of the couple. As evening came on, the bride was given over to the groom by her mother, whereupon he led her to the bridal chariot

which was to take them to his home. The **The** bride sat on a bench (κλινίς), while the groom **procession.** and his best man (the πάροχος or παράνυμφος) stood near. The wagon was surrounded by the relatives and guests, who formed a procession singing the wedding song to Hymenaeus, accompanied by flute or lyre players.

The song and the torch. Behind the chariot followed the mother of the bride, holding the nuptial torches. These were

carried also by other members of the procession. It sometimes happened that the groom lived in a distant city, making a long journey necessary. In this case, of course, the procession would disband at the city gates. A bridal party of this character was met by Xenophon's troops in the road from Babylon when they came upon a certain Orontas who had married the king's daughter.

Arrival at the groom's house. Arrived at the door of her new home, the bride found it specially decorated in her hon-

our, and the couple were showered with confetti (καταχύσματα) by the groom's mother. After eating a quince at the threshold, the bride was led into the bridal

chamber (θάλαμος), while outside the door the friends sang more wedding-hymns (ἐπιθαλάμια, *epithalamia*) and devised jokes, both practical and verbal, at the expense of the door-



FIG. 96.—The bridal party arriving at the groom's house.

keeper. On the next day, or soon after, the couple “received” their family and friends, before whom the bride stood unveiled for the first time. Presents

Presents. were brought, which from this circumstance were called δῶρα ἀνακαλυπτήρια, or simply ἀνακαλυπτήρια (from ἀνακαλύπτω, *unveil*). Another sacrifice and another banquet ended the festivities, and the bride's name was then entered on the roll of the phratry to which her husband belonged.

Once settled in her new home, she possessed a liberty somewhat greater than that allowed to her as a girl (κόρη, *παρθένος*); still her interests and pleasures, if she belonged to the upper class, were bound by the walls of her house, which she might not leave without the special permission of her husband. Even then a slave must go with her. Custom excluded her from the banquets and symposia given by her husband in the house. His friends were at most only speaking acquaintances of hers, whom she seldom saw except in his presence. Only at the festivals could she appear in public as a matter of right. No wonder that her mental horizon was narrow,

The wife in
the new
home.

and her body often injured by her sedentary life, so that she sometimes resorted to the tasteless practice of using cosmetics to correct the paleness caused from such conditions.

Further, the wife enjoyed no legal status. Her husband, as her guardian (*κύριος*), became her representative

Legal dis-qualifications of women. before the law, but only in a limited way was he responsible to the state for her well-being.

Divorce for the husband was much easier than for the wife. He might simply "dismiss" her, in the presence of witnesses, provided he returned her dowry to her former guardian, who might also require him to furnish alimony or maintenance (*σίτος*), so long as she remained unmarried. In case of divorce the children remained with their father. The wife, on the other hand, found divorce from a cruel or unfaithful husband very difficult. She must submit in person a written complaint before the archon, and from this the mere physical power of her husband might prevent her.

Still, in families where the sturdy morality of the old Attic period had not been affected by the degeneracy that

The wife as manager of the household. set in during the Peloponnesian War, we are not to assume that the life of a young wife was always unhappy. In spite of the restric-

tions placed on her coming and going, she, with the help of her slaves, soon became adjusted to her new surroundings and absorbed in the duties of the home. These comprised, above all, the care of her husband, sick or well, and the nursing of sick slaves (*θεραπεία*); the dispensing of household stores (*ταμεία*), in which she was assisted by an elderly slave-woman chosen to be stewardess (*ταμία*); general oversight over the household property; and the making of clothes in all its processes—spinning, weaving, sewing, and embroidering. An embroidery frame is pictured in Figs. 97 and 99; and a girl, with her spinning and basket for holding the yarn, is shown in Fig. 98; cf. Fig. 97. A capable wife was always entrusted with her husband's

money, though generally he controlled the family purse. Finally, the nurture of her children in their infancy and early youth gave her a moral, if not a social, pre-eminence



FIG. 97.—The occupations of women.

in the home, and attached to her their love and respect and the sympathy of her husband. The slaves, too, were apt to become as much devoted to their mistress (δέσποινα) as to their master (δεσπότης), and through her tact the domestic circle (οἱ οἰκείοι) felt a sense of

unity which the more restless father, with his many duties abroad, could not give. It must have been in rare cases only that young men ran away from their fathers and mothers, like some of the soldiers who joined Cyrus's army. On the contrary, the Greeks generally had a strong feeling for home and kindred, and they were acutely sensitive to



FIG. 98.—Girl spinning.

the disgrace arising from family quarrels. Twice in the *Anabasis* the term "brothers" (ἀδελφοί) is used as a synonym for the nearest and dearest tie existing among men, while "father" (πατήρ) is used of any benefactor or patron.

CHAPTER X

FURNITURE AND UTENSILS OF THE HOUSE

THE smallness of the rooms in an ordinary city house and the open-air life of the men deterred the inventive faculty of ancient artisans from devising the many kinds of household furniture which modern life and a colder northern air demand for the comfort of indoor life. Elaborate cupboards, sideboards, wardrobes, fireplaces, and settles were not needed, and therefore were unknown. While, however, modern civilization has the advantage in the multiplicity of articles of furniture, it has never attained, except here and there in copies of ancient models, to the number, variety, and beauty we see in the articles which belong in the few classes of furnishings that were absolutely necessary. Taking, for example, the class of drinking vessels by itself, we come on scores of names for the articles in that class, all of which differed in slight ways now quite unknown. Long lists of confiscated chattels (ἐπιπλα δημῳπρατα) found on official records attest the inventiveness of the potter, the smith, and the cabinet-maker, and their eagerness to gain variety within the narrow circle which simple tastes marked out for them.

The couch or bed (κλίνη) was perhaps the most important of all the household furniture, on account of the many ways in which it was used in the classical period. In Homer (where it is called either λέχος or δέμνια) we find it used only for sleeping. In later times it was employed not only

for rest at night, but also at meals, or as a sofa whereon one might recline while reading or writing, or finally as a bier at the burial of the dead. The couch was

Beds.

made of four strips of wood fitting into each other and supported by four posts. The whole frame was strengthened by ropes; it was therefore not unlike an



FIG. 99.—Bed, chair, footstools.

old-fashioned “four-poster.” Sometimes the head, and even the foot, had an incline upward, and some couches had backs, thus shaping them much like a modern sofa. The more luxurious beds were inlaid with gold or ivory, or covered with ornamentations in silver or gold. In Armenia the soldiers under Xenophon found bedsteads with silver legs at the headquarters of a Persian commander. The plainness of an ordinary couch was commonly hidden by the abundant coverings, often of rich material. Sometimes a piece of tapestry, permanently attached to the frame, surrounded the four sides like an old-fashioned valance. The mattress,

**Bed cover-
ings.**

used in later times, was made of linen or woollen cloth stuffed sometimes with the soft pods of certain plants, sometimes with tufts of wool; feathers were used in later times. Over the mattress were laid rugs or other soft coverings (*τάπητες, στρώματα*). The

sleeper's comfort was increased by cushions and pillows (*προσκεφάλαια*) stuffed with feathers or wool. At night he kept on his tunic or *chiton* (page 154), since a special night-dress came into use only in later times; and he covered himself with large robes or mantles (*χλαῖναι*), or, if the nights were cold, with the skins of sheep or goats (*κώδια, σισύραι*), which he wrapped round himself like an army blanket. The poor used a mere pallet of straw; this was all the soldier had when sleeping in barracks or in a permanent camp. Travellers and soldiers on the march lay on the bare ground wrapped in their cloaks or *stromata* (*στρώματα*); the latter were carried in linen

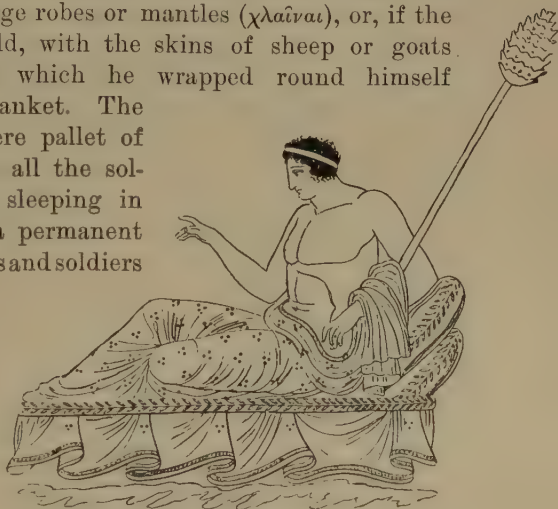


FIG. 100.—Couch with cushions and valance.

bags called *stromatodesmoi* (*στρωματόδεσμοι*). At a banquet improvised while on the march, at which Xenophon's men entertained the Paphlagonian Korylas, the guests had nothing better to recline on than these pallets (*σκήμποδες*).

The bareness of the earth floor was relieved in richer houses by rugs (*τάπιδες*), usually imported from Asia Minor or from Carthage. Some of these were as expensive, relatively, as the costliest "Orientals" imported to-day. In the *Anabasis* a rug worth ten minae (more than \$180) was given as a present to the Thracian prince Seuthes. Rush mats (*φορμοί, ψίαθοι*) were used by poorer people, even to sleep on.

Among chairs the *thronos* (*θρόνος*) was chief. It had descended from Homeric times, when we see it occupied by

the king, or the master or mistress of a family, or tendered to guests to whom special honour was shown. In classical

times it became more and more the seat of hon-

Chairs.

our for judges, presiding officers, umpires at the national games, and other officials; in the temples it stood ready to be occupied by the god whose presence was believed to be near. It is mentioned in the *Anabasis* as the symbol of kingly power. The *thronos* had arms and a back and straight legs, and stood so high that a footstool, sometimes permanently attached to it, was necessary. In daily



FIG. 101.—A diphros of bronze (votive offering) found at Athens.

life the *diphros* (δίφρος) was more useful. In shape it resembled not the *thronos*, but the *thrēnys* (θρήνυς) of the Homeric poems. This was a stool without either back or arms. It is often figured in vase pictures, where a cushion sometimes appears on it. A special

kind (called ὀκλαδίας δίφρος) was something like our campstool, in that it could be folded. The legs of the diphros might be either straight (Fig. 99) or curved (Fig. 101). Even those which did not fold were frequently carried about to the public assemblies and elsewhere. An easy-chair (κλισμός) with a back is shown in Figs. 95 and 97.

In the house, tables (τράπεζαι), which ordinarily stood much lower than ours, were used only at meals, and never for

such purposes as writing, for instance; hence the

Tables.

word *trapeza* is frequently the symbol of hospitality. In the market-place they were set in the booths of tradesmen, artisans, and especially money-changers or bankers. The surface, which was commonly oval or rectangular, rested on three or on four legs (τρίποδες, τετράποδες). It was with such tripods or three-legged tables set before them that Xenophon and his friends were entertained at dinner by Seuthes. The legs were curved or straight, with every va-

riety of tasteful ornament (Fig. 102; cf. Figs. 130 and 131, where their relatively small size is shown).

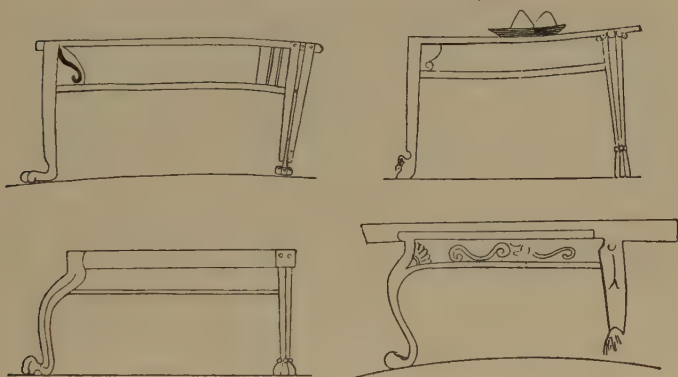


FIG. 102.—Greek tables.

In lieu of wardrobes the Greeks had chests, which, like all other objects in the house, afforded opportunity for ornamentation and display. These chests, or trunks

Chests.

(κιβωτοί, κιβότια), were needed for storing clothing, records, money, and other valuables. They were secured by seals, by locks, or by ropes intricately knotted. Their importance in the household and the fact that they formed a staple of commerce are seen from a passage in the *Anabasis*, where we read of beds and chests being frequently cast up from shipwrecks on the Thracian coast. There were other wooden boxes or crates employed in shipping merchandise (ξύλινα τεύχη). Besides these larger chests, no household was complete without smaller caskets or cases



FIG. 103.—Chest and footstool.

for ornaments and jewels (Figs. 22, 95, 136). A beautiful specimen of cabinet work is shown in Fig. 104, being a chest two metres long, and the oldest example of Greek woodenware in existence.

With this seemingly meagre equipment—beds, chairs, tables, and chests—
Mirrors. the house-

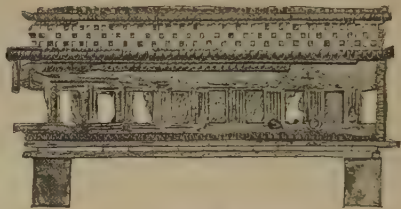


FIG. 104.—Greek cabinet-work.

hold furnishings in wood were complete. There were no large wall-mirrors or cheval-glasses. Hand-mirrors, made of polished bronze, silver, and even gold, and having richly ornamented backs and handles, were carefully kept in spe-



FIG. 105.—Bronze mirror.



FIG. 106.—Top of a mirror case of bronze.

cial boxes (*λοφεία*, Fig. 106) to prevent scratching and tarnishing. Glass mirrors were not known to the Greeks of the classical period, and no mirror of any kind is mentioned in Homer.

It is in the multitude and variety of vessels (*ἀγγεῖα*) made of clay, metal, stone, and wicker that the inventive and artistic genius of the Greeks, as applied to the small details of daily life, is most strikingly shown. Vessels of bronze, silver, and gold were set up in the houses of the rich as ornaments or bric-à-brac, or were dedicated in the temples as offerings in fulfilment of vows to the gods. For domestic needs those in clay, being cheaper, answered all purposes where to-day glass, wood, or tin is employed. Xenophon mentions the self-restraint of his soldiers in not laying hands on the numerous bronze utensils (*χαλκώματα*) with which the houses of the Cardüchi (the Kurds of Armenia) were furnished. But even clay utensils were painted with extraordinary care and beauty of design, as the Greek vases in all large museums show. Such, we may be sure, were not committed to slaves for daily use, who had to eat and drink out of meaner vessels. At Priène, in the recent excavations there, pottery was found marked "for the grooms," or "for the cooks" (*ἵπποκόμοι, μάγειροι*).

We may distinguish several main classes of such utensils:

1. Vessels for storing food, such as wine,

olive-oil,
honey, wa-
ter, figs,
salt meat, grain, etc.

These include the huge *pithos* (*πίθος*), sometimes six feet high and three feet in diameter, so capacious that when Pericles compelled the country people to live in

crowded Athens during the first year of the Peloponnesian War many camped in these *pithoi* (popularly called *φιδάκναι*) for shelter. Everybody has heard of Diogenes and his "tub."



FIG. 107.—Casks found at Troy.

These casks, when used for oil or wine, were regularly sunk into the ground to most of their depth. Athenian houses were also provided with cisterns, round or square, which were dug in the ground and then plastered. In these also oil and wine could be stored. Xenophon tells us that even in the mountains, among the wild Cardūchi, wine was so plentiful that it had to be kept in this way (ἐν λάκκοις κονιατοῖς). Special bins (σιπύαι) for storing grain also belong in this class.



FIG. 108.—Amphora.

The *amphora* (ἀμφορεύς, originally ἀμφιφορεύς), so called from its two handles, was smaller than the pithos. This might have a foot or base, or else it ended in a point at the bottom; in this case it lay horizontally, or was leaned against the wall. The normal amphora had a capacity of about ten gallons (page 244). Among the provident Mossynoeci large numbers of amphoras were found by Xenophon's troops containing pickled dolphin. A variety of the amphora, used especially for storing wine, was the *stamnos* (Fig. 109).



FIG. 109.—Stamnos.

The general term applied to jars used in storing liquids to be transported was *keramia* (κεράμια; cf. κέραμος, *pottery*, whence “ceramic”). In the *Anabasis* the people of Sinōpe and Heracleia hospitably

send abundant wine to the Greeks in these *keramia*. There were other large jars called *bikoi* (βίκοι), in which Cyrus was in the habit of sending presents of wine to his friends.

The *hydria* (ὕδρια), originally a water-jar, was in extensive use for all purposes. It resembled the older *kalpis* (κάλπις) mentioned in Homer, and had one or more handles. Girls who carried water from some spring to the house bore these *hydrias* on their heads, supporting them by means of a pad (τύλη). The process is clearly seen in the vase picture



FIG. 110.—Hydria.



FIG. 111.
Lekythos.

The *lekythos* (λήκυθος) was indispensable to the Greek whenever a small pitcher or jug was required, and many beautiful specimens are extant (Figs. 111 and 136). With it full of oil he went to the gymnasium, the palaestra, or the bath. In the house it was as useful as the *hydria*. We hear sometimes of *lekythoi* made of leather. From it the oil was often poured into a little round flask, whence it could be slowly “dropped” into the hand. These flasks varied greatly in shape. One familiar type, called the *alabastos* (ἀλάβαστος, the “alabaster” of the New Testament), is shown in Figs. 112 and 160. Another type, the *aryballos* (ἀρύβαλλος), appears in a late, but beautiful, example in Fig. 159. Compare also Fig. 72, where it hangs on the wall of the palaestra.

2. Vessels in which liquids were mixed or food was boiled. The mixing bowl was the *kräter* (κρατήρ, in Homer

Cooking ves- κρητήρ), broad and deep. It had, sels and mix- as a rule, two handles, since it ing bowls. was heavy, and must frequently

be carried from one room to another. Its base was broad and firm, and it was often set in a kind of huge saucer or stand (ὑποκρατήριον), which caught whatever overflowed from the *kräter* in the process of filling and mixing. Here we may notice the strainer or colander (θήμῶς) through which the wine had to be filtered, since modern methods of clarifying were unknown to the Greeks. The strainer was a bronze or silver utensil, shaped somewhat like a cup, and perforated in beautiful patterns, like that shown in Fig. 113. The *kräter* was filled only for immediate

needs, when the wine was drawn into it from a *keramion*, and from the *kräter* in turn dipped into the cups. The

Armenians, however, seem to have stored their beer in it. Xenophon mentions also their outlandish custom of stooping over and drinking directly from it "like an ox."



FIG. 113.
Wine strainer.

The most important vessel in the kitchen was the *chytra* (χύτρα), a kettle or pot having a variety of shapes, with either one or two handles, and commonly set on a tripod (Fig. 129).

Another kitchen utensil was the *lebes* (λέβης), also kettle-like in shape, made usually of bronze, and either resting on three legs or set on a tripod.



FIG. 112.
Alabastos.

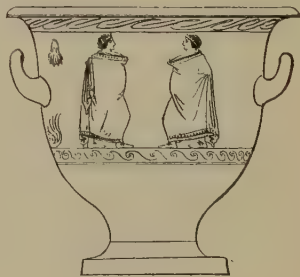


FIG. 114.—Kräter.

3. Vessels for drawing liquids. Chief among these is the wine pitcher (*οἶνοχόη*), which had a single handle (Fig.

Vessels for
drawing.

115). With this pitcher the wine could be dipped from the *krâter* into the cups. Another pitcher (the *πρόχους*), was that from which water was poured over the hands of the guests after the dinner, and just before the symposium began. The *kyathos* (*κύαθος*) had a bowl shaped like the modern cup. It was, however, not used for drinking so much as for drawing, since the handle rose high above the brim, giving the effect of a ladle.

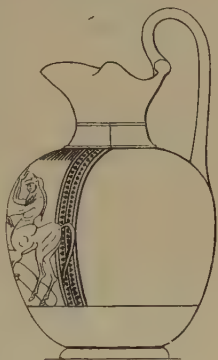


FIG. 115.—Wine pitcher.

4. Vessels for drinking (*ποτήρια*, *ἐκπώματα*). The *phialé* (*φιάλη*), which belongs to this class, was a shallow, saucer-like dish without handles or base. Silver cups of this kind were highly esteemed as presents and prizes. This and the

Drinking-
cups.

cylix (*κύλιξ*, Fig. 116) were the cups in commonest use at symposia. The *cylix* had a rather shallow bowl, like the *phialé*, but differed from it in having two handles and a base. Another cup-like bowl, seen oftenest in the country, was the



FIG. 116.—Cylix with tall base.

skyphos (*σκύφος*), with two small handles close to the rim. Similar to this was the *kotylōs* or *kotylé* (Figs. 117 and 218). There were also goblets of various shapes, among which the *kantharos* (*κάνθαρος*) and the

karchesion (*καρχήσιον*) are perhaps the most commonly mentioned. The *kantharos* appears in Fig. 145, where it is carried by *Dionysus* and by the Spirit of Comedy preceding

him. The drinking-horn (κέρας), which had descended from the earliest days of primitive man, survived in shape, at least. Such was the *rhyton* (ῥυτόν), made of earthenware or metal. Some drinking-horns had a small hole in the bottom, which, when not closed up by the thumb, allowed the wine to pass in a steady stream into the mouth. Actual horns were still used by the Thracians in Xenophon's time. The Armenians knew the practice of drinking through straws. The *kōthon* (κώθων) was a bottle or flask



FIG. 117.—Kotylos.

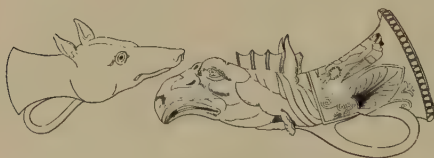


FIG. 118.—Drinking-horns.

with narrow mouth, frequently carried by soldiers, sailors, and travellers generally, and answered to the modern canteen. Another bot-

tle-like vessel was the *lagynos* (λάγυνος), which was often encased in wickerwork, as in Italy to-day.

5. Vessels for washing and bathing. The *chernibeion* (χερνιβεῖον) was the basin in commonest use for washing the hands. Bathing utensils.

It was employed not only for the *chernips* (page 267), the ceremonial handwashing preliminary to a sacrifice or other religious function (χείρ and the stem νιβ-, *wash*), but also in domestic life. Then there were larger bowls (λουτήρες, λου-



FIG. 119.—Bathing bowl (λουτήρ).

τήρια) for bathing when the whole body was not to be immersed; and regular tubs or troughs (πέλοι) large enough for the whole body. These answered to the royal bath-tubs (ἀσάμινθοι or δροῖται) of earlier times, which are mentioned in Homer. In the public baths, of course, there were much larger troughs or tanks, made of slabs of stone or marble, and capable of holding many persons (page 174). They were deep enough for diving, whence their name *kolymbēthrai* (κολυμβήθραι, from κολυμβῶ, *dive*).



FIG. 120.—Bronze lamp shaped like a boat.

6. Vessels used for illumination. In Homer, the only device known to light a room, besides the fire on the hearth, was the torch (λαμπτήρ). Those used in lighting one's way from room to room were called *daïdes* (δαῖδες). They were sometimes placed in earthenware holders, making thus a stationary lamp. The discovery that olive-oil—as yet unknown in Homer—could be used for lighting made a most important advance in the history of illumination, and led further to the manufacture of bronze and terra-cotta lamps (λύχνοι) in great variety. These were often boat-shaped, with two openings. The one, usually in the middle, was used in filling the lamp; the other, at one end, was for the wick (θρυαλλίς), which was made of flax. Some

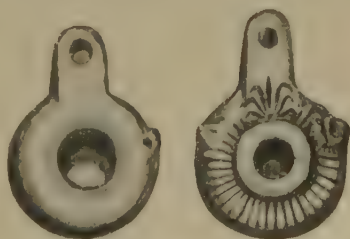


FIG. 121.—Lamps of terra-cotta.

larger lamps had two and three openings for wicks. Frequently they were supported on high stands, so that the light might be thrown farther. Niches for lamps were sometimes built in the wall of a house, six or seven feet from the ground (page 34). In later times lamps with numerous wicks came into use, but on the whole the lighting of a house in the classical period was imperfect and unsatisfactory, and the smell of the wick, unprotected from sudden drafts of air, must have been nauseating. This was doubtless counteracted to some extent by the burning of incense

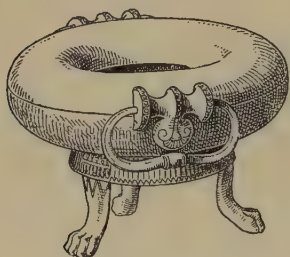


FIG. 122.—Brazier.



FIG. 123.—Brazier of terra-cotta.

(*θυμιάμα*) in braziers or censers (*θυμιατήρια*), the beauty of which, to judge from existing specimens, must have added much to the adornment of the home (Figs. 122 and 123).

Since street-lighting is a comparatively modern invention, torches were needed by all who went abroad at night.

Torches. The rigorous discipline of the early Spartans required them to dispense even with a torch.

An Athenian, however, on a moonless night sent his slave to buy a small torch, which the slave then carried in front of his master. Torches were made of pine-knots, or dry sticks fastened together and smeared with pitch. In Athens they were somewhat expensive, and seem to have been less commonly used than among the Romans. Aristophanes represents the moon as saying that she saves the Athenians no less than a drachma a month (eighteen cents) by

her light. Torches were, however, necessary at weddings (page 123) and funerals (page 295).

Torches were inconvenient when carried in the hand, on account of the hot pitch which dropped on the fingers. It was this, one of the comic poets tells us, that led to the invention of lanterns (λυχνόχοι). These were cases made of transparent horn or bladders, into which a house lamp could be put. Sometimes a mere basket or small pot was used instead, like the pitchers of Gideon's men, with "lamps within the pitchers" (*Judges vii*, 16).

7. Vessels used as dishes. Dishes and platters, in which solid foods could be kept and served, were of

Dishes. many kinds and shapes, according to the nature

of the food they were designed to hold. Some names of them are *tryblia* (τρύβλια), deep dishes, and *diskoi* or *pinakes* (δίσκοι, πίνακες), flat plates or platters. Here we may notice also toilet-boxes (πυξίδες) for holding ointments, rouge, pins, and the like. Many fine specimens have been preserved (cf. Figs. 124 and 125).

8. Basket-ware. This embraces a large number of utensils in wicker-work, used for holding bread, cake,

Baskets. flowers, wool, and women's handiwork generally. The

kalathos (κάλαθος), not unlike a modern waste-basket in shape and height, was intended especially for wool (Figs. 97, 98). The *kanoun* (κανὸν) was a shallow sacrificial basket, in which were carried the knife, the barleycorns, and the wreath of flowers for the victim's head. The *spyris* (σπυρίς, in familiar language σπυρίδιον) was a round market-basket.



FIG. 124. Platter, lekythos, and toilet-box.

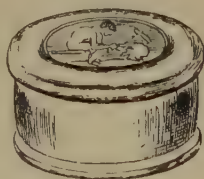


FIG. 125.
Toilet-box (πυξίς).

Wine was frequently carried in goatskins (*ἄσκοί*, from *αἶξ*, *goat*). Indeed, no picture of an ancient street scene would be complete without the hucksters carrying skins (translated "bottles" in the New Testament, e. g., *S. Matt.* ix, 17) containing wine, water, oil, milk, and olives. The skin of the animal was sewn together tightly and covered with pitch, one foot being left open to serve as an outlet. The shape of the goatskin survived in many vessels of pottery.

Goatskin
bags.

Grain and other dry edibles were transported in sacks (*θύλακοι*). Washerwomen carried their clothes to the river in bags (*μάρσιποι*).

CHAPTER XI

ARTICLES OF FOOD

ANCIENT and modern life offer a striking contrast in the kind and quality of food known to each. As regards the Greeks, the fare was characterized in general by frugality and lack of variety, due, of course, to the limited territory from which food supplies could be drawn. In later times, when the victories of Alexander and the further conquests of the Romans had introduced to Greece and Italy the products of strange lands, the nature of the food underwent a corresponding change.

In Homer, bread and meat are the staples which suffice to satisfy the appetites of the warriors in the *Iliad* or the
Homeric suitors in the *Odyssey*. The flesh of cattle,
viands and sheep, goats, and pigs was roasted whole on
meals. spits hung over huge fires. Steaks, marrow
sucked from the bones, and especially fat, were eagerly devoured. Meat was never boiled, but always roasted or broiled. Fish was substituted for it only when the eater could get nothing else, though the poet mentions the practice of fishing by hooks, harpoons, and nets. Barley-meal and wheat-flour were baked without leaven into large loaves or cakes (*ἄρτοι*). Wine (*οἶνος*, *μέθυ*) was the only drink, and two kinds of it are mentioned—the Pramnian, used especially in making a compound called *kykeon* (*κυκεών*), consisting of barley-meal, grated cheese, and sometimes honey; the Ismarian, accounted the best, and brought from the sunny, fertile slopes on the coast of Thrace. It was from this region, probably, that the cultivation of the vine extended

into Attica and the rest of Greece. Milk (γάλα), derived from sheep and goats, was drunk only by such characters as Polyphēmus.

The meals in the Homeric age were the early morning breakfast, ἄριστον; the dinner, δείπνον, when hot meat was eaten; and the evening meal, or supper, δόρπον.

In the period following Homer, the wealthy Ionians indulged in a greater luxury of viands. It was at this time that figs (σῦκα), quinces (μῆλα κυδώνια), pomegranates (ῥόαι), and the olive (ἐλάα) came into use. The art of cookery developed in all wealthy communities; and not only in eastern Hellas, but also in Sicily and Lower Italy. In the last-named region, the people of Sybaris, who have become proverbial for their luxurious tastes, granted a patent for one year to the cook who invented a new dainty. In some places the indulgence of the appetite went so far that crude sumptuary laws were passed to check it. In Locris there was a legal prohibition against the drinking of unmixed wine; for wine was regularly drunk with double its quantity of water.

In the classical period we find Athens and Sparta pre-eminent for frugality. Food and drink (σῖτα καὶ ποτά)

Frugality of Athens and Sparta. were limited in variety and generally poor in quality.

Sparta's ill-savoured black broth (μέλας ζωμός) was notorious. While the Thessalians were noted, and even denounced, for their good tables and extravagant appetites; while the profitable commerce of Corinth and the fertile fields of Sicily brought wealth to their inhabitants, which was spent in gratifying the senses; while all Boeotians were accounted stupid gluttons,

Athens, on the contrary, maintained the golden mean of simpler tastes in this as in other matters. Even among

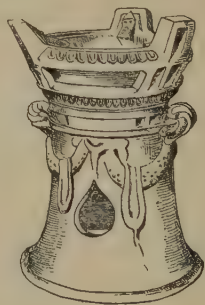


FIG. 126.—Movable oven.

wealthy families an allowance of three drachmas a day (scarcely fifty cents) was deemed extravagant beyond all conception for the maintenance of three children and two servants. A poor man was satisfied with the simple barley-cake (*μᾶζα*) or porridge (*ἕρνος*) of flour or meal, a dish which had descended from remote times. A few dried figs or a leaf of lettuce or thyme growing wild on the hills would suffice him for many hours.

Meat (*κρέας*) was eaten on special occasions, at a banquet or public festival, when it was offered to the gods.

Hence, meat is often called *hiereia* (*ιερεῖα*), with reference to its having first been consecrated (*ιερά*). Sheep, pigs, and goats were perhaps the commonest offerings, and therefore most often eaten at domestic sacrifices. A whole lamb could be bought for eight drachmas, or less than one dollar and a half; but that sum was beyond the means of many in those days of cheap labour, low wages, and scarcity of money (cf. page 248). Beef, as a rule, was obtained by the poor only at the greater public sacrifices (*ἐκατόμβαι*, *ἑστιάσεις*, page 62). The army in the field, of course, ate what rations (*σιτία*) it could get; and not infrequently soldiers serving in foreign countries the products of which were more abundant than those of

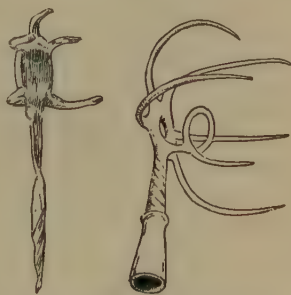


FIG. 127.—Hooks (*κρεάγραι*) for taking boiled meat out of the pot.

Greece fared better than they would have done at home. Thus, the people of Heracleia, on the Euxine, provided the retreating Greeks with 3,000 medimnoi (see page 244) of grain, 2,000 casks of wine, 20 oxen, and 100 sheep. To have nothing to eat but meat was regarded as extraordinary, if not almost as a hardship. Among the hospitable Armenians the Greeks retreating with Xenophon were

feasted with lamb, pork, veal, kid, and poultry, with abundance of wheat and barley bread. In the camp oxen were roasted whole. A spit large enough to hold an ox over the fire is mentioned in the *Anabasis* (βουπόρος ὀβελίσκος). Meat was also boiled at this later period. At a dinner the meat was brought in already carved in proper portions (κρέα νενεμημένα), and the guests ate it with their fingers.

Hot sausages (ἄλλαντες) were highly esteemed, and vendors of them (ἄλλαντοπῶλαι) did a profitable business in the streets. But the choicest of all food, in the estimation of an Athenian, was fish, both fresh-water and salt, eaten either fresh or salted down (ταρίχη). In fact, the word *opson* (ὄψον), which properly signified any relish eaten with bread, and sometimes anything at all that was edible, came to be applied to fish as the food of foods. Xenophon mentions with pride the

**Fish and
game.**



FIG. 128.—Preparing a fish.

fact that in the little stream flowing through his estate in Elis there were fish in plenty. But fish from the sea was more in evidence on the Greek table than fresh-water

fish. We hear especially of herrings, sardines, anchovies, and tunny; fishermen, not sailors, were the "old salts" (ἀλιεῖς) of the Greeks. Their boats (πλοῖα ἀλιευτικά) were equipped for sailing in deep water. Eels were the favourite dainty from the inland lakes, especially Lake Copāis in Boeotia. Mussels, turtles, and oysters were also eaten; but the oyster of the Mediterranean would have seemed small and poor to an American. Game was plentiful and often eaten; there were hare (λαγώς), wild boars (σύες), venison (κρέα ἐλάφεια), wild ducks (νῆτται), and geese (χῆνες); partridges (πέρδικες); pigeons (περιστεραί); also quail, thrushes, and blackbirds. Bears (ἄρκτοι) and chamois (δορκάδες) were hunted and doubtless occasionally eaten.

Many vegetables which are to-day practically essential to life were unknown or undeveloped. It was a world where

there were no potatoes, no
Vegetables. green corn, no tomatoes, no squash, no melons, though pumpkins from India were known, if not commonly eaten. A few kinds of green vegetables (λάχανα), such as spinach, lettuce, and cabbage, were sold in the market by women (λαχανοπώλιδες); also peas and beans (grouped together under the term ὀσπρία), eaten either raw or cooked with oil and vinegar or with honey; radishes, onions (κρόμμυα), garlic (σκόροδα), leeks, and other roots, including perhaps turnips (γογγυλίδες). Pease porridge (ἔτνος, λέκιθος) was a regular part of the Greek diet. It could be bought from hucksters in the street.

The chief products of At-
Fruits. tica, in addition to those just mentioned, which were grown in small gardens, were figs (σῦκα) and olives (ἐλάαι). There were some vineyards also, the grapes from



FIG. 129.—Movable oven with pot (χύτρα).

which, when not used for making wine, were dried into raisins (*ἀσταφίδες*). Figs, too, were eaten dried; fresh fruit, in general, was not so highly esteemed as it is to-day, because the more wholesome varieties of apples and pears were as yet undeveloped. How far the art of grafting was practised in the fifth century is unknown; but Xenophon possessed an orchard of cultivated trees (*ἡμέρων δένδρων*) which produced all kinds of edible fruits. Apples, pears, and pomegranates good enough to eat were known in the time of the *Odyssey*. Plums, peaches, apricots, and cherries were not introduced until later, some of them in Roman times. Oranges were entirely unknown. While figs were a staple product of Attica, dates (*αἱ βάλανοι τῶν φοινίκων*) were imported from Asia Minor. Xenophon records that the dates eaten by Greeks were small, and in their native country were thought fit only for the slaves.

Nuts (*κάρνα*), eaten raw, were highly esteemed as dessert (*τραγήματα*) just before the symposium, since they provoked thirst. They often came from the interior of

Nuts.

Asia Minor, especially the region just south of the Euxine. The commonest were walnuts and almonds. Chestnuts were little known in the fifth century; Xenophon thinks it necessary to describe them as having no inside division, like the walnut, and he has no special name for them. They grew in Paphlagonia, where the natives ate them boiled. Almonds (*ἀμυγδάλαι*) were highly relished. An oil or salve of bitter almonds (*χρίμα ἀμυγδάλινον*) is mentioned as a useful substitute for olive-oil.

Grain (*σίτος*) was known in a considerable variety of forms. We hear of wheat (*πυροί*), barley (*κριθαί*), millet (*μελίνη, κέγχρος*), and spelt (*ζειαί*). But oats and rye were lacking; the former was considered a mere weed, since it did not grow well in the warm climate of Greece. The Athenians prided themselves on their bread, and fancy baking, the business of the *artokopoi* (*ἀρτοκόποι*), flourished even in frugal Athens. These men

Grain and its products.

made elaborate cooking at home unnecessary. They baked and sold many kinds of bread and rolls from wheat and barley, sometimes sprinkling them with poppy seeds, as in Germany to-day, or with the seeds of flax or sesame, which answered to caraway-seed. Sesame came from Asia Minor; the Ten Thousand found it growing, for example, in Cilicia and Bithynia. In Ath-

ens, too, lentils were sometimes mixed with the dough, making a peculiar kind of roll called *gouros* (γούρος). Leaven or yeast was sometimes employed; Xenophon mentions raised bread (ἄρτοι ζυμῆται) as forming part of the feast provided by Seuthes. The



FIG. 130.—Dessert.

Bread and cake.

bread in the market was regularly inspected by the market commissioners (ἀγορανόμοι), who saw to it that the loaves conformed to a standard of weight fixed by them. A very large loaf, measuring three choenixes (page 244) was appropriated by a greedy Arcadian at Seuthes's feast. The only sweets that were known consisted of different kinds of cakes (πέμματα, πόπανα) made with honey. Candy and puddings in the English and American sense were not yet devised. Eggs, however, soon came into use in cooking, and sauces of many kinds, chiefly for meat, fish, and game, were elaborated. (These were called καταχύσματα; also ἡδύσματα, since ἡδύς may be used of anything that is pleasant to the taste, and ἡδονή is the regular word for "flavour.")

Seasoning was done by salt, mustard, garlic, onions, and

a few herbs (*ἄρώματα*), like pennyroyal, marjoram, and silphium. Of these, silphium was the favourite, and the people of Cyrène, on the north coast of Africa, acquired wealth through its export in enormous quantities.

But there was no pepper; there were no other spices, extracts, sugar, or butter. For sugar, honey was used; bees were kept in hives, but wild honey from the woods and mountains, especially Hymettus, was still gathered as it had been in more primitive times. Olive-oil was the regular substitute for butter, which did not find favour among the Greeks until very late times. In the fourth century B. C. it was known only as a Scythian product.

Cheese.

Cheese (*τυρός*) was a favourite article of food, in large measure taking the place of butter at meals. In cooking, oil was used for fish, flesh, and greens alike.

Oil. Lard or fat seems not to have been used for this purpose. In the Homeric age pieces of fat (*στέαρ*) were eaten like any other part of the animal, and the blubber of dolphins was preserved for kitchen needs in Thrace. In Armenia a salve made from lard served in place of olive-oil.

Wine (*οἶνος*) always remained the chief drink, in classical as in Homeric times. These were the days before tea, coffee, cocoa, cordials, spirituous liquors, and mineral waters were known or heard of. Milk (*γάλα*) was not often drunk except in the country. It was taken from sheep and goats, seldom, if ever, from cows. But though wine was virtually the only drink, the Greeks on the whole were temperate; the Thessalians were the most conspicuous offenders in overindulgence. Among all Greeks, however, a mere water-drinker was a rare exception, and Demosthenes was scornfully ridiculed for his total abstinence. The water-drinking of Persians and Iberians was a subject of remark.

Drinks. Of wine there were many sorts. Those most highly prized came from Chios, Lesbos, Thasos, and Secyon. It

was put up for export in large goatskins (ἄσκοί, page 142) or earthenware jars (κεράμια, page 134), and sometimes pitch, sea-water, lime, or herbs were put in to preserve or heighten its flavour. This use of pitch survives in modern Greece. A wine made of dates is mentioned in the *Anabasis*.

Wine. Wine was scarcely ever drunk pure (ἄκρατος); it was mixed with water, which in most cases predominated.

Mixing. Half and half (ἴσον ἴσῳ) was the maximum of wine ever allowed, and this mixture was not so common as that of three parts of water to two of wine. The practical reason for this lay in the greater sweetness and more fiery character of Greek wine, as compared with most wines drunk to-day. Even milder dilutions, such as three to one or five to two, were common. This accounts for the prominence of the mixing bowl (κρατήρ) on all occasions where drinking was in progress. If chilled wine was desired, it was put into coolers (ψυκτήρες) with snow or ice. As we saw on page 136, it was cleared with a strainer before drinking.

The first meal of the day, taken immediately on rising, at dawn, was as simple as the modern European “rolls and coffee.” Breakfast consisted of a barley-cake (μᾶζα) or roll dipped in a little pure wine, or *akratos*; hence this meal (the ἄριστον πρωινόν) was also called the *akratisma* (ἀκράτισμα). A little before noon, when the morning’s work in the agora or the courts was over, the Athenian took his luncheon, or *ariston* (ἄριστον); it was usually of a simple character, with perhaps some salt fish, or sausages, or ham. The time of day at which this meal was taken is made clear from many passages in the *Anabasis*, where the context shows that the troops had been up and busy about their duties some time before they partook of the *ariston*—for them, at least, a combination of breakfast and luncheon. About sunset came the chief and most elaborate meal, the dinner, or

The three meals.

deipnon (δείπνον). The man of the house, if he had no guests, ate with his wife, who, with the children, sat beside the couch on which he reclined (Fig. 131). As to the hour of meals, we observe among the Athenians the same tend-



FIG. 131.—A family meal.

ency to set the dinner later and later in the day that is noticeable in civilized countries to-day, thus crowding out the old-fashioned "supper." So in Athenian town life the supper (δόρπον) disappeared with the custom of lunching at noon and dining at night; but the phrase "supper time" or "tea time" (ἄμφι δορπηστόν) survived to denote the early evening.

CHAPTER XII.

CLOTHING

THE nature and the fashion of clothes which people wear are mostly determined by the climate in which they live and the degree of civilization which they have reached. Fashion and the love of ornament also play their part, but fashion in ancient times, though its influence was distinctly and consciously felt by the Greeks, never prescribed such

The Athenian climate. varieties of costume and rapid changes of style and cut as it does to-day. As to climate, the

Athenians enjoyed nearly one hundred and eighty days of entire sunshine and about one hundred and fifty days more of partly sunny weather. The business of living was comparatively simple, and even the poorest had little difficulty in procuring clothing enough to satisfy ancient notions of comfort and decency, however these might be lacking according to modern ideas. On the other hand, the climate was bracing enough to require more than the scanty clothing of the tropics. Journeys into the mountains brought the hunter, the shepherd, the wood-cutter, or the military patrol into a sharper air, and in midwinter, when the north wind blew on the city from the snow-covered heights of Mount Parnes, the Athenian felt that Boreas was shooting darts at him (cf. page 2).

Greek fashions uniform. Throughout Greece the general principles of dress were the same; only the amount of covering varied with the altitude and the latitude. In this, as in other things, the Athenian was guided by a sure and simple taste which demanded moderation

(μετρία ἐσθής). The contrast between the Greek clothing and the elegant finery of the Persians strongly impressed Xenophon. To the freebooter from Greece, therefore, garments were often acceptable prizes taken in war, and were sometimes given as presents. The art of this period is matchless in its treatment of the details of dress, and we may be sure that it not only reproduced with some fidelity the dress actually worn, but also exercised considerable influence on popular taste.

Dress is denoted by the words ἐσθής, ἱμάτια, and στολή. But in the *Anabasis* στολή is the vaguer term applied to the garments of the natives, not the Greeks.

The garment worn almost universally was the tunic or *chiton* (χιτών), which belonged to the class of clothing that was "put on," or "got into" (ἐνδύματα, from ἐνδύω), like the soldier's cuirass, or the modern shirt. For it we also have the word χιτωνίσκος.

To make it, in the case of the man's chiton, was a simple matter. A piece of the material to be used was made on the loom, or afterward cut, in the desired length ($a b$, Fig. 132). It was then folded so that $c d$ met $a b$, making one side closed ($e f$), the other open ($a c-b d$). The top ($a c-e$) rested on the shoulders of the wearer, who kept it in place

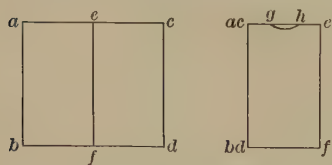


FIG. 132.—Pattern of the man's chiton.

by fastenings—pins, clasps, or buttons—or by means of permanent sewing. In the latter case, of course, a space ($g h$) had to be left open for the neck. The arms projected just below $a c$ and e ; on the closed side (e) a slit was

cut for this purpose. The fact that one side was open ($a c-b d$) was disguised by the belt (ζώνη), which gathered the chiton snugly to the body at the waist. The length could be varied to suit the taste and the need of the wearer by simply pulling up the skirt of the chiton and letting

the superfluous portion hang in a fold outside the girdle, giving the effect of a blouse (Fig. 133). This was always done by travellers or soldiers, and the term "well-girded" (εὖζωνοί) was used of troops especially adapted to active, alert



FIG. 133.—Man's chiton.



FIG. 134.—Woman's chiton, with apertyma.

movements, whether they were light-armed or heavy-armed. The term survives to-day in the Greek army. The soldier's dagger was attached to the girdle or to a shoulder-strap.

In Homeric times the material was linen. When the wearer was not engaged in hunting or fighting, the chiton was long, reaching to the ground. Even late in the fifth and fourth centuries, at the religious feasts, in which ancient customs and modes of dress survive the longest, the chiton was linen, and extended to the feet (χιτὼν ποδήρης, Fig. 65). On the other hand, as early as Homer the short chiton was worn by hunters, farmers, and artisans; also by the warrior. So, in the busy fifth century, when the majority of people found it im-

Material and length.

possible to retain the long clothes of the aristocratic Ionians, they introduced the shorter Doric chiton as the regular mode. The material, too, was more often wool than linen, because little, if any, flax grew in Greece, whereas sheep were raised on every hillside. Xenophon, however, leads us to believe that even this woollen chiton, being short and open, was a poor protection against the cold of the north. He describes the Thracian chiton as encircling the thighs, by which he must mean a kind of shirt and trousers combined. The poor man's tunic was of rough wool; the rich had tunics of fine wool raised in Attica, Megara, and especially Milētus, the sheep of which were the "merinos" of antiquity.

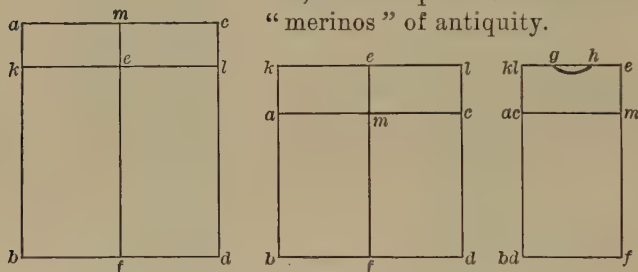


FIG. 135.—Pattern of the woman's chiton with fold.

Sleeves were rarely added to a man's chiton. The overhang at the shoulders (*ac, e*), which naturally resulted when the arms hung at the side, formed a kind of sleeve extending about half-way to the elbow. The wearing of chitons with long sleeves (*χιτῶνες χειρῶν*) which reached to the wrists was confined to Persians, to the rather effeminate Greeks of lower Italy, and to the actor's costume. The chiton was the sole garment required and worn in the house. One who was attired in it, without any other covering, was said to be "in undress," or "negligée" (*γυμνός*).

The woman's
chiton.

The chiton worn by women, though its general nature was the same, differed in some details from the man's chiton. A piece of cloth (*a b c d*, Fig. 135)

was folded at kl , so that $ka-lc$ measured the distance from neck to waist, or a little less, and kb (also ld) was



FIG. 136.—Woman arranging her chiton with girdle.

the length of the whole garment from the shoulder to the feet. The cloth was then folded, as in the man's chiton, at ef , so that $kl-bd$ formed one side of the garment, ef the other. The upper part of the body ($kl-ac$, $e-m$) was in this manner covered by two layers of the material; the outer layer, which hung in a flap loosely, was called the *apoptygma*

(ἀπόπτυγμα). The two parts, front and back, were fastened together on the shoulders by pins or clasps. Sometimes the open side ($kl-bd$) was sewed up from the armpit to the lower hem of the chiton.

Women wore sleeves more often than men, but chitons with half-sleeves were perhaps the rule. The girdle might confine the chiton only, or both chiton and outer garment. In addition, bands (στρό-

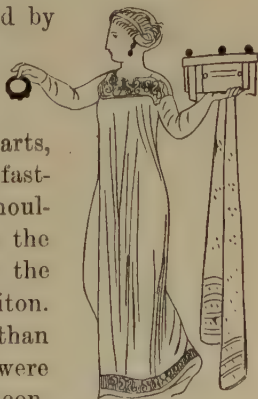


FIG. 137.

Chiton with sleeves.

φια) answering to modern stays were sometimes worn under the breast. The sleeved chiton, without girdle, appears in Fig. 137.

Over the chiton was thrown a piece of cloth, usually single, less often doubled, called *himation* (ἱμάτιον). The himation—ἱμάτια is also the word for clothes in general—was the descendant of the Homeric *chlaina* (χλαῖνα, Fig. 11), a long woollen mantle, sometimes smooth, sometimes with a thick nap. It hung down the back as far as the calf of the leg, being fastened together at the shoulders with a brooch or clasp. Sometimes it was folded so as to give two thicknesses; it was then called a “double chlaina” or *díplax* (χλαῖνα διπλῇ, δίπλαξ, or διπλοῖς). In classical times the himation was an oblong piece of woollen cloth, the length being to the width in the proportion of about 7 to 5. To be correctly adjusted—and fine gentlemen in Athens were very scrupulous about



FIG. 138.—The himation : assassination of Hipparchus.

its orderly arrangement (κοσμίως ἀμπισχνεῖσθαι)—the cloth must be as wide as the distance from the neck to the calf of the leg. In putting it on, one of the long sides

was grasped by both hands and swung freely round at the left, so as to cover the left arm and shoulder; it was then brought round the back and under the right arm, the remaining portion being carried up to and over the left shoulder again, where it hung over the back and rested. If it was not desired to keep the right arm free, the wearer

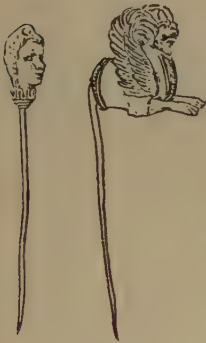


FIG. 139.—Pins.



FIG. 140.—Pin made in prehistoric times.

brought the himation over, instead of under, the right arm, adjusting it over the left as described before (Fig. 138).

In Sparta the himation was the ordinary garment worn by all persons over twelve years old; it could be folded

**Chiton and
himation.**

double, like the Homeric *diplex*, whence it received the name of “double tribon” (*τρίβων διπλοῦς*), *tribon* being another term often em-

ployed for an ordinary outer coat. The Spartans wore no *chiton* under it. This custom, which in Athens generally was not deemed quite respectable, was, however, imitated even there by persons who, through necessity or affectation, practised austerity or asceticism in clothing or food, especially the later philosophers, such as the Cynics. The frugality of Socrates led him to wear nothing but a poor himation, which he never changed, winter or summer. No wealthy gentleman, however, would ordinarily have thought of ap-

pearing outdoors ἀχίτων ἐν ἱματίῳ—that is, shirtless with his mantle on—any more than he would have appeared γυμνός, or cloakless, in his tunic merely. Of course the himation, having no fastening at the shoulder, had to be laid aside during any special exertion, as in dancing, or in chopping wood, or in assaulting a height.

Young men, even of aristocratic and dignified families, often affected a careless and jaunty adjustment of the outer cloak, and the monuments show that
The chlamys. there were many individual ways of putting it on, which varied in small details from the normal manner described above. This was particularly the case with the *chlamys* (χλαμύς), the distinguishing garment of the ephēbi (see page 90 and Fig. 50) on military duty and parade, and of the members of the Attic cavalry. This garment, which was a circular mantle or cape, hung over the back and left shoulder, generally reaching to the waist or sometimes even lower. It was gathered round the neck and fastened either in front or on the shoulder by a clasp. The right arm was left free for driving or for holding the lance. To prevent the loose ends from flying awkwardly about in the wind and impeding the rider, the chlamys was weighted with bits of lead or clay (Fig. 261). The Thracians, on account of the greater severity of the winters in their country, wore long cloaks (ζεῦραι) which extended to the riders' feet.

Women's outer garments exhibited great variety and inventiveness in shape, draping, colour, and ornamentation.
The himation as worn by women. But though the finer sorts had special names, such as *chlanis* (χλανίς) and *xystis* (ξυστίς), the generic term was still himatia, as in the case of men (distinguished as ἱμάτια γυναικεῖα and ἱμάτια ἀνδρεῖα). Sometimes they hung like a shawl, sometimes again they cloaked the whole body and even the head. Separate veils were not so commonly worn by Athenian women as they were in Homer's time, when the *kredemnon* (κρήδεμνον) was

an essential article of the woman's wardrobe. The women of the masses, at least, more often drew up their himation over the head, or even the fold or flap (ἀπό-πτυγμα) of the chiton (page 157). Still the veil (καλύπτρα, κάλυμμα) was not wholly discarded, and was always worn in public by young girls and brides.

We have seen that the himation, even when draped so as to leave the right arm free, was still wholly unadapted for strenuous work. In Fig. 74 we see how the athlete has wrapped it round his waist in order not to be impeded in his exercise; and in Figs. 64 and 96 it is clear that it had a tendency to fall from the shoulders when the wearer was intent on his work, even though he might be quietly seated. Working men, therefore, usually discarded the himation altogether, and wore a garment which was girded at the waist, like the chiton, but the upper part of which was wrapped, in the fashion of a himation, round the back and chest, with the end passing under the right arm and fastened by a clasp on the left shoulder only. In this way the right arm and shoulder (ὤμος) were left bare and unimpeded; the garment was therefore called *exōmis* (ἐξωμίς). It is, in fact, a chiton in all respects; were the chiton worn by Hephaestus in Fig. 145 joined together under, instead of over the right shoulder, it would be an *exōmis*. The rough mountaineers of central Greece wore skins of wild animals, with the hair side turned out; shepherds usually wore goat-skins. Leather jerkins (σπολάδες) were worn by slaves over the regular linen chiton, and sometimes even by soldiers, in

Working
men's
garment.



FIG. 141.—Pendant for the breast.

lieu of a metal cuirass. The Macrōnes, we learn from Xenophon, wore tunics of woven hair. Fishermen and sailors sometimes donned primitive garments made of plaited rushes; and the huge goatskin or sheepskin blanket called the *sisyra* (σισύρα) was not only used as a bed-covering at night, but also wrapped round the body in cold weather by the person lucky enough to possess one.

In all cases we note the absence of trousers among the Greeks, although the peasants of Ionia wore a kind of



FIG. 142.—Scythians clad in trousers.

leathern greaves (κνημίδες) when at work in the fields. But the “many-coloured trousers” (ποικίλαι ἀναγυρίδες, Fig. 142) of the Persians and the breeches (βράκαι) of the Gauls were by Greeks commonly held in derision.

The colour of the chiton and the himation varied with the taste of the wearer; but white predominated in the case of the chiton. Dark colours, either natural or artificial, were worn by the labouring classes in town and country; black was the colour of mourning. Purple himatia, common enough among the rich and effeminate Aeolians, Ionians, and Lydians, and frequently seen in Athens in the days of the tyrants, were, in the democratic fifth century, reserved for festal occasions, though occasionally some person, bent on creating a sensation, would impress the populace by appearing in purple,

Colours.

like the orator Gorgias or the madcap Alcibiades. Greek soldiers in foreign pay, like Cyrus's men, were apt to spend their money on the finery of the country where they served, and so, in the review held by Cyrus, we see the men march-



FIG. 143.—Folding garments after the wash.

ing by in red tunics. The Persian nobles, of course, wore tunics of which the material, colour, and ornamentation made them expensive.

Among women the use of garments dyed in various colours was more common. We hear of red, yellow, blue, and green; also of shades like saffron (*κροκωτός*), frog-green, and apple-green (or yellow).

Ornamentation.

Women, too, varied the tone by borders (*κράσπεδα*) of a different hue, which were either woven on the original web or sewed on as a separate piece. Sometimes the solid colour was relieved by horizontal or vertical stripes in another colour, the favourite combination being purple stripes on a white or yellow ground. On religious and festive occasions—as, e. g., at weddings—women appeared in clothes which had flowers, stars, and other similar patterns woven or embroidered on them.

To cover the feet was not regarded as such a necessity as it is in civilized countries to-day. Not only in the case

of the poor labourer and

the ascetic philosopher, not only in Sparta, where we little expect the amenities of living, but even among the fastidious Ionians, it was no crime to be seen in the street without shoes (*ὑποδήματα*). The guest invited to a banquet and symposium always took off his sandals before taking his place on the couch. Out of

the sandals (*πέδιλα, σάνδα-*

The sandal.

λα, Fig. 144), which were

merely flat soles of wood or leather fastened by thongs at the instep and big toe, was developed the shoe with uppers; and this, in turn, was combined with a covering for the ankle, suggested, perhaps, by the greaves of the warrior, making a boot. The material was commonly

The boot.

leather, the preparation and colouring of which were well understood; but often a rough felt was employed instead. In cases of hardship, as when the soldiers' shoes gave out on the march, rough shoes or brogues were improvised of rawhide; these were made of a single piece of leather tied round the foot and ankle, and were called *karpatainai* (*καρπάτιναι*). Some sandals had a bit of leather in front or on the sides, covering a portion of the foot, somewhat like a slipper. These appear to have been called *krepides* (*κρηπίδες*). This soon led to the genuine shoe (*κοῖλα ὑποδήματα*), laced or buttoned, reaching to the ankle. Different kinds were named from the "country of origin." Colophon, in Asia Minor, manufactured a favourite kind called *Colophonía* (*Κολοφώνια*); and Sparta produced the *Lakonikái* (*Λακωνικαί*), worn by men. Women wore also the "Persian" (*Περσικαί*) and the "Secyonian" (*Σεκυνία*) shoe, the distinguishing peculiarities of which it is no



FIG. 144.—The sandal.

longer possible for us to determine. Prominent men sometimes set a fashion in shoes, which accordingly took their names from them, so that we hear of shoes bearing the name of Alcibiades or Iphicrates, corresponding to the modern "Bluchers" named from the celebrated Prussian general. The boot (*ἐνδρομὶς* or *κόθορνος*) was useful in the field, in hunting, or in agriculture, since the covering reached to the calf of the leg. The *kothornos* (*κόθορνος*), like peasants' shoes in Europe to-day, could fit either foot.



FIG. 145.—Dionysus wearing the kothornos.

Hence the nickname Kothornos was applied to Theramenes, on account of his wavering political convictions. (Since all these were attached with straps, *ἱμάντες*, the general term for foot-wear was *ὑποδήματα*; "unloose," *ὑπολύεσθαι*, is used of taking off one's shoe.)

Coverings
for the head.

The use of head-coverings, both among men and women, was also much more restricted than with us to-day. Most Greeks had thick hair. Premature baldness seems to have been rather uncommon; at any rate, it was a subject for remark on the part of ancient wits. The people of Myconos, one of the Cyclades,

were all said to be bald, though how the notion arose it is hard to see. Certain trades, however, like blacksmithing, demanded a hat of some sort, as did also lengthy journeys in the summer sun. Felt ($\pi\acute{\iota}\lambda\omicron\varsigma$) or the skin of some animal, especially the dog, was early used in making caps, whence they were called simply "felt" or "dog-skin" ($\pi\acute{\iota}\lambda\omicron\varsigma$, $\kappa\upsilon\nu\eta$). The "felt" ($\pi\acute{\iota}\lambda\omicron\varsigma$), which had no rim, was



FIG. 146.—"Dressing" garments with oil.

worn by sailors, artisans, and sometimes invalids, like the obsolete nightcap. Hephaestus wears it in the vase picture reproduced in Fig. 145; see also Fig. 198.

Fox-skins, also, were utilized in the making of caps ($\acute{\alpha}\lambda\omega\pi\epsilon\kappa\alpha\acute{\iota}$), such as the Thracians wore, which covered both head and ears (cf. Fig. 142). Occasionally dried rushes were plaited together to form what would correspond to our straw hats. The hat most characteristic of the traveller, the hunter, the envoy, the herald, and the messenger (including the god Hermes), was the *petasos* ($\pi\acute{\epsilon}\tau\alpha\sigma\omicron\varsigma$, Fig. 50). This was also worn by the cavalry, being in fact almost inseparable from the chlamys, the regular riding and travelling cape (page 160). The older form of the *petasos*—it varied naturally with time and place—showed a sharp point or peak, with a rim turned up in front and back. The later forms had a round crown, either high or

low, with rims both broad and narrow. The rim was frequently wider in front and back than at the sides, and when turned up gave the effect of a sombrero. The sides, too, might be turned down and held close to the ears by means of the strap with which the hat was provided. The strap was firmly tied under the chin, so that when the heat or the weight of the covering became too great, the hat could be thrown back and hung between the shoulders without coming off.

Women wore no hats or bonnets in the ordinary sense, though coverings for the head were numerous, and a kind of petasos was put on in travelling. The himation and the flap of the tunic, as we saw, could be pulled up so as to cover both head and face. Kerchiefs were a favourite covering, often arranged like a modern lady's lace cap.

The comparative simplicity and tasteful beauty which mark the dress and the whole bearing of the Athenian of the fifth century are to be found also in the

**Personal
ornaments.**

the fifth century are to be found also in the ornaments (*σκευή*) which he wore. Among savages decoration is more important than

dress. This is illustrated by the practice of tattooing, which Xenophon notices among the Mossynoeci, a people whom he describes as being more remote from the Greeks in manners and customs than any other through whose country he had passed. All the children of the chieftains there had their backs and chests tattooed with flower patterns. The degree and kind of ornamentation adopted by the Greeks at different periods marks with absolute sureness their progress or decay in civilization. The semi-Oriental fashions of Homeric times prescribed the use of gold and bronze earrings; of necklaces or collars made either

**The early
period.**

of solid bands of gold, such as the *streptoi* (*στρεπτοί*) belonging to Cyrus's Persian nobles, or of strings (*ὄρμυι*) of gold, agate, or amber

beads; brooches of many kinds (*περόναι, πόρπαι*, Fig. 140); bracelets or armlets of gold or bronze; gold rings set with

onyx; and fancy girdles, sometimes adorned with thick tassels. Even circles, stars, or roses in gold were fastened to the



FIG. 147.—Necklace.

cloak. All these belonged to the Homeric age; and many were retained in after years by the Ionians and Aeolians or

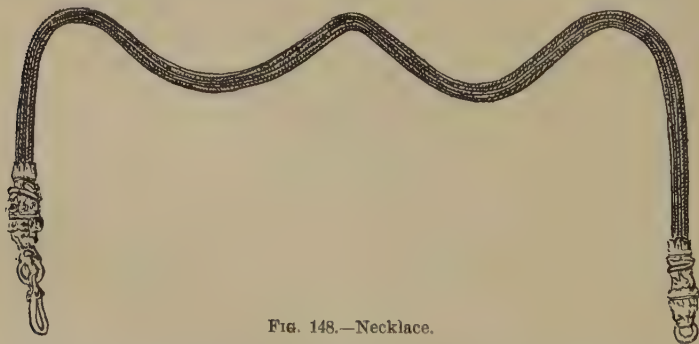


FIG. 148.—Necklace.

the luxurious inhabitants of Magna Graecia. But in Athens, in the classical period, the men gave up many modes of dec-

oration which their forefathers had prized. The golden cicada (τέττιξ), with which old-fashioned Athenians had bound up their hair in queues, was discarded when the



FIG. 149.—Bracelet.



FIG. 150.—Bracelet.

mode of wearing the hair which required that fastening (see page 177) went out of fashion. They gave up, too, the wearing of bracelets; while the wearing of earrings was a sure sign that the person was a foreigner, not a Greek.

The chief decoration which the Athenian allowed himself

Rings. was the ring, *daktylios* (δακτύλιος),



FIG. 151.—Ring.



FIG. 152.—Signet.

usually provided with a seal, and therefore also called *sphragis* (σφραγίς). Many of the soldiers, Xenophon tells us, wore these, and they especially attracted the eye of the guide who had led them through the Chalybian territory. The soldier, however, has in every age striven to outdo the ordinary citizen in finery, and the Greek military indulged in rich ornament for their armour, wearing helmets with im-

Walking-sticks. posing plumes, richly chased cuirasses with tassels, shields with pictures and other devices, and the like.

The carrying of canes (βακτηρίαι) was almost universal, among old and young (Figs. 35, 72, 74, 83, 136). They were



FIG. 153.—Earrings.

seen even in the hands of soldiers and actors in the theatre. In Sparta, and among the Laconomaniacs at Athens, canes with crook handles were the fashion (σκυτάλια).

The women retained a profusion of ornaments. Among them was the diadem or fillet for confining the hair in place. They also wore earrings (ἐνώτια, ἐλι-

Earrings. κτήρες) of many patterns; and necklaces and bracelets, especially in the form of a spiral snake (ὄφεις), and anklets. They carried fans (ῥιπίδες), made of some thin

Fans. light wood or consisting of a bunch

of peacock-feathers. On journeys in the hot sun their maids attended them with parasols (σκιάδεια), which were much



FIG. 154.—Fan.



FIG. 155.—Parasol.

like modern sunshades, and could open and shut. Similarly the Athenian girls (κανηφόροι) who were chosen to

Sunshades. carry the baskets (κανᾶ, page 141) used in sacrifice at the state festivals were attended by the daughters of prominent metics, who carried their parasols for them. These girls were called officially *skiadephoroi* (σκιαδεφόροι); their position was by no means thought to be one of dishonour.

CHAPTER XIII

CARE OF THE BODY

GREEK education, with the emphasis it laid on physical training, inculcated a respect for the body, and prescribed rules for its care which were heeded by most Greeks throughout their whole lives. As a result, they produced, as it is fair to infer from their works of art, a larger proportion of handsome men and beautiful women than any other people that have ever lived; and many, even those engaged in mental labour, such as the philosophers and the dramatists, lived to a good old age. As a rule the Greeks were tall, with well-proportioned limbs, feet, and hands. Their skin was firm, their muscles supple. They had heads of moderate size, round or oval in shape; straight noses, thin lips, and dark or light brown hair, inclined to be curly. Above all, they were noted for their beautiful eyes, with a gaze keen and steady. They themselves admired tallness in both men and women. Their complexion was by nature fair, but was browned by outdoor life and the habit of exercising naked. The sight of some Persian captives, with their white skins, filled them with amusement and derision. Of course, not all Greeks conformed to the type

Physical
qualities and
appearance of
the Greeks.

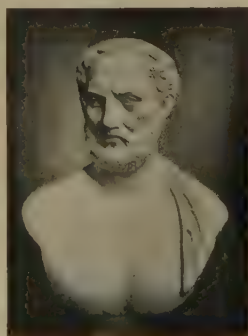


FIG. 156.—Portrait bust of a Greek (the historian Thucydides).

just described. Thersites in the *Iliad*, and Socrates in later times, are notable exceptions. The ugliness of Soc-

Socrates. rates caused even his friends to compare him to a satyr, one of the grotesque attendants of

Dionysus. He had a broad nose with spreading nostrils; his mouth was large, the lips thick, and his eyes protruded like those of a crab. He was disproportionately stout, and walked with a waddling gait. Altogether his appearance entirely belied the strength and beauty of his mind and the kindliness of heart which he showed to all. The poet Sophocles,

Sophocles. to judge from the well-known statue in the Lat-eran, represented the personal charm of the ideal Greek, as his dramas stand for the perfection of Greek poetry.

Regular bathing was early recognized as necessary for health and com-

Bathing in Homer. fort. In the ruins of the palace at Tiryns, which belong to the Mycenaean

age, we may yet see complete arrangements for baths in the house, including a channel for drawing off the water and vessels for holding olive-oil, the use of which, at least in later times, was inseparable from bathing. Baths are frequently mentioned in Homer; we hear of a kind of tub made of wood or marble (*ἀσάμυνθος*, cf. page 139), and a tripod used when the water for bathing was to be heated (called *τρίπους λοετροχόος*); also a foot-bath.

Hot baths. Warm water (*θερμὰ λοετρά*) was used in the house, but baths in rivers or in the sea are also mentioned. The proper performance of religious rites demanded purity; hence the hands, if not the whole body, were always washed before a sacrifice or a libation.



FIG. 157.—Painted portrait of a woman.

The Spartans maintained the practice of bathing in cold water, avoiding hot, except after extraordinary exertion. Even then, the warm bath was followed by another in cold water, with a vigorous rubbing afterward. In the more luxurious parts of Greece the use of warm baths, and even steam baths, became general; but the custom was condemned by the more conservative among the Athenians. The hot springs of Sicily were famous, and their first use was ascribed to Heracles, who, according to the myth, refreshed himself with them after his Labours, and thereby gave a certain sanction to their use by his followers.



FIG. 158.—At the bath.

At home bathing was performed with a wash-basin or at a fountain in the court, if the house was thus supplied.

Bathing at home. There was no special bath-room. The bather washed himself with water held in a round or oval basin (*λουτήρ*, Figs. 119, 158), or else sat in a tub or trough (*πύελος*, page 139), while another stood by and poured the water over him. Public baths (*βαλανεία*), with elaborate systems for supplying hot water, and with separate dressing-rooms, were not erected until a somewhat late period. In the fifth century they were not viewed with great favour, on account of the

Public baths.

use of hot water, and because the gossip and idling therein tended to undermine the morality of young men who resorted to them. Probably the baths of this period were simply attachments of the gymnasia and the palaestrae, outside the city walls. Later, state institutions (*βαλανεία δημόσια*) were built and placed in charge of city officials (the *ἀστυνόμοι*, page 16). At first, as we have noticed, there was no dressing-room (*ἀποδυτήριον*), so that bathers' clothes were at the mercy of sneak-thieves. The bather might use a separate tub or bathe with others in the tank (*μάκτρα*, *κολυμβήθρα*, page 139). After the plunge the bath-tender (*βαλανεύς*) or one of his assistants stood ready to pour cold water over the head and shoulders, or to supply various cleansing substances with which the



FIG. 159.—Aryballos
(late form).

Soap.

bather rubbed himself. Soap, a Saxon invention, was not known until the time of the Roman

Empire. Its place was supplied by *κονία* (*κονία*), a kind of lye made from ashes, or by nitre (*νίτρον*), or by a refined earth brought from the island of

Use of oil.

Cimōlus. But more important than these, in popular regard, was the rubbing with oil, to keep the skin smooth and soft. The oil was brought from home in a flask (*λήκυθος*, *ἀρύβαλλος*, or *ἀλάβαστος*; page 135). The bather also took care to provide himself with a towel (*ὀμόλινον*) and a strigil (*στλεγγίς*, page 81), by which the superfluous liquid was scraped from the body before dressing.



FIG. 160.
Alabastos.

Cost of a public bath.

The price of a bath with all these extras—the douche, rubbing, lye, and scraping—was extremely low: two chalci, less than a cent, was charged. Baths were regularly taken at home or in public places by

the scrupulous just before going to a banquet, and Plato in his *Symposium* likes to dwell on Socrates's conformity to this requirement of polite society.

The fondness for using oil was akin to the liking for salves and perfumes. The perfumery shops (μυροπώλια) were favourite resorts in Athens, and they dispensed all kinds of ointments and scents.

Use of
unguents.

Even in far-away Armenia we hear of ointments made of lard, sesame-seeds, bitter almonds, and turpentine. But myrrh (μύρρον) was the most popular in Athens.

Closely allied in function to the bath-tender was the barber (κουρεύς); and no resort was more often visited by the

Athenian than

the barber-shop (κουρείον). Both bath-tender

and barber were proverbial for bustling officiousness and garrulity. All the news of the

day was gathered at the barber's, and dispensed by him.

The great disaster at Syracuse was first heard of in a barber-shop in the Piræus, and the barber ran all the way to the city, five miles away, to tell the news. The old joke of

King Archelâus of Macedon often reappears to-day. "How shall I cut your hair, sire?" asked the barber. "In silence," he answered.

The mode of wearing the hair differed widely in the several Greek states. In the Homeric period, and for some

time after, the hair was worn long. This fashion was expressed by the verb κομᾶν, and we have "long-haired" (κάρη κομάοντας), therefore,

as the standing designation of the Achæans in the *Iliad*. One notable exception in the early age of Greece was the



FIG. 161.—At the barber's.

practice of the Abantes in cutting off the front of their hair. They were a warlike people in Eubœa, accustomed to



FIG. 162.—Women's head-dress.

hand-to-hand fighting, and cut off their hair, so Plutarch says, in order to prevent their enemies from getting a hold.

At Athens the athletes kept their hair close-cropped. But the Spartans retained the Homeric custom. Before the Spartan boy reached his majority his hair was cut regularly; after that time he wore it long, and it was the object of special care, as we read in the story of the Spartans at Thermopylae. In Athens, to be sure, there were not wanting persons who copied Spartan man-

ners in all respects; but when

the Athenian lad became a citizen, and had dedicated to some divinity the locks which had grown long in child-

hood (see page 89), he thereafter kept his hair moderately trimmed, being of course guided by his own taste. Doubtless we see the customary treatment of the hair in the ideal statues of Zeus or of Asclepius (Fig. 250) or in the portrait of Thucydides (Fig. 156) which belong to this period. As in other things, so in this also the later Athenian adopted the golden mean. Before the Persian Wars the men of



FIG. 163.—Children's hair.

Athens wore their hair long, either gathered in a kind of knot (*κρωβύλος*) on the top of the head, where it was held



FIG. 164.—Shears.

in place by a gold brooch, or hanging at the back like a queue. This the Athenian of the time of the Peloponnesian War discarded

(cf. page 169). On the other hand, he avoided an extremely close crop, which was adopted by most slaves; but these also braided and coiled the hair at the back, possibly according to the custom of the country whence they had come.

The cut of the beard was also a matter of attention. In the older period, as is shown in an old-style vase from which

The beard. Fig. 75 is taken, the beard had an artificial,

wedge shape, which was sometimes retained in later times by slaves and in the caricatures of the comic stage. The citizen of Athens allowed it to take its natural shape, with occasional trimming. The Spartans, like most military folk, liked to grow a ferocious mustache (*μύσταξ*), until the Ephors felt they must make a law restraining the custom; but no Greek ever wore a mustache without a beard. Other parts of the beard were the side-whiskers (*γένειον*) and the long beard (*πώγων*). To keep the face closely shaved, as was the custom among the free-born after Alexander's time, must have required some courage, for razors (*ξυρά*) were rough and clumsy; shaving at home was practically impossible.

To the barber's the Athenian repaired to have his nails trimmed and his corns cut.

Duties of the barber.

The barber also performed certain minor surgical operations, such as removing warts and superfluous hair.

On his way from the barber-shop or the bath to attend a banquet, the Athenian would stop at a perfumer's and have his hair and beard scented with myrrh; but this was often supplied by the host.



FIG. 165.—Razor.

The men of Athens, as we saw, gave up the knot or queue

Women's head ornaments. worn by their elders, and the care of the hair,

except the every-day combing after the bath, was left to the barber. Brushes had not been invented. Women, on the other hand, could not resort to a hair-dresser's, and had to depend on their own taste and the help of their slaves for the arrangement of the hair. Sometimes it was left to flow unrestrained down the back; but more

often it was combed back and gathered in a knot, more or less high, or in a twist which extended backward—the “Psyche twist” (Fig. 162). Bands or fillets (*ταυρία*) for the hair and brow formed a conspicuous ornament among women. Besides the simple ribbon, there was the wider band of cloth or leather, studded with gold, which served to keep the coil of hair in place; an arrangement of this kind is seen on the head of Hēra, Fig. 245. Nets, too, frequently served this end. For this purpose were also used combs, hairpins of bronze, ivory, bone, gold, or silver, and especially gold diadems (*στεφάναι*). Besides wearing ear-rings, women also hung elaborate ornaments of gold or silver from the side of the head or from the temples (Fig. 167; cf. Fig. 141).



FIG. 166.—Woman's coiffure.



FIG. 167.—Pendant to be hung at the ear or the temple.

CHAPTER XIV

SOCIAL LIFE AND ENTERTAINMENTS

IN the outdoor life of the men, in their gatherings in the market, the palaestra, the bath, and the gymnasium, and in frequent meetings of tribe and deme, and especially phratry, we see numberless opportunities for intercourse and social contact. The attractiveness of barber-shops in the eyes of the male members of the society caused them to be named "wineless symposia"; and the whole tendency of Greek life was to find amusement in concourse. The quiet attractions of study and reading, while not seldom appreciated, were nevertheless diminished by physical drawbacks (cf. page 108); the poorness of the writing materials, the closely written pages, with words undivided one from the other, the inadequacy of the light indoors, except in the court, and everywhere at night, made reading a source of entertainment limited to the few. Serious persons took delight in conversation of an improving nature with a few chosen companions, walking about the suburbs or on the banks of the Ilissus, or sitting on the stone benches at the gymnasium. This would happen in the long afternoons, when the luncheon (ἀριστον) had been followed by a brief rest at home while the sun was hottest. All the games begun and practised in childhood (page 76) furnished amusement for the adult. Many an hour was whiled away in playing draughts (πεττεία, Fig. 227), or in the game called by the Italians *morra*, in which the two players suddenly extend one or more of the fingers

**Opportunities
for social
intercourse.**

**Occupations
of the day.**

of the right hand and guess at the total number extended by both; whoever guessed nearest was the winner. In the accompanying picture (Fig. 168) each player grasps with her left hand a short pole to prevent the unfair use of the left hand in the excitement of the game.

In general, the Greeks went to bed early, and often rose before dawn. All sports, theatrical performances, and social calls occurred during the earlier part of the day; the



FIG. 168.—“How many fingers?”

sports extended into the afternoon, which generally closed with the bath and the preparations for dinner. The banquet (*δῆπνον*, *εὐωχία*) was the only kind of entertainment

to which one might resort at night. It took place almost always after sunset. One or two

exceptions are mentioned by Xenophon, but these were due to the varying custom of other localities or to the exigencies of camp life, as when the soldiers were feasted by the Armenians and by Seuthes. Also at the state festivals the public entertainment of each tribe (*ἑστίασις*) took place in the daytime.

To the banquet all were glad to resort when occasion offered—the old and the young, the grave and the frivolous, Socrates and Alcibiades. The recluse or the miser who drank only water, and the churl who never entertained, but ate by himself in the dark, were rare. The host presented his invitation orally, sometimes through a friend or slave, often in person; never by formally written notes. Often, too, the invitation (κλήσις) was issued only a day or two previous to the feast, or even on the morning of the day when it was to occur. There was no conventional phrase dictated by society. Sometimes the host announced that he was to entertain some distinguished person or celebrate a wedding, and in graceful, complimentary words would entreat the presence of his friend to help him; or he would call out more familiarly, “Be sure to come to my house” (ὅπως παρέσει μοι), at the same time stating the reason. Perhaps the most formal phrase, employed when the guests were not intimate friends, was “I invite the gentlemen to dinner” (τοὺς ἄνδρας ἐπὶ δεῖπνον καλῶ). The guests were at liberty to invite any friends of theirs, and old acquaintances always felt free to drop in unbidden at these hospitable gatherings. Women were invited only to wedding feasts.

With the increasing art exhibited in cookery during the last years of the fifth century arose a number of professional male cooks (μάγειροι), who were almost always hired for private banquets. Even here the wife of the host came into no relation with her husband’s social set, and had nothing to do with the ordering of the dinner or the direction of the slaves who attended the guests. The *chef* brought his own assistants, as well as the utensils required for special dishes, either owned by himself or hired in the agora.

On arriving, the guests (σύνδειπνοι) were greeted with the simple “Hail!” (χαῖρε), or “You have come just in time” (εἰς καλὸν ἦκεις), or the more affected “I salute you” (ἀσπά-

The
invitation.

Professional
caterers.

ζομαι). Handshaking was not so common as with us, since it had a deeper meaning, and was ordinarily reserved for the formal, ceremonious conclusion of a compact or treaty. Bowing was regarded with disfavour, as being akin to the slavish salaam of the Persians and other Orientals (προσκύνησις). By the Greeks this mode of salutation was offered only to the gods, on the appearance of an omen or the like. Of course, among members of the family or very intimate friends the embrace (χερσὶ περιβαλεῖν) and the kiss (φίλημα) were as common as they are in Europe to-day.

On reaching the court of the house, each newcomer removed his sandals and allowed his feet to be washed by the slaves before he took his place on a couch.

The dinner. For the men in Athens, unlike the Homeric heroes, reclined at table, usually two on a couch. After all were comfortably settled in the order appointed by the host, and water had been poured over their hands, the small portable tables (page 130) were brought in laden with the food, and disposed near the couches. The



FIG. 169.—Kylix with low base.

Thracians hospitably placed them nearest their guests. Thin

soups, or *consommés*, were unknown, and broths cooked very thick were rarely served at these special dinners. The obvious reason for this was the lack of spoons, which were not employed for table use until later; when broth

The menu. was eaten, it was scooped from the plate with pieces of bread (μυστίλαι). Solid food, with which the dinner commonly began, was brought in already cut up. The guests helped themselves and ate with their fingers, forks being unknown. Instead of napkins, they wiped their hands with bits of bread (ἀπομαγδαλιαί),

which were then thrown on the floor to be eaten by the dogs. Vinegar, mustard, and other condiments stood ready in cruets (ὀξύβαφα) on each table. Wine was the only drink, and it was taken sparingly during this portion of the entertainment. At the end of the meal each guest took a swallow of unmixed wine in honour of the "Good Divinity" (ἀγαθὸς δαίμων), a ceremony which, in its pious recognition of man's dependence on the gods, corresponded somewhat to the saying of grace. After this the tables were removed, the floor swept clean of all crumbs, bones, and the like, once more water was poured over the hands, and then the company sang in unison a paean accompanied by the flute-player (αὐληγρίς), who was always present on these occasions (Fig. 172).

And now the symposium began; besides *symposion* (συμπόσιον), a common name for it was *potos*, the "drinking" (πότος). Smaller tables were set before the guests, on which were dried fruits, nuts, and other light viands of a thirst-provoking

The symposium.

nature (see page 148). These constituted the "second tables" (δεύτεραι τράπεζαι, or τραγήματα), corresponding to dessert. The feasters anointed the hair and beard with myrrh; they put garlands on their heads, round their necks, and on the breast; and then the slaves (οἰνοχόοι) mixed the wine in the great bowl (κρατήρ). Water predominated in this mixture, as we have seen before (page 151). Three bowls were filled and emptied in the course of an ordinary symposium. The first cupful out of the first bowl was consecrated to the Olympians, especially Zeus; the first out of the second mixture, to the Heroes; and from the third, to Zeus the



FIG. 170.—Krater.

Saviour. The host then drank to (*προπίνειν*) the health of his guests, after which they all drank singly to each other, going round the circle from left to right.

Toasts.

When one was challenged to drink with another, it was considered proper form to empty the cup at a single draught (*ἀμυστί*). At the beginning, the saucer-shaped cups, or *phialai*, described on page 137, were used; as the drinking proceeded, the guests called for larger goblets or for drinking-horns.



FIG. 171.—Drinking-horn.

As a rule, a toast-master was elected when the symposium began. He

The toast-master.

was called by various names, such as “king,” “leader of the drinking,” or “symposiarch”

(*βασιλεύς*, *ἄρχων τῆς πόσεως*, *συμποσιάρχος*). It

was his duty to decide on the proportion of water to be mixed with the wine, to indicate when the time had come to exchange the larger for the smaller cups, to prescribe



FIG. 172.—The symposium.

forfeits for those who had violated the rules of the drinking, to conduct the drinking contest, and to propose toasts.

Amusements at the symposium.

Each guest tried to outdo his neighbour in wit, humour, story-telling, and practical joking; and often the discussion of various topics propounded by the symposiarch, or occurring incidentally, was of a distinctly high order; every guest knew Homer and the lyric poets, and could quote them readily; every guest, too, in that age of keen wits and stirring national

experience, was quick at repartee, eager in debate, always ready, even in support of some whimsical paradox, to cite an illustration out of his own experience or his country's

Singing. history. For a long period singing remained

the chief source of entertainment. The early education of every Greek rendered him competent to take the lyre and sing, at least tolerably, some famous song from Anacreon, or Simonides, or Euripides. Or rounds and catches (σκόλια) were sung in more boisterous style by all in turn. Especially popular were riddles,

Riddles. conundrums, and catch questions. Another favourite was the game called *kottabos* (κότταβος), which consisted in tossing off the last drops in the cup in such manner that they hit a small figure, made of clay or metal, the bobbing of which determined the success of the throw.

As luxury increased, these simpler amusements gave way to elaborate programmes performed by professional

Professional entertainers. flute and lyre players (αὐλητρίδες, κιθαρισταί), dancing-girls (ὀρχηστρίδες), and jugglers and contortioners. Rich hosts were also beset with

a crowd of needy flatterers (κόλακες), who sought to entertain the company by their wit,

and thus earn a right to enjoy

Buffoons. the feast. Their per-

sistence gave them a

professional character and a spe-

cial name, γελωτοποιοί, and they

were tolerated, strangely as it

seems to us, even in the best and

most dignified society; their noisy

garrulity often usurped the con-

versation, and their gluttony and wine-bibbing tended to

lower the morality of convivial gatherings; but, with all that,

they were not so much in evidence as the Roman parasite.

The flute-girls and the dancers gave exhibitions not only in music and fancy dancing, but also in acrobatic feats, jump-



FIG. 173.—Jumping over swords.

ing over knives, twirling hoops and balls, and enacting dramatic scenes of subjects not ordinarily produced in the classical drama at the Dionysiac festivals. Thus Xenophon in his *Symposium* describes a representation of the loves of Dionysus and Ari-

**Theatrical
scenes.**

adne, given by a dancing boy and girl—a story that was dear to the Athenian, since it called to mind the exploits of his hero Theseus in the Labyrinth at



FIG. 174.—Coin of Crete representing the Labyrinth.

Crete. Such scenes portrayed in pantomime the romantic elements of a myth not touched on in the “legitimate” plays of the period, except now and then by Euripides; and their most marked characteristic, as distinguished from the public performances in the theatre, was the fact that women assumed parts in the representation. This practice was significant of great changes that were to come in the remote future; for not until modern times has the public appearance of women as actresses been countenanced, except at the imperial courts in the Roman epoch.

The party came to an end with a libation to Hermes; and the merry-makers, if they were young and reckless, departed with flutes and torches to serenade some favourite beauty. Such bands of revellers (*κωμασταί*) not infrequently infested the streets of Athens at night, and besides the noise with which their loud music troubled good citizens, they sometimes came to blows among themselves or with another similar party. Out of associations of boon companions like these grew up clubs composed of young men of the aristocrats, who united for political as well as social ends. Later Athe-

**Social and
political
clubs.**

nian history was largely determined by the predominance of one or another faction whose origin could be traced from such bands.

There were also purely dining associations (*ἑσπαιοί*), corresponding in their purpose to a modern lunch club. In these each member contributed a portion of the viands, as in a modern picnic, or else provided food for all, being afterward repaid by the others. In the later centuries of Athenian history these clubs assumed great importance in social life, and were regularly organized for pleasure and the common worship of some special deity. Under this later system members paid regular monthly dues, sometimes amounting to three drachmas.

CHAPTER XV

THE VARIOUS CALLINGS: THE WARRIOR

THE Greek, especially the Athenian, regarded himself as an integral part of the state; his whole life must, according to his view, be devoted to what he conceived to be the duties of a citizen. These duties might range from functions as high as generalship or archonship down to attendance at the public assembly (*ἐκκλησία*) and the law courts (*δικαστήρια*), or might resolve themselves into mere gossip about public leaders and public policy. At all events, his life must be free from any impediments to his political functions; he must be independent in his relations with other citizens; his time must be wholly free (cf. page 118).

Such ideas about the civic function, cherished by all Greeks, whether their government was democratic or oligarchical, were possible in a society where slave labour disposed of all the drudgery of life. The old patriarchal life of Homer was different. Slaves there were, but even kings joined in the reaping, princes tended cattle, and princesses spun yarn and wove it into cloth and took part in the family washing. But in Athens, democratic as we are accustomed to regard its society, Socrates was the only notable figure who had a word in praise of the "dignity of labour."

All, therefore, who had to work for a living, being to that extent dependent and not free, were in general regarded with contempt. In so far as they were obliged to sell their time to be placed at the disposal of some one else,

they were *aneleutheroi* (ἀνελεύθεροι), deprived of liberty as much as an actual slave (δούλος). Further, many artisans, like tailors and cobblers, led such a sedentary life, outside the invigorating influence of sunlight and fresh air, that physically they could not measure themselves with the gentleman, the independent citizen. *eleutheros* (ἐλεύθερος), who was nurtured in the free life of the market, the gymnasium, and the palaestra; and mentally, their narrow view of the world was supposed to make them mean and vulgar (βάνανσος). Hence the industrial arts were called “slavish” (τέχναι δουλοπρεπείς), since they appeared to make men no better than menials; or “vulgar” (τέχναι βανανσικαί), with reference to the sordid effect they had on those engaged in them. Hesiod, to be sure, had said that “Labour is no reproach, ’tis idleness that is dishonour”; but the very fact that he said it shows that as early as his day the contrary opinion held sway.

Some exceptions in the case of certain activities in which citizens engaged may be observed in the cities on the coast (ἐμπόρια) where commerce flourished on a large scale. In Athens there were numerous wholesale traders and manufacturers (ἔμποροι) and manufacturers belonging to the citizen class. These, because of the grander extent of their operations, and the fact that they did not work with their own hands, but merely superintended large numbers of slaves or poorer citizens, were not held in disrepute. Political reformers like Pericles, recognizing the value of a thrifty artisan class, sought occasionally to compensate for the social disabilities that attached to artisans by giving them political advantages equal to those enjoyed by persons who derived their income from landed estates. And Solon, long before Pericles, exempted sons from the duty of supporting their parents in old age if the latter had neglected to teach their sons a trade. These exceptions, however, only prove the

general rule; and as slaves and foreigners (*μέτοικοι*, see page 64) increased, the poorest citizen often preferred to earn a few obols a day by sitting in the *ecclesia* or the courts of law, rather than win double the sum as a retail dealer or handicraftsman. In later times, and even to some extent as early as the fifth century, many hired out in the capacity of mercenaries under some foreign leader, in the hope of getting suddenly rich through loot and plunder, and so become an "object of envy to their friends at home." This was especially true of the poorer districts of Peloponnēsus; more than one half of Cyrus's Greeks came from Arcadia and Achaia. It was the glimpse of the wealth, as well as the weakness, of Persia which tempted Greeks to become mercenaries and freebooters.

Since, therefore, the soldier's life came to almost every Greek, we can not gain a complete picture of the ordinary citizen's career without a brief glance at his military and political occupations, considered with special reference to the Athenian.

The martial spirit of the Athenians in the fifth century is attested not only by their achievements from Marathon (490 B. C.) to Arginusae (406 B. C.), but also by their works of art. An extraordinary number of vases depict scenes relating to war, and children were given names like Scyrocles, Naxiades, and Naupactus to commemorate their fathers' prowess in battle. The warlike temper of this period was more conspicuous than in the time of Demosthenes, who found it impossible to rouse his people as he desired to resist Philip. With all this, and in spite of the ready response of volunteers (*ἐθελονταί*) to the calls to service, the normal way to raise an army for a special enterprise was by a draft (*κατάλογος*), in which citizens were listed by lot to serve in the heavy infantry or in the cavalry. In the middle of the fifth century Athens maintained a standing army of twenty-five

**Military
service.**

hundred heavy-armed men, *hoplites*, and a fleet of twenty ships. The usual age for field service extended from the twentieth to the fiftieth year; but, as we saw before (page 90), young men (ἐφηβοί) between the ages of eighteen and twenty were engaged in light military duties, during which they were instructed in the art of fighting in heavy armour (ὀπλομαχεῖν), in throwing the spear, and in tactics (τὰ ἀμφὶ τάξεις). They also served as patrols (περίπολοι) on the frontier. Their drill ground was the Lycæum, which also formed the rendezvous for the start (ἔξοδος). Spectators were allowed at

The new recruits.



FIG. 175.—Preparing for the rendezvous.

the drill—a contrast to Spartan practice, which excluded all those not participating. At the end of their first year of preliminary training the ephēbi were mustered in the theatre, and each received from the state a spear and shield.

Older men might be called upon for military service, even after they were fifty years old, but, as a rule, only for garrison duty. To this they were liable until they were sixty. Socrates served four times, with conspicuous valour, between the ages of forty and fifty.

The military age.

The hoplites and cavalry were, in Solon's time, recruited only from the three upper classes—Pentakosiomedimni,

Hippeis, and Zeugitæ. Later, in the Peloponnesian War, the Thêtes also were drafted for hoplite service; and in one great emergency—namely, at Arginūsæ in 406 B. C.—even slaves were called out. Metics, to the number of three thousand, were kept armed for defense. The quota from each tribe (page 206) formed a division by itself, called *taxis* (τάξις, or simply φυλή). The number of men in each taxis varied according to the urgency of the call. The first summons to arms in the Peloponnesian War brought out more than one thousand men in each tribe. Each tribal quota had its own commander (ταξίαρχος), and was divided into companies (λόχοι), each under a captain (λοχαγός). Though each tribe fought, as a rule, by itself, members of different tribes might mess or sleep together. Men grouped as comrades in this way were said to belong to “the same tent” (ξύσκηνοι).

At the call to arms, which usually ran, “Rations for three days” (σιτία ἡμερῶν τριῶν), the citizen who was to serve in the hoplites

The soldier's equipment. packed his knapsack or wallet

(γύλιος), and took down his lance and shield from the chimney, where he kept them, the shield being enclosed in a case (σάγμα) to protect it from smoke and dust and prevent tarnishing (Fig. 175). The spiders spinning webs in the shield are a part of the picture of peace which the

The breastplate. poet Bacchylides gives us.

The soldier then adjusted his chiton, often of a gay hue, red or purple (hence called φοινικίς); over this he buckled his cuirass (θώραξ), which was made of leather or



FIG. 176.—Putting on the breastplate.

linen covered with metal plates or scales, and was fastened in front by clasps running vertically. Strong as it was, it was not seldom pierced by a javelin or an arrow. The shoulder-pieces were drawn from behind over the shoulder and fastened in front to the main piece on the breast. From the hips downward hung flaps (πτέρυγες), consisting of pieces of leather or felt, either single or double, designed to protect the thighs and the groin. The cuirass made entirely of bronze, and used in the Homeric period, had been given up. The warrior then strapped round his

legs below the knees the greaves (κνημίδες), made of metal, lined with soft padding to prevent chafing. Another strip of padding round the ankles served as a support for the greaves below. On his head, too, he placed a padded band, tied with a knot at the back, which eased the pressure of the helmet and kept it more firmly in place. The helmet (κράνος), usually of bronze,

but also of leather, had movable cheek-pieces, but the parts which covered nose and forehead were solid. The helmet was surmounted with one or more plumes (λόφοι, Figs. 175, 176, and 180); generals and taxiarchs had three. A short sword or knife (ξίφος, μάχαιρα) hung at the



FIG. 177.—Greave.



FIG. 178.—Helmet.



FIG. 179.—Helmets.

left side by a strap from the right shoulder. With his shield and lance in hand, and a mantle, which was thrown aside when he went into action, the hoplite was now ready to join his comrades at the rendezvous. The shield was either round or oval, and was heavy, since it often reached

from the eyes to the knees. Hence an officer, or any other soldier whose duties required him to be thus assisted, was

frequently attended by a shield bearer (ὑπα-
The shield. σπιστής). The shield

was held by straps, through which the left arm was thrust, the last strap being grasped in the hand. Often its external surface was covered by some device, which was meant to serve as a mere ornament, or to symbolize some trait of the wearer or his family, or even to strike fear in the enemy by the frightfulness of the picture (Figs. 88 and 175). The

spear (δόρυ) was long—sometimes nine feet—and consisted of a stout shaft furnished with an iron head (λόγχη). Athens had thirteen thousand hoplites ready for offensive operations at the first inroad of Sparta in 431 B. C.

Besides these hoplites (ὁπλίται), so called from the elaborate and heavy nature of their accoutrement (ὄπλα),

the next important arm of the service was the
The cavalry. cavalry (ἵππεῖς), a small and exclusive body of

about one thousand men, commanded by two hipparchs (ἵππαρχοι), each leading five tribal divisions (φυλαί). The cavalry, like the hoplites, was recruited by a draft made by the hipparchs from each of the ten tribes; but naturally the list would be filled up from the richer citizens, or those who were able to keep a horse. Each tribe was commanded by its own phylarch (φύλαρχος); and no one might enter the cavalry until he had been approved by the Council (βουλή), after a scrutiny (δοκιμασία) more or

Test required. less strict, which determined whether he possessed the necessary property qualification and was of genuine Attic descent, whether he was rich enough to



FIG. 180.—Hoplite.

own a horse, and whether he knew how to manage one (cf. page 90). Most people entertained exaggerated notions of the superior safety enjoyed by horsemen on the battle-field, and particularly in a retreat. Many, therefore, when a war broke out, were anxious to join the cavalry, and sometimes managed to do so without the necessary qualifications. The trooper was armed sometimes with a



FIG. 181.—Greek sword.

lance, useful in a charge; sometimes with a pair of javelins (Fig. 186); sometimes with a short, dagger-like sword for close combat; but he had no sabre for a cutting stroke. His cuirass seems to have been heavier than that of the hoplite. Shields were used only when the members of the troop did sentinel duty on foot.

The Athenian cavalry seems not to have been very efficient, though it was the pride of the Athenians on the occasion of a public parade, and entrance into it was eagerly sought by the young aristocrat. But the Greeks had neither saddle nor stirrups, and often rode without even a saddle-cloth (*ἐφίππιον στρώμα*), so that the rider was easily unseated. The horses were not well trained, and frequently stampeded. Xenophon's words of comfort to his troops when they were in need of cavalry, while half jocose and paradoxical, yet show the weaknesses of the Athenian cavalry—weaknesses which were not shared by the more practised riders of Boeotia, Thessaly, and Syracuse. Forty years later, at the battle of Mantinea (362 B. C.), the Athenian cavalry still felt their inferiority to the Thebans and the Thessalians. In spite of that, their desperate bravery gave them the victory.

The light-armed soldiers, employed in skirmishing (*ἀκροβόλις*) and in guerrilla warfare generally, consisted of bowmen (*τοξόται*), slingers (*σφενδονῆται*), and javelin-hurlers (*ἀκον-*

πισταί). Bowmen, to the number of sixteen hundred, were recruited from the Thētes, or that portion of the citizens

The not ordinarily liable to service as hoplites, and the light-armed from the tributary allies (σύμμαχοι, νησιῶται) of service.

lies (σύμμαχοι, νησιῶται) of Athens. Sometimes they were mercenaries hired by the state from places not under Athenian rule; Cretan bowmen were the most noted for their skill. The slingers were always foreign mercenaries or tributary allies, and native Greeks never served as "peltasts" (πελτασταί), so often mentioned in the *Anabasis*. These were Thracians, who used a light, flat shield called the *pelté* (πέλτη), which was not strengthened by the plates of bronze or layers of hide belonging to the hoplite's shield. The Athenians also employed two hundred mounted bowmen (ἵπποτοξόται), chiefly Thracians or Scythians hired or owned as slaves by the state. As con-

trasted with Athenian agility. Sparta, therefore, the Athenians were capable of more agile tactics. An engineering force was required in sieges, the chief duty of which was to build walls under cover of which the besieging party could occupy a position close to the city invested. It was therefore composed of masons, who selected the stones and put them together (λιθολόγοι, τέκτονες).



FIG. 182.—A slinger
(σφενδονήτης).



FIG. 183.—Peltast.

There was no special commissary department. When the rations brought by each man at the start were exhausted, the generals and captains sent out foraging parties, who got what they could for their own company or division. The distribution then took place under the supervision of certain officers detailed for this work, called, like the commissioners in a city market, *agoranomoi* (ἀγορανόμοι, page 20). Baggage-carriers (σκευοφόροι) had charge of the provisions and other belongings of officers, cavalry, and the richer hoplites. Poorer soldiers had to carry their own supplies (ἐφόδια), which were sometimes given to them by generous comrades.

The army and the fleet were under the command of ten generals (στρατηγοί), one from each of the ten tribes. These held joint command, having superseded the archon polemarchos (πολέμαρχος) in this office early in the fifth century B. C. Their first achievement as officers in supreme authority was the victory at Marathon in 490 B. C.

Although regular drill was kept up both in Athens and Sparta in peace as well as in war, military discipline in Athens seems not to have been very rigid, when measured by modern standards. One reason was the limited authority of the generals. They were responsible to the Council of Five Hundred (Βουλή), and on their return from a campaign might be attacked in a lawsuit by any sycophant (page 19) on some slight charge. The democratic character of a Greek army is well shown by the fact that all the generals, including Xenophon, who had conducted the Cyræan Greeks safely out of the grasp of Tissaphernes and the Persians, were



FIG. 184.—Greek arrow-heads.

**Commissary
and baggage.**

Discipline.

**Authority of
the generals.**

nevertheless required to render an account to their own soldiers of their generalship. Further, breaches of discipline, desertion, and cowardice were punished not by the generals, but by the courts at home, after a regular trial in which the officer whose authority had been violated might be only a witness, or, at most, a prosecutor. For all these reasons, although the value and need of discipline were acknowledged, the spectacle of an undisciplined force was too common in Greek military history, and rigorous officers like the Spartan Clearchus were generally hated.

In early Greek history citizens were not paid for their services in war. In Athens the custom of paying for mili-

itary service doubtless began with the growth
Pay. of wealth that came with the widening of her

empire. The pay (*μισθός*) in Athens was a drachma (page 246) a day for a

hoplite; a cavalryman must have received more, for in time of peace he was allowed a drachma daily for his maintenance alone. Public burial was given to soldiers killed in battle, and their families were cared for until the sons



FIG. 185.—The soldier's return.

became of age. On leaving home for service in the field, the soldier made careful provision for the future of his family, usually making a will and entrusting his money to a near relative or friend. All these preparations for the worst were the more necessary since the chances of get-

ting a letter safely to his friends at home were few, and they might never even hear of him again.

Another way in which the private citizen, especially of the lower class (*Thêtes*), found occupation and rendered

The navy. public service, was on board the fleet. From the middle of the fifth century twenty triremes

were annually in commission, to preserve the Athenian empire and keep the crews in efficient practice. The state had three hundred seaworthy ships at the beginning of the Peloponnesian War. It was the duty of the Council (*βουλή*) to keep the ships up to their full number, and to assign to wealthy citizens in turn the task of equipping them. This task was one of the public services (*λειτουργίαι*) by which the state expenses were frequently met (see page 62). The citizen or citizens chosen for this duty were called trierarchs (*τριήραρχοι*), and attended to the caulking, rigging, manning, and general equipment. The cost of this was great, often amounting to fifty minae (page 246); for the manning and maintenance the trierarch received money from the state, for which he gave strict account at the expiration of his service.

The earliest kind of ships had fifty rowers seated on the same level, and was undecked. These penteconters (*πεντηκόντοροι*) were used as war-ships first by **Greek ships.** the Phocaeans, who settled Marseilles; this use survived even after triremes had been invented. We first hear of the trireme, with rowers on three levels, or banks,



FIG. 186.—Trooper ready to start.

in the early part of the sixth century. The earliest had no upper protection for the rowers. Later a wooden protection was devised, but complete decks (*καταστρώματα*) were as yet unknown during the Persian Wars, so that at Salamis there was room for only four bowmen and fourteen hoplites in each trireme. The need of transporting soldiers in warships to distant fighting grounds led to Cimon's improvement, by which the ships were given broader beam, and the decks at bow and stern were joined by bridges on which a considerable number of marines could be brought into



FIG. 187.—Ship with one bank of oars.

action. Such ships, however, were chiefly employed as transports for men and horses. For the men-of-war (*νήες ταχέαι*) such as were in use in the Peloponnesian War, a narrower beam was better in manœuvres, and they accordingly held even fewer hoplites than the ships engaged at Salamis. Being ten in number, the hoplites could effect little and were regarded anyway as landlubbers (*χερσαῖοι*). The ship itself was a mighty weapon in the hands of the rowers; with its powerful ram it was so manœuvred as to sink the enemy, or at least snap off his oars.

Size of the
trireme.

For such manœuvres a trireme was necessarily long and relatively narrow; they were therefore called "long boats" (*μακρὰ πλοῖα*). The average dimensions may be roughly guessed from the ruins of dock-yards (*νεώσοικοι*) in the Piræus. These have a width of over nineteen feet,

and a length varying from about one hundred to one hundred and twenty feet. Hence the width of a trireme is supposed to have been about fifteen feet, its greatest length about one hundred and twenty feet.

Besides being narrow, they had a low board and drew but little water, hardly three feet; hence operations could be carried on in very shoal water and far up a stream. We actually hear of cavalry brought into action against a trireme in the water; and hoplites are known to have waded out from shore and boarded an enemy's trireme. The oars (*κῶπαι*), therefore, must have made a rather small angle with the water's surface; in close encounters they were sometimes snapped in pieces by a passing ship. Their exact length is unknown; neither can we tell how far apart were the oars in the same row. The rowers sat on benches arranged in three rows, each only slightly higher than the other (Fig. 188). It is a mistake to suppose that the trireme rose very high out of the water. Its light draft proves that the hold was not much more than seven feet deep, the distance from the water-line to

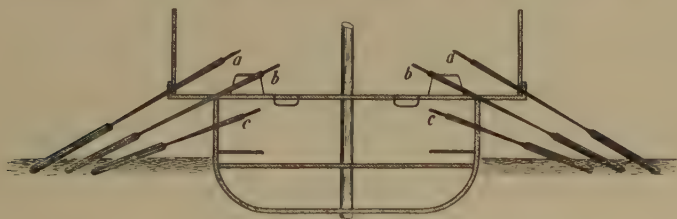


FIG. 188.—Section of a trireme.

the deck being between three and four feet. The men in the top row, called *thranitai* (*θρανῖται*), wielded, of course, the longest and heaviest oars, and received the highest pay.

Those in the middle row were called *zygítai* (*ζυγῖται*), those in the lowest *thalamítai* (*θαλαμῖται*). The *thalamítes* (*c*) sat in the hold (*thalamos*) of the vessel, his bench being only a little above the water-line.

The *thranītes* (*a*) derived his name from the stool or seat (*thrānos*) that rested on the deck, or if a deck was wanting, on the platform (*πάροδος*) that surrounded the ship; he sat perpendicularly over the *thalamītes*. The *zygītes* (*b*) had his place on the level of the cross-beam (*ζυγόν*) which connected and strengthened the ship's sides. He was not directly under the *thranītes*, but probably a man's breadth farther in. Since the oars differed in length according to the row from which they projected—the longest from the topmost, the shortest from the lowest row—considerable practice was necessary in order to get an even stroke. The oar of the *thranītes* seems to have been a foot longer than that of the *zygītes*. The time was given by an officer called *keleustes* (*κελευστής*), who used a flute, a pipe, or his voice in a rhythmical call.

A trireme fully manned carried two hundred men. Of these, thirty were officers, marines, and sailors who attended to the rigging, the steering, and the raising and lowering of the mainmast. Official records which have been preserved make known the fact that there were on board one hundred and seventy oars—presumably sixty-two for the *thranītai* and fifty-four each for the *zygītai* and the *thalamītai*. This must include oars held in reserve against accident—perhaps a score—leaving one hundred and fifty for active service. But not all were in use at the same time, for we

Number of men in a trireme. hear of companies or “watches” (*λόχοι*), into which the rowers were divided, doubtless to relieve each other on long voyages. It is said that the highest possible speed for a ship one hundred and twenty feet long can be fully attained by fifty oars, whence it is natural to assume that for long voyages there were three watches of fifty men each, especially since the officers next under the commander (*ναύαρχος*) were called “commanders of fifty” (*πεντηκόνταρχοι*). We may, therefore, conjecture that on ordinary occasions fifty rowers were at work (eighteen

θρανῖται, sixteen ζυγῖται, sixteen θαλαμῖται), while the remaining one hundred rested until their turn came.

It is impossible, from our scanty evidence, to measure the speed attained by a trireme. Modern estimates vary

Speed of a trireme. greatly, from three and a half to fifteen miles

an hour. With a fair wind the Greeks under Xenophon were able to sail from Cotyōra, on the Euxine, to Sinōpe, one hundred and fifty miles away, in a day and a night. The sails, which were square, aided somewhat the progress of the ship, for every trireme carried two masts; but when a fight was to take place near shore, as usually happened, the mainsail was often left on land. All sail was then taken in, and the

mainmast (ιστὸς μέγας) was lowered and stowed in the hold along the keel (τρόπις). The foremast (ιστὸς ἀκάτειος) carried a smaller sail, and was not lowered. In battle, there-

fore, the propelling of the ship devolved upon the rowers, who had to be trained by long practice to carry out the different manœuvres em-

ployed for running the enemy down. Here, too, considerable skill was required of the pilot (κυβερνήτης). In place of the modern rudder, an oar (πηδάλιον) projected at each side near the stern; the two were connected by a cross-piece held by the helmsman, and could easily be unshipped when not in use. The pilot had general command over the men in the stern, while another officer in the bow



FIG. 189.—Going on board.

(the *πρωρεὺς*) directed the men in the forward part of the ship.

The prow, with its sharp edge or "nose," readily suggests the head of an animal, and in Greek, accordingly, various terms are used of the parts of the prow which carry out this figure. Thus, on each side of the prow (*πρόρα*) were huge "eyes," (*ὀφθαλμοί*, Fig. 190), some of which were actually hawse-holes, while others were purely decorative, as on Chinese boats. The prow also had "ears" (*ἐπωτίδες*) or catheads, beams extending forward obliquely, which served as a protection when another ship was rammed. Additional protection was



FIG. 190.—Coin showing a ship.

furnished by wicker mats, hides, or cloths hanging over the sides. The ram itself (*ἔμβολον*) was a sharp beak or spur covered with iron, lying at the water-line or slightly below it. Both stem and stern rose high out of the water (Fig. 189), and the stern-post often ended in an ornamental figure, a swan's or a goose's head. Each ship had a name, sometimes chosen from myth-

ology, sometimes selected with reference to the good omen a high-sounding name made for the future success of the vessel in war. Some names recently found on an inscription in the Piræus have a very modern sound, such as the *Danaë* (*Δανάη*), the *Wonder* (*Θέαμα*), and the *Invincible* (*Παγκράτεια*), because this modern custom is one of many inheritances from the ancients.

At the beginning, as at Salamis, officers, marines, and rowers were Athenians. The marines and rowers were regularly taken from the class of Thētes. Later, rowers were also supplied from the metics, slaves, or mercenaries.

The two special state galleys, the *Paralos* and the *Salaminia*, were manned by citizens.

It is usual to say that the Greeks were timid sailors, and that discipline, though better than in the army, was not perfect. On the other hand, there was some reason for the excessive caution of the Greek sailor in the fact that the trireme had such a low board, and might easily founder in a rough sea. It was sometimes necessary to strengthen the ship by passing ropes lengthwise round it on the outside. Hence, in long voyages the skipper kept as near shore as he could. The fleet bound for Sicily went first to Corēra, whence it could cross the stormy Adriatic at its narrowest stretch, and then it kept to the eastern coast of Italy until it reached Catana. That the Greeks, when on shipboard, had the true sailor's instincts of neatness and readiness, is attested by Xenophon, who speaks with admiration of the careful way in which ropes, yards, sails, and provisions were stowed, with a view to save space and to have them in readiness when sudden need arose. When not in use the trireme was hauled up on shore, or docks (*νεώρια*) and ship-houses (*νεώσολοι*) were built for them in the principal seaports, as at the Piræus.

Even in time of peace, therefore, there was abundant occupation in the military and naval service for all classes of citizens. In Athens five hundred men were necessary to guard the dockyards and arsenals, fifty kept watch at the Acropolis, which, however, was probably not otherwise fortified, and some sixteen hundred maintained order in the city and the country districts, particularly on the border; besides these, two thousand men served in garrisons throughout the various cities and islands belonging to the Athenian empire.

CHAPTER XVI

THE VARIOUS CALLINGS: CIVIC FUNCTIONS

WE must next glance briefly at the Athenian constitution, in so far as its operation affected the daily life of the citizen. And here again the state, made thoroughly democratic by political leaders since Pericles came to the front, opened her offices to the poorest citizen and paid him for the services he rendered in the courts, in the popular assembly, and in the Council.

All citizens over thirty years old in good standing were eligible to the Council of Five Hundred, or *Boulé* (βουλή), the highest legislative body in Athens. The members were elected annually by lot, fifty from each of the ten tribes (φύλαί); the wards or demes in each tribe were represented in this body of fifty according to the number of demesmen (δημόται) each contained. Since the lot might fall on an unsuitable candidate, it was provided that every man so chosen should submit to a public examination (δοκιμασία) before the out-



FIG. 191.—Obol and half-obol.

going Council. If he was approved, he took the oath of office and entered upon his duties on

the 14th of the month Skirophorion (about the 1st of July), and held office for one year. Each member (βουλευτής) received five obols—about fifteen cents—daily, was exempt from military service, and enjoyed the right of a front seat (προεδρία, page 63) in the theatre.

Such a body was obviously too large for the transaction of ordinary routine business. To meet this difficulty, the contingent from each tribe served in turn as a special com-

mittee, under the name of *prytanes* (πρυτάνεις),
The prytanes. for handling ordinary matters. The year was

thus divided into ten parts, each called a *prytaneia* (πρυτανεία), and the order in which the tribes served in this capacity was determined by lot at the beginning of their year of office. The prytanes had their office in a building called the Tholos (θόλος), a round structure in the agora near the Council-chamber (βουλευτήριον; see page 42). There they took their meals, and offered sacrifice for the prosperity of the state. Besides receiving reports of officials, giving audience to embassies, and exercising a general police supervision over the city, they prepared the "order of the day," or "docket" (πρόγραμμα), for the next meeting of the Council or the popular assembly. During their prytany, their pay was increased to six obols (one drachma) a day, and from the beginning of the fourth century each prytany received a vote of thanks from the Council and the popular assembly. They chose by lot a chairman (ἐπιστάτης) to serve for one day and one night only, in order that he might not have opportunity to gain undue influence. It was his duty to preside at the meeting of the whole Council or of the assembly, and to have in his keeping the state seal and

**The
 president.**

the keys of the temples in which the public funds and documents were deposited. Thus the humblest citizen might, for at least one day in his life, exercise important responsibility. The courage of Socrates, when chosen to be chairman, in refusing to put to the vote an unconstitutional motion which called for the summary execution of the generals who fought at Arginūsæ, has often been told.

The entire Council met daily in their chamber (βουλευτήριον), unless special circumstances called them elsewhere. These sessions were as a rule open to the public, but the

from active participation in debate (*δημηγορεῖν*). The attendance of six thousand, or about one fifth of the male citizens, was required to transact certain kinds of business. Most of those who came belonged to the city or its immediate environs; naturally, the country farmers had little time or inclination to travel to town, so that they, though greatly surpassing the townspeople in number, were insufficiently represented. It was therefore the artisans, tradesmen, and seamen of Athens and the Piræus, with such rich citizens as possessed houses in town, who composed the assembly.

In the early fifth century but one meeting of the assembly took place in each prytany, or ten in a year. In the fourth century there were four meetings, of which **Deliberative proceedings.** one occurred on a fixed day, and was deemed more important than the others (*κυρία ἐκκλησία*). At this meeting the election of officers was confirmed by popular vote, taken by a show of hands (*ἐπιχειροτονία*), and reports on the condition and security of the state, the supply of grain, and such matters, were received. Here, too, were heard public impeachments (*εἰσαγγελίαι*) of magistrates or private citizens, and the decisions of the archon respecting inheritance (cf. page 88), rendered since the last meeting. Once a year a preliminary vote was taken on the question of ostracizing some citizen. Extraordinary circumstances might require a special session (*σύγκλητος ἐκκλησία*).

The sessions of the ecclesia were ordinarily held on the hill outside the town called the Pnyx; sometimes in the agora or the Dionysiac theatre. Each member **Voting.** received on his arrival a ticket (*σύμβολον*), which he later presented to the proper officials, and then received his fee, amounting to an obol at first, but in the fourth century increased to three, later to nine obols. The business began early in the forenoon with a purificatory sacrifice, the blood of a pig being sprinkled round the place of assembly;

then followed prayers and imprecations against such speakers as might try to deceive the people in their harangues. The prytanes then stated the order of business previously decided on by the Council (page 207); any matter lying outside this order (*προβούλευμα*) was excluded. The voting on



FIG. 193.—The platform (*bema*) on the Pnyx.

these matters was by show of hands (*χειροτονία*), and therefore public; but secret voting, by ballots cast in urns, was resorted to in cases of ostracism, conferring citizenship, and other matters affecting a single individual. The decrees recommended by the Council and passed by the *ecclesia* were inscribed on stone or bronze and set up in conspicuous places (Fig. 192).

The chairman (*ἐπιστάτης*) adjourned the meeting, sometimes to the following day, if matters of business were left unfinished. This happened immediately when—
Adjournment. ever “signs from heaven” (*διοσημΐαι*), such as lightning, earthquake, an eclipse, or even a drop of rain, seemed to indicate the displeasure of the gods.

Although both the Council and the assembly acted on certain occasions in a judicial capacity, their function was

chiefly administrative. The trial of cases at law was left mostly to the courts (*δικαστήρια*). In these a large body of citizens, particularly the older men, not only found paid employment, but also indulged that love of contest and rivalry of debate which so strikingly marked the Athenians. For they sat as jurors or *dicasts* (*δικασταί*) to hear and decide cases pleaded before them, and they followed with interest, if not with favour, the arguments on both sides. From each tribe (*φυλή*) about six hundred men, all over thirty years of age, were chosen by lot from those who had announced their desire to serve as dicasts. They formed a body, normally six thousand in number, of whom one thousand acted as substitutes, ready to be called on for judicial service. Each person on whom the lot to act as dicast fell was assigned to one of the ten divisions or courts (*δικαστήρια*) into which the whole number was divided; every tribe had an equal number of its members in each court, or as nearly equal as it was possible to arrange. The court-room to which a man was assigned was designated by a letter (A to K); and every man carried a "pass" in the shape of a small boxwood tablet (*πινάκιον πύξινον*), on which was inscribed his name and the letter of the section to which he belonged. Further, to make sure that the dicast entered the court-room to which he belonged, he was given a painted staff (*βακτηρία*), the colour of which corresponded to the colour of the paint at the door of each dicastery.

There was no limit set to the term of service as dicast, and a citizen often continued in this office until cut off by sickness or death. Every year, however, he renewed the oath in which he swore to render a verdict according to the laws, or, in cases where no existing law seemed applicable, according to his honest judgment, without fear or partiality, nor yet in enmity against any party to a suit; to hear both sides with equal attention, to refuse bribes, and to uphold the democratic constitution.

The courts of law.

The dicasts.

The oath was sworn in the names of Zeus, Poseidon or Apollo, and Demeter.

If, now, a man had a private grievance against another, he went to the magistrate who had jurisdiction in such a case as his, and handed in a written complaint (ἔγκλημα). If it was accepted, the magistrate appointed a day for the preliminary hearing (ἀνάκρισις). The plaintiff (ὁ διώκων), in the presence of at least two witnesses (κλητῆρες), then sought out the accused (ὁ φεύγων), and summoned him to appear at the appointed time to answer the complaint. This summons was called the *klēsis* (κλήσις, πρόκλησις). At the hearing each party presented in person his own side of the question, citing witnesses (μάρτυρες), laws and decrees, private documents, and other testimony bearing on his case. The witnesses must be adult men, either citizens or met-



FIG. 194.—Crown of gold awarded for public services.

ics. Slaves were allowed to appear as witnesses only in cases of murder; in all others their evidence was extorted on the rack. This kind of testimony, as in the Middle Ages, was regarded as especially trustworthy, and a man under complaint frequently offered his own slaves to be tortured (βασανίζειν) to prove his innocence. He might not, however, testify in his own case. On the conclusion of the hearing, all the documents and evidence in writing were put into an urn (ἐχίνος) to await the trial (δίκη, ἀγών).

The trial. At the time arranged for the trial, which might take place on any day excepting holidays and “unlucky days” (ἡμέραι ἀποφράδες), both parties, with their witnesses, presented themselves before the court, in which sat usually five hundred and one dicasts, presided

over by the magistrate before whom the preliminary hearing (ἀνάκρισις) had taken place. In very important cases two or more dicasteries sat in joint session, making one thousand and one or fifteen hundred and one dicasts in all. The odd number was maintained to prevent a tie vote; the number of dicasts was never less than two hundred and one. The court-rooms were near the agora; the oldest, called the Heliaia (ἡλιαία), gave its name to the whole judicial system, and the dicasts were often called *heliasts* (ἡλιασταί). They sat on wooden benches separated by a railing (δρύφακτοι) from the spectators, who always thronged to the trial when the participants were well-known citizens or the case affected public interests. Besides the platform (βῆμα) for the presiding magistrate, there was also one for the speakers and the witnesses.

The law required every man to plead his own case, whether as plaintiff or defendant. In the latter part of the fifth century, however, it became the custom for inexperienced speakers to hire a professional writer of speeches (λογογράφος) to compose his speech, which he then committed to memory and delivered as best he could. The time allowed each speech was limited by the water-clock (κλεψύδρα), the flow of which was stopped when the witnesses were cited. The proceedings began with prayer to the gods, after which the clerk (γραμματεὺς) read the complaint (ἔγκλημα) and denial (ἀντωμοσία) of the contending parties, who were then allowed by the presiding magistrate to begin their speeches. The complainant presented his side first, frequently interrupting his speech by citing the witnesses whose testimony had been given at the preliminary hearing.

Witnesses. These simply mounted the platform at the bidding of the speaker or the court-crier (κῆρυξ), listened to the reading of their evidence by the clerk, and acknowledged it as their own. There was no cross-examination of witnesses. Following the complainant came the defend-

ant, who in like manner appealed to his witnesses from time to time in the course of his speech.

Late in the fifth century, those persons who felt doubt about their ability to present the case with justice to themselves were allowed to bring in friends to their support; but the case must always be presented first, if only briefly, by the party concerned. By the middle of the fourth century such advocates (*συνήγοροι*) were very common, though they spoke with the special consent of the court, and were understood not to receive any pay for their aid. It is to the advocate, rather than to the speech-writer, that the modern lawyer bears most resemblance.

After the speeches were over the herald bade the dicasts proceed to a vote, which they cast immediately and on the spot, without discussion among themselves.

Verdict. Mussel-shells were used as ballots (*ψηφοι*) in the fifth century. The voter cast his ballot into one of two earthenware vessels (called variously *κάδοι*, or *κάδισκοι*, or again *ἰδρίαι*); one urn stood for acquittal, the other for condemnation. Just how secrecy was maintained by this method we do not know; at any rate, it proved unsatisfactory, for another mode was adopted for most cases in the fourth century. The dicast received two round bronze ballots; one was solid, the other had a hole bored through the centre. The solid ballot (*πλήρης ψηφος*) was for acquittal, the bored (*τετραπυμένη ψηφος*) for condemnation. The voter, holding this ballot so that the curious might not see

whether the centre was solid or pierced, now
The ballots. approached the urns, of which again there were two—one of bronze, the other of wood. Into the bronze urn he cast the ballot which he wished to have counted, and discarded the other by throwing it into the wooden urn. The bronze urn, containing as it did the votes that really affected the defendant, was called the “deciding urn” (*κύριος κάδισκος*); the other, into which the votes not to be counted were deposited, was called “the urn

without validity" (ἄκυρος κἀδισκος). After the votes had been counted, the presiding magistrate announced the result.

When his duties for the day were

Pay for serv- over,
ice in the the di-
courts. cast

presented a ticket

or check (σύμβολον), which he had received when he entered the court, to the disbursing officers of the treasury, and got his pay. This amounted to two obols in Pericles's time, but was increased to three by Cleon.

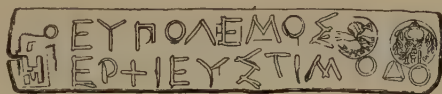


FIG. 195.—Dicast's ticket (σύμβολον).

CHAPTER XVII

THE VARIOUS CALLINGS: AGRICULTURE AND GRAZING

WHILE so many Athenians were engaged in war or in politics, the great majority were occupied in more productive pursuits to get a livelihood; and these, however they may have been regarded by philosophers and aristocrats, were recognized by the more practical thinkers as forming the main support of the state, and representing in their mode of life and ways of thinking the better and more conservative interests of the democracy. This applied particularly to the rural classes, the men engaged in agriculture and grazing. Observers as widely different as Socrates, the sage, and Aristophanes, the comic poet, united in commendation of agricultural pursuits, since from them the sustenance and support of the community were derived, and the preservation of healthy bodies and of sound, if old-fashioned, ideas was assured. Although the army, the courts, the sailors of the Piræus, and the artisans in the *ecclesia* take up so conspicuous a position in Attic history, it must not be forgotten that the bulk of the population of Attica were farmers or herdsmen, who had little time to travel to town and join with regularity in political movements, and did so only when their interests as a class were threatened.

The landed proprietors held the highest position socially among all classes who worked for a living. They formed, of course, the oldest element in the state, and to a great extent retained their original political, as well as social, preeminence.

Rural
pursuits.

Among them were a few rich men who took pleasure in managing their estates themselves, planning the crops, and joining their overseers and slaves in actual labour now and then. These exceptional persons excited wonder, as did Cyrus, when he showed the Spartan admiral Lysander his gardens at Sardis. After looking at the many kinds of trees and flowers, and seeing how carefully they were planted, and how regularly and artistically the paths were

laid out, Lysander was overcome with admiration. "I congratulate you, Cyrus," he said, "on the man who devised all this for you."

"Why," said Cyrus, "I made all the measurements and designs myself, and I planted some of the trees myself." At which Lysander said, as he looked at Cyrus's handsome clothes and the ornaments he wore: "What! You really mean that you planted these with your own hands?" And Cyrus answered: "Yes; when I am in ordinary health, I never dine before taking active exercise, either in military drill or in farming."

In Attica the soil was thin and dry, yet favourable to the raising of some crops. Here, and elsewhere in Greece,

systematic irrigation (*ἄρδευ*) was intelligently practised in classical times to insure enough

water, while drainage (*ὀχετεύειν*) recovered swampy and submerged places for tilling. The Attic plain was well watered with canals and ditches (*αἰλῶνες, ὀχετοί*) dug from the main streams of the Cephīsus and

the Ilissus. This was necessary for certain kinds of

grain; and the region extending from the Lycēum to the Academy was a garden of figs and olives. On the hillsides care was taken that the fer-



FIG. 196.—Boy with pet deer.

tile soil might not be washed away when the melting snow sent down fierce torrents in February and March. This was prevented by terraces, especially necessary in the culture of the vine.

Although many religious superstitions governed the farmer in his work, nevertheless the experience of centuries had brought down many practical hints and helps in cultivating. The value of fertilizers was understood, as was also the need of allowing land to recover its fertility by lying fallow (*νειός*) for a season or more.

Ploughing was done at three seasons—spring, summer, and autumn. The plough (*ἄροτρον*) was originally a crooked or forked tree trunk; later it was made of separate parts fitting together and fastened either by thongs or by pegs which nailed them together. There was, first, the beam or stock (*ἔλυμα*), the end of which was sharpened and covered with iron to form the ploughshare



FIG. 197.—Ploughing and sowing.

(*ῥννις*); or sometimes a separate piece was attached to the beam for this purpose. A handle (*ἑχέτλη*) rose from the beam at the back, and a pole (*ἰστοβοεύς*) extended from it in front; at the end of this the yoke (*ζυγόν*) was

attached by means of a ring (*κορώνη*). The plough was drawn by oxen and mules; horses were probably never used for this work.

The autumn and the early spring were the times for sowing grain and the more substantial crops (*καρπός*) for which, as Plato says, the intelligent farmer is content to wait seven months. In the summer were sown lentils, peas, beans, and other garden vegetables. Xenophon gives a picture of the farmer ploughing (*ξευγηλατεῖν*) and sowing (*σπείρειν*), in a lonely spot infested

Agricultural methods.

The plough.

Sowing.

by robbers, in the interesting account of a pantomime which he witnessed in Paphlagonia.

It does not appear that hay was especially cultivated and harvested, though of course a certain amount of dried

Hay. fodder was necessary when animals were housed for the winter. Any product suitable

for use as green fodder was called *chilos* or *chortos* (χιλός or χόρτος). This, when dried, was used like hay, under the

name of *karphé* (κάρφη or simply χιλός).

Grass-land and meadows were scarce in Greece, and were usually given over to flocks and herds in summer-time.

The harvest-time was the occasion for much sport and frolic in the fields among the

Harvesting. reapers, who kept up ancient practices, designed to appease

the "corn spirit," which had come down from most primitive times, and which allowed all kinds of practical jokes, especially at the expense of an unlucky passer-by. The reaper

used a semicircular sickle (called δρεπάνη)

and after the grain had been cut down it was bound together carefully in sheaves. One

sheaf was left "for luck," dedicated to the spirit of the grain;

the rest were gathered into carts or on the backs of the reap-

Threshing. ers, and carried to the threshing-floor (ἀλώη), a

circular space paved with small cobble-stones. There the grain was spread out evenly a little at a time, and

over it horses, mules, or oxen were driven until their hoofs had beaten out the kernels from the chaff and stalks (καλά-

μαι). Whether flails were ever used is a question. After

a thorough tossing and winnowing, done with the *líknon*

(λίκνον), or cradle, a broad wicker basket which received the grain after threshing, and in which it was tossed in the air so

that the wind carried off the chaff, the clean grain was poured into earthen jars (πίθοι, σιπύαι, page 133) for storing.



FIG. 198.
Shepherd.

In the country grain was ground into flour only as needed. Small quantities could be pounded in stone mortars by female slaves. For larger amounts **Mills for grinding.** mills (*μύλαι*) turned by male or female slaves or by animals were required. The mill had a flat, immovable lower millstone (*μύλη*) with a hard, rough surface. On it the upper millstone (*ὄνος ἀλέτης*) revolved on an iron pivot by means of a long handle; the upper stone had a hole in the centre into which the grain was poured. In the cities there were milling establishments (*μυλῶνες*) which ground the grain brought from the interior or elsewhere on a large scale. Flour was called *aleura* (*ἄλευρα*) or *alphita* (*ἄλφιστα*), according as it was made from wheat or from barley.

In Attica grain formed one of the least conspicuous products, and after the ruin wrought to the fields by the Spartan invasions of the Peloponnesian War, **The products of Attica.** the small farmers of Attica no longer tried to compete with the rich grain-fields on the Black Sea. The importation of grain, therefore, became essential to the welfare of the state, which encouraged it by laws restraining Athenian citizens and metics from shipping it elsewhere, and laying severe penalties on all who tried to "corner" the grain market. Whoever bought more than fifty *phormoi* (*φορμοί*), or about seventy-five bushels, of grain at a single time was liable to capital punishment. When the grain supply from the East was cut off by Lysander's fleet in 405 B. C., Athens and Attica could no longer hold out, and the Peloponnesian War came to a disastrous close.

The soil of Attica, however, was well adapted to the cultivation of olives, figs, and grapes. Oil, figs, and wine were therefore abundantly produced, the olives and figs being celebrated the world over. In the cultivation of vines and olives it was usual to dig circular trenches (*γῆραι*) round each trunk or stalk to insure sufficient moisture.

The vines were propped by pointed stakes (χάρακες), though sometimes allowed also to climb on trees. Red wine was

Vineyards. produced from grapes grown on the hillsides, white wine was produced in the plains. The grapes were pressed or trodden (πατεῖν) with the bare feet in large vats (ληνοί), from which the wine flowed out into a smaller vessel, usually an amphora (page 134). The vintage, like the harvest, was attended with many old-fashioned customs of a religious nature, all in honour of Dionysus Lenaïos, "god of the wine-press." The treaders chanted a song as they worked together in the open fields.

Olive-oil was used for a great variety of purposes: in the preparation of ointments; in the "dressing" of linen after it came from the loom; in lighting; and **Olive-oil.** in cooking and eating (page 150). Consequently, the oil (ἐλαιον) was of more importance than the fruit (ἐλάα) itself, though this, too, was a regular article of diet. Olives were picked only when ripe, and put up in brine or dried. Dried olives were shipped and sold in skins (ἄσκοί). Figs were dried on crates or boards set out in the sun and wind, and pressed into cakes, as they are to-day. Grapes, in the same way, were made into raisins or currants, a name which still carries the remembrance of their place of origin—Corinth.

All growing things were regarded as being under the protection of the divinities of nature, Dionysus, Demeter, and many lesser gods. But the olive in particular was the object of religious veneration, **Sacred olive-trees.** and like the owl (page 24) was inseparably connected with Athēna, the special protectress of Attica and Athens. An olive branch frequently appears beside the owl on Athenian coins (Fig. 199). A large number of trees in the Attic plain, called *moriai* (μορῖαι), were specially consecrated to her, and any man who cut down, or even removed, the stump of one of these was sentenced to death by the Areopagus. The moriai were owned by the state,

which appointed wardens or supervisors to attend to their preservation; they were responsible to the Areopagus. The state let out the tending and cultivation of these trees to



FIG. 199.—Attic decadrachma.

the highest bidder, who then had the disposition and sale of the product in his own hands.

Flowers, too, were universally cultivated in the country. However reticent in their literature the Greeks of the classical period may be regarding their love of nature, their acts show plainly that they had

**Cultivated
flowers.**

open eyes for all she had to give. The lily, crocus, hyacinth, violet, and rose are familiar friends in Homer. The extraordinary vogue of wreaths (*στέφανοι*) for all festive occasions made horticulture a necessity; when nothing better could be obtained, even dry grass was plaited into chaplets. The favourite flowers raised in gardens (*κῆποι*) were those just mentioned; but many, like the poppy, grew wild in the fields. The garden

beds were commonly edged with borders of parsley and rue. In crowded cities house gardens were hardly known until late in the fourth century; but plants were sometimes raised in pots (*ὄστρακα*, cf. Fig. 94), especially for the festival of Adōnis. Groves and enclosures where trees, flowers, and grass grew made the suburbs attractive places for an afternoon stroll (*περίπατος*).

The state appointed officers to take charge of the for-

ests, but these paid more attention to boundaries and highways than to forestry in a scientific sense. As early as the

fourth century, Attica was becoming a waste, **The forests.**

because the state and the people failed to realize the importance of preserving the once rich woodlands of Parnes, Pentelicus, and Hymettus (cf. page 9). The trees were cut down wastefully by lumbermen (ὑλοτόμοι), who found their profit in the great demand for timber (ξύλα) for house and ship building, furniture, and fuel. Charcoal-

Uses of wood.

burners were continually busy on Mount Parnes, especially in the deme of Acharnae; from here they carried their baskets of coals into the city, where the cry of "Buy coal" (ἄνθρακας πρίω) rose among the other noises of the street. In the country wood (φρύγανα) was burned more often than charcoal; and Socrates mentions, as one of the advantages of country over town life, the greater abundance of fuel for fires in the winter-time. On the march, too, wood was gathered wherever it could be found, and splitting wood was one of the ordinary duties of soldiers in camp.

Perhaps most harm was done to the forests by shepherds and goatherds who deliberately burned down trees in order to gain more pasture-land. No feature

Grazing.

of country life is more prominent in Greek literature than the tending of herds (νομαί) of sheep, goats, and cows. All these are embraced in the term "possessions," *ktēné* (κτήνη), so common in the *Anabasis*, since they were the chief property of man in the primitive, nomadic state. (The larger animals, like oxen and mules, which could be used for drawing loads, were called in general ζεύγη, or ὑποζύγια;

Animals in pasture.

the smaller kinds, sheep and goats, were πρόβατα, though πρόβατα is also used of sheep only; all, when out in pasture, were βοσκήματα.) From March until September the herds wandered over the higher mountain slopes, tended by a few lonely shepherds (νομείς,



FIG. 200.
Ancient cowbell.

βουκόλοι) and their dogs. In winter they were driven back to the folds and stalls in the plains. Perhaps sheep were the most conspicuous among these animals; their milk, as well as their flesh and fleeces, was constantly required, and great numbers were consumed in sacrifice. Hogs were kept in droves in the open, not confined in a sty. They were to be seen mostly in places like Arcadia, where the



FIG. 201.—The mountains of Peloponnēsus, seen from Nauplia.

oaks supplied abundant acorns for their food. Horses were raised in droves only where the plains were extensive, as in Thessaly, Argos, Aetolia, and Acarnania. As draft-animals (ὑποζύγια), mules were preferred to horses, and the sure-footed ass was indispensable in the mountain districts.

Bees. Another feature of hill life was the keeping of bees (μέλιτται), a creature whose activity the Greeks viewed with almost religious awe. They were kept in hives (σμήνη). Attica was as famous for the honey of Hymettus and Brilessus as for her figs and oil. Xeno-

phon mentions a honey in Colchis which poisoned and intoxicated his men.

Other features of country life were of course the domestic animals, more abundant there than in the cities. Among

domestic fowl, geese were the favourites, especially in Athens,

where, like other animals, they were kept in the court (page 27); so, too, were cranes, quail, and doves kept mostly as pets (Fig. 202), though also eaten. Chickens were introduced from the Orient into Greece in the sixth century. The recollection of their origin survived in the name still given the cock (*ἀλεκτρυών*) in the fifth century, which was commonly “the Persian bird” (*ὁ Περσικὸς ὄρνις*). Pheasants and peacocks were imported as a great curiosity just before the Peloponnesian War.

Dogs were exceedingly common, both in town and in country. Some of their best-known traits, such as barking



FIG. 202.—Woman with crane.



FIG. 203. Woman with pet animal (cat?).

at strangers and retreating when faced, madness, and the like, are frequently referred to by Xenophon, but it is in

Homer, especially in the *Odyssey*, that we get the best picture of the dog as faithful guardian of master and house.

Dogs. In the house, they lay at their master's feet

while he ate, watching a chance to seize the crumbs that fell from the table. They were mostly of the fiercer breeds, and were indispensable in hunting (page 99). Hence they bore such names as Dromas, and Argos, "the fleet," or Harpalos, "quick at catching the scent." Cats were not a domestic animal in Greece, though known to the Greeks as an Egyptian animal. Tame weasels and martens took their place in protecting the storeroom from mice. ✓

CHAPTER XVIII

THE VARIOUS CALLINGS: MANUFACTURES AND TRADES

IN most families, if not in all, a certain amount of manufacture formed part of the household duties. Thus, many kinds of food were cooked at home, though they might also be procured ready to eat from regular dealers in the market. And more than this, the wife still plied her spinning (Fig. 98), or worked at the loom, as in the days of Homer, or superintended the slaves while they prepared the wool for spinning—washing, beating, pulling, and combing it.

Manufacture on a large scale, however, grew up in Athens and in other coast cities in the fifth century, increasing in the case of Athens the internal wealth, which her political pre-eminence had founded. The various artisans (*δημιουργοί*) were not united in guilds or corporations until later times; but a son generally learned and followed his father's trade, and those who were engaged in the same industry occupied the same quarter of the city, thus giving a semblance of organization for mutual protection. Hence a street might be designated as the "street of the sculptors," or the "street of the box-makers," and the like (cf. page 15). The hereditary sys-



FIG. 204.—Workman (baker?).

tem certainly tended to increase the efficiency of the work done. Athenian citizens were not taxed or required to pay any license fee for the trade in which they were engaged; but metics had to pay such a tax, though not otherwise restricted. Most metics plied their business in the Piræus, where the number of trades was extraordinary, the division of labour in some cases being minute.



FIG. 205.—Making bread.

Among the producers of food we notice the millers (*μυλωθροί*). These got their grain—wheat, barley, spelt—from jobbers (*σιτοπῶλαι*), who bought it

from farmers of the interior, or more often from the importers

Millers. (*ἔμποροι*), whose ships had carried it from

Pontus. The mill-houses (*μυλωνες*) were supplied with the mills (*μύλαι*) before described (page 220), and these were turned by horses, mules, oxen, or slaves; the last, however, were set to their task only as a punishment for extreme misbehaviour.

The millers sold to the bakers (*ἄρτοκόποι*), whose houses were furnished with large earthen ovens (*κρίβαντοι*); in these they baked loaves **Bakers.** (*ἄρτοι*) of a size and weight fixed by the market commissioners, besides barley-cakes (*μᾶζαι*) and different kinds of sweet cakes. The baker did not always sell

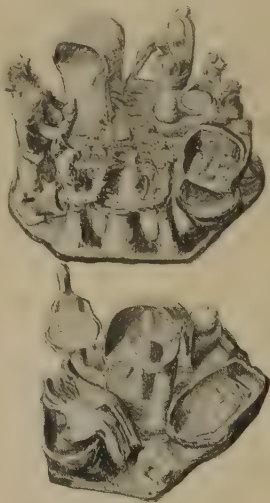


FIG. 206.—Baker's moulds.

directly to the consumer, but had his wares dispensed in the streets or the market by bread-sellers (*ἀρτοποιᾶι*).

The fullers and dyers played an important part in the making and preservation of clothing. Not only did they wash and dye (*πλύνειν*) both the fleeces and the finished cloth (whence they were called *πλυνεῖς* and *κναφεῖς*), but they also attended to the cut-

ting of the cloth into shapes suitable for different garments. In the large cities they had establishments with numerous hands, male and female, freemen and slaves. Such tailoring establishments rendered much of the domestic cutting, fitting, and sewing for the family wardrobe unnecessary, at least for the rich. The weaving of linen goods was their work exclusively, this being never done at home,

where wool alone was the material. Some factories made only one kind of garment. Thus, one was devoted to the manufacture of the

chlamys, another made women's shawls, while the Megarians were famous for the *exōmis* (page 161).

Here, too, women's nets and other head coverings were made;

but men's hats were the province of the hat makers. the province of the felt manufacturers (*πιλοποιοί*), who produced travelling-hats (*πέτασοι*) and workmen's caps (*κυνᾶι*, page 166).

The tanners (*βυρσεῖς* or *βυρσοδέψαι*) usually confined themselves

solely to dressing the leather, but sometimes they added shoemaking to their business.

Their yards had to be placed outside the city, on account of the bad smell caused in the processes of tanning and dressing. The shoemakers (*σκυτοτόμοι*) were numerous in the neighbourhood of the market.

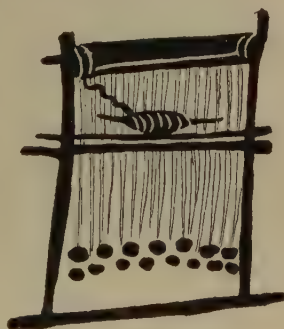


FIG. 207.—Loom.

Personal ornaments, as we saw (page 167), were confined to articles of silver, gold, and bronze. The wearing of precious stones was limited in classical times, and the pearl-fisheries of the Aegæan, for example, assumed no importance until later. However, gems cut as intaglios or as cameos were used in signet-

Jewellers.



FIG. 208.—A shoemaker's shop.

rings, earrings, and necklaces; the principal stones were agate, amethyst, chalcedony, and carnelian, and specimens in European museums to-day still testify to the wonderful skill and taste of the artists who carved them. More common than these were gold and silver ornaments. Gold was brought from the East and from Thrace, and fashioned by goldsmiths (*χρυσοχόοι*) into small objects for personal wear. Silver was more plentiful than gold, though its value relative to gold was much greater than it is to-day. The silver-mines (*μέταλλα*) at Laurium (page 10) were productive throughout the fifth century, and jewellers were able to use silver not only for personal ornaments, but also for vases, large mirrors, lamp-stands, and similar articles.

House-building, under the general supervision of a master builder (*οἰκοδόμος*), called for the labour of workmen

engaged in many different occupations. There were first the quarrymen (λιθοτόμοι), who cut stone and marble in the quarries of Attica, Argolis, Sicily, and elsewhere.

Builders and masons.

From the quarries (λατομείαι) derricks (μηχανὰι λιθαγωγοί) lifted the blocks into the carts in which they were transported to the city. After being shaped and polished by stone-cutters (λιθοξόοι), the blocks were set in place by masons (λιθολόγοι), who also used sun-dried bricks or plinths of earth for house walls. The timber, supplied by lumbermen (ύλοτόμοι) from the woods of Attica and Euboea, was then treated by the carpenters (τέκτονες), who made the frames, upper floors, doors, sills, roof-beams, and shelves. The roofers then put on the tiles (κεραμίδες). When a public building was to be erected, an

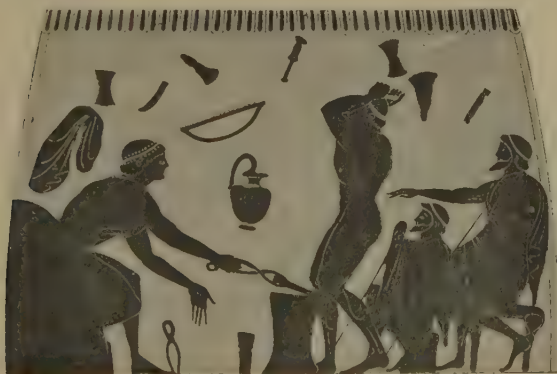


FIG. 209.—At the forge.

architect (ἀρχιτέκτων) was engaged to draw plans and make contracts for the building of the whole structure.

Furniture and cabinet-makers.

As regards the manufacture of household furniture, the division of labour was again carried out to a minute degree. Thus, there were door-makers (θυροποιοί), whose specialty was the construction of handsome doors and gates, plated with bronze and other

metals, which were required in the temples and other large buildings. For beds there were the κλινοποιοί; for chairs, the θρονοποιοί; for chests, the κιβωτοποιοί; and the round legs of beds, chairs, and tables were the work of the turners (τορνευταί). Workers in iron and bronze (χαλκεῖς) produced the most varied articles of all, ranging from hairpins and mirrors to plates of metal covering walls, doors, or furniture. Among the most noted iron-workers in antiquity were the Chalybes, a non-Grecian people.

The needs of housekeeping were met by the extensive pottery trade for which Athens was famous. From an

early time the potters (κεραμεῖς) inhabited the
Potters. portion of the city to the northwest, near the Colōnos Agoraios, to which they gave its name, the Cераmeicus (page 9). Attica had clay-pits, especially at Cape Colias (page 3), yielding material which was excellent for its strength and the facility with which it absorbed colour.



FIG. 210.—Interior of a pottery furnace.

Almost every kind of vessel made by the Greek potter has fortunately come down to us in numerous specimens, ranging from the rough, hand-made crockery of the most ancient period, like that found near Troy, to the splendid urns turned on the potter's wheel and covered with elaborate paintings which preserve the fame of Attic and Corinthian artists, being stamped with their names or trade-marks. Among the potters some devoted themselves to the larger vessels, like the amphora and the chytra (page 134), while others made smaller pitchers, such as the

lekythos, the aryballos, the wine pitcher (page 137), and the like. Other workers in clay produced lamps, modelled reliefs, made small images especially for household worship,

and dolls (κόραι). The last were often made of wax instead of clay.

To complete the picture of wide and varied industry, we must add the makers of arms and armour: the manufacturers of shields, spears, bows, knives, helmets, and breast-plates (ἀσπίδοποιοί, λογχοποιοί, τοξοποιοί, μαχαιροποιοί, κρανοποιοί, θωρακοποιοί); and wagon makers (άρματοποιοί, διφροποιοί, ζυγοποιοί). Thus we see that the large cities were centres of active manufacturing concerns which, in the beauty and adaptability of their products, could well compete with their modern successors. The growth of factories was favoured by the large number of slaves imported into these cities, who worked under an overseer in the workshop (ἐργαστήριον), attached as a rule to the owner's house. The orator Lysias, who was a metic, inherited from his father an armour manufactory, which he carried on with his brother Polemarchus, employing one hundred and twenty slaves.

As regards the condition of the working classes, we see that the citizens who were day labourers (Thētes, τὸ θητικόν)

Occupations of the poorer classes. resembled closely the slave class, at least in the estimation of others who were well-to-do.

Their pay was very small—highest perhaps in the country, at the time when they were needed in the harvest-field or at the vintage. In town these people were employed as porters, packers in the manufactories—pottery was packed in straw, as with us—waiters at banquets. On the sea they served as common sailors; fishermen and

Social position of artisans. herdsmen also belonged to their class.

The class of artisans (δημιουργοί) comprised callings which among us are regarded as the most dignified professions. Wherever one of these vocations was in disrepute, the cause is found in the fact that



FIG. 211.
Making a helmet
(κρανοποιός).

the person concerned took money for his services, and was to that extent not independent of others. Even the great artists, painters, and sculptors fell under public contempt



FIG. 212.—A vase-painter's studio.

simply because they earned money. For the same reason, persons belonging to the more conservative element in politics characterized as greedy the eagerness of the *dicast* for his daily stipend (page 215).



FIG. 213.—Painting a clypeus.

A few artists, like *Phidias*, are said to have enjoyed the friendship of eminent men of aristocratic birth; but most of these stories of intimacy are later exaggerations which have not taken into account the conditions of ancient industrial life. In like manner schoolmasters, teachers of music and gymnastic, sophists, and even physicians were not highly

regarded. Poets, however, enjoyed from time immemorial distinction in society, in spite of the fact that they made themselves rich by writing odes for princes or communities who paid them well for their flattery. Actors, as a class,

were not disdained; they stood too close to the popular religion and its celebration in the lyric and dramatic performances. Opinion about them varied according to the talents and the personal character of the individual. Professional athletes, who came into prominence even before the Persian Wars, were petted and extolled by most people. Thinking men, however, like the poets Xenophanes and Euripides, were disposed to protest against the worship paid to a class who were often brutal, avaricious, and gluttonous, and it is said that Alexander did not regard them as good soldiers. Musical virtuosi, whose elaborate technique began to excite the people at the end of the fifth century, were nevertheless classed with jugglers, sleight-of-hand performers, and others hired for the entertainment of guests at a banquet or a public festival.

In the early days of Greek history there was small opportunity or desire for commercial intercourse. In Homer we hear of seafarers who undertook voyages for gain. These were mostly Phoenicians, often little better than pirates or kidnappers; they were hence called *peirātai* (πειράται)—i. e., adventurers, buccaneers. These men brought into Greece Oriental products, consisting of rich garments and utensils, implements of war, and slaves, which they bartered for the raw products of Greece. It was not until the eighth

Commerce
and trade.



FIG. 214.—Unloading a trading-ship.

century B. C. that Greek commerce began, being contemporaneous with the founding of the great colonies by enterprising cities like Chalcis, Corinth, and Milētus. These remained for a long period the chief centres (ἐμπόρια) of oversea commerce, and their harbours were always filled

with merchant vessels (ὀλκάδες, γαῖλοι). Corinth became the first commercial city of the Greek mainland, standing, as it did, midway between eastern and western Hellas, and forming the point of connection between the Greeks of the Peloponnēsus and of the north. The Phoenician pirate came to be replaced by the Greek trader, *emporos* (ἐμπορος). In spite of the fact that the *emporos* was often a man of ability and experience, widened by foreign travel, he was yet not regarded with such high esteem as the large manufacturer; for the latter simply invested his capital and left the actual work to overseers and slaves. To the *emporos* attached some of the stigma of personal labour (αἰτοργία), since, as goods were never sent on an order, he was obliged to journey to all parts of the trading world, and was to that extent a labourer. And yet even he enjoyed higher repute than the petty retail dealer (κάπηλος), whose sedentary life, trivial gains, and reputation for avarice and haggling made him an object of contempt. Especially were the women and girls who plied a small retail trade in the markets under popular disfavour; but they could hold their own against the most presuming customer by their Billingsgate.

The importer, on arriving at his destination, sought out his customers, either personally or through agents, and showed them samples (δείγματα) of his cargo (called τὰ ἀγώγιμα or γανδικὰ χρήματα). In large cities a special place, called the *deigma* (δείγμα), was set apart for this purpose. The Attic *deigma* was in the Piræus, and formed a sort of Exchange, where all kinds of business and speculation were carried on. The retail dealers selected their wares (τὰ ὄνια) and displayed them for sale on tables; their booths (σκηναί) were in or near the agora. These booths were sometimes made of wicker, whence they were called *gerra* (γέρρα), the name which was applied also to the railings of the same material by which

Centres of trade.

Stigma attached to trade.

The market in an emporion.

they were surrounded. Persons who were not citizens paid to the market commissioners (*ἀγορανόμοι*) a market toll or license for the privilege of a site. The wares, especially if they happened to be articles of food, were displayed on plat-
ters (*πίνακες*), which covered the tables (*ἐλεοί*). So great did the throng of tradespeople in the agora become by the middle of the fifth century, that many of the administra-



FIG. 215.—Weighing goods for shipment.

tive offices were removed to other parts of the city. But, as we have before seen (page 14), the centre of the agora was kept free for the groups of citizens who spent their mornings there. The porticoes or colonnades (*στοαί*) which lined the sides served as comfortable strolling places when the sun was high or when there came a burst of drenching rain, such as is apt to fall in Athens in the springtime.

Portions of these colonnades were later appropriated by tradespeople, who gave to them much the appearance of an Oriental bazaar; but in classical times their booths were in the open air, protected, when their goods were perishable, by a kind of awning (*σκιάδειον*). The retailers (*κάπηλοι*),

Retail dealers. like the manufacturers, were grouped together according to their wares. Thus, one portion of

the agora would be assigned to the wine-dealers, and their district (*κύκλος*) would be spoken of as "the wine" (in the phrase *εἰς τὸν οἶνον*); another was assigned to lamp-sellers; another to cheese-sellers, and so on. The phrases

Divisions of the market. "at the pots," "at the slaves," "at the books" (*εἰς τὰς χύτρας, εἰς τὰ ἀνδράποδα, εἰς τὰ βιβλία*) indicated respectively where one might buy pot-

ttery, slaves, and books. The master of the house, accompanied by a slave, did the marketing, sometimes calling in a porter to help carry his purchases home. Later, the marketing was entrusted to a special slave, called the *agorastes* (*ἀγοραστής*). The poorer classes, of course, did their own marketing, and had the disagreeable habit of carrying their money in their mouths. All this business was transacted early in the morning, the forenoon being called the time of full market (*περὶ πλήθουσιν ἀγοράν*, page 240).

Many wares were hawked about the streets. The dealer carried his table (*ἐλέως*) in front of him by means of straps

Street venders. attached to his shoulders. Thus the streets on a busy morning would be full of hucksters calling out their goods—the sausage-sellers, pease-porridge-sellers, the charcoal-burner, and the farmer bringing his goat's milk from the country.

The measurement of time. In comparatively late times there was erected at the southern end of the market, where it still stands to-day, a building now known

as the *Horologium*, or Tower of the Winds, a restoration of which is shown in Fig. 216. It is nearly octagonal, each of the sides bearing reliefs representing the winds coming

from eight different points of the compass. A bronze Triton once surmounted the slightly conical roof, and showed the townspeople by its revolving the direction of the wind. The edifice also had two contrivances for showing the time of day. One, inside the building, was a water-clock (*κλεψύδρα*), fed by water from a spring on the Acropolis. The water trickled through small open-

Clocks.
ings from one vessel into another. On the outside was a sun-dial (*γνώμων, ὥρολόγιον*). This building was probably the successor of less elaborate instruments used in the classical period for telling the time. In some sunny place a perpendicular staff was erected and the length of its shadow, marked off in feet into twelve parts, determined roughly the time of day. In the court-room, as we have seen, and probably in private houses, the

clepsydra was regularly employed. Here a given quantity of water represented a certain amount of time; but by none of these methods could the hour of the day be found with accuracy, and on a cloudy day, of course, the dial was useless. The twelve divisions on the dial or water-clock, marking off the natural day into twelve parts, would be shorter in winter than in summer. These divisions, therefore, were comparatively unimportant to the



FIG. 216.—The "Tower of the Winds."

easy-going Greek, and it is not until late times that the word *hōra* (ὥρα) is used in the sense of "hour." Hence we meet with the vaguest expressions indicating time. In Homer the day has only three parts: ἥως, from sunrise until the forenoon; μέσον ἡμαρ, noon; and δαίλη, evening. By Xenophon's time more specific terms had been devised, but even these were general and uncertain in range. In the *Anabasis* we find these divisions: First, there is the time just before dawn (ἔως), indicated by the words ὄρθρος, or πρὸ ἡμέρας, or πρὸς ἡμέραν. Sunrise is denoted by ἄμα τῇ ἡμέρᾳ and ἄμα ἡλίου ἀνέχοντι or ἀνατέλλοντι. The morning is in general ἔωθεν or πρῶ, the middle of the forenoon being ἀμφὶ ἀγορὰν πλήθουσιν or περὶ πλήθουσιν ἀγορὰν. Then comes noon, which is μέσον ἡμέρας. The word μεσημβρία, so common in other writers for "noon," happens always to mean "south" in the *Anabasis*. The afternoon (δαίλη) was generally divided into two parts, early and late; for the latter Xenophon uses the word ὀψέ, and the context in other places shows that by δαίλη he generally means the early evening. Sunset and evening are expressed in a great variety of phrases: ἡλίου δυσμαί and ἄμα ἡλίου δύνοντι; "supper-time," ἀμφὶ δορπηστόν; "evening," ἑσπέρα. Finally comes night, the beginning of which is denoted by ἀμφὶ κνέφας. In army life the night (νύξ) was divided into watches, φυλακαί; midnight is μέσαι νύκτες.

To the ordinary frequenter of the market, these divisions of the day and night, with the crude dial or water-clock for measuring them, were of less importance than the other divisions of time into months and years. The time of day he could gauge with satisfactory accuracy by glancing at the sun; but to know the day of the month—what day was lucky or unlucky, what required a sacrifice to some divinity, which was the last day of the month, the day for settling with creditors—all this concerned him deeply.

The days of
the month.

In general, the Greeks were content to divide the year

into three seasons—spring (ἔαρ), summer (θέρους), and winter (χειμὼν), sometimes adding other designations, like ὀπώρα, late summer, and ἄροτος, ploughing-time. Un-

The Greek
year.

fortunately for the Greek calendar, the year was based on the phases of the moon instead of the course of the sun. Each year consisted normally of twelve lunar months, a number which could be made to fit only approximately with one revolution of the earth round the sun. Consequently, it was necessary to devise cycles of years, with intercalary days and months, to make the revolutions of the sun and the moon correspond. The months (μῆνες) were given thirty and twenty-nine days alternately; and in every cycle of eight years—the one adopted in Athens—three months were intercalated, one in the third year, one in the fifth, and one in the last. Even this was by no means accurate, and Aristophanes makes the moon complain of her treatment at the hands of the Athenians, since the calendar had become so confused that the festivals of the gods were occurring at wrong times in the year. The civil year began with the first new moon after the summer solstice, the first month usually corresponding

The Attic
months.

with the last week of June and the greater part of July. The names which are given in the following table answer only roughly to our months; each Attic month embraces a varying portion of two of ours.

Hekatombaion	Ἑκατομβαιῶν	July.
Metageitnion	Μεταγειτνιῶν	August.
Boedromion	Βοηδρομιῶν	September.
Pyanopsion	Πυανοψιῶν	October.
Maimakterion	Μαιμακτηριῶν	November.
Poseideon	Ποσειδεῶν	December.
Gamelion	Γαμηλιῶν	January.
Anthesterion	Ἀνθεστηριῶν	February.
Elaphebolion	Ἐλαφηβολιῶν	March.
Mounichion	Μουνιχιῶν	April.
Thargelion	Θαργηλιῶν	May.
Skirophorion	Σκιροφοριῶν	June.

The meaning of some of these names is lost in obscurity, but it is certain that all are derived from some god or festival, like the modern names for the days of the week. Gamelion, the marriage month (page 121), was sacred to Hēra Gamelia, goddess of marriage. Poseideon belonged to Poseidon, and Maimakterion to an ancient cult of Zeus. The first day of the month was called "the new moon" (*νουμηνία*), and was often set as a date for paying debts; the last day had a double appellation, and was known as the "old and new" (*ἐνὴ καὶ νέα*), since the change in the moon's phase on that day marked the end of the old month and the beginning of the new. There was no division into weeks; instead, the month was divided into thirds, with reference to the waxing and the waning moon. The second of the month, for example, would be spoken of as the "second in the first part of the month" (*δευτέρα μηνὸς ἱσταμένου*); the twelfth would be the "second in the middle part" (*δευτέρα μεσοῦντος*), while in the last part of the month (*μηνὸς φθίνοντος*) the days were generally counted from the end.

Years were not dated from any fixed era, but were named from prominent officials: in Athens, the first archon

Dates.

(ὁ ἄρχων) gave his name to the year, and an Athenian document would be sufficiently dated, for example, by the words "in the archonship of Callias" (*ἐπὶ Καλλίου ἄρχοντος*). In Argos, the year was named from the priestess of Hēra; in Sparta, from the chief ephor. Once in a while a historian could recall a date by reference to the victory of some famous athlete at Olympia; but the practice of dating events by Olympiads, beginning with the year 776 B. C., was not in vogue among Greeks of the classical period (page 105).

Weights and measures.

Besides the *agoranomoi* (*ἀγορανόμοι*, see page 20), there were other market officials, the inspectors of weights and measures (*μετρονόμοι*), who were charged with the keeping of the standard weights and

measures preserved in the Tholos for the convenience of merchants. In case of dispute, the measure or weight in question was brought before them, and if found correct was stamped with their official mark.

The principal linear measures were the foot (*πούς*), the cubit (*πῆχυς*), and the fathom (*ὀργυιά*). The foot varied slightly in length in different parts of Greece; so that there were three standards—the

Linear
measure.

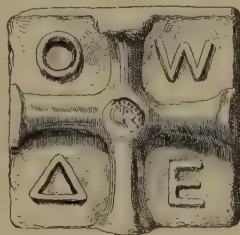


FIG. 217.—An official weight.

Attic, the Olympic, and the Aeginētan. Since, however, Attic commerce was predominant in all parts of Hellas by the last quarter of the fifth century, the Athenian standard, both for weights and measures, was familiar to all Greeks, and we may use that as our standard here. The Attic foot, as determined by measurements of the cella of the Parthenon, which was called the Hekatompedon (page 51), was 295.7 millimetres, or about 11.65 inches; one and one-half feet made a cubit, four cubits made a fathom, one hundred fathoms, or six hundred feet, made a *stadion* (*στάδιον*). The following table gives more details:

2	δάκτυλοι (finger-breadths)	= 1	κόνδυλος (knuckle).
2	κόνδυλοι	= 1	παλαστή (palm).
4	παλασταί = 16	δάκτυλοι = 1	πούς (foot).
1½	πόδες	= 1	πῆχυς (cubit).
4	πήχεις = 6	πόδες = 1	ὀργυιά (fathom).
16½	ὀργυιαί = 100	πόδες = 1	πλέθρον (plethrum).
6	πλέθρα = 600	πόδες = 1	στάδιον.
30	στάδια	= 1	παρασάγγης (parasang).

The parasang was a Persian measure, equivalent to 3.31 miles. The stadion (*στάδιον*) was the length of one side of a race-course, and measured at Athens 582 feet 6 inches. The half-plethrum (*ἡμίπλεθρον*) is also mentioned by Xenophon, in addition to the *πόδες*, *πήχεις*, and *στάδια* given above.

In liquid measure, used in measuring oil and wine, the units are the *kyathos* (κύαθος), the *kotylé* (κοτύλη), the *chous* (χοῦς), and the *amphoreus* (ἀμφορεύς) or *metrêtes* (μετρητής). It will be noticed that many of these names correspond to the names of certain earthenware vessels in common use (pages 134, 137). The *kyathos* held nearly one-tenth of a pint, the *chous* about six pints, the *amphoreus* a little over ten gallons. The following table will show the relation :

6 κύαθοι	=	1 κοτύλη (.578 pint, U. S. liquid measure).
12 κοτύλαι	=	1 χοῦς (3.468 quarts).
12 χόες	=	1 ἀμφορεύς or μετρητής (10.4+ gallons).

Dry measure. In dry measure, used especially for grain, the denominations are somewhat different :

6 κύαθοι	=	1 κοτύλη (.49 pint, U. S. dry measure).
4 κοτύλαι	=	1 χοῖνιξ (.99 quart).
48 χοίνικες	=	1 μέδιμνος (1.49+ bushels).

The *kyathos* and the *kotylé* are each the same in Greek dry and liquid measure, but must be represented by unequal numerals on account of the difference between U. S. liquid and dry measure. Bread was measured by the *choenix*; a loaf measuring three was appropriated by the greedy Arcadian at Sauthes's feast. The *medimnos* contained nearly a bushel and a half.

Familiar objects in the market-place were the scales, or balance (called σταθμός). This consisted of a beam (ζυγόν), from the ends of which hung the scale-pans (τάλαντα, πλάστιγγε), suspended by chains. The beam might be held in the hand by means of a ring in the centre; or, when heavy articles were to be weighed, it might turn on a pivot permanently fixed. This kind was called *trytané* (τρυτάνη).



FIG. 218.—Kotylos or kotylé.

The talent (τάλαντον), of Babylonian origin, was the heaviest weight, and the one on which all the other denominations were based. It varied greatly at different times and in different places. In Attica, in the fifth century, the talent used as the standard for weighing precious metals, drugs, and the like, amounted to about 57.8 pounds. It was divided into sixty minae of one hundred drachmas each. These are also the names of certain money denominations, which we will consider next.



FIG. 219.—Scales (τάλαντα).

The invention of coined money is ascribed to the Lydians, and is unknown in Homer, where purchases are made by barter. Cattle and horses were given in exchange for other commodities, and sometimes gold, silver, and bronze were offered in payment, their value being determined by weight. Hence it happens that the denominations of weight and of money coincide, and the talent and the mina always remained a weight of money, not a denomination coined in one piece. Into the Attic market came many coins of different states and systems of values—the Euboean, the Corinthian, or the Aeginetan, the copper coins of Western Hellas, the gold of the Eastern

Currency in
the Greek
markets.

cities and of Persia. The money-changers were kept busy counting out the regular Attic currency in exchange for



FIG. 220.—Attic drachma.



FIG. 221.
Gold coin
of Athens.

what was brought by foreign merchants from other markets. While the Athenians had a few denominations in gold, such as the small *hecté* (ἑκτῆ, Fig. 221), the stand-

ard was based in the main on silver. In concluding bargains it was necessary to specify whether the money (χρήματα) was to be paid in gold or silver. If

Money.

in the former, it was called *chryson* (χρυσίον); if in the latter, *argyrion* (ἀργύριον). But these words are also used of money in general. The drachma was the most common unit of exchange. Reckoned according to the value of silver in the United States, it was worth about eighteen cents. The chief divisions are the obol (Fig. 191), two-obol, and three-obol pieces. In the following table the values are throughout only approximate, and the superior purchasing power of money in ancient times must be considered in trying to fix modern equivalents.

	8 χαλκοῖ (bronze)	= 1 δβολός = 3 cents.
Table of	6 δβολοί (silver or copper)	= 1 δραχμή = 18 cents.
Attic money.	100 δραχμαί (silver)	= 1 μῶ (a weight, not a coin = 18 dollars).
	60 μναί	= 1 τάλαντον (= 1,080 dollars).

Beside these were the following: The half-obol (ἡμι-βόλιον); the shekel (σίγλος), familiar to the Asiatic Greeks, and worth, according to Xenophon, seven and one-half obols; the daric (δαρεικός), a Persian gold coin, the name of which is wrongly connected with Darius, worth twenty drachmas; the half-daric (ἡμιδαρεικόν); and the Cyzicene stater (κυζικηνός, sc. στατήρ), a coin of the

mixed metal called electrum, consisting of gold and silver, which was used by the Lydians before silver and gold were coined separately. The stater of Cyzicus, a city on the Hellespont, was worth about twenty-eight Attic drachmas. There were also in Attica the didrachma and the tetradrachma, pieces of two and four drachmas respectively.

Almost every Greek city possessed and exercised the right to



FIG. 222.—Attic tetradrachma.

The mints. coin money. The public mint (*ἀργυροκοπεῖον δημόσιον*), like every other state building, was intimately associated with some god, and temples were often banks of deposit; in early Solonian times the Athenian mint was in the temple of a hero called the “Crown-wearer” (*ὁ Στεφανηφόρος*). Greek coinage was in general kept pure down to the third or second century; but there were not wanting individual counterfeiters, who made coins of debased metal (*κίβδηλος*), and coin clippers, who decreased their value by weight. “Fiat” money, or money made of material having



FIG. 223.—Silver tetradrachma of Laconia.

Purity of early Greek coinage. no intrinsic value, was circulated from time to time. Thus Dionysius, tyrant of Syracuse, forced upon his subjects tin coins, which he compelled them to receive as tetradrachmas, although they were worth no more than a drachma; and in the second century

the government of Boeotia made drachmas of copper, which it required to pass as legal tender of the value of a silver drachma, though the weight of both was the same. Byzantium, Sparta, and some other Peloponnesian cities used iron money. It is said that the Spartans and the Carthaginians used pieces of leather, the nearest approach to the modern use of paper money; both arise from a desire to lessen the weight of the circulating medium, it being understood that the valueless medium might be at any time exchanged for the real money which it represented. This was the case with the smaller copper coins in Greece, which, as with us to-day, had only a nominal worth, being admittedly of less weight than their face value demanded.

The price (τιμή) of articles in the market was rarely fixed, but had to be arrived at through much haggling and bargaining, often loud-voiced and acrimonious.

Prices.

The Attic law, however, endeavoured to exercise some restraint in relation to grain products and a few others, since it was apt to regard a rise in price, even when due to natural causes, as evidence of conspiracy against the people. Most Greeks looked on Athens as an expensive place to live in, but as compared with modern prices the majority of commodities were cheap, because of the greater scarcity of money and the relatively larger supply of some goods, notably wine. In Solon's time, an ox cost only five drachmas, a sheep only one; in the later fifth century, prices rose much higher, and a lamb cost eight drachmas, while sheep were worth from ten to twenty drachmas, according to age, size, and breed, and an ox might cost as high as a mina, though generally much less. Xenophon sold his favourite horse for fifty darics, or about ten minae. The average price of a medimnos of wheat was probably three drachmas; but in war-time it, of course, mounted rapidly, sometimes increasing at the rate of a drachma a day; barley usually cost less than wheat. Xenophon says that grain was so scarce at one point in the march across

the Mesopotamian desert that two choenixes of either wheat or barley cost four shekels, or thirty obols. This would make the price of a medimnos of wheat one hundred and twenty drachmas, equal to the extraordinary rate of fifteen dollars a bushel. Bread was sold in loaves costing an obol, their size varying according to the price of grain. The expensive wine of Chios was worth a mina an amphoreus; but twenty drachmas an amphoreus, or forty cents a gallon, was regarded as an extravagant price to pay for ordinary wine. The cost of clothes and shoes was cheap or not according to the value of sheep and oxen; an inexpensive exōmis (page 161), the garment of working people, was sold for ten drachmas, and shoes, unless very highly ornamented, could be had for two drachmas. The average cost of living may

Wages. be further guessed from the wages paid in certain vocations. The Greeks enlisted under Cyrus originally for a daric a month; later, their pay was increased to a daric and a half, or about a drachma a day. Captains (λοχαγοί) got double this sum, and generals (στρατηγοί) fourfold. The offer of a cyzicene (page 246) a month for a soldier's services was regarded as reasonable, and the aged dicast was glad enough to receive his two or three obols a day. Cripples pensioned by the state subsisted on an obol daily.

Bankers (τραπεζίται) belonged, in the popular estimation, to the class of wholesale merchants (ἐμποροί), although

Banks. they, like the small dealers, naturally had their tables (τράπεζαι) in one corner of the market-place. They

Money-changers. were mostly metics or freed-



FIG. 224.—Silver coin of Elis.

men. Their business had a threefold nature. First, they were money-changers, taking foreign currency in exchange

for the local; for this they charged brokerage. With their scales they weighed the coins offered to them, in order to detect any that lacked the legal weight; and they tested the genuineness of the metal by its ring. They were themselves notorious for sharp practices and wilful mistakes in reckoning. Secondly, they were money-lenders

Money-lenders.

(*δανεισταί*), ready, but always at a usurious rate, to accommodate the spendthrift son of some rich house. The rate of interest was not fixed, or even limited, by law, and ran as high as twelve or eighteen per cent. If the money borrowed was to be invested in what was considered a hazardous enterprise, as in foreign cargoes, the interest might be as high as a third of the principal. The borrower signed a receipt, subscribed to by witnesses, and gave a pledge of two kinds. One was the hand-shake, a more formal ceremony than among us; this was called the *enechyron* (*ἐνέχυρον*). The other was the bond (*ἐγγύησις*), by which security was offered, such as land or other property, and which constituted a mortgage (*ὑποθήκη*) on the property until the debt was repaid. Third, the banker received money on deposit (*παρακαταθήκη*). But more often, in classical times, the owner entrusted his money to a friend, or placed it in the keeping of a god in a temple. Sometimes, too, he hid it in jars (*ὕδρῳ*) in the earth, a fortunate custom which has been the means of increasing widely our knowledge of Greek coinage.

CHAPTER XIX

TRAVEL AND HOSPITALITY

WITH the increase in trade and the numerous military and colonial enterprises undertaken across the Aegēan in the fifth century, there grew a desire for travel and exploration such as had never before existed in the heart of the Greek. Socrates speaks of himself as an extraordinary exception, when he tells us that he had never left Athens in all his seventy years except on military duty.

Yet, with all the increase in travel at this period, the difficulties in the way were considerable. Outside his own state the Greek could claim no rights, either political or personal, and one government seldom held another to account for the life of a citizen travelling in a private capacity. The word *xenos* (ξένος), which is related to the Latin *hostis*, discloses the ancient suspicion that attached to a foreigner. It meant originally not only "stranger," but also "enemy"; and even at a later day, when, through long-standing traditions of hospitality, it had come also to mean "guest" and "friend," race prejudice continued to subject the voyager to disdain. This explains why banishment (φύγη) seemed to the Greeks as severe a punishment as death. It made him an outlaw, whose life might be taken with impunity by any one he met. Friendless as he was, he could receive no kindness from a host without bringing danger on the latter. Hence Euripides comments with feeling on the host's dislike of an exiled

Risks of
travel.

Attitude
toward
strangers.

guest. And yet, even as early as Homer, we know that the hard lot of the traveller was mitigated by religious feeling and by an instinctive hospitality, which he shared, and still shares, with the Oriental. Religious feeling placed the wanderer at least under the care of Zeus, Protector of Strangers (*Zeὺς ξένιος*), and an appeal in his name usually broke down the barrier of dislike. Not only was he successfully invoked by fugitives, criminal or otherwise, who came as suppliants (*ἰκέται*) to clasp the knees or touch the

beard of a host, but
 Ancient even beggars (*πτωχοί*)
 hospitality. and tramps (*ἀλῆται*)

with no fixed home were, through Zeus, entitled to temporary shelter and food. Savage tribes who, like the Thracians of Bithynia, maltreated shipwrecked sailors were classed as "inhospitable" (*ἄξενοι*), along with the cruel Laestrygonians and the Cyclopes of the *Odyssey*. Once a stranger had been received at a foreigner's table (*ὀμοσπάριος*), and partaken of his "bread and salt," he was ever after supposed to be entitled to his host's protection.

Athens, since the days of Pericles, enjoyed a reputation for distinguished hospitality (*φιλοξενία*), in contrast to Sparta, which suffered the odium of excluding foreigners (*ξενηλασία*).

Treatment
 of guests.

Sometimes the owner of a house in lonely districts built special apartments (*ξενῶνες*), in which he received (*ἐδέχετο*) and entertained (*ἐξένιζε*) all strangers who might come, offering them at least shelter and fire. If they made a long stay, they provided their own food, inviting the host to partake with



FIG. 225.—Wayside fountain.

them. To his invitation, "Enter!" or "I invite you to my hospitality," the grateful answer would be, "I accept" (*δέχομαι*). Among the Thracians, guest and host greeted and pledged each other with wine, or sometimes they clasped hands (cf. page 182). On taking leave, which

was done in a courteous, formal manner, guest

Presents. and host interchanged presents, *xenia* (*ξένια*), a word which was applied also to the entertainment furnished while the stay lasted. Thereafter, both host and guest stood in the relation of *xenoi* (*ξένοι*) to each other, a word which has no ex-

act equivalent in our language, and is best rendered by "friend" or "guest" (page 251). The *xenia*, which were often mere symbols, such as a signet-ring (*σφραγίς*, Fig. 152), were treasured as heir-



FIG. 226.—Guest and host (Telemachus receiving parting gifts from Nestor).

brought out and displayed by the owners whenever they sought to renew the friendship.

As travel increased, this primitive hospitality was possible only among the rich or among princes like Cyrus, who

Protection of maintained this relation with Aristippus of
foreigners. Thessaly and Proxenus of Boeotia. Some

prominent citizen of a foreign country, therefore, was chosen by a state to protect its citizens while in that country. These persons were called *proxenoi* (*πρόξενοι*, page 64); they differed from modern consuls in that they were citizens of the country in which they resided and exercised their function. Thus Cimon was the *proxenos*

of Sparta at Athens, and the first duty of a Spartan who had business to transact in Athens would be to seek him and secure his interest.

Inns.

The necessity of having regular inns soon arose. Caravansaries, which supplied shelter and a bedstead, were erected at public cost in places like Olympia,

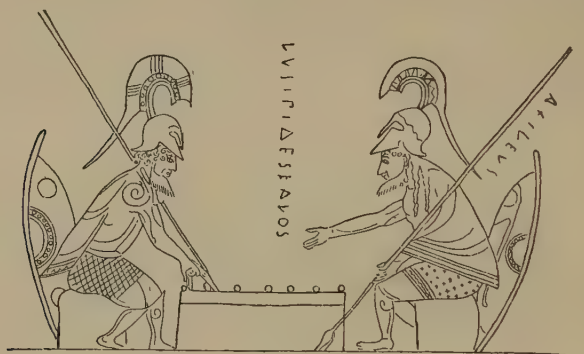


FIG. 227.—Playing draughts.

Delphi, and Delos, to which crowds flocked on the occasion of the national religious celebrations; sometimes, also, in the emporia, where merchants resorted. In the larger cities there were taverns in the modern sense, though much more primitive in character than a hotel of northern Europe or the United States. There



FIG. 228.—Woman juggler.

were two kinds—
Two kinds. kinds—the
καπηλεία and the *πανδο-*
κειά.

The first were nothing but drinking saloons and gambling resorts connected with a wine-seller's shop, pro-

viding luncheon, but no shelter for the night. They corresponded to the cheaper sort of restaurant, and were avoided by respectable people. The second (*πανδοκεία*) were, perhaps, a little better. They afforded both lodging and board, and were frequented by travellers of social consequence, unless they



FIG. 229.—Juggler and acrobat.

happened to enjoy the acquaintance (*ξενία*) of some one living in the city. Inns were kept by both men and women (*πανδοκείς*, *πανδοκεύτριαι*), who in Athens were usually metics. They sometimes tried to make their

resorts more attractive by amusements, such as dicing (*κυβεία*). Specimens of dice (*κύβοι*, cf. Fig. 230), some unfairly loaded, have come down to us. Another sport of the tavern was cock-fighting and quail-fighting; and jugglers, tight-rope dancers, marionette-players, and keepers of wild animals, especially monkeys (*πίθηκοι*), were all encouraged to exhibit here.

Tavern signs appear not to have come into use before Roman times.

We have considered some of the hindrances to travel; others will come into view pres-



FIG. 230.—Bones used as dice.

ently. Aside from them, the motives to travel were few, being confined chiefly to the desire to further one's business—in commerce, statecraft, or what not—or to attendance at some one of the religious concourses. The games at the national festivals

Occasions for travel.

(page 100), with the pomp of gorgeous ritual at the sanctuaries where they were celebrated, induced many persons every year to brave the dangers of a journey. Citizens were sent out by the several states to represent them at these spectacles in delegations called *θεωρίαι*. These were held ordinarily (but see page 101) in the late spring or the summer,



FIG. 231.
Jointed doll or
marionette.

when travel, in spite of the heat, was easiest. Journeys were rarely undertaken in winter, especially on the water. Or again, a sick man might take even greater risks in order to reach some celebrated precinct where the gods of healing were known to work wonderful cures. On such an errand he would travel to the cave of Trophonius in Thessaly, or to the temple of Asclepius at Epidaurus (see page 288). Sometimes a family of women and children would be sent away for protection during a period of political disturbance in the city. But seldom did pleasure form the chief end in view when a man set out from home to journey in another country. City folk who owned estates in the country doubtless spent their summers there (cf. *θερίζω*, used of the Persian king in the *Anabasis*); Socrates speaks of the benefits gained by children in the country. But Greek

cities never witnessed the wholesale summer migration of families into the country, much less to foreign lands, which characterizes our modern civilization.

When a Greek started to go abroad (*ἀποδημεῖν*), he took formal leave of his friends and relatives, offered sacrifice

**Preparations
for travel.**

and made vows for a safe journey, and consigned his goods and the money he did not require to the keeping of some friend; often he made his will. He then dressed in his tunic, which he girded carefully so that his legs might not be impeded, threw his chlamys over his shoulder, and put on the broad

petasos to shade his head from the sun, and stout high boots. With enough money to suffice for the journey (*ἐφ' ὅδιον*), and a slave (*παῖς*) to attend him, he was ready to

**Modes of
travel.**

depart. If his journey was to be overland, he might go on foot (*πεζεῦω*); but more often he rode (*ἵχομαι*) a horse or an ass, the latter especially if his route took him over the mountains, as in Greece itself would generally happen. On very rough roads horses were apt to give out sooner than men, because horseshoes were apparently unknown. The Greeks under Xenophon learned to



FIG. 232.—Peasant's cart used in the Troad to-day.

tie large cloths or bags on the fetlocks of their horses to keep them from sinking too deeply in the snow. Wagons (*ἄμαξαι*) were not used so commonly, except when women were in the party; it was considered effeminate of a man to drive in a wagon.

**The use of
wagons.**

Certainly no ordinary man would show himself in a city street in one. Chariots (*ἄρματα*) were used by the Greeks after Homer only for racing, never for ordinary driving (page 98). The wagon, *hamaxa*, was a rude board platform mounted on four wheels, which often had no spokes, but were made of solid pieces of wood or sometimes also of a single slab cut from a tree trunk. The wheels were held in place on the axles (*ἄξονες*) by means of a pin. A more sumptuous wagon was the *harmamaxa* (*ἁρμάμαξα*). This was furnished with a tent-like covering (*σκηνή*), and was much in use in Asia Minor; it was comparable to the Western "prairie-schooner." Many roads were passable for wagons (*ὁδοὶ ἀμαξιτοί*) even in the mountains, but we have before seen that all Greek highways were far surpassed by the Roman roads of Italy (page 8). Hence on special occasions, for the passage of

an army or a religious procession, roads had to be made over, or even new ones were constructed (ὁδοποιῶ). Nor were there any mile-stones or guide-posts, so far as we



FIG. 233.—A portion of the Themistoclean wall, with the boundary stone of the Cerameicus.

know; an occasional shrine, with its dedicatory inscription, or a boundary stone, would indicate roughly to the traveller in more populous regions his whereabouts.

Occasionally streams would have to be crossed. In most cases, except at the close of winter, when they were swollen by freshets, these could be forded (διαβαρός). If there was no ford (πόρος), the traveller might possibly find a bridge, or else get some one living in the neighbourhood to ferry him across in a small boat or on a raft. Bridges (γέφυραι) built of permanent material seem not to have existed on the Greek mainland in classical times; the Greeks had a superstitious aversion to any device that seemed to change the face of nature or contradict the divine order of the universe. This is especially illustrated by their unwillingness

Crossing a
stream.

to construct canals. So, in regard to bridges, they usually built only slight wooden structures, which might be easily demolished by the river-god if he so pleased. Rafts (σχεδιαί) and small boats were perhaps more commonly used for the wider rivers. Small boats were always useful; in one case we hear of dugouts (πλοῖα μονόξυλα) employed in Asia Minor.

When the traveller had a wagon, it was drawn by a pair of oxen or mules yoked together (cf. ζεύγη βοεικά and ἡμιονικά; also βοῦς ὑφ' ἀμάξης).

Animals and luggage.

the word to denote the preparation for the start is “yoke up” (ἀναζεύγνυμι), which came to be applied even when the animals were not hitched to a wagon, but carried the packs on their backs, bound by girths (δεσμοί). So the word “unyoke” (καταλύω), originally applicable to the unyoking of cattle,



FIG. 235.—Mule-cart.

was used in general for “putting up,” either at night or for the midday luncheon and rest. The slave or the pack-animal (ὑποζύγιον) carried the master’s bedding and wraps (στρώματα); for these also formed part of the traveller’s outfit, even when he expected to find inns along the road. They made a considerable bundle, tied up in a linen sack called *stromatodesmos* (στρωματόδεσμος, page 129).

If the traveller purposed to take a sea voyage, he must

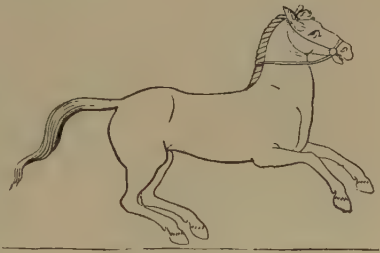


FIG. 234.—Bridle.

wait until he heard of some vessel going to the port nearest his destination, since there was no regular packet service. In the fifth century, and afterward, however, it was easy to find some merchant vessel (ὀλκάς) or grain-ship (πλοῖον σιταγωγόν) bound for some port in Asia Minor or Sicily. The traveller went to the skipper (ναύκληρος), got his consent to travel on board, and arranged with him how much he was to pay for his fare (ναῦλον).

Here we may notice also the lack of any regular facilities for despatching letters by post. A man who had a message to communicate by letter sent his slave or some other person on whom he thought he could rely. This method, which was the only one available, frequently proved dangerous, as the Spartan Pausanias, when engaged in a treasonable correspondence with Xerxes, and the traitorous Persian Orontas in the *Anabasis*, found to their cost.

It was in such journeys across the sea that the Greeks picked up what they knew of the Greek knowledge of other languages. Generally an interpreter (ἐρμηνεύς) was necessary in out-of-the-way places. When these were wanting, sign language could always be employed. Themistocles was one of the earliest to set himself deliberately to learning the language and the customs of the Persians. The Greeks had quick ears and active brains, and learned a language sufficiently for conversational purposes with little trouble. The Greeks of different states seem to have had small dif-



FIG. 236.—Tri-form Hecaté ("Diana of the Crossways").

ficulty in understanding one another. Thus the Arcadians, who formed the majority of Xenophon's troops, and who spoke a dialect very different from the Attic, were constantly harangued by their officers, speaking in other dialects, and yet understood them perfectly.

The protection of the gods was constantly invoked during a journey. On land, Apollo, Hermes, Hecaté, and

The traveller's gods.

Heracles were the special guardians of the wayfarer; on the sea, Artemis and, above all, the twin Dioscūri, Castor and Polydeuces. On reaching home safely, the traveller offered thanks in a sacrifice to one of these gods, or to Zeus the Saviour, and paid the vows he had made to them while abroad, often dedicating some object in the temple of the god.



FIG 237.—Resting at a wayside Herm.

CHAPTER XX

DOMESTIC RELIGION

It is impossible to grasp the full meaning of Greek private life without taking into account the deep significance of the popular religion, both domestic and public, and the influence it exerted constantly on the lives of all citizens. In every enterprise the gods were a man's first consideration; "to begin with the gods" his first duty. To be sure, there were not wanting scoffers, like Menon in the *Anabasis*, who laughed at those who were scrupulous in matters of religion (ῥοιοι); but the universal horror caused by the mutilation of the busts of Hermes in the streets of Athens, just before the Sicilian expedition set off, shows how deep were the respect and faith that attached to the outward symbols of religion. The Greek was rare who, on undertaking any new enterprise, failed to consult a god first, and gain his consent to carry out what he had in mind. In every important act, especially if it involved a promise, the gods were called to witness.

Wherever he turned, in the street or in the house, the Greek met with some reminder of the allegiance he owed to the gods of his fathers. Just in front of the main door of the house stood a pedestal surmounted with a head of Hermes (Figs. 35, 237); and a row of these Hermai was conspicuous in the agora at Athens (page 43). At the street-crossings or in the public squares were little shrines to Hecat  , and statues or symbolic representations of Apollo Agyieus, guardian of streets, were



FIG. 238.—Grand altar of Zeus the Saviour at Pergamus (restoration).

placed in dark streets; failing these, a bay-tree, sacred to Apollo, was planted instead. In the court of the house was an altar (*βωμός*, page 30) of Zeus Herkeios, protector of

enclosures. Here the father offered sacrifice for himself and his family. A small statue of Zeus and of Apollo stood near. In the andron the hearth was itself an altar to Hestia, goddess of hearth and home; and sometimes a little clay image of Hephaestus, god of fire, stood on the shelf over the hearth. Scarcely a single room lacked its appropriate divinity. In the storerooms (*ταμειᾶ*) were images of those gods whose special province was to keep safe the household possessions (*θεοὶ κτήσιοι*); in the bedroom of the master and the mistress were placed figures of the gods of marriage (*θεοὶ γαμήλιοι*, *θεοὶ γενέθλιοι*, page 31).

Every trade and handicraft looked to some special divinity for protection. The

Gods of trades.

artisan generally invoked Athēna; metal-workers in particular, Hephaestus and Promē-

theus. Hermes was the god of commerce, and there was a whole host of minor divinities and heroes whose sanction and help were required for every form of industrial activity. A common practice was to confide one's secret cares to the earth or to the sky, in the belief that the divinities of earth or sky would hear and render aid.

The form of prayer.

The form of a prayer (*εὐχή*) was simple, though sometimes often repeated. The petitioner did not kneel, but stood upright, unless he was praying to the gods of the underworld, when he might knock on the ground to rouse their attention. Usually, however, he stood with outstretched hands, with palms



FIG. 239.
The so-called
"Praying Boy."

uppermost, and addressed by name the god or gods; if his invocation was general, so as to include them all, he would add: "Or whatever else thou art called," or "Whatever thou desirest to be called." There are many myths which illustrate the fear of omitting by chance any divinity in a prayer or sacrifice; and the altar "to the unknown god," which St. Paul found at Athens in later times, was designed to include any divine power whose existence might not already be recognized in the company of the traditional gods.

One of the commonest acts of daily life was the offering of sacrifice (*θυσία*), the motive of which was threefold:

Sacrifice. first, it might convey a petition, in the belief

that through an offering the gods would be more inclined to grant the request; it was often accompanied with a vow or promise (*εὐχόμεαι*) to dedicate an offering if the prayer were granted, and the liver, the lobe, and other internal organs of the victim were carefully inspected to see if the omens were favourable. Such a sacrifice preceded every important step involving a serious change in the petitioner's mode of life. It was necessary before a journey. Second, it expressed thanksgiving, and was often the fulfilment of a vow (*ἀποθύειν*) previously made. Such were the sacrifices offered by the Greeks in the *Anabasis* for safe guidance and restoration to home. And third, it might be designed to atone for some offense: it was expiatory. To offer a sacrifice, it was by no means necessary to go to a temple; though in expiatory sacrifices a sanctuary of peculiar solemnity and holiness, like that of the Eumenides (Furies), was often felt to be more appropriate. But altars

Altars. by the wayside were sufficient (cf. Fig. 243), and merely to lay a wreath on a statue was

accounted an acceptable offering. Further, the altar for burnt offerings rarely stood inside a temple, since this would have converted the sanctuary into a slaughter-house, and the smoke would have damaged many a beau-

tiful statue or relief (page 54). Hence, altar and temple are mentioned separately by Xenophon when he tells us of the sanctuary which he built to Artemis. And if a temple was not always required, much less was a priest (ἱερεὺς).

Priests. Although sacrifices occur constantly in the

Anabasis, the word "priest" is never mentioned. Every adult male who had previously purified himself with lustral water and had put on a wreath was qualified to perform the ceremony, provided, of course, he was not under the gods' displeasure through some impious act, such as murder or profanation. The duties of a priest, which were hereditary, were confined to ministrations in some temple or at some shrine or altar of special significance, or at a festival, such as the Eleusinian mysteries. When, however, omens were to be taken from the sacrifice, a soothsayer (μάντις) was called in, and

Soothsayers. no army set out without taking at least one along. Arexion of Arcadia, Basias of Elis, Eucleides of Phlius, and Silānus of Ambracia, the last especially, figure conspicuously in the *Anabasis*. A constant attendant at a sacrifice might learn the art of divination in an amateur fashion; but when the omens were persistently unfavourable, the soothsayer was invited to conduct the sacrifice.

No man might approach the gods in prayer or sacrifice unless he was pure in their sight. A murderer must first

Religious purification. have some one make an expiatory offering to the gods and to the spirit of his victim, before he himself could commune with a divinity.

Hence, frequent purification of a whole community, sometimes attended with fasting, took place in certain festivals during the year, for fear that the displeasure of the gods might be visited on it through the presence of some transgressor. The Greeks under Xenophon, at his and the soothsayers' advice, underwent this ceremony (καθαρμός).

This ceremonial purification was accomplished in various symbolic ways, mostly by washing the hands with lus-

tral water (χέρνυψ) brought from a particular spring. When a death occurred in the family, a vessel of water, drawn from outside, was placed outside the door, in order that the inmates, when they went out, might first purify themselves of the pollution of death before mingling with their neighbours. A bride and groom first purified themselves in the bath (λουτρά, page 122), that the gods might sanction the union. Fire



FIG. 240.—Ceremonial purification for murder (Orestes).

also was believed to have a purifying power. Five days after a child was born the nurse carried him round the hearth in the andron, followed by members of the household (ἀμφιδρόμια, page 73). Branches of myrtle and of bay were also symbols of ceremonial purity, and were used to sweep the altar and the ground round it before the sacrifice began. All the sacrificial vessels must likewise be purified. The cup from which a libation was to be poured must be thoroughly washed, and sometimes cleaned with sulphur.

Sacrifices were either bloodless or involved the killing (σφάττω) of a live victim. In the first, the worshipper, with

hands washed and a garland on his head, simply laid on the altar fruits or cakes. Bloodless offerings, consisting of cakes

Nature of the offerings. baked in animal forms, were often brought by the poor instead of an animal. Blood offerings

were usually made with cattle, sheep, goats, and swine. The victims were called *hiercia* (ἱερέια); sometimes also *thymata* (θύματα). The kind of animal depended on the god or the occasion. Pigs were offered whenever purification—i. e., expiation—was sought, and must be entirely



FIG. 241.—Sacrifice.

consumed, no parts being eaten by the worshipper; this happened often to Demeter, and in the offering which Xenophon, "according to ancestral custom," made to Zeus Meilichios. Sheep and goats were perhaps the commonest offerings, but goats were not acceptable to Athēna in Athens. Bulls were frequently offered to Dionysus and to Zeus. Smaller creatures,

like birds, especially doves, were offered by the poor, and cocks regularly to Asclepius. It was unlawful to sacrifice swine to Aphrodite. Horses were not sacrificed by the Greeks, except perhaps in deference to the custom of other countries, as when Xenophon, while in Armenia, gave his old horse to be fattened and offered to the Sun. The Greeks did not eat horseflesh, and the taste of wild asses' meat was evidently new to Xenophon; hence such animals were considered unfit for sacrifices where the worshipper partook of the victim. Only in expiation, when the animal was always burnt entire (ὀλοκαυτῶ), were such creatures eligible, as, for instance, dogs to Hecaté.

The animal must be sound, if possible. An old animal must be set aside and especially fattened to be an acceptable sacrifice, and it was unusual to offer as victim one which

had been yoked to the plough. White animals were necessary for the gods of Olympus; black for the gods of the underworld. If the animal came willingly to the altar, that was interpreted as a favourable omen. The ceremony began when the person officiating as priest approached the altar, with attendants who led the victim, while others carried the sacrificial basket (*κανοῦν*) in which lay the knife (*μάχαιρα*) used for the kill-



FIG. 242.—Sacrifice.

ing. All the participants had garlands on their heads, and the ground about the altar and the altar itself were swept. The head of the victim also was wreathed. Then the lustral water (*χέρνυψ*), contained in a basin called the *chernibeion* (*χερνιβεῖον*, page 138), was passed round the assembly from left to right, each person sprinkling his hands, head, beard, and clothes. The priest, or whoever made the offering, after all had purified themselves in this way, called for silence on the part of all who might be passing near the altar and the group round it, so that no sound or word of ill omen might reach the ear of the divinity whose presence was believed to be near, and sprinkled barleycorns, which he took from the basket, on the altar and the victim. He then cut off a lock of hair from the victim's head and cast

it into the fire; this was the "consecration," or "preliminary sacrifice" (*κάταργμα*). Sometimes the hair was divided among the participants, who then severally threw it into the fire. The priest then forced the animal to kneel, and drew its neck upward if the sacrifice were to an Olympian divinity, downward if to the underworld gods. Then with his knife he stabbed the animal in the neck, while an attendant held a bowl (*σφαγέϊον*) to catch the blood as it spurted out; or, if a treaty were to be concluded, and the parties desired to dip hands or swords in the blood, it might be received in a shield. On one occasion, Xenophon tells us, the soothsayers allowed the blood to flow into a river between their army and the enemy, doubtless to secure the help of the river-god.

A flute-player accompanied the ceremony with loud notes on the flute, the object of which seems to have been to drown the cries of the animal. The women in the company, too, maintained a shrill ejaculation (*ὀλολυγή*), as a welcome to the divinity present, and also to greet him when the omens were favourable. In Homeric times, the thighs were sliced separately, wrapped in two layers of fat, and after wine had been poured over them were consumed entirely for the benefit of the gods, who were thought to receive the savour (*κνίσση*) of the fat with special delight. In later times, when temple ritual had become more elaborate, the parts of the victim that were consumed for the gods varied with the place and the purpose of the sacrifice.

The rest of the animal was then cut up and roasted for the benefit of the participants, who drew off their portions with meat-hooks, being forks with five prongs (*πεμπώβολα*), or with long spits (*βουπόρος ὀβελίσκος*). In Athens it was the custom for a man who had sacrificed at a public altar to carry home the meat, either to be eaten there, or distributed as presents among his friends. In many precincts, however, it was unlawful to carry any meat away. At Epidaurus (page 290) the worshippers were obliged to

consume it all within the precinct (*περίβολος*). Some of the meat left over from the state sacrifices found its way into markets, whence meat was frequently called *hiereia* (page 145); such meat caused the early Christians much embarrassment and anxious discussion (see 1 Corinthians viii).

Another form of sacrifice, very common in private life, was the libation (*σπονδή*), in which wine was poured, or a

The libation. few drops of it tossed, from the saucer-like cup called the *phialé* (*φιάλη*, page 137). This might be done in connection with a burnt sacrifice; or it formed part of the ceremony at a banquet, when it concluded the drinking, and was followed by the singing of a paean. To some divinities it was unlawful to pour wine: Honey, milk, and oil were used in libations to the Nymphs, the Muses, and the Eumenides (Furies).

All these acts of religion, happening daily

Signs from the gods. in the life of a Greek, kept him conscious of his rela-

tions to the gods, and were the expression of his belief that he could commune with them. If that were true, then they could give signs to him, and this every Greek firmly believed. In every sacrifice the movements of the victim, the way in which the fire leaped up or died down, the colour and the condition of the inner organs, were all carefully viewed to determine the nature of the sign from the gods

Divination. which they were believed to reveal. If the omens were favourable, as interpreted by one or all of these methods of divination (*μαντική*), it was the signal for congratulation and exultation among all the par-



FIG. 243.—Libation.

ticipants; the god was believed to favour his worshippers by actually coming near them, and his presence was greeted by the cries (*ὀλολυγή*) of the women once more. If, on the other hand, the omens were not favourable, other victims were tried until favourable omens were received, or until it became obvious that none were to be expected.

There were many other ways in which, according to universal popular belief, the gods showed signs to mortals.

Omens. Thus, a dream was a vision sent by them, especially by Zeus, and must be recognized by at least a libation. Thunder and lightning also indicated Zeus's will; a chance meeting at morning in the street, as of a slave or an ass, was believed to have influence on the person for the rest of the day. A sneeze was an omen,



FIG. 244.—A good omen.

always happy in import. But the most important branch of the divining art was the watching of the flight or movements of birds; so common was this method that the word for "bird" and "omen" is the same (*ὄρνις, οἰωνός*). When Cyrus's army moved out of Ephesus an eagle was seen perched at the right of the road; its screeching and the fact that it was passive and not in flight were interpreted

to portend danger and glory combined. Generally, all birds seen on the right, or coming from the east, were thought to be auspicious (*αἰσῖος*). In watching birds, the seer (*μάντις*) took up a station facing the north.

The will of the gods was also manifested through oracles; these were responses uttered in verse of more or less ambiguous meaning, to enquirers at some temple of special sanc-

Oracles. tity, as at Delphi, or Dodōna, or at the oracle of

Zeus Ammon in Libya, or of Apollo Didymaeus near Milētus. Socrates, in spite of the fact that he was tried and put to death for alleged atheism, believed as firmly as any other Greek in their efficacy. Again, a man in doubt about any duty which he thought was owing to the gods, might consult one of the persons known as *exegetai* (*ἐξηγηταί*), who made a special study of ancestral customs and laws relating to religion. They gave advice, for instance, to one who had unintentionally committed homicide, telling him the proper mode of expiating the act and how to dispose of the corpse. They were frequently called in to direct funeral rites, that nothing might be omitted which was needed to gain the approbation of the gods.

We have already seen how much the great national festivals at Olympia, Delphi, Nemea, and the Isthmus contributed to the entertainment and the inspiration of Greek life (pages 100 ff.).

Home festivals. The daily occupations of all Greeks, even of women and children,



FIG. 245.—Coin of Elis (Olympia).

were constantly interrupted by other important festivals, which in Athens were celebrated with splendid processions (*πρόσοδοι, πομπαί*), sumptuous sacrifices at the expense of the state, beautiful accessories in the shape of temples, costly

vessels and robes, and general gaiety. At the beginning of the Attic year, in the month Hekatombaion (page 241), came the Panathenaea, with contests in singing, flute and lyre playing, and recitations of epic poetry by the rhapsodes; in the stadion occurred athletic and gymnastic contests rivalling those at Olympia, in which the competitors strove for prizes of oil made from Athēna's sacred trees (page 221) and for painted vases—the predecessors of the modern cups—on which the contest was figured. Conspicuous also was the war-dance called pyrriché (πυρρίχη, page 84); and there was a regatta, for which, however, only the ordinary vessels, and no special racing craft, were available. The chief glory of the festival was the grand procession (πομπή), which was marshalled in the outer and the inner Cerameicus. From here it proceeded over a broad course made for it in the agora till it came to a temple called the Eleusinion, where it turned to the left, passed the north-western slope of the Acropolis, and so on to its gates. In the procession was borne the peplos (πέπλος, page 54), a robe specially woven to deck the statue of Athēna; it was spread out like a sail on the mast of a ship or “barge” mounted on wheels. The word “carnival” is perhaps a reminiscence of this ancient float, from the Latin *currus navālis*.

In the winter came various celebrations in honour of Dionysus, god of nature and the vine, the object of which was to wake the sleeping spirit of generation and render him propitious for the coming of spring and the sowing of the crops. In the country especially the rustics made merry, smearing their faces with wine lees, and dancing amid jokes and buffoonery round the altar of the god. In the city a festival was held somewhat later, called the Anthesteria, and also accompanied with general merrymaking. The wine-casks were opened, and all, even slaves, were allowed perfect holiday and lib-

**The
Panathenaea.**

**Festivals of
Dionysus.**

erty to drink in honour of the god. The last day of the festival was a sort of All Souls' Day, being devoted to the gods of the underworld and the spirits of the dead. With the coming of spring was celebrated the Greater or "City" Dionysia, a festival revived with great pomp by the Pisis-tratidae, and the most important of all to us, since most of the great tragedies were enacted there. In fact, all the people, down to the humblest, who were supplied by the state treasury with money to watch the spectacles (τὸ θεωπι-



FIG. 246.—The tripod, prize of the dithyrambic contest.

κόν, page 112), were treated to an imposing review of their great literary achievements, given in the order in which the several kinds of literary expression, epic, lyric, and dramatic poetry, had originated. There were contests among the rhapsodists, who recited epic poetry; contests between choruses, consisting of fifty men or boys from each tribe, specially trained to render lyrics composed in honour of Dionysus and other gods, and called dithyrambs. The prize, which was eagerly coveted, was a bronze tripod, after-

ward set up with an appropriate inscription in a street east of the Acropolis leading to the theatre, called the Street of the Tripods (page 16). Then came contests between the comic poets, and last, between the poets of tragedy.

A curious festival, in which little girls took part, was held in the month Mounichion in honour of Artemis. The girls, dressed to represent bears, and actually called "bears" (*ἄρκτοι*), danced in the precinct of the goddess, offering various articles shaped like bears to her. The women also had festivals of their own, to which no man was admitted. One was the *Thesmophoria*, in honour of Demēter, held in the autumn at the time when grain was sown, and accompanied with fasting and the wholesale killing of pigs to propitiate the goddess.

The Mysteries of Eleusis, however, formed the very centre of the worship of Demēter, to participate in which almost every man, woman, and child in Athens aspired. Beginning with certain local mystic rites in the little town of Eleusis, the centre of a grain-producing district, the festival was early appropriated by the Athenian state when Athens came to predominate over the other settlements in Attica. Although the celebration was little known outside of the Athenian dominion at the time of the Persian wars, by the end of the fifth century the political power of Athens had attracted the eyes of all votaries of Demēter throughout Greece to this festival, and from that time until the year 396 of our era, when Alaric and his Goths destroyed Eleusis at the instance of the monks who followed him, the Eleusinian rites exerted a strong force in unifying the religious instinct of all Greeks. Naturally, only Athenians were eligible to initiation in the beginning; later, all Greeks might offer themselves. Women might be received into the rites, and also children, but only to the first grade or degree of membership.

The gods who were most prominent in this worship—there were others whose names it was not lawful to mention—were Demēter, her daughter Persephonē, and the child Iacchus, who was identified with Dionysus. The chief festival occupied nine days in the autumn, in the month Boedromion; but a festival of less pomp was held in the early spring in Anthesterion, not at Eleusis, but in the district Agrae, on the Ilissus, which served as a preparation to the rites of the autumn. In later times the celebration at Agrae took place at intervals of several years in the autumn, in order that strangers might not be obliged to journey to Athens twice.

The candidate for initiation presented himself to some former initiate a fortnight or more before the festival began. The person consulted became his guide of the ceremony, or *mystagōgos* (μυσταγωγός) throughout the initiation ceremony. He examined the candidate to find out whether he was free from sin or other religious impediment, and advised him how to make himself acceptable to the gods by private sacrifices; in case of doubt on this point, one of the *exegētai* mentioned above (page 273) was consulted. Nothing like the solemnity of a confession, in the religious sense, was required, only an affirmation or oath that the candidate was pure. In later times, therefore, the complaint arose that many *mystagogues* were irresponsibly helping to admit unworthy persons. A small fee was exacted in the post-classical period. Meantime the Hierophant (*ιεροφάντης*), or chief priest of the Mysteries, received the names of all intending initiates, who were formally assembled in Athens on the 15th day of Boedromion, and instructed regarding the fast which they were to undergo during the succeeding nine days; for they must abstain from all food by day, and certain viands were entirely prohibited even at night.

On the following day, the 16th, the Hierophant and his assistant, the Torch-bearer (*δαδοῦχος*), took their station in

the Painted Porch (στοὰ ποικίλη, page 43) and made a formal proclamation (πρόρρησις), in which they warned all strangers and murderers to keep out of the way, and ordered the initiates (μύσται) to betake themselves to the sea, either at the Piræus or at two small sacred streams of salt water (called the Πειτοί) which were on the way to Eleusis. Each participant thereupon took with him a pig to be offered the next day to Demeter, which he washed at the same time that he bathed himself. On the 17th the King Archon, who represented the state on all religious occasions, offered sacrifice (hence called Σωτήρια) for the commonwealth in the temple at Athens called the Eleusinion. At this ceremony visiting delegations from other states (θεωροί, page 256) may have assisted. After the public sacrifice each initiate offered his pig to Demeter. The 18th was a day sacred to Asclepius, the healer, and was also the day on which there arrived from Eleusis certain mystic symbols—a cradle, a ball, a top, jackstones, mirror, and fleece—which the legend referred to the childhood of Iacchus, and which were to be carried in the procession.

In the forenoon of the 19th the procession started from the agora, passed out of the city through the Dipylon (page 13), and crossed the plain of the Cephissus by the Sacred Way. Guarding the symbols and the image of Iacchus, crowned and holding a torch, came the Hierophant, the Torch-bearer, the Sacred Herald (κῆρυξ), and the attendant at the altar (ὁ ἐπὶ βωμῷ), with many other priests and priestesses, grouped in a kind of hierarchy, whose rank and function cannot be defined with certainty in every case. The Hierophant figured most prominently throughout the ceremony; he was an elderly man who held office for life, and belonged to the ancient family of the Eumolpidae at Eleusis. The office of the Torch-bearer was also hereditary. The priests wore long raiment (στολή) and Oriental turbans or mitres, which caused a Persian soldier at Marathon to mistake the Torch-

The
procession.

bearer Callias for a king. They and their followers, the initiates, also wore wreaths of myrtle and ivy. The initiates were otherwise attired as usual, and not, as has often been supposed, in long chitons. Women were allowed to journey in wagons; but military parades did not form a conspicuous feature of the procession until later times. On the way the procession would stop at certain points to perform mystic acts, the meaning of which was explained by remote legends: there were baths at the Cephissus; the mystai were halted to have saffron threads tied on the right wrist and right foot as a charm against the evil eye; and families who possessed hereditary priesthoods paused to perform ceremonies peculiar to their own cults. It was not strictly, to our notions, a solemn procession. The crowd gave itself up to noise and boisterous jesting, singing loudly, and shouting with acclaim the name of Iacchus, particularly when the image of the infant god reached Eleusis. In this way the whole of the 19th passed, and though the distance traversed is only a dozen miles, the arrival at Eleusis took place amid the light of torches at midnight.

What took place at Eleusis during the all-night ceremonies (*παννυχίδες*) which followed is known only imperfectly; for the ancient initiates were faithful to their vows of secrecy, and very little knowledge of the rites performed within the sacred enclosure (*περίβολος*) has transpired. A price was set on the head of a man who divulged the mysteries, and death or banishment and confiscation of property were visited on any one who travestied or profaned them in any way. Besides, it seems certain that those initiates, at least, who were admitted to the first degree understood only imperfectly the meaning of what they were permitted to see.

The morning of the 20th was spent in sacrifices, the victims of which, we may be sure, were chiefly swine, since that animal, as we have seen in the case of the Thesmo-

phoria (page 276), was sacred to Demēter, and its blood was deemed especially efficacious in expiation and propitiation (cf. Fig. 240); furthermore, it had been the custom from the remotest times to cut up swine's flesh and spread it over the grain-fields, in the belief that thus the goddess would grant fertility and an abundant harvest. Other divinities, both gods and goddesses, were invoked in sacrifice on the 21st.

The ceremony on the night of the 22d belonged primarily to the new initiates, and constituted the initiation (*μύησις*) proper. A principal feature was the drinking of the kykeon (cf. page 143), a mixture which consisted of barley-meal, water, and mint. Certain relics and sacred objects were then exposed by the Hierophant (hence his name) to the view of the *mystai* assembled in the temple of the two goddesses (the *τελεστήριον*). This edifice, which was completed after the Peloponnesian War, was of peculiar construction, having a lower and an upper story, with an opening in the middle of the roof to admit light. The unusual character of the building probably tended to increase the awe of the people gathered there. The scenes which the priests caused to be enacted were essentially dramatic, and probably portrayed the sorrows of Demēter as she searched the world over for her lost daughter.

A higher grade of initiates, consisting of those who had been admitted to the first stage at least one year before, were permitted to witness the ceremonies of the 23d day. These were also dramatic, and probably revealed more concerning the origin of Iacchus, the mystical union of Persephoné with Zeus, and the final joy of Demēter. The initiate who had witnessed these last scenes (*ἐπόπτης*, *ἔφορος*) was accounted most fortunate, as having attained the fullness of knowledge and perfection in this world. The word used of the ceremony, *teleté* (*τελετή*), signifies perfection.

In the home there frequently occurred festivals or ceremonies of a more domestic character. The father of a bride,

for instance, performed a special sacrifice before her wedding (called τὰ

Other celebrations. *προγάμια* or τὰ *προτέλεια*, page 123), to propitiate the gods of marriage; in

Athens they were Artemis, Aphrodite, Zeus and Hēra, Peitho (Persuasion), and the Erinyes (Furies). Again, all the members of a family and its intimate friends were called in to join in the sacrifice which took place ten days after a child was born; this feast (the *γενέθλια* or *δεκάτη*, page 73), gave occasion for great merry-making. Birthdays, however, were not observed by the Greeks, at least during the lifetime of the person. After his death there was a yearly sacrifice, held on his birthday, and called *genesia* or *eniausia*; the festival was paid for by a fund provided in his will. Still another festival which concerned the home was the *Apaturia*, held in October, and lasting three days. Since it involved the interests of all families belonging to a phratry, it was held in the common assembly room, or house of that phratry, and not in a private house. On the last day of this festival all the children born in the families of its members since the last meeting were presented to the members (*φράτερες*). The member who acted as priest (*ἱερεὺς τοῦ Διὸς φρατρίου*) offered, on behalf of the father or guardian of the child,



FIG. 247.—Girls practising the dance for a popular festival.

a sheep called *meïon* (μείον), i. e., lesser, in contradistinction to the more important sacrifice called *koureion* (page 89), which the father offered for a son who had attained his majority and been admitted on that day as a regular member of the phratry. Rhapsodic contests took place at this festival also.

Boys in school enjoyed a special holiday on the occasion of the *Hermæa* and the *Museia*. The first was in honour of *Hermes*, the protecting genius of palaestra and gymnasium. The boys were dressed in their best clothes, offered sacrifices, and were permitted unrestrained liberty in games and sports. The *Museia* was a school festival, to which the parents, in the name of the boys, contributed offerings for sacrifice.

In the language of every-day converse the Greeks made frequent reference to their gods. Oaths in the name of "all the gods and goddesses," and mere expletives, like "By Zeus," or "By Apollo" (νῆ Δία, *vai mē Δία, oū mē τὸν Δία*), frequently began a sentence. Sometimes they were uttered in strong asseveration or even indignation, approaching in character to modern profanity; but the Greek was always restrained from blasphemy by his conscious personal attitude towards his deities, and the belief that perjury (ἐπιρκία) was sure to be visited with the lasting displeasure of the god whose name had been taken in vain. An oath accompanied the allegation of a plaintiff and defendant and their witnesses at the preliminary hearing (ἀνάκρισις, page 212) before a trial. When the oath was to be especially solemn, the person swearing it laid his hand on an altar or statue; and in concluding a treaty between warring parties, the oath, generally sworn in the name of three gods, was further strengthened by dipping the hand or sword in blood. Often the swearer invoked destruction (ἐξώλεια) upon himself and his children if he should prove to have perjured himself.

A very common habit which seems to us vindictive and hateful in the extreme was the practice of writing out curses against enemies, or against those who were supposed to exert an evil magical influence, on tablets, which were hung as amulets round the neck, or placed near some shrine. Imprecation (*καταρᾶσθαι*) meets one frequently in the pages of Greek literature. People took measures especially to avoid the harm wrought by the "evil eye," which they attributed to others very much as witchcraft has been ascribed to unfortunate victims in later times. An amulet with mystic signs (Fig. 248) was considered to have potency against the wicked influence.



FIG. 248.
Amulet against
the "evil eye."

CHAPTER XXI

OLD AGE, SICKNESS, DEATH, BURIAL

OLD age (*γῆρας*) was contemplated with varying feelings in different parts of Greece. In Sparta and in Thebes, where the traditions of an olden time were maintained with a stricter conservatism than in Athens, and in more remote and primitive districts generally, untouched by the smart fashions set by some of the younger Athenians, the aged enjoyed the reverence and affection of the young and middle-aged alike. In such places the young readily rose and offered them places at any gathering; and in public and private their counsel was sought first and their sanction deemed indispensable for any important undertaking. Hence they were regularly selected in older times, and wherever older fashions prevailed, to represent public opinion on an embassy, so that "elders" and "envoys" were expressed in the same term, *πρέσβεις*. Among the Ionians, however, and even among some persons in Athens, old age was often deemed a calamity, which cut short the power to enjoy life on the material side which the luxurious desired, and the loss of which is constantly mourned in Greek poetry. But all Greeks, probably, would have prayed to be delivered from old age by an early death rather than to undergo it childless. The hope of every parent was to rear children who should comfort his or her advancing years (*γηροβοσκεῖν*). There is a mingled tone, half of pity, half of contempt, expressed in the interesting diminutives (found also in other languages) which Xenophon uses in reference to some forlorn old men

and women abandoned in a town along with a few sheep and oxen (γερόντια, γράδια, "little old men," "little old women"). The cessation of a man's active physical force at the age of sixty was recognized by the state; he was then exempt from military duty, and became an "old man" (γέρων), who in war, for instance, would be spurned as a hostage.



FIG. 249.—Temple of Asclepius at Epidauros (restoration).

With all the advantages of matchless climate and constant outdoor life, at least among the free citizen class, and in spite of the extraordinary care bestowed on the body and its systematic training in gymnastics, the Athenians and other Greeks of course were subject to the diseases (νόσοι) that afflict all men. Their houses, in the first place, lacked proper sanitary appliances. The streets were not regularly cleaned, and people were allowed to throw offal in some of them; for there were as yet no boards of health. The drinking-water of Athens was not especially noted for its healthfulness, as was that of Corinth. The apparatus avail-

Liability to
disease.

able for crippled and maimed persons was of the roughest kind—two canes instead of one, or the like. If eyes gave out, which might happen in cases of great exposure or unusual strain, there were no goggles or eyeglasses to relieve the sufferer.

And yet, by the middle of the fifth century, a considerable amount of skill in the treatment of disease had been

acquired, partly
Treatment of from Egypt and
disease. the Orient, partly
 ly from observation and experience (*ἐμπειρία*). By the end of the century the arts of surgery and medicine had been raised to the dignity of sciences through the genius of the Ionic physician Hippocrates. Many of the methods of that time would not, of course, be tolerated to-day. Mixed with scientific knowledge was a good deal belonging to the realm of superstition and folk-lore, so that, for example, a person suffering pain would have young puppies applied to the spot affected, in the belief that they would absorb it themselves

and thus relieve the patient. Overdosing was common. Wine was constantly prescribed even when the sick man was in a high fever, and Chirisophus, Xenophon's able and trusted helper, died from an overdose of drugs while suffering from a fever.

Two centuries before Hippocrates, Egypt had taught the Greeks the use of a few primitive surgical instruments,



FIG. 250.—Asclepius.

and both medicine and surgery were further advanced by the Asclepiadae, an association or guild of practitioners

who professed to trace descent from Asclepius, the god of healing. Many of the Asclepiadae

Medicine and surgery. were priests of this god at temples which were noted for famous cures. Later, apprentices were admitted from families who were not akin. Cities like Athens em-

Physicians. ployed at public cost "state physicians" (*ἱατροὶ δημόσιοι*, or *δημοσιεύοντες*), who gave their serv-

ices free to the poor. Democēdes, a celebrated physician who came to Aegina from Croton, in Italy, was paid a talent for a year's service, more than four times the pay of the generals in the Athenian army. At the end of the year he was attracted to Athens by the fee of one hundred

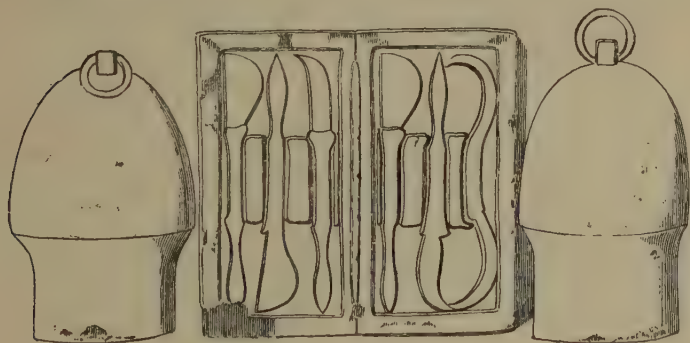


FIG. 251.—Physician's instruments.

minae, but the Athenians were in turn outbidden by Poly-
crates, tyrant of Samos, who increased his pay to two
talents. Another famous physician and writer, attached to
the court of Artaxerxes, was Ctesias, who cured the king
of the wound dealt him by Cyrus at Cunaxa.

Social standing of physicians. Greek physicians did not practise some one
branch of their art as a specialty, but were
always "general practitioners," and were required to learn
the whole of both surgery and medicine. As has been said,

the measures they took were more heroic and drastic than modern science would approve, and some were noted for ruthless cutting, bleeding, and cauterizing, as well as for administering such quantities of drugs (*φάρμακα*) that poisoning ensued. Hence they were often looked on with dis-

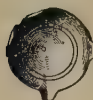


FIG. 252.—Physician's spoon.

like, and the fact that they took pay relegated them, in the opinion of

the free citizen, to the same class with tradesmen and artisans. In spite of all this, they often deserved, and in fact often received, high praise for conscientious devotion to the patient's welfare and for their dignified and cheerful bearing in the presence of the sick. Their pupils they taught with an earnestness that marked them as having the true scientific spirit.

Training of physicians.

The pupils began their course when very young, and regularly attended their masters at the patient's bedside. There they learned not only the methods of their science, but also proper deportment toward the patient and his family.

A regular corps of army surgeons seems not to have existed, but there were few armies, except perhaps those made up of mercenaries, which did not include one or two physicians drafted with other citizens or metics. In Xenophon's army eight men volunteered to act as physicians in caring for the numerous wounded during the retreat.

Besides those physicians who worked independently or in company with other Asclepiadae, there were priests belonging to the temples of the gods of healing—Apollo, Artemis, Hecaté, and later, Serāpis—who offered relief in sickness. Their methods,

Health resorts.

however, were based mainly on ritual observance and religious practice, such as the art of divination, especially through dreams. The notion was universally held that the gods who caused the affliction could, when properly ap-

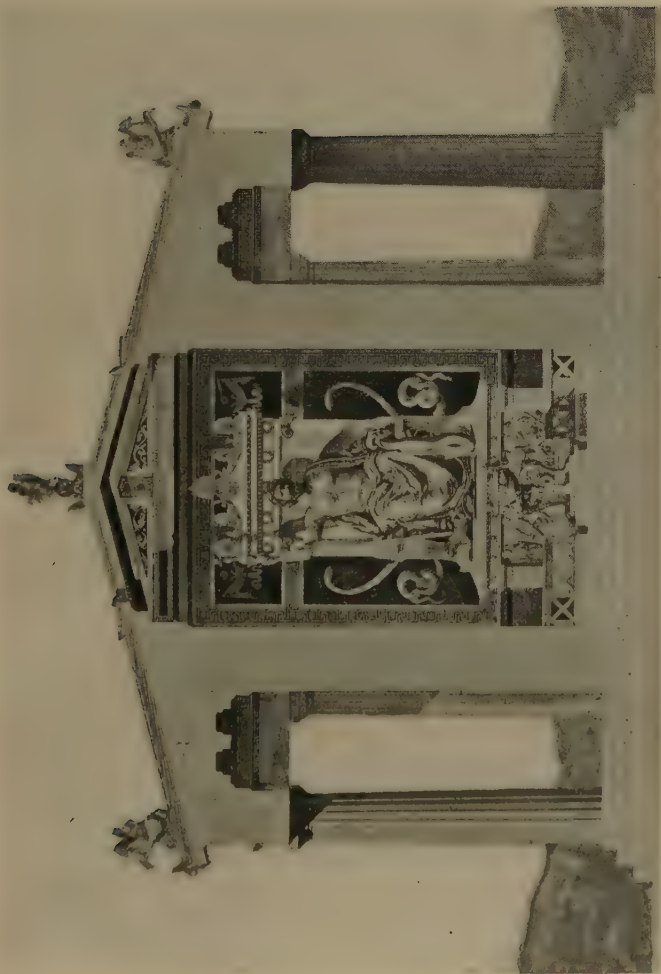


FIG. 253.—Interior of the temple at Epidauros (restoration).

proached with sacrifice, indicate the cure by signs and dreams. Hence, both in Athens and elsewhere, and especially in the fourth century at Epidaurus, the precinct of Asclepius became a kind of sanatorium, thronged with patients who devoutly lay at night in or near the temple

waiting for the dream that should give them the directions required. Having got it, they told it to the priest, who interpreted it in hard cases. The grateful convalescents then made offerings to the god, which generally consisted of small images of the hand, leg, or whatever part of the body had been diseased. These images, made of marble, clay, wax, or the precious metals, were then hung up in the temple, with an inscription recording the name of the patient, a description of the disease, and the manner of its cure.

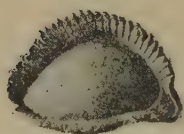


FIG. 254.—Votive eye.

The temples of Asclepius (*Ἀσκληπιεία*) usually stood in healthful regions, sometimes near mineral springs; and though the cure was always regarded as the miraculous intervention of the “kindly” god, it was doubtless furthered by wise prescriptions given by the priest in regard to diet, fresh air, exercise, and legitimate amusements. The votive tablets, also, constituted in course of time a record of large experience which could be relied on for similar cases in the future.

Within the domestic circle the methods of cure for slight ailments were more primitive and superstitious.

Among them, magic incantations (*ἐπωδαί*) ranked chief in importance. These were generally crooned by old women called in to exorcise the evil spirit which was thought to possess the patient. Amulets were thought to be an efficient preventive and remedy on the same theory of a possessing demon. There were male quacks (*γόητες*), too, who were ready to apply their drugs at lower prices and to befool patients with their pompous magic. In the market were druggists (*φαρμακοπῶλαι*)

through whom many might avoid the employment of the more expensive, if more enlightened, physicians.

If the patient felt that recovery was hopeless, he made his will (*διαθήκη*). In Athens this was a privilege not allowed to women or minors. The last wishes

Last sickness. might be expressed orally (*ἐπισκήπτω*) or in writing. The testator began with a pious formula, such as, "It shall be well; but if aught happen, this is the disposition of his goods" (*ἔσται μὲν εὖ· ἐὰν δέ τι συμβαίῃ, τάδε διέθετο*); or else the phrase, "Be it entrusted to good fortune" (*τύχῃ ἀγαθῇ*), preceded. Then followed the phrase, "This is the disposition I make of my effects" (*τάδε διατίθεμαι περὶ τῶν κατ' ἐμαυτόν*). The bequests, with the exception of a legacy here and there to a friend, or a special gift to a son, were limited in certain



FIG. 255.—Votive tresses.

Restrictions governing wills. ways by the law. The testator was obliged to respect the ties of kindred, and since every

citizen was a member of a clan or *γένος*, the prior rights of that clan over outsiders must be considered. If a man had legitimate sons (*παῖδες γνήσιοι*), by which, as we saw (pages 61, 74), were meant those born of parents who could trace descent on both sides through a genuine line of

Adoption. Attic citizens, his property went directly to those sons. A son could not be disinherited. If the dying man had no sons, he might designate a young man to be his adopted son, under the condition that the young man

marry the daughter of the house, if there were any. Adoption was a prerequisite to inheritance for a male not sprung from the testator. The children of the adopted son were regarded as descendants of the adopting father, and therefore preserved his ancestral worship and paid homage at his tomb; for the primary object of adoption was to obtain what descendants alone could insure, a regular maintenance of the family cult and worship of the family's ancestors. After these arrangements had been specified in the will, it then set forth directions about freeing favourite slaves, about presents (*δωρεαί*) to friends, votive offerings (*ἀναθήματα*) to the gods, and

Provisions of the will.

finally it contained minute directions about the burial and disposition of the corpse, concluding with an imprecation against any who might neglect or violate its provisions. The contents of the will were kept secret until after death, but were read just before the last rites (*τὰ νομιζόμενα*) were begun. It was signed and sealed in the presence of witnesses chosen from the family or intimate friends, and deposited in the care of some citizen or public officer, or in a temple. Sometimes several copies were made and stored in different places. The chief archon had jurisdiction in all testamentary disputes. The will was not valid if the testator's mind was unbalanced or if undue influence could be proved.

Religious importance attaching to burial rites.

The burial customs of the Greeks were remarkable for the scrupulous care with which every detail, enjoined as it was by religion, was carried out. Without burial, it was believed that the unfortunate spirit of the dead must wander in eternal unrest, visiting with reproach his neglectful kinsmen. To the corpse that lacked proper burial Charon



FIG. 256.—Bronze dog
(votive offering).

would refuse passage over the Styx. If the body of a man were lost in shipwreck or in battle, his friends were bound to erect an "empty monument" or cenotaph (*κενοτάφιον*) and perform all the other rites as they would had they recovered the body. If a traveller came upon an unburied corpse and failed to give at least symbolic burial by throwing over it three handfuls of earth, he was looked upon as accursed, and as one who would be haunted by the spirit of the dead. Hence, after a battle, a herald was always sent

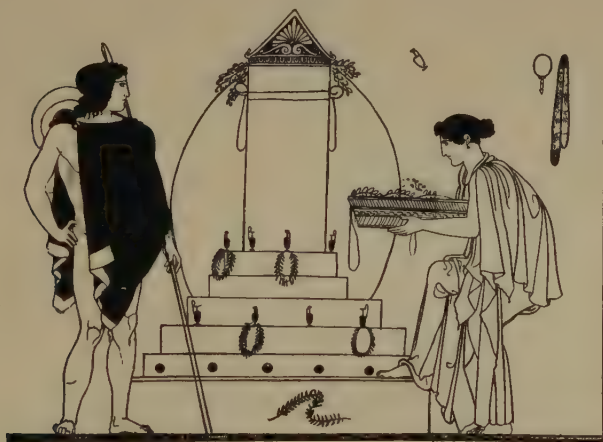


FIG. 257.—At the tomb.

out with his staff (*κηρύκειον*), answering to the modern flag of truce, to arrange for the privilege of picking up the bodies of the dead.

Character of
the Greek
burial
ceremony.

Thus it is easy to see that when a man died his family felt bound by the strictest commands of religion to execute the last rites as he would have wished them to be performed. The names given to these rites, "that which is right," "that which is customary," or "incumbent" (*τὰ δίκαια, τὰ νομιζόμενα, or τὰ προσήκοντα*), show the obligation that was felt to be

imposed. While the loud wailing of mourners hired to sing ancient and half-intelligible dirges (*θρῆνοι*) may perhaps seem to us undignified, yet there were influences which tended to make the funeral ceremonies a pious and solemn act of great impressiveness. Among these influences were first the laws restraining excessive demonstrations of grief and the extravagant expenditure of money for the burial. Further, the Eleusinian Mysteries and the belief in a life after death, which was derived from the Egyptians, lent further dignity to the rites of mourning, though all Greeks, of course, did not share in the Mysteries.

The women of the family first washed the body carefully, anointed it with perfumed unguents, and dressed it in clean chiton and himation. The garments of the dead were white (in Homer of linen), either plain or ornamented with embroidery or coloured stripes. The lips and eyes were closed, and a wreath was placed on the head, of laurel, olive, or parsley. During the day immediately following the death the body thus lay in state on a couch (*κλίνη*), which was decked with garlands

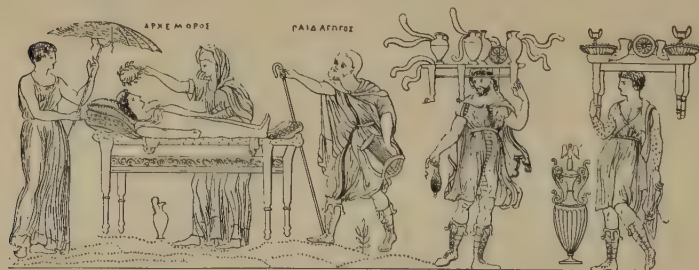


FIG. 258.—The prothesis.

given by relatives and friends. The laying out of the body was called the *prothesis* (*πρόθεσις*). On the floor round the couch stood the pitchers (*ἀλκυθου*) that were to be buried with the deceased. All this day the women stood near singing the dirge, to which the men added a refrain. Solon

forbade the extravagances we read of in Homer, such as tearing the cheeks with the finger-nails, violently beating the breast, and rending the chiton. But in funeral customs the habits of people are rigid, and, in spite of his laws, extreme modes of showing grief persisted.

On the following day the procession (*ἐκφορά*) and the burial took place. This always happened before sunrise,

The procession to the grave.

because religion taught that the light of the sun was polluted by the sight of a corpse.

The same feeling that death was a pollution prompted the custom in Athens of interring bodies outside the limits of the city. In primitive Athens this had not been observed, and the Spartans retained their ancient habit of burying inside the city. In the country persons were buried on their own estates. The body was borne on the same couch on which it had lain during the prothesis, and the garlands and pitchers were carried with it to the grave. Sometimes the head of the deceased was crowned with a chaplet of gold leaf for the progress to the grave; remains of these gold chaplets have been found in graves recently excavated. The



FIG. 259.—Group from a funeral monument

body-bearers (*νεκροφόροι*) were friends or family slaves; but professionals could also be hired for this office. The procession started with a signal given on the flute, which then accompanied the song of mourning as the funeral party left the house. In front of the bier (*κλίνη*) marched the male

relatives in the order of relationship down to the sons of cousins; these were followed by the male friends of the dead. Behind the bier the female relatives, extending to the same degree of relationship, closed the short and modest procession. All other women, whether related or not, were excluded, except distant kinswomen over sixty years of age. All the mourners wore dark clothes, either black or gray. The men had their hair shorn close.

If the deceased came of a wealthy family, the interment or cremation, whichever had been decided on, took place on a highroad or near some resort frequented by the living. The suburb called the Outer Cereameicus, just beyond the Dipylon, became a beautiful burying-ground filled with splendid and tasteful monuments (page 9). For the poorer classes there were public burial-places, where corpses were interred either singly or in numbers (*νεκροπόλεις*). Cremation (*κατακαίεσθαι*) was costlier than simple burial (*κατορύττεσθαι*), and therefore generally confined to the rich, except in the event of a plague, such as that which afflicted Athens in the early years of the Peloponnesian War. Those who died in battle or in foreign lands were cremated, if possible; in the latter case, that the ashes of the dead might be carried home and buried in their native soil. If it were possible, the body of a man struck by lightning was buried on the spot where he fell, since it was felt that he had met with a special visitation of Zeus; the corpse, as being something sacred (*ιερός*) to the god, must not be removed.

After calling three times on the spirit of the dead, the mourners placed the remains, if they had been burnt, in an urn of clay or bronze; if the corpse was to be buried merely, it was laid in a coffin, *soros* (*σορός*), usually of cypress wood or earthenware, sometimes of metal. Stone or marble sarcophagi did not come into use until Roman times. The coffin was then lowered into the grave, which was frequently excavated in

**Disposal of
the body.**

**Receptacles
for the body.**

the rock. This made a natural coffin called *thēké* (θήκη), and the soros was then sometimes dispensed with. Again, the body, whether it had been placed in a coffin or not, might be laid out in a tomb or vault (τάφος); only in extraordinary cases, probably, was a body put into an earth grave (βόθρος) without a coffin. The Athenians buried their dead with the head lying toward the west, the feet toward the east. Beside the dead were placed the pitchers (λήκυθοι), which had surrounded his couch during the prothesis, and various other articles which had been connected with the dead during his lifetime, or were thought necessary for



FIG. 260.—Charon's boat.

his long journey—money, ornaments, tools, toys, food, and drink—according to age, sex, and calling. The money (usually an obol) was often placed in the mouth of the deceased; we have seen that people carried it thus in their daily marketing. The obol was thought to be the price (*ναῦλον*) of Charon's ferrying over the Styx.

Beside the mound (*τύμβος*, *χῶμα*, *σῆμα*) a monument was ordinarily reared. In earlier times, before the Persian wars, it was customary to erect a huge stone urn (*λήκυθος*) over the grave. The urn survived in later times, but it became more usual to place

**Funeral
monuments.**

a slab of stone or marble (*στήλη*), sculptured in relief, with a life-size portrait of the dead. The name of the dead and sometimes of the friend who erected the memorial



FIG. 261.—Monument to Dexileus.

were inscribed near the relief. Sometimes Doric or Ionic columns (*κίονες*) were erected in place of these *stēlai*. These were surmounted by some figure, such as an eagle or siren. The *stēlē* later developed, by the addition of columns on the sides, into a miniature façade, showing pillars, architrave, and pediment. This served as a frame for elaborate portraits, in sculpture, of the deceased and his family. Many of these, depicting some pleasant scene out of the home life of the departed still remain to testify

to the kindlier and more affectionate traits of the Greek character.

Returning from the grave, the mourners set about purifying themselves and their house, on the theory, as before explained, that death brought pollution in the sight

**Mourning
customs.**

of the gods. The water for purification was brought in a special vessel (*ἀρδάνιον*) from another house, and kept at the front door. Three days were then spent in fasting, which was broken by the funeral banquet (*περίδειπνον*). At this a place was set for the dead, as if he were the host, and his good qualities were set forth while the mourners strove to comfort one another, and to eat and drink once more. On the ninth or tenth day a sacrifice was offered at the tomb, which was

decorated with ribbons and chaplets. The period of public mourning ended finally on the thirtieth day, when another sacrifice and another banquet were held. Citizens who fell in battle were buried at public expense (*δημοσίᾳ*) with special honours, notably with a eulogy pronounced by some eminent man; such eulogies were not customary at a private burial before Roman times. The missing dead were given a symbolic burial, in that an empty couch (*κλίνη κενή*) was borne for them in the procession, and a cenotaph was erected to their memory.

Graves were everywhere cherished with thoughtful piety. The *stēlai* were anointed with oil, and decorated with ribbons and wreaths. In their vicinity were planted shade



FIG. 262 —The funeral banquet.

trees, especially cypress and poplars, and flowers, notably the asphodel, with large thick white leaves and yellow, white, and bluish flower. Into this garden, which often contained fountains, friends came in the belief that their presence was helpful to the dead, whose spirit would be there to note their coming. Especially were the dead remembered in the festival of the Anthesteria (page 274)

and at the *Nekysia* (νεκύσια), a day devoted to them in the month Boedromion.

From the tomb the modern explorer has gathered some of his most instructive material for composing the picture of ancient life. The grave of the Mycenaean warrior, the last resting-places (κοιμητήρια) of the early Christian, alike prove to be sources of intimate knowledge concerning Greek life. The seeker finds arms and armour, ornaments of silver, gold, and copper, the toys that were dear to the child, the objects of household use cherished by the adult, coins and vases which bear contemporary witness to the life they adorned, and form, as it were, a picture within a pic-

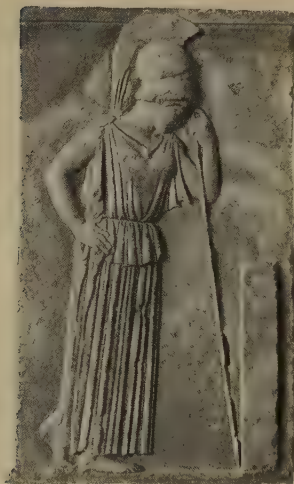


FIG. 263.—The so-called "mourning Athēna."

ture. Out of the grave rises the spirit of ancient Hellas to-day, and offers lessons of simplicity, faith, and beauty that may not be forgotten.

SUPPLEMENTARY MATTERS

1. LIST OF THE ATHENIAN MAGISTRATES

THE general term for magistrates is *archontes* (ἄρχοντες); for public office, *arché* (ἀρχή). Election or sortition, the latter being employed for all offices except the generalship and a few others, took place in the spring, allowing time for the public scrutiny (δοκιμασία, cf. p. 206) of each officer, since office was held from the 1st of Hekatombaion. White and black beans were used in the election by lot (hence the phrase ἀπὸ κινάμου). All but the military offices were annual, and all underwent an examination (εὐθυνα) at the close of service.

ADMINISTRATIVE

The Nine Archons, also called collectively *Thesmothetai* (οἱ ἐννέα ἄρχοντες, θεσμοθέται). For a long period the Thêtes were ineligible to the office. At the end of their service the archons became members of the Council of the Areopagus (p. 42).

The first archon (ὁ ἄρχων *par excellence*) is sometimes called in modern books the Archon Eponymous, because his name was used in dating records (p. 242). His office was in the Prytaneium, where he was assisted by two aids (πάρεδροι) appointed by himself. In the courts he presided at cases which concerned family interests, the protection of orphans, the apportioning of orphan heiresses, the appointment of guardians, and divorce. He managed the City Dionysia (pp. 113, 275). He conducted the expiatory rites at the Thargelia (p. 310).

The second archon was called the King (ὁ βασιλεύς). His office was in the King's Portico (p. 43). With the name, he also retained the religious duties of the ancient Attic kings, and had general oversight over temples and altars. He represented the state in the celebration of the Mysteries (p. 276), conducted

the Lenaea (p. 113), and managed the torch races (*λαμπαδηδρομιαί*) at all festivals where they occurred. In the courts he had jurisdiction in all cases that pertained to religion, and therefore presided over the Areopagus when it convened to try murderers, since bloodshed involved religious uncleanness. His wife took a conspicuous part in the Anthesteria, when she was symbolically married to Dionysus.

The third archon was called the Polemarch (*ὁ πολέμαρχος*). As his name signifies, he originally was commander-in-chief, but was superseded by the generals (p. 197). He offered the state sacrifices to Artemis Agrotera and Enyalios (both divinities of war) at the festival of Marathon (p. 306), and also the sacrifice for dead warriors (*ἐπιτάφια*, p. 307) and for Harmodius and Aristogeiton. In the courts he had jurisdiction where foreigners, particularly metics, were concerned.

The other six archons, styled Thesmothetai, attended to the revision of the laws, and when conflicts were discovered, recommended to the Council the repeal of old laws, or the passing of new ones. They presided at the examination of public officers; in certain cases of *endeixis*, where information of misdemeanour had been laid before them; impeachment (*εἰσαγγελία*); and in cases brought on by the proposing of some unconstitutional measure (*γραφὴ παρανόμων*); in general, they took charge of all cases that did not belong to some other magistrate. They decided when a case should be heard and assigned the court-rooms to the several magistrates.

The Eleven (*οἱ ἑνδεκα*), an executive board. These superintended the prisons and executed the death penalty by administering poison (*κώνειον*, "hemlock").

The Astynomoi (*οἱ ἀστυνόμοι*), ten in number, five for Athens, five for the Piraeus (see pp. 16, 20).

The Agoranomoi (*οἱ ἀγορανόμοι*), distributed like the Astynomoi (see pp. 20, 34).

The Metronomoi (see p. 242).

The Commissioners of Grain (*οἱ σιτοφύλακες*). They were ten in number until the latter half of the fourth century, when twenty were chosen for Athens, fifteen for the Piraeus. They noted the amount of grain imported, exercised control over the importers and the retailers of breadstuffs, and enforced a legal standard of weight and price.

The purchasers of grain (*οἱ σιτῶναι*), specially chosen in times of famine to buy grain for distribution to the poor.

Overseers of the Port (*ἐπιμεληταὶ ἐμπορίου*), ten in number, who had functions allied to those of the grain commissioners. Athenian law, in order to insure a sufficient supply of grain (cf. p. 220), required that two-thirds of all grain coming to the Piraeus should be landed and sold in Athens.

Superintendent of the Springs (*ὁ ἐπὶ τὰς κρήνας*). This was an important office which required experts, and therefore was filled by election, not by lot. The officer chosen repaired spring-houses and water conduits.

Repairers of the Roads (*ὁδοποιοί*), five in number, road commissioners.

Repairers of the Temples (*οἱ ἱερῶν ἐπισκευασταί*). To these were appropriated annually thirty minae for the repair of Athenian shrines.

Superintendents of Public Works (*ἐπιστάται τῶν δημοσίων ἔργων*) were elected as occasion arose.

Purchasers of Oxen (*βοῶναι*) were distinguished citizens elected to the honorary office of buying oxen for the sacrifices.

Athlothetai (*ἀθλοθέται*) managed the Greater Panathenaea held every four years. They retained office for the unusual term of four years.

FINANCIAL

The Apodektai (*οἱ ἀποδέκται*), ten in number, were general treasurers, receiving war-taxes, market and other tolls, and all debts due the state, which were determined by a list given to them by a commissioner (*δημόσιος*) of the council.

The Kolakretai (*οἱ κωλακρέται*) were an ancient board, number unknown, which managed the public dinners (*σίτησις ἐν πρυτανείῳ*, p. 63) and paid the jurymen. In the sixth century they seem to have had higher functions, but in the fifth many of their powers were transferred to the Apodektai.

The Polētai (*οἱ πωληταί*) were ten officers who had charge of the collection of state dues. They leased the mines, farmed out the taxes to tax-gatherers for a lump sum, and made contracts for public works. They sold confiscated property, especially of those whose war-taxes had not been paid, or of metics who had not paid their market tolls or procured a patron (p. 65).

The *Praktores* (οἱ πράκτορες) were collecting agents, probably ten in number, who secured the payment of fines imposed by the courts.

Comptroller of the Treasury (ἀντιγραφεὺς τῆς διοικήσεως) had charge of the money paid into the treasury at the Prytaneion by the Apodektai. He rendered an account during each prytany (p. 207).

Stewards of the Funds of Athēna (ταμίαι τῶν ἱερῶν χρημάτων τῆς Ἀθηναίας). These were ten men chosen only from the Pentakosiomedimni. They had the keeping of the temple or temples of Athēna and of Niké, with all the treasures of the Acropolis.

Stewards of the other Gods (ταμίαι τῶν ἄλλων θεῶν). These had charge, under the preceding, of the treasures of other divinities, which were transferred in 454-3 B. C. to the temple of Athēna Polias on the Acropolis.

Stewards of the Greeks (ἐλληνοταμίαι) were treasurers of the Confederacy of Delos. They originally had their office in Delos, and represented the several states which formed the league. Later the treasury was removed to Athens, and only Athenians were chosen to the office, one from each tribe. They received the tribute of the dependent allies, which was paid each year at the time of the Greater Dionysia. This fund was kept separate from all others, though one-sixtieth was devoted as an offering (ἀπαρχή) to Athēna. Payments from this fund, which was appropriated for public buildings and military enterprises, were controlled by them.

The Syndics (οἱ σύνδικοι) were a temporary board chosen at the restoration of the democracy in 403 B. C. to recover, so far as possible, money and property illegally appropriated by the Thirty Tyrants.

The following magistrates are mentioned chiefly in the records of the fourth century :

The Treasurer of the People (ταμίης τοῦ δήμου) controlled money used in erecting and restoring records of legislative decrees. He paid travelling expenses of ambassadors and the expenses of making honorary crowns (p. 63).

Treasurers of the Theoric Fund (οἱ ἐπὶ τὸ θεωρικόν, p. 112), instituted by Eubūlus between 354-339. Eubūlus brought about a decree by which all balances of money in the state treasury

should be given to the people to enable them to take part in the state festivals. These treasurers held office from one Panathenaea to the next following.

Treasurer of the Military Funds (*ταμίης τῶν στρατιωτικῶν*), established at the instance of Demosthenes on the abolition of the system of Eubûlus in 339. He dispensed the balances which were formerly in the hands entirely of the theoric officials.

Late in the fourth century a single official, called *ὁ ἐπὶ τῇ διοικήσει*, took the place of the Apodektai, and in conjunction with the Polētai saw to the contracts for public works, the making of honorary crowns and statues, and paid the expenses involved in setting up the decrees of the people in stone or bronze.

MILITARY

The Generals (*στρατηγοί*, p. 197). At the beginning, one was elected (by show of hands, *χειροτονία*) from each tribe; later, all the ten were elected from the whole body of citizens. Five had special duties: the first (*ὁ ἐπὶ τοὺς ὀπλίτας*) took command in foreign campaigns; the second (*ὁ ἐπὶ τὴν χώραν*) conducted defensive operations at home; the third (*ὁ ἐπὶ τὴν Μουνυχίαν*) and the fourth (*ὁ ἐπὶ τὴν Ἀκτὴν*) maintained the defense of the ports; the fifth (*ὁ ἐπὶ τὰς συμμορίας*) managed the trierarchies and conducted legal procedure concerning them when necessary. Theoretically all the generals had equal power; practically the chief command might be assigned by the ecclesia to one or more of them, or as agreed on by the others; sometimes also each took command in turn. They had diplomatic as well as military functions, made treaties, and in general conducted foreign affairs.

The Taxiarchs (*οἱ ταξίαρχοι*) were ten officers, each commanding the hoplites of a single tribe.

The Captains (*οἱ λοχαγοί*) commanded small detachments under the Taxiarchs.

The Hipparchs (*οἱ ἵππαρχοι*) were two cavalry officers. Under them were the phylarchs, ten in all, one for each tribe.

Captains of Ten (*οἱ δεκάδαρχοι*) were cavalry officers appointed by the Hipparchs.

2. ATTIC HOLY DAYS AND FESTIVALS (ἑορταί)

METAGEITNION

12th. The Kronia (τὰ Κρόνια). Originally a rural festival, sacred to Kronos and Rhea. Masters and slaves ate together. It was deemed old-fashioned in Aristophanes's time.

16th. The Synoikia (τὰ ξυνοίκια). In honour of Athēna and Hestia. It celebrated Theseus's consolidation of Attica. Bloodless offerings were made for peace.

21st–29th. The Panathenaea (παναθήναια, p. 274). The Lesser Panathenaea (τὰ μικρά or τὰ κατ' ἐνιαυτόν) were held annually; the Greater (τὰ μεγάλα), every four years, in the third year of each Olympiad.

21st–22d–23d. Musical contests.

24th–25th. Gymnastic contests.

26th. Horse-racing and chariot-racing.

27th. The pyrriché (p. 84).

28th. Torch-race at night.

The great procession (πομπή), with sacrifice of cattle and sheep to Athēna, followed by general feasting.

29th. Boat-race.

In this month (or when the sun was in *Virgo*) occurred also the Heracleia (τὰ Ἡράκλεια), in honour of Heracles, and the Adonia (τὰ Ἀδώνια), celebrated especially by women. The first day was given over to the lament for the disappearance (ἀφανισμός) of Adōnis; the second, to the symbolic search for his body. Plants that grew and faded quickly were set before the street door and the entrance to the temple of Adōnis.

BOEDROMION

3d. Celebration of the victory at Plataea (479 B. C.).

5th. The Genesia (τὰ γενέσια, τὰ νεκύσια, or τὰ νεμέσια, p. 299). A day devoted to the dead; the Erinyes were believed to be abroad on this day, ready to avenge the neglect of departed spirits.

6th. Holiday in celebration of the victory at Marathon (490 B. C.). Sacrifice, conducted by the polemarch, of 500 goats to Artemis Agrotera and to Enyalios.

12th. The Charisteria (τὰ χαριστήρια ἐλευθερίας). Thanksgiving for the fall of the Thirty Tyrants (403 B. C.).

15th–23d. The Eleusinia (τὰ Ἐλευσίνια, see pp. 276 ff.).

PYANOPSION

7th. The Pyanopsia (τὰ πνανόψια); literally, the Feast of Beans. A festival in honour of Apollo and the Hōrai, attended with offerings of beans, pease, lentils, and other products of the earth. A conspicuous feature was the branch (εἰρεσιώνη) of olive or laurel, which was decorated, much like a Christmas tree, with white and purple tufts of wool and with fruits and cakes, and carried by a young lad, specially chosen for the honour, to the temple of Apollo. There it remained until the next year.

7th. The Oschophoria (τὰ ὀσχοφóρια). Two young men from each tribe carried, as they raced with one another, branches loaded with grapes from the temple of Dionysus, near the theatre, to the temple of Athēna Skiras at Phalēron.

8th–11th. The Theseia (τὰ Θήσεια) was celebrated with splendid offerings to Theseus and Aegeus, at which the poor were fed free.

9th. Contests of trumpeters and heralds.

10th. Torch-race and gymnastic contests.

11th. Horse-race.

12th. The Epitaphia (τὰ ἐπιτάφια). Public burial of dead warriors. Empty couches or coffins of cypress wood were carried for those whose bodies had not been recovered. An oration (λόγος ἐπιτάφιος) was delivered in the Cērameicus.

About this time also was held the Apaturia (τὰ ἀπατούρια, pp. 74, 281), which lasted three days. At the beginning of the first day, i. e., at evening, the members of a phratry supped at the assembly room of the phratry; this day was called the *dorpia* (δορπία). The second day (called the ἀνάρρυσις) was devoted to the gods, notably Zeus and Athēna, or any other divinity who was the object of a phratry's special devotion. The third day (κουρεῶτις) was occupied chiefly with the registration of infants and young men in the register of the phratry, as described on page 74.

10th–14th. The Thesmophoria (τὰ θεσμοφóρια, p. 276), a festival of the women of Attic birth in honour of Demēter.

10th. The Stenia (τὰ στήνια), attended with much scurrilous jesting, during which the women went from Athens to Halimus, at Cape Colias, and there spent the night.

11th. At Halimus were celebrated Aphrodīte and her attendant spirits, the Genetyllides.

12th. The return (ἄνοδος) of the women to Demēter's temple in Athens.

13th. The Nesteia (νηστεία), a very strict fast.

14th. The Kalligeneia (τὰ καλλιγένεια), a day of rejoicing after the fast, in which Demēter was extolled as the mother of a beautiful child (Persephoné).

POSEIDEON

19th. The rural Dionysia (τὰ κατ' ἀγροὺς Διονύσια). This was the rustic celebration of Dionysus in the several demes, attended sometimes with scenic performances, as at Acharnae, Aixioné, Eleusis, Icaria, Piraeus, Salamis, and Thoricus. The head man of the deme, or demarch, conducted the festival, the expenses of which were paid by each deme. Besides other rustic sports, the *askoliasmos* (p. 77) was especially prominent.

The Haloia (τὰ Ἀλωα) was a festival held in Athens and Eleusis in honour of Demēter and Dionysus. No blood offerings were allowed.

GAMELION

12th. The Lenaea (τὰ Λήναια, or ὁ ἐπὶ Ληναίῳ ἀγών, p. 113). A festival in honour of Dionysus of the wine-vat, attended with the broaching of the new wine, just fermented. A procession and scenic contests marked the festival. The Theogamia (τὰ θεογάμια, or ἱερὸς γάμος) celebrated the marriage of the gods, particularly Zeus and Hēra, and the conception of Hephaestus.

ANTHESTERION

11th–13th. The Anthesteria (τὰ Ἀνθεστήρια, p. 274). A festival to Dionysus, which bore many resemblances to the Roman Saturnalia and the modern Christmas.

11th. The Opening of the Wine-casks (τὰ πιθοίγια).

12th. The Feast of Pitchers, or *choēs* day (χόες). There was a procession, with a mystic marriage of the wife of the king archon to Dionysus. With this has been compared the marriage of the Doges of Venice with the sea. A drinking

contest gave occasion for extraordinary license and merry-making.

13th. The Feast of Pots (χύτροι). Vegetables were offered in pots to the dead, to whom the day was devoted.

18th-21st. The Lesser Mysteries (τὰ ἐν "Αγρας). In later times these were also held in the autumn (see p. 277). Demeter, Koré, and Dionysus were celebrated at Agræ, on the Ilissus. A "truce of God" was proclaimed to insure the protection of the celebrants.

23d. The Diasia (τὰ Διάσια). A solemn propitiatory ceremony to Zeus Meilichios, with holocausts of swine. For these the poor were allowed to substitute images of animals made of dough.

ELAPHEBOLION

8th-13th. The Greater, or City, Dionysia (Διονύσια τὰ ἐν ἄστει, or Διονύσια τὰ μεγάλα, pp. 113, 275).

8th. The Proagon. This embraced a formal announcement, in lieu of written programmes, of the lyric and the dramatic contests which were to ensue. Chorēgi, actors, and choruses appeared in the theatre in holiday, but not theatrical, attire.

9th. A procession, in which the image of Dionysus was carried from his ancient temple (the Lenaion) to the theatre, marched through the Cerameicus, attended with singing, dancing, and revel (κῶμος).

10th. Lyric contests of the choruses of boys and men.

11th-13th. Dramatic contests.

MOUNICHION

6th. Supplication of Apollo at the Delphinion (τὰ Δελφίνια?), on the coast, in memory of the rescue of Theseus and the seven youths and seven maidens from the Minotaur.

16th. The Mounichia (τὰ Μουνίχια). The Aianteia (τὰ Αἰάντεια), in memory of Ajax, son of Telamon. The Brauronia (τὰ Βραυρώνια), a purificatory ceremony, in which Artemis and the sacrifice of Iphigeneia at Aulis were commemorated. Rhapsodes recited the *Iliad*. Women and girls (dressed as bears, p. 276) made offerings to Artemis.

19th (?). The Olympieia (τὰ Ὀλυμπία), in honour of the Olympian Zeus, whose precinct was near the Ilissus.

THARGELION

6th. Sacrifice of a ram (*κριός*) to Demēter Chloé.

6th-7th. The Thargelia (*τὰ Θαργῆλια*). A solemn purificatory festival to Apollo and Artemis, to avert pestilence. Scapegoats (*φαρμακοί*) were driven forth to remove the sins of the people. An offering was made of the first fruits of the year.

6th-7th. The Delia (*τὰ Δήλια*). A festival held at Delos, but restored and managed chiefly by the Athenians. A sacred vessel (*θεωρίς*) was despatched from Athens, during which no public executions were allowed, since the city was to be purified of all guilt.

19-21st. These days were devoted to cleansing certain shrines. The Kallynteria, held on the 19th, was a purification of the Erechtheion. The Plynteria, a dread and solemn rite, was devoted to Athēna, and was attended with the formal cleaning of the image of Athēna Polias in the sea at Phalēron.

On the 19th and 20th occurred the Bendideia, established during the Peloponnesian War in honour of the Thracian goddess Bendis. Besides a procession, there was a relay race on horseback, the riders striving to carry a lighted torch to the goal.

SKIROPHORION

12th. The Skira (*τὰ Σκίρα*), a festival of agricultural significance, was celebrated by a procession to the suburb Skira in honour of Athēna Skiras, and with the spreading of gypsum or lime (*σκίρα*) on the earth.

The Arrephoria (*ἡ Ἀρρηφορία*) was an offering made by girls in a cavern in the gardens of Aphrodīte (p. 11). The offerings were of a secret nature, intended to secure fruitfulness.

14th. The Dipolia (*τὰ Διπόλια*, or *βουφόνια*), an ancient and curious ceremony in honour of Zeus Polieus. The slayer of the bull used at the sacrifice struck the animal with an axe as if in anger and fled. The axe was then tried for the murder and thrown beyond the border.

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are given last, but all of them are important for an understanding of details and the study of controverted questions, and many are indispensable on account of the lack of similar treatises in English. Other pertinent works are cited among the sources of the illustrations.

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5. SOURCES OF THE ILLUSTRATIONS

COLOURED FRONTISPIECE. Red-figured cylix by Brygos. First half of fifth century B. C. Heydemann, *Iliupersis*, Taf. I.

FIG.	PAGE	
1		From a photograph.
2	3	Ἐφημερίς Ἀρχαιολογική, 1897, Πίναξ 2.
3	4	From a photograph.
4	7	Curtius. Stadtgeschichte von Athen, Taf. IV.
5	8	From a photograph.
6	10	From a photograph.
7	12	From a photograph.
8	13	From a photograph.
9	14	From a photograph.
10	15	Normand. La Troie d'Homère. Pl. VII.
11	16	Early archaic amphora by Clitias and Ergotimus. About 540 B. C. Museo Etrusco, Florence. Benndorf, Vorlegeblätter, 1888, Taf. II.
12	17	Athen. Mittheilungen, 1888, Taf. VI.
13	18	Black-figured Volcentian hydria from Athens. Sixth century. British Museum. Gerhard, Ausgerlesene Vasenbilder, CCCVII.
14	19	Jahrbuch des arch. Instituts, 1897, Anzeiger, p. 183.
15	22	Restoration, proposed by Diels, of a Homeric door; modified from Benndorf, Heroon von Gjölbaschi, p. 35. See Diels, Parmenides, p. 136.

FIG.	PAGE	
16	23	Same as Fig. 11.
17	24	Red-figured vase of good style. Fifth century. Millingen, <i>Peintures antiques de vases grecs</i> , 30.
18	26	Original drawing.
19	27	Athenian pyxis of the "severe" style in the Louvre. Early fifth century. Stackelberg, <i>Die Gräber der Hellenen</i> , Taf. XXXII.
20	27	Temple keys on Attic and other monuments of Roman times. Diels, <i>Parmenides</i> , p. 126.
21	28	Fifth-century red-figured amphora from Attica. Berlin Museum. <i>Arch. Zeitung</i> , 1882, Taf. VII, 2.
22	28	Red-figured hydria of the "fine" style. Fifth century. British Museum. Gerhard, <i>Trinkschalen</i> , Taf. XXVIII.
23	29	<i>Jahrbuch des arch. Instituts</i> , 1899, <i>Anzeiger</i> , p. 13.
24	29	Late red-figured amphora from Cumae. Berlin Museum. Diels, <i>Parmenides</i> , p. 146.
25	32	<i>Jahrbuch des arch. Instituts</i> , 1897, p. 180.
26	34	<i>Bulletin de correspondance hellénique</i> , 1895, Pl. V.
27	35	<i>Bulletin de correspondance hellénique</i> , 1895, Pl. III.
28	36	<i>Bulletin de correspondance hellénique</i> , 1895, Pl. V.
29	37	<i>Bulletin de correspondance hellénique</i> , 1884, Pl. XXI. A second door entering the court was found since the publication of the plate, but the explorers have not reported its exact position. See <i>Bulletin</i> , 1895, p. 506, note 1.
30	38	<i>Athen. Mittheilungen</i> , 1899, p. 465.
31	41	Defrasse et Lechat. <i>Epidaure</i> , Pl. XII. Professor Dörpfeld regards this as an altar building.
32	42	Ussing. <i>Pergamos</i> , p. 71.
33	43	Ussing. <i>Pergamos</i> , Taf. IV.
34	44	From a photograph.
35	44	Red-figured amphora from Depoletti. Early fifth century. Gerhard, <i>Auserlesene Vasenbilder</i> , CCLXXVI, 1.
36	45	From a photograph.
37	46	Normand. <i>La Troie d'Homère</i> , Pl. XIII. This temple belongs to the time of Alexander.

FIG.	PAGE	
38	46	Guhl and Koner, Eng. edition, p. 11.
39	47	Guhl and Koner, Eng. edition, p. 23.
40	49	Curtius. Stadtgeschichte von Athen, Taf. V.
41	50	From a photograph.
42	51	Terra-cotta plaque. Gerhard, Gesammelte akademische Abhandlungen, Taf. XXV. Gerhard believed this to be a representation of Athēna Skiras.
43	52	From a photograph.
44	53	Varvakeion statuette, of Pentelic marble, in Central Museum, Athens. Height, about 3 feet 5 inches. Athen. Mittheilungen, 1881, Taf. II.
45	55	From a photograph.
46	56	From a photograph.
47	58	Pontremoli et Collignon. Pergame, Pl. XII.
48	62	This monument, shown in a restoration, was reared by Lysicrates, chorēgus of the tribe <i>Akamantis</i> for a chorus of boys, in 335 B. C. It is nearly 34 feet high, and is one of the earliest examples of the Corinthian order. Guhl and Koner, Eng. edition, p. 106.
49	63	From a photograph.
50	66	Red-figured stamnos, good period. Early fifth century. Gerhard, Auserl. Vasenbilder, CCXC.
51	68	From a photograph.
52	71	Terra-cotta from the Aeolic city of Myrina, near Smyrna. Pottier et Reinach, La Nécropole de Myrina, II, Pl. XLIII.
53	72	Terra-cotta in Berlin. Gerhard, Gesammelte akademische Abhandlungen, Taf. LXXX.
54	73	The child Hermes; the petasos foreshadows even in infancy his office as messenger. Red-figured cylix, good style, in Museo Gregorio, Rome. Fifth century. Lenormant et Dewitte, Élite, III, Pl. LXXXVI.
55	75	Conze, Attische Grabreliefs, Taf. LXXXIV, 333. Fifth century.
56	76	Athenian vase. Stackelberg, Gräber. Late fifth century, Taf. XVII.

FIG.	PAGE	
57	76	Red-figured Volcentian vase in Munich. Late fifth century. <i>Annali dell' Istituto</i> , 1857, Tav. d'agg. A.
58	77	Red-figured oinochoé. Probably fourth or third century. Heydemann, <i>Griechische Vasenbilder</i> , Taf. XII, 3.
59	78	Roman relief. <i>Ann. dell' Inst.</i> , 1857, Tav. d'agg. BC.
60	79	Red-figured cylix, perhaps by Duris. Early fifth century. Edward Jekyll Collection. Gerhard, <i>Auserl. Vasenbilder</i> , CCLXXI, 1.
61	80	Red-figured cylix of Pamphaeus and Euphronius (early fifth century), from Orvieto. Bourguignon collection, Naples. <i>Arch. Zeitung</i> , 1884, Taf. XVI.
62	81	Silver strigil 25 cm. long. It is broken into three parts, but still shows the chain to which an aryballos or alabastos was attached. Reinach, <i>Antiquités du Bosphore Cimmérien</i> , Pl. XXXI, 3.
63	81	Red-figured Volcentian cylix. Fifth century. British Museum. Gerhard, <i>Auserl. Vasenbilder</i> , CCLXXVII.
64	82	Cylix belonging to the period of transition from the "severe" style. About 475 B. C. Leyden Museum. <i>Jahrb. des Inst.</i> , 1889, p. 26.
65	83	Red-figured cylix of the "severe" style by Epictetus, from Vulci. Late sixth century. Berlin Museum. Gerhard, <i>Auserl. Vasenbilder</i> , CLXXII, 1.
66	84	From a photograph.
67	85	Red-figured Panathenaic amphora, with cover, from Vulci. Fifth century. Munich. Gerhard, <i>Auserl. Vasenbilder</i> , CCXLIV.
68	86	From <i>graffiti</i> of the second century B. C. <i>Bull. de corresp. hellénique</i> , 1895, p. 474.
69	86	Caeretan cylix, Campana collection. Fifth century. <i>Ann. dell' Inst.</i> , 1856, Tav. XX.
70	87	Marble plaque from Salamis. Length, 1 m. 5 cm.; width, 75 cm. The symbols may be explained (according to Boeckh) thus: X = 1000; \square = 500; H = 100; \square^{Δ} = 50; Δ = 10; Γ = 5; \vdash = 1 drachma; C = $\frac{1}{2}$ obol; T = $\frac{1}{4}$ obol, or <i>τεταρτημόριον</i> ; X = $\frac{1}{8}$ obol, or <i>χαλκοῦς</i> (see p. 246).

FIG.	PAGE	
71	90	Same as Fig. 64. Jahrb. des Inst., 1889, p. 29.
72	91	Red-figured cylix from Basseggio. Style of Brygos, according to Hartwig. Early fifth century. Gerhard, Auserl. Vasenbilder, CCLXXIX, 2.
73	92	From the stoa which adjoins the temple of Athēna. Pontremoli et Collignon, Pergame, p. 113.
74	93	Same as Fig. 60. Gerhard, CCLXXI, 2.
75	93	Black-figured Panathenaic amphora in Munich. About 540 B. C. Mon. dall' Inst. X, Pl. XLVIII, 1.
76	94	Cylix of the Campana collection in the Louvre. Daremberg et Saglio, I, p. 226.
77	94	Modified from Six's order in Gazette archéologique, 1888, Pl. XXIX, 10. Six puts α in the third position, which seems to me impossible.
78	95	Cylix of the best period, by Duris. Early fifth century. Arch. Zeitung, 1883, Taf. II.
79	95	Black-figured amphora in Würzburg. Late sixth century. Gerhard, Auserl. Vasenbilder, CCLX.
80	96	Red-figured cylix by Duris. Early fifth century. British Museum. Jüthner, Antike Turngeräthe, p. 66.
81	96	Panathenaic amphora. Probably fourth century. British Museum. Jüthner, p. 83.
82	97	Cylix from Vulci in Munich. Much restored in modern times. Ascribed by Klein to Euphronius, by Hartwig to Onesimus. Early fifth century. Arch. Zeitung, 1885, Taf. XI.
83	98	Same as Fig. 50.
84	99	Origin unknown. Millin, Peintures de vases, I, 18.
85	100	From the base of a candelabrum. Roman. Vatican Museum. Gerhard, Antike Bildwerke, Taf. LXXXIII.
86	101	Bull. de corresp. hellénique, 1899, Pl. XIII.
87	102	Red-figured hydria (by Hypsis?). Early fifth century. Munich. Gerhard, Auserl. Vasenbilder, II, CIII.
88	103	Red-figured cylix of the "severe" style. Berlin. Gerhard, CCLXI.

FIG.	PAGE	
89	109	Papyrus in the Bodleian Library, Oxford. Kenyon, <i>Palaeography of Greek Papyri</i> , Pl. I, p. 37.
90	110	Pontremoli et Collignon. Pergame, p. 138.
91	112	From a photograph.
92	115	Guhl und Koner. <i>Leben der Griechen und Römer</i> , p. 461, Fig. 671.
93	115	<i>Ibid.</i> , Fig. 672.
94	120	Terra-cotta <i>imbrex</i> , found at Eretria in 1891. Dated by Hartwig 440–430 B. C. 'Εφην. ἀρχ. 1897, Πιν. 10, 2.
95	122	Athenian pyxis, seen in Fig. 124. About 440 B. C. Stackelberg, <i>Gräber</i> , Taf. XXXIV.
96	124	Red-figured cylix of the fifth century. Berlin. Benndorf, <i>Vorlegeblätter</i> , 1888, Taf. VIII.
97	126	Cylix from the Museion hill outside of Athens. Stackelberg, <i>Gräber</i> , XXXIII.
98	126	Athenian lekythos, seen in Fig. 124. Late fifth century. Stackelberg, XXXIV.
99	128	The love-sick Phaedra. Krater of Apulian style, about 300 B. C. A winged Eros above the seated figure at the left has been omitted. British Museum. Mon. dall' Inst., 1854, Tav. XVI.
100	129	Vase from Lower Italy, in the Louvre. About 300 B. C. Millin, <i>Peintures de Vases</i> , I, 69.
101	130	De Ridder. <i>Catalogue des bronzes trouvés sur l'Acropole d'Athènes</i> , Fig. 82, p. 133.
102	131	Tables from different vases of about 400 B. C. Arch. Zeitung, 1884, p. 181.
103	131	Paris and Helen. Bell-shaped krater. Perhaps about 350 B. C. Berlin. A figure of Eros in the arms of Helen has been omitted. Millingen, <i>Peintures antiques de vases grecs</i> , XLII.
104	132	A coffin of the fourth century B. C. It is made of cypress and yew. Reinach, <i>Antiquités du Bosphore Cimmérien</i> , Pl. LXXXI.
105	132	From Athens. Probably belongs to the latter half of the sixth century B. C. Height, 16 inches. Catalogue of the Bronzes, Greek, Roman, and Etruscan, in the British Museum, Pl. IV.

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110	135	Hydria in Berlin. Fifth century. <i>Arch. Zeitung</i> , 1884, <i>Taf.</i> XIII.
111	135	Lekythos of the latter part of the fifth century. Height, 31 cm. <i>Journal of Hellenic Studies</i> , 1891, p. 317.
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120	139	De Ridder. Catalogue des bronzes trouvés sur l'Acropole d'Athènes, p. 140, Fig. 95.
121	139	Lamps belonging to a period earlier than the fourth century B. C. Ohnefalsch-Richter, <i>Kypros</i> , <i>Taf.</i> CCX, 15, 17.
122	140	From Athens or Euboea. The lower portion is of iron. <i>Jahrbuch des Instituts</i> , 1899, p. 65.
123	140	From Tanagra. Early. <i>Ibid.</i> , p. 63.

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124	141	Same as Figs. 95 and 98. Stackelberg, Gräber. Taf. XXXIV.
125	141	Red-figured pyxis from Athens. Middle of fifth century. Cf. Fig. 211. Klein, Griechische Vasen mit Lieblings-Inschriften, p. 88.
126	144	Perhaps of the second century B. C. Jahrbuch des Instituts, 1890, p. 137.
127	145	These have often been described as πεμπόβολα. <i>Ibid.</i> , 1891, p. 174, Figs. 2, 3.
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137	157	Middle or end of fourth century B. C. Dumont et Chaplain, Les céramiques de la Grèce propre, I, Pl. XXXIX.
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139	159	The pin at the right is of gold, with a winged lion; that at the left has a negro head, set in sardonyx. Reinach, Antiquités du Bosphore Cimmérien, Pl. XIIa, 12, 14.

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170	183	Red-figured bell krater from Boeotia, now in Athens. Probably of the fifth century. <i>Journal of Hellenic Studies</i> , 1899, p. 270.
171	184	From Italy. Millin, I, 32.
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192	208	Inscription of about 450 B. C. See page 55. Ἐφημερίς ἀρχαιολογική, 1897, Πιν. 11.
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216	239	Restoration. Stuart and Revett, <i>Antiquities of Athens</i> , I. Pl. XIV.
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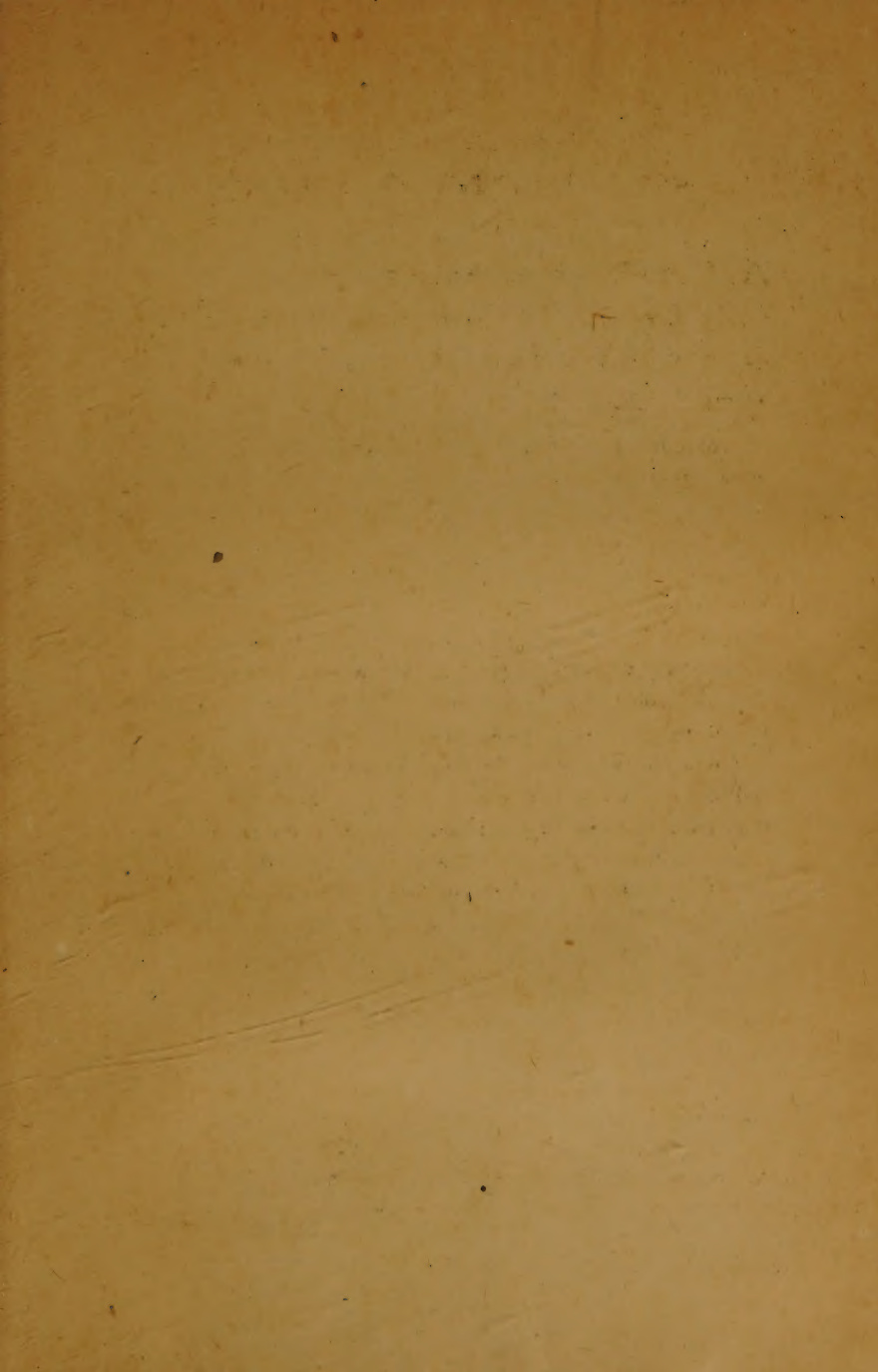
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